

DAILY CONTEMPLATIONS FOR READERS OF

THE TUTU DOCTRINE



THE NEW WORLD
ORDER

Daily contemplations for readers of
the TuTu Doctrine – The New World Order is created and manifested
by Harishchandra Sharma TuTu and Solvejg Sharma TuTu



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January 01: *The Second Coming of Jesus Christ*

FROM PART 2, CHAPTER 1, THE PRINCIPLES, THE SECTION THE KING OF TRUTH, PAGE 76

It is said about Jesus that when he comes back he will bear the name The King of Truth. TuTu was born on the 1st of September 1956 in Madras, India. He bore the name Harishchandra, which is the name of The King of Truth in Indian mythology.

Many human beings have come across statements about the Second Coming of Jesus Christ and, nowadays, many are waiting for this event while many others think that such an event is an impossibility.

Yet others imagine that his promise of coming back again is not possible, and therefore they think that he spoke figuratively about his second coming and that, in Reality, he spoke about the return of his state of consciousness called the Christ.

However, the Christ Consciousness/the Mercy Consciousness has grown in humankind in the course of the past two thousand years, and it is thus not one event.

Most of us, who have read *The TuTu Doctrine – The New World Order*, have come to believe that the second coming of the person Jesus Christ has taken place, and that it ushers in a New World Order, like prophesied in the Bible.

Today's contemplation

Today, I will open my mind to believing that Reality may hold events that I could not have dreamt up in my wildest imaginations.

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January 02: *The Christ Consciousness/the Mercy Consciousness*

FROM PART 2, CHAPTER 1 THE PRINCIPLES, THE SECTION THE CHRIST CONSCIOUSNESS, PAGE 90,

Jesus was referred to as Christ.

Many use the two names at random but TuTu explained that it is essential to discern between the individual person Jesus and the universal field of consciousness called Christ, which Jesus came into the World to inform humanity about.

The Christ Consciousness/the Mercy Consciousness is also called the merciful consciousness, and it expresses itself differently in different people, depending on their personal inclination and capacity, but for all who have attained the Christ Consciousness/the Mercy Consciousness, it expresses itself in having a personal contact with one's true Self, in having surrendered one's will and one's life to the care of one's true Self, and in having achieved a spiritual awakening to a state of mercy those, who are suffering.

Today, many human beings have developed the Christ Consciousness/the Mercy Consciousness.

This state of consciousness is achieved in many ways; one way, among others, is by working the Twelve Steps in any of the 12-Step Fellowships Anonymous.

Step Twelve is called the Step of Mercy, and this Step gives a human being the capacity to practice love, care, compassion and mercy by passing on existential information to those who suffer, both inside and outside one's 12 Step Fellowship, so that existential burdens of the suffering become easier to bear.

Today's contemplation

Today, I will practice mercy with a fellow human being by honestly sharing about my recovery experiences in an area that brings this human being suffering.

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January 03: *The spiritual path*

FROM PART 4, CHAPTER 2, THE FAIRYTALE ABOUT THE LOVE WITHOUT LIMITS, PAGE 357

He and she began to form images of their return, but depending on their capacity for image formation, more or less precise images arose of the goal, which they called God, but no matter how refined the images were, The Reality at the root seemed to escape them, because no one could form an

image which held the sublime calm, the total unity and the perfect love that reverberates in the cosmic being.

The TuTu Doctrine – The New World Order, page 359

Deep down, all creaturemanifestations know that they are an omnipresent, omniscient, omnipotent and immortal Spirit having a temporary experience as a limited, ignorant, powerless and mortal creaturemanifestation, and that their true Self, their Spirit, is unconditionally loving, caring, compassionate and merciful.

When the Spirit of the creaturemanifestation originally projected Himself-Herself into the first createdmanifested form that is called the Soul, the Spirit's adventure as a creaturemanifestation began.

Gradually, as the Soul of the Spirit was filled up with experiences from his/her long journey of life through creation's manifestation's many planes of existence, the Soul began to long to return to his/her origin, and as an answer to this longing, the Spiritual path opened up to him/her.

On the spiritual path the aspirant gradually learned to become one with his/her true Self, his/her Spirit, and thereby it became possible for him/her to experience life as his/her true Self, his Spirit.

Today's contemplation

Today, I choose to surrender to my true Self, my Spirit, and thus to my unconditional love, care, compassion and mercy towards myself, others and the World around me.

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January 04: To understand Reality through dreams

FROM PART 1, CHAPTER 2, FACE TO FACE WITH THE MASTER,
 THE SECTION A CLAIRVOYANT DREAM, PAGE 34

I thought it was best to avoid the mistakes and pondered over how to avoid the dream from coming true, but then realized that I couldn't figure out how to avoid something which I didn't know as to what it could be.

The TuTu Doctrine – The New World Order, page 36

Each night during the deep dreamless sleep, the creaturemanifestations pick up life energy for yet another day.

On the way into the deep dreamless sleep, the movement goes through various planes of existence, where one can experience various happenings that can appear to be a dream, when the creaturemanifestation 'wakes' up and return to his/her physical Reality.

At times, teachings about future events take place on one of these planes of existence so as to make it easier for the creaturemanifestation in question to handle the events when they occur, and such dreams are called Clairvoyant dreams.

However, most dreams are recovery dreams that is about healing nicks and wounds that has been experienced in the course of the day, and for many, an understanding of their dreams is thus a path to Self-realization.

Today's contemplation

Today, I will keep a notepad and a pen next to my bed. I will write notes about my dreams from the night as soon as I wake up. I will use the content of my dreams to try to learn to understand myself and my Reality better.

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January 05: The dead and the living

FROM PART 5, CHAPTER 1, MY LIFE WITH THE MASTER, THE
SECTION THE DEAD AND THE LIVING, PAGE 386

I told him that TuTu was with me most of the time, and he said that it wasn't good to hold on to the dead.

You should let go of them, so they could move on and go to where they were going to be, and you yourself could move on with your life.

The TuTu Doctrine – The New World Order, page 390

Many human beings have had experiences of being in contact with a deceased person, but this experience has often been labeled as madness by society, and therefore many have kept these experiences a secret.

Now, however, researchers have collected data about these experiences at World level.

They have found out that people, who experience their life as a success, have specific characteristics in common, and one of these is that they feel that they are in contact with their beloved deceased people.

In the New World Order death shall cease to be as prophesied in the Bible and this is due to the release of humankind's collective experiences in this area.

Because this information is supported by scientific research, it can be confirmed by anyone, who wants it, that death is not the end of everything, but merely a shape shifting for both the physical form and for that consciousness, who is leaving the physical form.

Today's contemplation

Today, I will explore my thoughts about life and death and take those thoughts to heart, that brings me joy.

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January 06: The subconsciousness

FROM PART 1, CHAPTER 4, PILGRIMAGE, THE SECTION 1001
 NIGHT'S ADVENTURES, PAGE 72

These statements mystified me and made me think that there was some part of my consciousness knowing something, which the rest of me did not know, but it turned out that everything came to light.

The TuTu Doctrine – The New World Order, page 73

One can look at the subconsciousness as compared to the day-consciousness by comparing the subconsciousness with a ball the size of the Universe.

If one puts a small dot on the inside or on the outside of the ball, this can illustrate the day consciousness, and the ball can illustrate the subconsciousness.

Normally, one uses one's day consciousness in the course of the day to make decisions and solve tasks, and sometimes it can happen that the omniscience of Spirit, which is the subconsciousness, breaks through the day consciousness so as to use the thinking mind, the ego as a sounding board.

In this way this human being's Highest Self, his/her Spirit, sends a vibrational impulse through his/her thinking mind, his/her ego so as to give him/her guidance in an area that he/she has prayed for guidance on.

Then, his/her thinking mind, his/her ego translates the vibration into words that contains knowledge that he/she did not know that he/she possessed, and he/she can then choose whether he/she wants to follow the guidance now or later or not at all.

Today's contemplation

Today, I will pay attention to the guidance that comes from my Highest Self, my Spirit.

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January 07: *The Small Ring of Arrogance*

FROM PART 2, CHAPTER 1, THE PRINCIPLES, THE SECTION THE RING OF PAIN OF THE WEST, PAGE 138

When The Ring of Arrogance becomes active in us, we feel above others when our needs are met (Superiority), and below others when our needs are not met (Inferiority).

When we feel we are less than others, we stay by ourselves to hide our vulnerability and our feeling of worthlessness (Isolation), and when we feel we are more than others, we fill up our time and space with people and

activities to show off our superiority by the help of the number of people present in our lives and the numerous activities we undertake (Overcrowding).

The TuTu Doctrine – The New World Order, page 141

Most have experienced that the energies of the Small Ring of Arrogance are active in them without them necessarily being aware that it is this particular energy field that they are in.

All creaturesmanifestations are limited, ignorant, powerless and mortal/changeable, and in that sense all creaturesmanifestations are brothers and sisters on an equal footing with each other; so, if existentially a human being perceives himself/herself as being superior or inferior to others existentially seen, it is not true, whether the others come from the mineral kingdom, the plant kingdom, the animal kingdom or the human kingdom.

Thoughts of being superior or inferior to others separates a human being from others, whether it happens by him/her isolating himself/herself from them when he/she feels inferior, or it happens by him/her making use of them to show off to others, when he/she feels superior.

When a human being is arrogant in his/her social life, he/she feels alienated from himself/herself and his/her life and others, whether the others come from the mineral kingdom, the plant kingdom, the animal kingdom or the human kingdom, and as a result he/she suffers.

Today's contemplation

Today, I will remember that all creaturesmanifestations are my brothers and sisters, whether they come from the mineral kingdom, the plant kingdom, the animal kingdom or the human kingdom.

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January 08: *The Thinking Mind, the ego*

FROM PART 4, CHAPTER 2, THE FAIRYTALE ABOUT GOOD AND EVIL, PAGE 358

The darkness became deeper and deeper, until she, in the end, lived in the outermost darkness, completely isolated within herself, with only a spark of

life-force left, because the rest she had given to her thought creaturesmanifestations.

The TuTu Doctrine – The New World Order, page 366

The Fairytale of Good and Evil describes how the thinking mind, the ego came into being, and how the ego createdmanifested the myth of good and evil.

The ego named as good the pleasant experiences in the Pendulum of Life, and the ego named as evil the unpleasant experiences in the Pendulum of Life.

By stepping back from the ego's perception of good and evil, a human being can realize that all is good.

There is the pleasant good that gives joy, and there is the unpleasant good that gives wisdom and mercy.

Today's contemplation

Today, I will enjoy the pleasant good in my life, and I will make use of the unpleasant good to achieve wisdom and mercy.

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January 09: *The Four Big Rings of Joy*

FROM PART 6, THE CHAPTER APPENDIXES, SECTION APPENDIX F, PAGE 409

The TuTu Doctrine – The New World Order, page 409

<p>The Ring of Fulfillment with its fulfillment, interest, meaningfulness and oneness is the root to let in all the blessings of the World into the life of a human being.</p> <p>The Ring of Godcenteredness with its joy, empowerment, open-mindedness and gratitude are the first blessings that open up, when this human being use the Ring of fulfillment.</p> <p>The next blessings that open up for him/her, when he/she uses the Ring of fulfillment is the Ring of Emotional Sobriety with its detachment, integrity, respect for self and respect for others.</p> <p>Then, the blessings in Big Ring of Joy open up for him/her with its faith, hope, love and truth and from here the blessings keep pouring into the life of him/her from the Small Rings, the Minirings, the Microrings and the Nanorings of Joy.</p>	<p>THE FOUR BIG JOYRINGS</p>
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Today's contemplation
Today, I will use the Ring of Fulfillment in everything I do.

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January 10: *Trusting my true Self*

FROM THE CHAPTER THE ANGELIC WEDDING, THE SECTION
TAKING LEAVE OF THE MASTER, PAGE 241

I waited for something to happen, but after a few moments, I accepted the idea that their departure would take place without any special reaction from his side.

At that moment, everyone was asked to leave the Master's room, so he could rest.

People got up and streamed out, and when the last one had left, I hurried to step in, ready to withdraw if I ran into the slightest hindrance, but nobody objected and the doors were closed behind me.

I went over to his bed and sat down on the floor in front of him.

The TuTu Doctrine – The New World Order, page 242

Many human beings often think that they have to do something extraordinary or that they have to push themselves or others to do something that does not feel like the right action for themselves or others so as to have their desires fulfilled.

However, those of them, who have worked with one of the two Spiritual Programs, suggested in *The TuTu Doctrine - The New World Order*, have achieved confidence in that it is to their advantage to entrust their will and their life to their true Self's care.

Therefore, they have given up acting in ways that does not feel like the right action for themselves, and they have also given up trying to impose on others something they do not do joyfully.

They have gained confidence in that everything will take place in a way that will prove to be to their advantage in the long run, whether the outcome of a situation is in conformity with what they want right now or not.

Today's contemplation.

Today, I will trust that I can leave it to my true Self to steer the situations I am a part of, if I do not feel it is the right thing for me to act in the situations.

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January 11: *Self-praise*

FROM PART 2, CHAPTER 2, THE PERSONAL, THE SECTION THE RING OF SELF-CENTEREDNESS AND THE RING OF GOD-CENTEREDNESS.

Instead of praising myself for the successes I think I have achieved today and thereby creating manifesting a short-lived euphoria or elation about how good I think I am, I choose to focus on my gratitude, because my inner guides or the people in my environment were willing to help me by thinking empowering thoughts on my behalf and thus helping me neutralize my failures or transform them into successes.

The TuTu Doctrine – The New World Order, page 179

Many have experienced feeling so joyful that they actually felt euphoric, just to feel so pain stricken emotionally that they actually felt depressed a few hours later without them being able to understand how their mood could change that fast

Some got so scared of this shift in mood, that they got scared of getting to joyful about anything, because they did not want the depression that they believed would follow later.

Only, when they read *The TuTu Doctrine - The New World Order*, they understood that this change happened, because they had confused euphoria with joy, and that these two attributes belong in two different fields of energy.

Euphoria belongs in the Ring of Self-centeredness with its euphoria, depression, self-criticism and self-praise, and joy belongs in the Ring of God-centeredness with its joy, empowerment, open-mindedness and gratitude

Today's contemplation

Today, I will learn to use the Ring of God-centeredness, so I can use that instead of the Ring of Self-centeredness.

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January 12: *The Tree of Life*

FROM PART 5, CHAPTER 1, MY LIFE WITH THE MASTER, THE SECTION THE TREE OF LIFE, PAGE 398.

As soon as I wrote it down, I knew that it concerned The Tree of Life, which is a graph, illustrating the power structures in the unfolding of life in the same way as the library-tree in a computer shows the branching out of programs, folders, files and their interrelation.

The TuTu Doctrine – The New World Order, page 398

The intention of the knowledge of the Tree of Life – The Kabbalah - is to enable the user of the Tree to study the emotional energies that can show up in his/her destiny or his/her daily life, so that he/she can use these energies to his/her advantage.

In The Old World Order many perceived their emotional feelings as evil when they pained and as good when they felt joy, and therefore the World Teachers/Teacheresses mercifully ensured in earlier times that people, who judged their emotional energies on the basis of good and evil, did not get access to the Tree of Life, as this knowledge could bring them suffering instead of the freedom, which was the intention with the knowledge.

Today, the New World Order has come into being, because humanity's existential understanding has reached a stage where every human being can inventory his/her painful emotional feelings without perceiving them as evil, because they pain, and therefore the World Teachers have now released this wisdom to anyone, who might want to make use of it.

When, therefore, they use the Tree of Life to look at the painful structures in the trajectory of their life, or at the painful emotional structures in their daily life, they can now delve into the wisdom at the root of the pain, after which they can use their self-healing powers to recover from the pain, and then complete the process by transforming their pain to joy over their new-found wisdom.

Today's contemplation

Today, I will inventory my emotional pains to obtain the wisdom that lies at the root of the pain, and then I will use my self-healing powers to transform the pain to joy.

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January 13: *The TuTu Doctrine – The New World Order*

FROM PART 2, CHAPTER 2, THE PERSONAL, THE SECTION TUTU, THE MASTER OF THE MASTER, PAGE 188.

Shri Krishna had used the Pranahuti process when he performed his spiritual work, of which the most renowned example took place when he taught Arjuna in the battle of Mahabharata.

The TuTu Doctrine – The New World Order, page 188

These are times where great and unusual events take place, because the divine incarnation, who let Himself be manifested on Earth as Lord Rama more than seven thousand years ago in Ajodhya, India, and as Lord Krishna more than five thousand years ago in Mathura, India, and as Lord Jesus more than two thousand years ago in Bethlehem, Judea has again chosen to let Himself be manifested on Earth, this time as Lord Harishchandra in Madras, India.

His manifestation on Earth always and without exception heralds the reopening of the up sanded path that leads back to the origin.

As prophesied in the Bible his birth heralds a new Heaven and a new Earth, because the information he passed on before his death to the Fellowship of humankind, will give humanity a new understanding of existence.

His life's journey as Lord Rama was described in the holy scripture the Ramayana, his life's journey as Lord Krishna was described in the holy scripture the Mahabharata, his life's journey as Lord Jesus was described in the holy scripture the Bible, and his life's journey as Lord Harishchandra is described in the holy scripture The TuTu Doctrine - The New World Order, which is now accessible at World level.

Today's contemplation

Today, I will use The TuTu Doctrine - The New World Order so as to open my mind to the principles of the New World Order and thus to the miraculous nature of Reality.

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January 14: *Improvement*

FROM PART 3, CHAPTER 3, THE SPIRITUAL WEDDING, THE
SECTION TUTU'S ILLNESS 3, PAGE 298

"Don't they understand that your situation is acute?" I asked.

"Yes," he said, "but it is illegal for them to help me."

*"Yes, but there are long waiting times in the treatment system," I said,
"couldn't they have given you some medicines to keep the alcoholism at bay
until then?"*

*"That is also illegal," he said, "but you need not worry. I will try to find a
solution."*

The TuTu Doctrine – The New World Order, page 301

The spiritual level of a society is seen in the way in which this society treats those citizens, who need help the most.

Despite the fact that the Danish society, in which TuTu lived and taught, is one of the World's richest and most humane societies and treats its citizens with great love, care, compassion and mercy, there are still areas that can be improved, like there are always and without exception areas that can be improved in each person's individual life.

This may mislead some of the members of the society to direct their anger against the society, if they or one of their loved one's have suffered under areas that need improvement in this society.

This attitude is not conducive for the individual's desire for improvement of his/her society, neither for the him/her personally nor for the society, whereas a loving, caring, compassionate and merciful attitude towards the society can trigger miracles concerning those improvements that the individual citizen in a society could wish for.

Today's contemplation

Today, I will use the principles of the New World Order to improve my individual life and my attitude to my society and in that way improve my character and the life in the society of which I am a part.

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January 15: *Holy places*

FROM PART 1, CHAPTER 4, PILGRIMAGE, THE SECTION SECOND
MEETING WITH TUTU, PAGE 66

After dinner, the conversation soon entered spiritual issues and TuTu told them that his spiritual elevation had begun already before he went further up the mountains.

The TuTu Doctrine – The New World Order, page 66

In India, the Himalayan Mountains are perceived to be a shrine, and therefore many spiritual aspirants wish to visit these mountains at least once in their lives.

All over on Earth, there are many such holy places that radiate a vibration, which gives a spiritual aspirant the option of experiencing spiritual states that the aspirant otherwise would not have access to.

These vibrations open the aspirant's mind in a new way, and as a result, he/she therefore experiences a new perspective on life, and some aspirants get addicted to these experiences in the same way as a heroin addict gets addicted to heroin, and they travel from place to place to intoxicate themselves in the vibration of the holy places.

However, the intention with the vibration of the holy places is to show the aspirant, which states he/she holds, and what perspectives these states give on existence, and like this the aspirant receives an inner guide that he/she can use to develop new perspectives on existence in his/her daily life.

Today's contemplation

Today, I will use the principles of the New World Order to open my mind to new perspectives on existence in my daily life.

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January 16: *To draw nourishment from everything*

FROM PART 4, CHAPTER 1, THE FAIRYTALE ABOUT THE MASTER OF THE UNIVERSE, PAGE 345

By listening to the high and the low, the inner and the outer, and evaluating how you can best extract the essence of this and thereby draw nourishment from everything.

Then, you must act accordingly.

Through this, the maximum harmony is achieved in this Master's field, and your reward will be great."

The TuTu Doctrine – The New World Order, side 349

Many have a tendency to feel uncertain about what their next right action could be, and therefore it is difficult for them to make a decision.

That can make them throw themselves into action by the help of the first thought that comes to their mind, and when then they see the result of their action, frequently, they discover that this action has not been to their advantage.

Little by little this teaches them to use level-headedness before they decide what their next right action should be.

Therefore, they take time out to listen to the impulse from their omnipresent, omniscient, omnipotent and immortal/unchangeable true Self, their Spirit and to their limited, ignorant, powerless and mortal/changeable human Self, before they act.

Today's contemplation

Today, I will use the principles of the New World Order to determine what my next right action should be.

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January 17: Death

FROM PART 3, CHAPTER 4, THE SPIRITUAL WEDDING, THE
SECTION CONFIRMATION OF THE DEATH HELP, PAGE 335

I told her what I had experienced.

"When was that?"

"Around two weeks ago."

"Now let me tell you something in return," she said, "one week ago, both his son and I dreamt about him on the same night, and we haven't dreamt about him since his death. In the dream, he said that they did not have to worry about him anymore. He felt good now, and now he was going to proceed."

The TuTu Doctrine – The New World Order, page 336

Many have learned to fear the physical death, while they were growing up, even though they are actually surrounded by death every single moment of every day.

Constantly, every moment dies into the next moment and all that was in their field of experience a moment ago has passed away with the moment that has passed, and also, their physical body is in a state of constant death.

Their baby-body is no more, their childhood-body is no more, and yet most of them do not lament this fact, and when their adult body grows old and is no longer functional, they know that they are approaching the final separation from their physical body, and if they have not received correct information, they might think that it is the end of everything.

However, a great many have had experiences where they have been in contact with their departed loved ones, and others have had near-death experiences, and therefore these people know that separation from their physical body is not the end of everything, and those, who have not had such experiences can choose to explore the experiences of others so as to find out if they find these experiences plausible and trustworthy and thereby find peace from their fear of the separation from their physical body.

Today's contemplation

Today, I will study the death experiences described in The TuTu Doctrine -

The New World Order so as to find out if I can find strength in my relationship with death by the help these narratives.

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January 18: Psychotropics

FROM PART 1, CHAPTER 1, THE INITIATION, THE SECTION
 PSYCHOTROPICS 1, PAGE 18

*I, my sister and her husband were excited about the World that opened up to us by the help of the hemp, and in the end, we smoked daily.
 In particular we used the expanded states of consciousness to listen to music and talk about life.*

The TuTu Doctrine – The New World Order, page 19

In the past spiritual teachers/teacheresses often used to initiate their disciples to the next step in their spiritual development by using psychotropics that were extracted from various plants.

These plants were considered to be sacred, because they gave the disciple access to various spiritual states that he/she would not otherwise have access to.

Indian hemp is one of the sacred plants, tobacco another, the coca bush a third, the poppy a fourth, the hop a fifth, the grape a sixth, the mushroom a seventh, the cactus an eighth and the kava kava a ninth to mention a few.

As a result of the changed perception of Reality the aspirant achieves under the influence of one or more of these plants, he/she becomes able to take his/her day consciousness a little less seriously, and thus he/she can use his/her experience with psychotropics as a part of his/her new perception of existence.

Today's contemplation

Today, I will seek to achieve an expanded perception of existence in such a way that I take my daily perception of Reality less seriously.

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January 19: Accountability

FROM PART 4, CHAPTER 1, THE FAIRYTALE ABOUT THE MASTER OF THE UNIVERSE, PAGE 345

"Then, how do I choose among life and growth, sustenance and maintenance, degradation and destruction?"

"By wishing. Your wish is the law of the Universe."

The TuTu Doctrine – The New World Order, page 350

For most it is easy to take responsibility for that part of their life, which is filled with desires that lead to actions that createmanifest growth and joy for themselves and others, and many can also relatively easily take responsibility for that part of their life, which is filled with desires that lead to actions that maintain status quo and preserve what they and others have achieved.

However, many have difficulties taking responsibility for that part of their life that is filled with desires that lead to actions that createmanifest degradation and destruction to themselves and others, but as a spiritual aspirant, a human being has a need to take full responsibility for their desires, whether they lead to life and growth, preservation and maintenance or degradation and destruction.

These powers have each their role to play in the drama of life, and only when a human being accept full responsibility, he/she can begin to examine how he/she uses these energies.

Thus he/she becomes able to separate the energies that he/she no longer wants to make use of in specific situations and enhance the energies that he/she wants to make use of instead.

Today's contemplation

Today, I will use the principles of the New World Order to acknowledge the full responsibility for myself, so I can become able to use the principles to choose which energies I want to use in different situations.

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January 20: *The pains of life*

FROM PART 4, CHAPTER 4, THE FAIRYTALE ABOUT THE GODS WHO WALK ON THE EARTH, PAGE 368

"Pain is a short-lived signal to act. Suffering is any attempt to avoid that action which the pain ordains."

The TuTu Doctrine – The New World Order, page 377

Life holds many types of pain, so a human being can experience physical pain, energetic pain, emotional pain, mental pain and social pain.

In order to be able to handle various pains, a human being needs to first acknowledge his/her responsibility for the pains.

After that he/she needs to seek information about how best he/she can activate his/her self-healing powers to become able to recover from his/her pain on his/her various levels of existence.

With this purpose in mind, he/she can use the principles described in *The TuTu Doctrine - The New World Order* to seek information about, what principles he/she can use to best take care of his/her pain on his/her various planes of existence.

Today's contemplation

Today, I will seek information in The TuTu Doctrine - The New World Order about which principles I can use advantageously to recover from the pains I experience today, whether they are physical, energetic, emotional, mental, social or spiritual.

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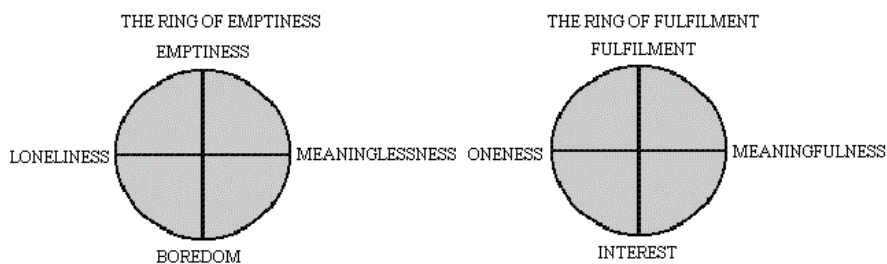
January 21: *The Ring of Emptiness and the Ring of Fulfillment*

FROM PART 2, CHAPTER 2, THE PERSONAL, THE SECTION THE HIERARCHY OF THE ARCHETYPAL RINGS, PAGE 178

In Greek mythology the Ring of Emptiness is called Pandora's Box. Pandora's Box is said to bring all the sufferings of the World to the one, who opens the box, and it is perceived to be the origin of all our defects of character.

In the Fellowships Anonymous the Ring of Fulfillment is called the God Box and in Hinduistic mythology it is called Sudarshan Chakra.

The God Box/Sudarshan Chakra is said to bring all the blessings to the one, who opens the box and it is perceived at the origin of all of our virtues.



TuTu Doctrine - The New World Order, page 178

The Ring of Emptiness holds mankind's most painful thoughts and emotions, and those actions that spring from being in this Ring can lead to the most painful states a human being can experience, and in some instances the pains can be so intolerable for the person, who experience them that he/she commit suicide or soothe his/her pain with powerful drugs or alcohol.

By using the Ring of Fulfillment instead of the Ring of Emptiness a human being can replace emptiness with fulfillment, boredom with interest, meaninglessness with meaningfulness and loneliness with oneness.

The Ring of Emptiness holds pain and the Ring of Fulfillment holds joy, so when a

human being choose to use the Ring of Fulfillment instead of the Ring of Emptiness he/she moves from pain to joy.

Many people imagine that it is difficult to use the Ring of Fulfillment, but it is not as difficult as they imagine, because if they can find just one thing that is meaningful for them to do, like for example taking a shower, go for a walk and so on, they have already set the Ring of Fulfillment into vibration and thereby all the energies in the Ring vibrates.

Today's contemplation

Today, I will use the Ring of Fulfillment instead of the Ring of Emptiness so as to let go of my pain and replace it with joy.

January 22: Childhood faith

FROM PART 1, CHAPTER 1, INITIATION, THE SECTION
CHILDHOOD FAITH, PAGE 14

God invented various ways to torment the evil ones until they became good. Even if you shouldn't think so, God loved the evil ones too and you could know that because he grieved when he had to torment them.

The TuTu Doctrine – The New World Order, page 14

In the Old World Order humankind created/manifested an image of God, which was in their own image and therefore were subjected to their human limitation, ignorance, powerlessness and mortality/changeability, and as such God could be unloving, uncaring, hard-hearted and merciless, and therefore God could be revengeful over human fallibility.

This perception of God's revengefulness was connected with humankind's immature existential understanding of God, whereas people in the New World Order has grown in abstract thinking capacity, and therefore they have the opportunity to create/manifest a perception of God as an energy that is unlimited, omniscient, omnipotent and immortal/unchanging, and therefore unconditionally loving, caring, compassionate and merciful, and God therefore unconditionally forgives human fallibility.

The image of God from the Old World Order is still passed on to children in many places, and without considering the human limitation, ignorance, powerlessness and mortality/changeability of adults, a child believes that the adults around him/her are flawless and therefore that the information that adults provide him/her with is also flawless.

The most intelligent and courageous of the children may ask to get a more detailed explanation about the information they have received, which scares them, but they are often rejected by adults, who have difficulties admitting their human ignorance.

Today's contemplation

Today, I will courageously admit my ignorance, if a child asks me a question that I cannot answer on the basis of my own experience.

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January 23: *Fear of love*

PART 3, CHAPTER 1, THE EARTHLY WEDDING, THE SECTION THE FEAR OF LOVE, PAGE 194

I decided to write a letter to the Master instead even if he had not met TuTu. I wrote that I had met him in Madras, and I felt like a leaf in the wind that would be swept wherever the wind took it. I feared that the wind took me away from him, and as I did not want that, I would now leave the case in his hands.

The TuTu Doctrine – The New World Order, page 194

Many imagine that when the mutual love between themselves and a partner comes into their life, love will fulfill them in such a way that their happiness is assured.

When the meeting with the mutual love between themselves and a partner takes place, they discover, however, that when the initial joy of the meeting with their partner has subsided, they begin to experience emotional and mental pains of various kinds, and as a result fear in many forms arises, especially if the partner, who comes into their life is their Soul Mate.

Love purifies them from all false perceptions of Reality, and this cleansing process is both painful and scary for most.

However, they can ease their fears and their pains by taking earthly and spiritual principles to heart and use them in their coupleship.

Today's contemplation

Today, I will take earthly and spiritual principles to heart and use them in my coupleship.

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January 24: *Building up an inner life*

FROM PART 3, CHAPTER 3, THE DIVINE WEDDING, THE SECTION
CAST OUT OF SOCIETY, PAGE 276

To crown the work, the police had gradually put together an indictment, and I was convicted to 40 days in prison for possession of heroin, which meant that now I had a criminal record, and thereby, I was cut off from returning to my job and had thus been cast out of society.

TuTu Doctrine - The New World Order, page 277

For many it is important to feel as a part of society so as to be able to create manifest an outer life that is satisfactory.

This implies that they have a need for society needing them to perform a job, whether their job is serving the state or a private company.

If society expels them by depriving them of the possibility of carrying out a job, it can appear frightening for most.

However, it may turn out to be to their advantage to get a break from building up their outer life, because it gives them time to take care of their inner life instead.

Today's contemplation

Today, I will use The TuTu Doctrine - The New World Order to take the principles of the New World Order to heart and thus build up my inner life.

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January 25: *Soul and Spirit*

FROM PART 4, CHAPTER 5, THE TUTU DOCTRINE, THE SECTION
THE FERTILIZED EGG, PAGE 373

"Be Aware that you are aware of your awareness."

Tutu Doctrine - The New World Order, page 379

Many people have only a vague sense of their Soul and their Spirit, and furthermore they have the impression that Soul and Spirit are one and the same.

In *The TuTu Doctrine - The New World Order* the perspective on Soul and Spirit is that the Spirit is the merged masculine and feminine principle, and the Soul is the first created manifested body of the Spirit, where the masculine and the feminine principle has been split into two Soul Mates, a man and a woman.

The Soul Mates created manifested the thinking mind, the ego and observe, how their creature manifestation put words on different parts of existence.

The Spirit also observes HisHer creature manifestation, the Soul, and a human being can come into contact with his/her true Self, his/her heir Spirit by being aware that he/she is aware of his/her awareness.

Today's contemplation

Today, I will let go of maintaining my focus on observing my thoughts, and instead I will observe my Soul as often as I am able to during my day.

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January 26: *Spiritual arrogance*

FROM PART 3, CHAPTER 1, THE EARTHLY WEDDING, THE
SECTION TUTU AND THE PRECEPTOR, PAGE 219

*She said that she had had enough now.
She had not come here to be taught by such a green pea.*

TuTu Doctrine - The New World Order, page 220

When a spiritual aspirant begins getting cosmic glimpses, he/she can be so wonder struck at feeling his/her true Self, his/her Spirit, and he/she will usually also feel deeply honored that such a state has come to his/her lot.

He/she often thinks that it is something that exclusively can come to his/her lot, and that may make him/her feel superior to others, and thus he/she begins to suffer from spiritual arrogance.

The Master said that spiritual arrogance is the hardest character defect to clean out, because the spiritual aspirant often is unreceptive to new information that may lead him/her beyond merely receiving cosmic glimpses to full merger with his/her true Self, his/her Spirit.

Gradually, as he/she feels more and more isolated from others because of his/her spiritual arrogance, his/her existential pain grows until he/she admits his/her need to continue his/her spiritual growth and therefore to receive information that makes his/her progress possible.

Today's contemplation

Today, I will acknowledge my human limitation, ignorance, powerlessness and mortality/changeability and thereby join the fellowship of humankind,

so I can open myself for the information I need for my spiritual growth.

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January 27: *Limbo*

FROM PART 1, CHAPTER 3, SPIRITUAL EXPERIENCES, SECTION
 SUICIDE, PAGE 45

During the meditation, I had a vision.

I saw a bright figure in front of a dark house.

Everything was in darkness, and the house wasn't visible, but I knew that it was there.

In the distance, far behind it, I saw a whitish gleam.

The bright figure rushed restlessly back and forth in front of the house.

I could see the entrance of the house and did not understand why he did not go through it so that he could reach the light in the distance, but then I realized that he could not see the door

The TuTu Doctrine – The New World Order, page 46

Over the centuries, information has circulated among humankind about Limbo that is a place for the deceased, who cannot go through the Gate of Death for some reason or other.

A person, who has committed suicide, is unable to go through the Gate of Death, because he/she cannot see it.

That state of despair that drove him/her to suicide, is the state he/she will find himself/herself in, until he/she is released from it, when his/her true time to leave his/her earthly life has come.

Besides, such a human being will also feel a need to solve that problem, which drove him/her to commit suicide, in an incarnation to come, so that

similar circumstances does not drive him/her to despair anymore.

Today's contemplation

Although sometimes, I can be in a state of despair, I choose to use the principles of the New World Order to take care of my despair instead of harming my Mother Earth body.

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January 28: The meaning of life

FROM PART 4, CHAPTER 2, THE FAIRYTALE ABOUT THE LOVE WITHOUT LIMITS, PAGE 357

The createdmanifested parts spread out to acquire the experience of life, which was the purpose of creationmanifestation, and to meet and separate and meet again and thereby acquire knowledge of the pain of separation and the joy of reunion, which is the life condition of the createdmanifested.

TuTu Doctrine - The New World Order, page 359

Many have asked themselves the question: What is the meaning of life?

From the beginning of creationmanifestation and at all times, the meaning of life has been the same for all creaturesmanifestations, namely to experience life as a creaturemanifestation on different planes of existence.

As pure Spirit the masculine and the feminine principle is one being, the ManWoman - Ardhanarishvara – who rested in the Absolute merged in perfect bliss, until a desire arose to experience the Eternal Beloved, the One and Only, in a new perspective.

This desire set the ManWoman into movement, and thereby creationmanifestation began anew with the purpose of experiencing life as a creaturemanifestation in life after life so as to see the beloved in a new perspective.

Today's contemplation

Today, I will remember that my purpose in life is to experience life as a human being.

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January 29: Artificial opiates

FROM PART 3, CHAPTER 3, THE DIVINE WEDDING, THE SECTION PREPARATION FOR THE SPIRITUAL REBIRTH, PAGE 280

TuTu said that Methadone was illegal in India because it dried out the marrow of the bones and destroyed the fertility as opposed to heroin, which is a natural opiate that does not give any organ damage.

TuTu Doctrine - The New World Order, page 280

In the World there are many different sacred plants and the opium poppy is one of these.

The juice of the opium poppy can be extracted and used to ease the pains of humankind by being processed into opium drops, morphine and heroin.

Today, many artificial opiates are found, and they too have been made for the purpose of easing the pains of humankind.

The artificial opiates have a long series of side effects that are not found in the natural opiates, and they can actually damage a person for life.

Today's contemplation

Today, I will choose to examine possible side effects and long term effects of the medicine I need before I decide to use it.

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January 30: *The Holy Grail*

FROM PART 4, CHAPTER 4, THE FAIRYTALE ABOUT THE GODS
WHO WALK ON THE EARTH, PAGE 368

He lifted her compassionately and beamed towards her with love, until she melted into The Ocean of Love.

Thus blessed, the Woman slowly and peacefully went out of the temple yard to take her new life into possession

The TuTu Doctrine – The New World Order, page 377

Ardhanarishvara – the ManWoman, who holds the merged masculine and feminine principle, holds both their individuality and their oneness, and these are not limited by any form.

Their oneness is called the Ocean of Love, The Holy Grail, God's Heart's Heart, their mutual innermost Heart, their mutual true Self, their mutual Spirit, who holds the warmth.

Their individuality is called the Ocean of CreationManifestation, the Holy Seed and the Holy Egg, God's Heart, their individual personal Heart, their individual true Self, their individual Spirit, who holds the cold.

All spiritual aspirants yearn to drink from the Holy Grail, the Ocean of Love, and thus become able to meet themselves and everything and everybody everywhere at all levels of existence with unconditional love, care, compassion and mercy.

Today's contemplation

Today, I will drink from the Holy Grail and thus meet myself and others with unconditional love, care, compassion and mercy.

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January 31: *The soft heart*

FROM PART 3, CHAPTER 2, THE ANGELIC WEDDING, THE
SECTION THE MELTED HEART, PAGE 245,

*Little by little, as their talks progressed, my heart gradually became softer
and softer in compassion with the sufferings of my former boyfriend, and
when he asked me to stay overnight, I said yes immediately.
We lay in each other's arms, when suddenly I became aware of my heart.
It felt as if it melted, oozed out of my body like steam and left an empty hole*

The TuTu Doctrine – The New World Order, page 249

Gradually, as the spiritual development takes place for a spiritual aspirant,
he/she becomes more and more aware that all other creaturesmanifestations
are like himself/herself, because all forms have that in common that they are
limited, ignorant, powerless and mortal/changeable forms of consciousness.

As a result of this understanding, it becomes easier for the spiritual aspirant
to identify himself/herself with the problems that other Spirits may have
with the forms that they have taken up residence in for the time being.

Instead of hardening his/her lower heart in solar plexus against the
existential pains of others for fear of coming face to face with his/her own
pains, the aspirant allows his/her heart to be open to the existential pains of
others, and thereby the lower heart, the solar plexus of the aspirant becomes
softer and softer.

In this was the aspirant achieves a better and better contact with his/her higher heart and thereby with his/her Christ Consciousness/the Mercy Consciousness and this makes it possible for the aspirant to be able to meet his/her own and others' existential pains with love, care, compassion and mercy.

Today's contemplation

Today, I will use my own and others' existential pains to grow in Christ Consciousness/the Mercy Consciousness by the help of the principles of the New World Order.

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February 01: *To return home*

FROM PART 1, CHAPTER 1, THE INITIATION, THE SECTION
GOALS OF LIFE, PAGE 18

*I had had my wishes fulfilled, but they did not extinguish that peculiar
longing that I had within me, and which I no longer could put a name to.*

Christs Anonymous – The Thirteenth page 18

Many spiritual aspirants grow up and feel confused about not having the same desires as their peers.

The general desires for human beings are to secure one's material welfare, preferably with a profession or a job that gives him/her joy and to feel loved and safe in his/her social life.

For a spiritual aspirant, all these desires can be fulfilled without him/her feeling his/her inner longing satisfied, and such a human being become a seeker, seeking high and low for that, which can satisfy him/her.

In the end, it becomes clear to the spiritual aspirant that only 'coming home' to his/her true Self, his/her Spirit can createmanifest the satisfaction that he/she craves for.

Today's contemplation

Today, I will use the principles of the New World Order to 'return home' to my true Self, my Spirit, so I can begin to live a happy life on Earth.

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February 02: Building up of the psychological landscape

FROM PART 5, CHAPTER 1, MY LIFE WITH THE MASTER, THE
SECTION THE COMING INTO BEING OF THE BRIDGE, PAGE 392

"How many confirmations do you need?" he said softly with a dry undertone, and his tone of voice made me realize that I had received so many confirmations already that it was about time that I started trusting my own perceptions of things.

The TuTu Doctrine - The New World Order, page 392

Although all people have an inner life that they cannot show to others just like that in the same way that they can show the table in the living room, still, they all have an inner life besides their outer life in the form of their sense of how their health is, whether they have more or less energy today, whether their emotions are joyful or painful, whether their thoughts are creativemanifestive, destructive, or neutral, whether their social life is harmonious or disharmonious and whether their spiritual life enriches them or not.

Just like their outer life is individual and personal, their inner life is individual and personal, and yet many have tried to have confirmed from others that exactly their individual and personal inner life is the true Reality compared to that of all others.

This attempt to do away with their doubts about whether their inner experience is healthy or not, has even given rise to conflict among some.

In the New World Order, human beings do not try to make others confirm their perception of Reality, but they contribute with their personal perspectives on Reality to those who show an interest in that, and they take to heart from the perception of Reality of others what they find useful for building up of their individual and personal perception of Reality.

Today's contemplation

Today, I will build up my psychological landscape and my spiritual life in a way that suits my individual and personal life experiences and my understanding of the principles of the New World Order.

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February 03: *The opening of The Third Eye*

FROM PART 3, CHAPTER 4, THE SPIRITUAL WEDDING, THE
SECTION PREPARATION FOR CROSSING THE BOUNDARY OF
DEATH, PAGE 305

One day, a couple of months after TuTu's death, I was in a café with a small group from one of The Fellowships Anonymous, and one of those present told me that he stopped smoking nicotine after a shamanic travel.

The TuTu Doctrine – The New World Order, page 305

Before human beings come to their spiritual path, they normally use their inner eye, also called their Third Eye, only when they dream in the night or form a memory image of an event or of a person.

After they have come to their spiritual path, they begin to consider if they can experience visions, like some of the spiritual teachers/teacheresses they have met on their path, and one day the time has come where they have the courage to admit, that they can see with their Third Eye.

It takes courage, because if they are to use their shamanic travel that is also called a waking dream for something in their everyday life, it requires that they dare trust what they see, hear, feel, smell or taste in their wake dream, even if they might be the only one in their circle, who has made this leap of opening their third eye, so that they cannot get an immediate confirmation that their experience is real.

If this is so, they need not fear for their sanity, but can find kindred spirits by reading through literature written by or about others with similar experiences that most often are found in books on shamanism.

Today's contemplation

Today, I will read literature written by or about my kindred spirits, who also chose to open their Third Eye in a shamanic travel.

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February 04: Dreams

FROM PART 2, CHAPTER 2, THE INDIVIDUAL, THE SECTION
 DREAM INTERPRETATION, PAGE 181

Over the years, I tried to learn something about dreams and I often returned to the dream I had the first time I visited the Master, to find out what its message was.

There are four different types of sleep.

In the deep dreamless sleep, the sleeping person is deeply rooted in his/her true Self, his/her Spirit from where he/she picks up life force to live yet another day.

In addition to this, there is the dream sleep with three different types of dreams of which the most common dream is a cleaning dream in which consciousness juxtaposes symbols from events of the day that has caused pains that has not yet been released.

Furthermore, the dreamer can have lucid dreams, which are actual events that take place in the Higher Worlds that the dreamer still can remember after waking up, and dreamers can also experience prophetic dreams, which are about the future, and which often is guidance from the true Self of the dreamer about upcoming events that the dreamer needs to know about for the various reasons.

Today's contemplation

Today, I will pay attention to what I can learn from my dreams.

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February 05: Archetypes

FROM PART 2 CHAPTER 1, THE PRINCIPLES, THE SECTION
 ARCHETYPES, PAGE 104

A certain number of individual and personal interference patterns of the same type put together form a bigger universal and impersonal interference pattern, and this is an archetype.

Every single human being's body form is unique even if the body form of a human being normally consists of the same elements; a head, a torso, two arms and two legs.

All these unique forms are createdmanifested in the archetypal field of energy called *The Human Being*, which is an energy field in the Totality that includes every aspect of being a human being, from the lowest to the highest.

Every human being is thus a part of the archetype called *The Human Being* and every human being holds all of humankind's consciousness in his/her personal energy field.

This means that the spiritual experiences, social interactions, thoughts, emotions and actions of each human being are all registered in the archetype called *The Human Being*, and his/her way of being in the World is thus affecting all of humankind, if not in a conscious and awake state, then in an unconscious and sleeping state and in that way one person's happiness or unhappiness affects all of humankind.

Today's contemplation

Today, I will choose to cultivate my spiritual life, my social life, my thought life, my emotional life and my actions in a way that is beneficial both to myself and to all of humankind.

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February 06: *Return to the origin*

FROM PART 4, CHAPTER 2, THE FAIRYTALE ABOUT THE LOVE WITHOUT LIMITS, PAGE 357

*The perfect love of The **CreatorManifestoress** melted into the innermost recesses of her heart, which brought her back to the point before the initiation of creationmanifestation.*

Here, the perfect unity of the ManWoman lay in serene calm, as uncreatedunmanifested thought, latent in the cosmic being, resting in its perfection.

The TuTu Doctrine – The New World Order, page 358

Deep down, every creaturemanifestation knows that his/her true Self, his/her Spirit holds The Ocean of Love, the Holy Spirit of the Fellowship that holds the warmth and the Ocean of CreationManifestation, the Holy Spirit of Individuality that hold the cold.

In The Ocean of Love, the love that crosses the boundary of death is found, and in the Ocean of CreationManifestation is found all of those latent thoughts that has sprung from each and every form that his/her true Self, his/her Spirit has brought to life from the beginning of creationmanifestation till now.

The latent thoughts that are an expression of the individuality are decisive for which forms will come into being at the beginning of a new creationmanifestation, so this creationmanifestation is not the first, nor the last, but is merely an expression of the breathing of the Universe.

Since 'the big bang' took place, the Universe has been expanding in one long exhalation, but now the inhalation has begun and that means that the return to the origin has begun, and the sleeping Spirits are about to wake up so as to createmanifest a New World Order with wake Spirits and thus a World Order with unconditional love, care, compassion and mercy.

Today's contemplation

Today, I will use the principles of New World Order to allow my true Self, my Spirit to wake up.

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February 07: Constant Remembrance

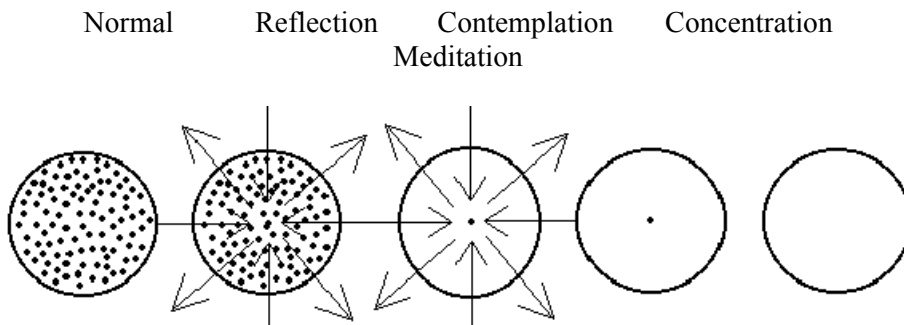
FROM PART 1, CHAPTER THREE, SPIRITUAL EXPERIENCES, THE
SECTION CONSTANT REMEMBRANCE, PAGE 40

I also began reading his books and in one of these it said that what I was doing is called Constant Remembrance, and that this was one of his suggestions for training one's capacity to focus spiritually.

The TuTu Doctrine – The New World Order, page 40

The graph below is intended to illustrate different states of mind.

The circles are intended to illustrate the mind and the dots to illustrate the thoughts.



The common movement from normal thinking activity to meditation goes through reflection, contemplation and concentration and then to letting go of all thought activities and enter into meditation.

In meditation, human beings are in oneness with their true Self, their Spirit, and thus they are also in oneness with God and thereby with everything and everyone everywhere at all levels of consciousness too.

By constantly returning to the meditative state they train their capacity to be in oneness with their true Self, their Spirit and with God and thus with everything and everyone everywhere at all levels of consciousness.

Today's contemplation

Today, I will use Constant Remembrance to constantly return to my true Self, my Spirit by being present in the NOW.

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February 08: *The four marriages*

FROM PART 3, CHAPTER 2, THE ANGELIC WEDDING, THE
SECTION CLEANING OF JEALOUSY AND POSSESSIVENESS 1,
PAGE 234

*"It is wise of TuTu to confront me with a woman who arouses my
compassion rather than my jealousy," I thought, "it will make it easier for
me to overcome my jealousy."*

The TuTu Doctrine – The New World Order, page 235

A couple can experience four marriages.

The first one is the earthly marriage, which is the union of the two physical
bodies, and the second one is the angelic marriage, which is the union of the
two hearts.

The third one is the Divine marriage, which is the union of the two Souls,
and the fourth one is the spiritual marriage, which is the union of the two
spirits.

In the earthly marriage the biggest challenge is that the couple is coming
face to face with their sexual jealousy and possessiveness, which inflict
excruciating pain on the couple until those feelings have been transformed
to compassion with one another.

Today's contemplation

*Today, I will work on liberating myself from my sexual jealousy and
possessiveness by the help of the principles of the New World Order.*

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February 09: *Recovery from existential suffering*

FROM PART 1, CHAPTER 2, FACE TO FACE WITH THE MASTER,
THE SECTION ARROGANCE 1, PAGE 28

Till this point, I had not thought of myself as arrogant or impatient, but after the sitting I decided that I will not allow myself to be like that anymore.

The TuTu Doctrine – The New World Order, page 29

Gradually, as the thoughts of a spiritual aspirant leads to more and more emotional pain, he/she begins to investigate his/her thought life to find out what thoughts lead to emotional pain, and what thoughts lead to emotional joy.

Little by little, as he/she maps out his/her psychological landscape, he/she becomes aware that the thoughts leading to painful emotional feelings, are the thoughts, which in the old days were called sins and in modern use of language for defects of character, and that they are called defects of character, because they do not fulfill the unconditionally loving, caring, compassionate and merciful intention behind his/her use of them.

As a result of the discoveries of the aspirant, he/she wants to find a way out of the pain, because it leads to suffering, if he/she does not act as the pain ordains, and little by little he/she becomes aware that he/she needs help to learn to let go of his/her defects of character and the pain they cause to have her desires fulfilled.

He/she can seek help to map out his/her psychological landscape by following the guidance about the use of The Constructive and The Destructive Rings as suggested in *The TuTu Doctrine – The New World Order* and by taking the Doctrine itself to heart like described in part four of *The TuTu Doctrine – The New World Order*.

Today's contemplation

Today, I will investigate The Constructive and The Destructive Rings in The TuTu Doctrine – The New World Order plus the Doctrine itself to find out how best I can liberate myself from existential pains.

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February 10: *God the Father and Goddess the Mother*

FROM PART 2, CHAPTER 1, THE PRINCIPLES, THE SECTION GOD
THE FATHER AND GODDESS THE MOTHER, PAGE 81

*TuTu explained that God the Father holds the power of creation and
Goddess the Mother holds the power of manifestation.
Creationmanifestation took place as a result of the love between the power
of creation and the power of manifestation.*

TuTu Doctrine - The New World Order, page 81

For a long time humankind has in particular related to the power of creation
and as such to the masculine principle God the Father and God the Son, a
man and his Soul.

Now the time is ripe for humankind to relate to the power of manifestation
and as such to the feminine principle Goddess Mother and Goddess
Daughter, a woman and her Soul.

Humankind has needed thousands of years to step out of the flock mentality,
and they have done so by developing respect for their individuality, which is
the mental, that for humanity is the masculine principle, God the Father and
God the Son.

Now the time is ripe to develop love, care, compassion and mercy towards
their individuality by the help of the Fellowship that for humanity is the
feminine principle Goddess Mother and Goddess daughter.

Today's contemplation

*Today, I will accept my masculine side as my power of
creationmanifestation and my feminine side as my power of manifestation.*

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February 11: *The Fruit*

FROM PART 4. CHAPTER 5, THE TUTU DOCTRINE, THE SECTION
THE FRUIT, PAGE 386

♥♥THE FRUIT♥♥

GOD IS EVERYTHING.
EVERYTHING IS GOD.

I AM GOD.
YOU ARE GOD.
HE IS GOD.
SHE IS GOD.
IT IS GOD.
WE ARE GOD.
YOU ARE GOD.
THEY ARE GOD.

♥♥THE PATH IS YOUR LOVE♥♥

TuTu Doctrine - The New World Order, page 386

For many human beings it has been a long journey to accept themselves as Spirit.

This is due to that the characteristics of Spirit is described as omnipresent, omniscient, omnipotent and immortal/unchangeable, and God's characteristics are described in the same way.

The characteristics for human beings as creaturesmanifestations, their limitation, ignorance, powerlessness and mortality/changeability, made it even more difficult for a human being to accept the idea that his/her true Self is his/her Spirit.

However, if a human being accept God as that Being that holds everything and everybody everywhere at all levels of awareness, they can choose to see the Universe as that being and thus realize that every part of the Universe is God, themselves included.

Today's contemplation

Today, I will use the principles of New World Order to acknowledge my true self, my Spirit in order to be lead to the joy without opposites, the joy which is also called happiness.

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February 12: *To say no*

FROM PART 4, CHAPTER 3, THE FAIRYTALE ABOUT GOOD AND EVIL, PAGE 363

By thus veiling the pain of the process of creationmanifestation, the first alienation arose in the form of the first light veil around part of her Spirit's knowing mind, and seen through this veil, the expulsion transformed into a rejection.

TuTu Doctrine - The New World Order, page 364

The pain of rejection goes all the way back to the beginning of creationmanifestation, because the Soul veiled the original pain that occurred when the masculine and the feminine principle was split in two, a 'he' and a 'she' in that nuclear fission which is called 'the big bang' in modern use of language.

By veiling the pain of the expulsion from the cosmic womb, the expulsion could be perceived as a rejection and this primordial pain is stirring every time a human being encounter resistance or receive a no to any one of his/her desires.

As he/she does not want to inflict the pain of rejection on another creaturemanifestation, it may be difficult for most human beings to say no, when another creaturemanifestation wants something from them.

However, the primordial pain was not a rejection, but the pain of the process of creationmanifestation, and it is important for the integrity of a human being and for others' perception of Reality that he/she has the strength to say yes, when he/she means yes, and to say no when he/she means no.

Today's contemplation

Today, I will explore how to say yes and no in various ways that I am comfortable with.

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February 13: God's will

FROM PART 1, CHAPTER 2, FACE TO FACE WITH THE MASTER,
THE SECTION GOD'S WILL, PAGE 27

One day, another disciple asked the Master about it, and laughingly he answered: "Yes, but the opposite is also true. God's will does not move without the creaturesmanifestations wanting it."

The TuTu Doctrine – The New World Order, page 28

Many imagine that God wants something specific from them, and therefore they want to know God's will so they can surrender to it and in that way make God like them and give them what they want.

Since God is omnipresent, omniscient, omnipotent and immortal/unchangeable and thus holds everything and everybody everywhere at all levels of existence, there is nothing they can give to God that God not already has.

God in turn can give them everything they want, and every desire, they express to God will be fulfilled in the long run, unless they choose to let go of it.

When nevertheless they seek to know God's will for them, in Reality they are seeking to know their own will for themselves, as it expresses itself at this stage in their understanding of Reality.

Today's contemplation

Today, I will seek to know God's will for me so that I can know my own will for me as it is at the present time in my existential understanding.

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February 14: *The continuation of the Christ Consciousness/the Mercy Consciousness*

FROM PART 2, CHAPTER 1, THE PRINCIPLES, THE SECTION
PRINCIPLES IN CHRIST AND THE PRINCIPLES IN TUTU, PAGE 91

A person can merge his/her consciousness into the field of consciousness called Christ by carrying out the 12 Steps in the 12 Step Program of Active Addictions Anonymous – The Wild Life and then direct his/her consciousness towards TuTu by working the Program of Christs Anonymous – The Thirteenth Step, and in that way prepare himself/herself to attain the field of consciousness called TuTu by the help of his/her Other Half – his/her Eternal Beloved.

The TuTu Doctrine – The New World Order, page 91

Some believe that they do not need the opposite sex to achieve perfection and that it has been obtained, when the masculine and the feminine pole in a human being has come into perfect balance, so that the thinking man has become emotional and the emotional woman has become thinking, but this balance is entirely an internal personal balance between thoughts and feelings.

Such a human being still needs to createmanifest balance between the inner and the outer, and this is achieved most easily in interaction with his/her Soul Mate, where he/she is the inner for himself/herself and her Soul Mate is the outer for him/her, and furthermore he/she needs to createmanifest balance between the high and the low, and this happen by the help of the TuTu Consciousness, which is the continuation of the Christ Consciousness/the Mercy Consciousness.

In the Christ Consciousness/the Mercy Consciousness a human being has achieved a conscious contact with his/her true Self, has surrendered his/her will to his/her true Self's care and show mercy to those that still suffer, and in the TuTu Consciousness a human being has achieved the Christ Consciousness/the Mercy Consciousness and has furthermore contact with his/her Spirit Mate and with his/her Spirit and with his/her Spirit Mate's Spirit, who is called his/her Eternal Beloved, which is the name for both the masculine the feminine Spirit.

In this way he/she has achieved her personal balance point between the inner and the outer, the high and the low that is found in one point, which is NOW, and where he/she is able to identify himself/herself with his/her true Self, his/her Spirit and this is called his/her perfection.

Today's contemplation

Today, I will use the principles of the New World Order to move from my Christ Consciousness/my Mercy Consciousness towards my TuTu Consciousness and thus make myself ready for the meeting with my Soul Mate, my Eternal Beloved so that I can achieve the consciousness of TuTu.

February 15: Fear of the consequence of love

FROM PART 3, CHAPTER 4, THE SPIRITUAL WEDDING, SECTION FEAR OF THE CONSEQUENCE OF LOVE, PAGE 291

*After we made love, I said that I would like him to move back home.
He said yes, and at that moment I got scared.
So often, I had some spiritual experiences together with TuTu that led me into a state of ecstasy, just like now, but all of which turned out to fade again at little later.
Just think, if I relapsed into heroin from living together with him.*

The TuTu Doctrine – The New World Order, page 291

Love is a revolutionary Power that can change a person's life completely by turning his/her values upside down in a very short time.

Besides this love purify a human being from all false perceptions that he/she has about himself/herself and about God.

In the Old World Order this was called the Purgatory in the New World Order it is called to live through the purifying Power of Love by moving through the Magical Forest of dancing peacocks and daemons.

Therefore, when a person stands face to face with love, he/she is seized by great fear, despite the fact that he/she has imagined that the only thing he/she wants is to meet his/her Soul Mate, his/her Eternal Beloved.

Today's contemplation

Today, I will make myself ready to meet my Soul Mate as best as I can, by purifying my mind from all false perceptions of Reality by the help of the principles of the New World Order.

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February 16: *The Krishna Consciousness*

FROM PART 3, CHAPTER 1, THE EARTHLY WEDDING, THE
SECTION THE SEED OF LOVE, PAGE 207

Lord Krishna is that archetypal sphere of consciousness in the seventh dimension which radiates The Seed of Love.

To achieve the Krishna consciousness, the spiritual aspirant has to empty his/her lower heart of all earthly desires.

The TuTu Doctrine – The New World Order, page 207

First time a consciousness took birth on Earth descending straight from the field of consciousness of Lord Krishna, he opened the spiritual path for everyone on Earth in a new way by the help of the Seed of Love that Earth now received a direct injection of by the help of Shri Krishna and the 144,000 empty, lower hearts that he impregnated with the Seed of Love by the help of the Pranahuti process.

These 144,000 had had all of their earthly desires fulfilled in the course of life after life, and now their only desire was to experience love, and it was this desire that brought Lord Krishna down to Earth in flesh and blood as Shri Krishna.

He **infused** the Seed of Love on the same day into the empty, lower hearts of all the 144,000 men and women, and he also taught humankind how they could make themselves ready to receive the Seed of Love by emptying their lower heart from all earthly desires.

They can empty their hearts from all earthly desires by doing their best to fulfill all their desires and furthermore seek help to fulfill those desires that they can not fulfill on their own, and slowly, this empties their lower heart from all earthly desires, and thus their lower heart, their solar plexus becomes ready to receive the Seed of Love.

Today's contemplation

Today, I will do my best to fulfill my desires, and I will seek help to fulfill those desires that I can not fulfill on my own.

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February 17: *The Rainbow Goddess*

FROM PART 4, CHAPTER 1, THE FAIRYTALE ABOUT THE MASTER OF THE UNIVERSE, PAGE 345

*She bent reverently and said:
"Oh Rainbow Goddess!
You, the wisest of all women.
I have come to you to seek wisdom.
I have been told that you can enlighten me about the Master of the Universe.
Then, tell me, how do I find him?"*

The TuTu Doctrine – The New World Order, page 346

The sixth dimension is the plane of wisdom where all thoughts about life as a creaturemanifestation comes into being by the help of the thinking mind, the ego that takes a stand on all the experiences of a human being and ascribe certain characteristics to them.

A human being, who has become able to look at life with wisdom, have discovered that words can be used to point to the physical Reality, but they are not physical Reality itself, and therefore such a human being choose to use words with great caution.

In the spiritual life of humankind such a human being is called an enlightened human being, a Buddha, if it concerns a man and a Tara, a Rainbow Goddess if it concerns a woman.

Many people have perceived the thinking mind, the ego to be the villain in their adventures as creaturesmanifestations, but now time has come where they can begin to see their thinking mind, their ego as that being that expresses himself/herself in all the colors of the rainbow and that being that eventually will lead them to wisdom.

Today's contemplation

Today, I will choose to look at my thinking mind, my ego as a multi-faceted diamond that shines in all the colors of the rainbow and that will lead me to wisdom gradually, as my existential understanding develops.

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February 18: Sexual freedom

FROM PART 3, CHAPTER 3, THE DIVINE WEDDING, THE SECTION
SEXUAL FREEDOM, PAGE 278

I wanted the freedom to respect and follow the swing of my own sexual feelings during lovemaking, and that wasn't possible in connection with prostitution, because the man paid for me to respect and follow his sexual feelings and put aside my own if they weren't in harmony with his, and that I did not want to do anymore.

The TuTu Doctrine – The New World Order, page 278

In the Old World Order, it was common for spouses to think that it was the job of their spouse to make them happy, and generally that implied that it was the job of any spouse to satisfy his/her spouse sexually.

In the New World Order, each person is responsible for his/her own life and thus for his/her sexual life.

This implies that each spouse needs to give himself/herself permission to take care of his/her own sexual needs without having to feel that he/she has to pretend that he/she has some sexual feelings that are not there, or that he/she does not have some sexual feelings that are there so as to take care of his/her partner's feelings and make him/her feel safe.

This also implies that now both the man and the woman needs to give himself/herself permission to not only take care of his/her spiritual life, his/her social life, his/her thought life, his/her emotional life, but also his/her physical life and thus his/her sexual life.

Today's contemplation

Today, I will give myself permission to say yes or no to a sexual interaction with my partner, and I will follow the swing of my sexual feelings honestly during lovemaking, if I choose to involve myself in a sexual interaction.

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February 19: *Lucifer*

FROM PART 2, CHAPTER 1. THE PRINCIPLES, THE SECTION
LUCIFER, PAGE 99

*They began cursing the day they were created manifested, and said that they would not have gone out if he who went out first had not done so.
His name was Lucifer, the light carrier, whom God loved, because he loved life under all circumstances.*

The TuTu Doctrine – The New World Order, page 99

When Spirit emanated from the Absolute so as to experience life as a creature manifestation, his/her long journey as a creature manifestation began on the Soul Plane, where his/her Soul was his/her first limited, ignorant, powerless and mortal/changeable body.

In this process, the merged masculine and feminine principle was split into two - the masculine principle and the feminine principle - and also the merged darkness and light was split into two - the darkness and the light.

He, who went out as a creature manifestation first was called Lucifer, the light bringer, because his action brought light into the World in the form of the first visible form, the Soul.

He loved life as a creature manifestation under all circumstances, because he held on to remembering his/her true self, his Spirit and thereby he remembered love under all circumstances.

Today's contemplation

Today, I will remember my true Self, my Spirit under all circumstances and thus I will remember love under all circumstances.

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February 20: *The reincarnation thought*

FROM PART 1, CHAPTER 4, PILGRIMAGE, THE SECTION THE
PALM LEAF ARCHIVES, PAGE 60

One day, I managed to get access to the Palm Leaf Archives, which were found in this city.

I heard about these archives at the Master's farm.

They were said to be spread out all over India, and they were supposed to contain information both about past, present and future lives for everybody who has ever incarnated in Madras.

The TuTu Doctrine – The New World Order, page 60

The first time the spiritual aspirant encounter the idea that he/she has lived as a human being in life after life after life, many of his/her experiences come to stand in a new light.

For many of the spiritual aspirants, the new light that he/she sees his/her life in can be so rewarding that it may appear to him/her that the idea of reincarnation is too good to be true.

If he/she therefore wishes to confirm the idea of reincarnation through his/her own experience, he/she can get together with others, who want the same thing, and who are doing inner travels on their own time track or participating in regression therapy .

When thereby he/she comes into contact with his/her previous life, he/she can know from personal experience that reincarnation is the fact according to his/her opinion.

Today's contemplation

Today, I want to explore the idea of reincarnation by finding information or participate in groups that can make it possible for me to take it to heart.

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February 21: *Dharma and karma*

FROM PART 3, CHAPTER 2, THE ANGELIC WEDDING, THE
SECTION DHARMA AND KARMA, PAGE 229

I had learned that dharma is that part of my destiny which has created manifested ties from where I have to go through the effects of my constructive acts, and karma is that part of my destiny from where I have to go through the effects of my destructive acts.

The TuTu Doctrine – The New World Order, page 229

Those people who desire to return to the origin, has been on the spiritual path in life after life.

They have searched high and low for a direction that could lead them to their origin, and many of them had got the impression that they should become saints, people who exclusively make use of constructive actions, so they could achieve an advantageous destiny.

Furthermore, they should avoid destructive actions so as to avoid a painful destiny.

Gradually, as their existential understanding grew, they realized that it was neither beneficial for the fulfillment of their desire to try to achieve an advantageous destiny or to try to avoid a painful destiny, but on the contrary to receive whatever came to them from their neutral point, the point of their true Self, their Spirit.

Today's contemplation

Today, I will accept what comes to my lot from my neutral point, the point of my true Self, my Spirit.

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February 22: Radiance

FROM PART 1, CHAPTER 2, FACE TO FACE WITH THE MASTER,
 THE SECTION THE MASTER'S RADIATION, PAGE 36

The quivering unrest which surrounded them vibrated through the sublime peace that existed on the Master's farm, and which I had become a part of. First, when I experienced the contrast, I understood how the Master's radiation had affected my state of being.

The TuTu Doctrine – The New World Order, page 36

When a spiritual aspirant moves around in his/her psychological landscape, he/she can make short or long stays in various energy fields that are called Painrings and Joyrings in The TuTu Doctrine - *the New World Order*.

When the spiritual aspirant finds himself/herself in the energy from a Painring or a Joyring, he/she is permeated by these energies, and as a result his/her radiance becomes positive or negative.

If he/she is in oneness with his/her true Self, his/her Spirit he/she radiates the unconditional love, and that means that he/she radiates the joy without opposites.

This radiation benefits both himself/herself and all the others that he/she meets on her path through the day.

Today contemplation

Today, I will do my best to be in oneness with my true Self, my Spirit so that I can experience the vibration of the joy without opposites for the benefit of

myself and others.

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February 23: *The humanity of the great spiritual teachers/teacheresses*

FROM PART 4, CHAPTER 4, THE FAIRYTALE ABOUT THE GODS
WHO WALK ON THE EARTH, PAGE 368

I have been told that you can enlighten me about the Gods who walk on the Earth.

Then, tell me how it happens."

"They project their heart down on Earth, and attire it in flesh and blood."

"How do they attire their heart in flesh and blood?"

"By emerging from the love between man and woman and letting themselves be born by the woman like anybody who is born on Earth."

The TuTu Doctrine – The New World Order, page 369

Through the ages, humankind has attempted to imagine what it would be like to be one of the great spiritual teachers/teacheresses, who came to Earth to teach humankind about the components of existence.

Many of these fantasies have given the impression that they were not limited, ignorant, powerless and mortal/changeable, like it is the case for each and every creaturemanifestation.

This has been great detriment to the spiritual aspirants, who wanted walk the path that their chosen spiritual teacher/teacheress had done, because it gave the impression that the spiritual teacher/teacheress in question was the only one, who could walk that path.

The task of the spiritual teacher/teacheress in question was exactly to come to Earth and show how you could walk the spiritual path, although you are a

limited, ignorant, powerless and mortal/changeable human being.

Today's contemplation

Today, I will in particular study how my spiritual teacher/teacheress walked the spiritual path in spite of his/her human limitation, ignorance, powerlessness and mortality/changeability.

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February 24: Bird Phoenix

FROM PART 2, CHAPTER 2, THE PERSONAL, THE SECTION ANGER AND REVENGEFULNESS, PAGE

One day, I came across a guideline in one of his books, which read: "Don't be revengeful about mistakes done by others. Receive them in gratitude as heavenly gifts."

The TuTu Doctrine – The New World Order, page 168

When a spiritual aspirant becomes angry and revengeful because of mistakes, which he/she thinks that others have done towards to him/her, it is connected with that he/she believes it makes his/her life more difficult than it needs to be.

Gradually, as the spiritual aspirant becomes able to apply the principles from *The TuTu Doctrine - the New World Order*, he/she becomes able to choose to look at the pain he/she experiences as a gift, which gives him/her an opportunity to grow in wisdom/Buddha-consciousness and mercy/Christ-consciousness, instead of being stuck in the pain by becoming angry and revengeful because of it.

The process, which the spiritual aspirant uses to transform his/her pain to Buddha-consciousness and Christ-consciousness, is called Bird Phoenix, because the aspirant rises from the ashes of his/her pain to new life, when the pain itself has been burnt to ashes.

By using the principles of the New World Order a person can achieve rising to a new life on a daily basis like the Bird Phoenix that is burned to ashes every single day only to resurrect as a new, wiser and more compassionate being the following day.

Today's contemplation

Today, I will use the principles of the New World Order to handle my life's pains like the Bird Phoenix, so I can rise from the ashes of the pain as a new, wiser and more merciful human being.

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February 25: Confirmation

FROM PART 4, CHAPTER 1, THE FAIRYTALE ABOUT THE MASTER OF THE UNIVERSE, PAGE 345

"The Universe is one but the perspective is different for the atom and for the galaxy.

Thus, there is an infinite number, and it cannot be said about one that this is The Universe and about another that it is not."

The TuTu Doctrine – The New World Order, page 346

The Universe offers a human being an infinite number of possible perspectives on Reality, and even when two people look at the same flower, it will not be possible for them to have the same perspective on the flower.

Many times, human beings imagine, however, that their perspective on Reality is more in line with Reality than other people's perspective.

This idea is an expression of their need to have confirmed that their perception of Reality is in line with Reality itself

This need can lead to many long discussions with people, who do not have the same perspective on Reality as they do themselves, or it can lead to others, who understand their need for confirmation, confirm their perception on Reality, even though their perspective on Reality is different, and thus they miss out on the inspiration others have to offer.

Today's contemplation

Today, I will use the principles of the New World Order to build up my trust in my own perception of Reality and to open myself to inspiration from the perspective of others.

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February 26: *The Light of Love*

FROM PART 3, CHAPTER 4, THE SPIRITUAL WEDDING, THE
 SECTION THE REALM OF DEATH, PAGE 316

According to his opinion, TuTu was in the mildest of the conditions, which could be due to a person dying under the circumstances that he did.

Then he asked if I would like to help TuTu to move on.

"Can you do that? I always believed that it was the departed people who helped us and not the other way around"

"It happens both ways."

The TuTu Doctrine – The New World Order, page 316

After having left the physical form a person enter into a meditation, where he/she meets God's Light of Love and looks at his/her life in two days in the Light of Love.

In that state, he/she look at his/her life from a perspective that he/she did not have in many cases, when he/she found himself/herself in the physical form.

However, it is a short-lived wisdom, which often runs out when the meditation is completed and the deceased moved on to life in the Higher Worlds, and in some cases the deceased is so dazed that he/she believes that he/she is dreaming.

After the meditation, the deceased usually returns to the state of wisdom, which corresponds with the state of wisdom that he/she had while he/she lived on earth, and his/her life in the Higher Worlds is formed accordingly.

Today's contemplation

Today, I will invest my time, energy and interest in achieving wisdom by expanding my existential understanding.

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February 27: Fear of fear

FROM PART 4, CHAPTER 5, THE 2♥2 DOCTRINE, THE SECTION
 THE SEED OF LOVE, PAGE 379

THE SOUTH
 THE FEMININE
 THE EMOTIONAL
 Don't fear the fear of fear

The TuTu Doctrine – The New World Order, page 379

The feminine principle, the emotional, both in men and women is to be compared to the feet, that walk on the Earth, and the masculine principle, the mental, both in men and women, can be compared to the head, protruding into the Heaven.

The person use the feet to feel his/her way forward on Mother Earth to find out how he/she can best move forward safely.

The head protrudes into the Heaven so as to make contact with his/her true Self, his/her Spirit that holds the direction in which the feet need to go.

The masculine principle is the giving and the feminine principle is the receiving, and the biggest hindrance in both men and women for the opening of the capacity to receive of the feminine principle, which makes him/her

able to receive the gifts of life is the fear of a future consequence of a present action or the fear of what kinds of fear could be the future consequence of a present action.

Today's contemplation

Today, I will let go of the fear of experiencing fear because of future consequences of my present actions.

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February 28: *The principle of anonymity*

FROM PART 2, CHAPTER 1, THE PRINCIPLES, THE SECTION THE FOUNDATION OF THE NEW WORLD ORDER, PAGE 95

Anonymity is the spiritual foundation of The New World Order, and that means that it is not the personal data, life story or behaviour of the individual person which shall be focused on but how earthly and spiritual principles work in this person's life, and therefore no person can evaluate another person or another person's life or behaviour by looking at it from the outside.

The TuTu Doctrine – The New World Order, page 96

To achieve the unconditional joy in his/her social life, his/her Soul Life, the spiritual aspirant needs to be able to meet his/her fellow human beings with unconditional love, care, compassion and mercy, and those spiritual aspirants, who use The TuTu Doctrine – The New World Order as a guideline for their actions, use the principle of anonymity for this purpose.

This means that they do not try to judge their fellow human beings with a yard stick which is about right or wrong, good or evil, but instead, they choose to look at them as at themselves, namely as a Spirit, who experiments with life as a human being.

If their fellow human being does something, that their own experience has shown them, will lead to pain for their fellow human being or their fellow

human being's surroundings, they know from their own experience that it is because their fellow human being is yet in the middle of his/her process of learning.

So the spiritual aspirant does not interfere in the process of learning of his/her fellow human beings unless asked for help and even so, the spiritual aspirant only chooses to help, if it would bring himself/herself joy to help out.

Today's contemplation

Today, I will use the principle of anonymity in my social life by refraining to judge another human being's pain by looking at it from the outside.

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February 29: Active Addictions Anonymous

FROM PART 2, CHAPTER 1, THE PRINCIPLES, THE SECTION THE COMPLETE BRIDGE TO THE NEW WORLD ORDER, PAGE 94

TuTu said that, to complete the Bridge to the New World Order, AcAdAn, which stands for the 12 Step Fellowship of Active Addictions Anonymous also has to come forth.

The TuTu Doctrine – The New World Order, page 94

Since the majority of humankind has forgotten their true Self, their Spirit, the World Teachers have created a manifested portal to the New World Order where a human being can return to his/her true Self, his/her Spirit.

This portal is the Twelve Step Programs of the Fellowships Anonymous, which makes it possible for the spiritual aspirants to achieve a spiritual awakening to their true Self, their Spirit.

Active Addictions Anonymous is the basic Twelve Step Program that embraces the sufferings that spring from the painful dissatisfaction of the spiritual aspirants with their human limitation, ignorance, powerlessness and

mortality/changeability, and furthermore a long series of sufferings are to be found that are being addressed by specific Twelve Step Programs with focus on that one suffering.

The miraculous recoveries, which happens as a result of a person's participation in a Twelve Step Program has given a great deal of the World's spiritual aspirants their personal spiritual awaking, so that they are now part of the New World Order, where a person asks his/her own heart for guidance instead of asking priests, rabbis, mullahs and brahmins.

Today's contemplation

Today, I will to use the principles of Active Addictions Anonymous to recover from my dissatisfaction with my human limitation, ignorance, powerlessness and mortality, so that I can achieve oneness with my true Self, my Spirit.

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March 01: *The Rings of Truth*

FROM PART 6, CHAPTER 1, APPENDIXES, THE SECTION
APPENDIX R: THE SMALL, MINI, MICRO AND NANO RING OF
TRUTH, PAGE 420

The Small Ring of Truth: Humility, honesty, individuality and Fellowship.

The Mini Ring of Truth: Equality, tolerance, accuracy and affiliation.

The Micro Ring of Truth: Respect, genuineness, precision and togetherness.

The Nano Ring of Truth: Sincerity, simplicity, reliability and familiarity.

Christs Anonymous – The Thirteenth Step 421

In the psychological landscape of humankind a human being comes into contact with many different energies, both single energies and energy patterns.

Many are stuck in an energy field that they actually want to move out of, because it pains them, and moreover, they want to remain in another energy field, because it is joyful for them without them being capable of remaining in the field that is joyful for them.

In order for it to become possible for them to have their desires fulfilled, they need to receive information about that, which can make it possible for

them to fulfill their desire to leave a particular energy field or extend their stay in another energy field.

Readers of The TuTu Doctrine - The New World Order receive the required information that they can use for the required training to achieve the capabilities that enables them to fulfill their desire.

Today's contemplation

Today, I will follow the suggestions in The TuTu Doctrine - The New World Order so as to develop my capacity to fulfill my desire to make my stay in pain short lived and my stay in joy long lived.

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March 02: Oblivion

FROM PART 2, CHAPTER 1, THE PRINCIPLES, THE SECTION
 LUCIFER, PAGE 99

We chose to manifest as Quadruplets together with another couple, who wanted the same, and thus we manifested in four directions - the North, the South, the East and the West - and in that way, Four became the first positive power factor in the creationmanifestation where the invisible is the negative, the darkness or the Spirit, and the visible is the positive, the light or matter.

The TuTu Doctrine - The New World Order, page 99

Most spiritual aspirants are so used to seeing the negative as something they want to avoid that it has distorted their view on existence, because the negative is the unmanifested, who is Spirit, who is their true Self.

Any pain, whether it is material, physical, space-time-energy-related, emotional, mental or social is due to the separation from the aspirant's true Self, his/her spirit.

Until the spiritual aspirant began to get glimpses of oneness with his/her true Self, his/her Spirit, he/she had lived in complete oblivion of who and what he/she is deep down and it has caused so huge existential pains for him/her that he/she eventually had only a desire.

The desire consisted in stopping the denial of his/her true Self, his/her Spirit and return home to himself/herself in the inner and experience his/her outer journey by the help of the unconditional joy inside his/her true Self, his/her Spirit.

Today's contemplation

Today, I will remember my true Self, my Spirit and thereby become myself again so I can become able to rejoice in experiencing life through all my created/manifested forms.

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March 03: To see beyond the physical

FROM PART 5, CHAPTER 1 , THE SECTION THE AVATAR OF
SYNTHESES, PAGE 395

Until I 'looked' at the photo, I had put the merged form of the Man/Woman in the middle of an oval with two sharp edges, but when I 'looked' at the photo, this graph got its final form.

The TuTu Doctrine – The New World Order, page 397

When many spiritual aspirants were newcomers on the spiritual path, a great deal of them got confused when their mentor/mentoreess or spiritual teacher/teacheress said that they should look inwards instead of outwards.

They wondered how they could possibly do that, but little by little as their understanding of what it meant to look inwards grew, they realized that it meant that they observed their emotions and thoughts about the physical Reality that surrounded them while at the same time, they observed the physical Reality.

As a result, they began to take a stand on the thoughts and emotions that

they experienced in context with their physical Reality, and thus they discovered that their mental and emotional Reality held information about their physical life that they advantageously could take a stand on.

Little by little, as they became well trained in taking both their inner and outer Reality into account, they became better and better in observing, when something unusual happened in their mental Reality, and these unusual impulses they now began to perceive to be their true Self's talk to them through their thinking mind, their ego and the resultant emotional feelings.

Today's contemplation

Today, I will observe my inner Reality while simultaneously I observe my outer Reality, and I will take that to heart, which I believe is my true Self's talk to me through the impulse in my thinking mind, my ego.

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March 04: The ego Death

FROM PART 1, CHAPTER 4, PILGRIMAGE, THE SECTION TUTU'S EGO DEATH, PAGE 64

*On a foggy night on his way to Kathmandu, he had lost his ego.
 He was walking alone on the road and for no reason he was seized by fear,
 and in his agony, he walked and walked.
 At some point in time, it became clear to him that it was not he who felt this
 fear but his ego.
 He had some visions, and when they stopped, he became completely calm
 and understood that he had passed through the ego death.*

The TuTu Doctrine – The New World Order, page 64

The thinking mind, the ego holds joyful, painful and neutral thoughts plus a state of no thoughts.

Many spiritual aspirants have been very preoccupied with the painful thoughts that go through their thinking mind, their ego and have seen them as their personal thoughts without being aware of that it is part of the human condition to experience pain in various areas of their existence, so their painful thoughts are not theirs alone, but they belong to the entire

Fellowship of humankind, and as a result of this realization they began to stop taking their thoughts so seriously.

Next, they began to put a question mark on those of their thoughts that pained them, and often they also chose to reframe those thoughts so they were transformed to joyous thoughts, and eventually they stopped letting their actions be dictated exclusively by their thoughts.

When they no longer let their thoughts dictate their actions, their thoughts had lost their power over them, and they had now become the Lord or the Lady in their own house by choosing to act from the Soul plane and thus act with love, care, compassion and mercy towards themselves and others no matter what took place in their thinking mind, their ego, and thereby they were said to have gone through the ego death.

Today's contemplation

Today, I will put a question mark on those of my thoughts that pain me by choosing to hold on to a new thought that feels better, and, thus I will make myself the Lord/the Lady in my own house.

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March 05: Belief-systems

FROM PART 1 , CHAPTER 1, THE INITIATION, THE SECTION
CHILDHOOD FAITH, PAGE 14

One day, a priest threw me out of the church saying that it wasn't a place for children.

That convinced me that God and Jesus really didn't like me, and now I joined the evil ones who thought that God didn't exist, and who spoke about him in demeaning ways if he was mentioned at all.

The TuTu Doctrine – The New World Order, page 17

As children have no clear perception of what is true and false about life on Earth, they take the information from their surroundings to heart, until the opposite is proven.

When they receive information from their parents, their teachers/teacheresses or other adults, they have confidence in that adults inform them in ways that are to their advantage, because innermost they know that the adults mostly have their best interest in mind.

When therefore, they receive information about areas that are not visible to the naked eye, they believe that they need to take this information to heart to get an advantageous life experience.

If the adults around them are misinformed about the invisible Reality, they pass on this information to the children, and therefore the children need to examine their belief systems as young adults so as to let go of the information that is not in conformity with their own experiences of Reality.

Today's contemplation

Today, I will use the principles of the New World Order to examine my belief systems and put those away that I do not want to preserve and strengthen those that I do want to preserve.

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March 06: Evil

FROM PART 4, CHAPTER 3, THE FAIRYTALE ABOUT GOOD AND EVIL, PAGE 363

As evil, the ego designated the unpleasant and frightening images, which she felt an irresistible urge to investigate and thus createmanifest excitement in the monotony of the imprisonment, and by this urge she createdmanifested life and growth in these ideas and in these images, and thus she herself gave life to the unpleasant pole of the pendulum of life.

The TuTu Doctrine – The New World Order, page 365

When Spirit, decided to experience life as creaturesmanifestations, Spirit was the only being that was, so the opportunity to experience life as a creaturemanifestation demanded a work of creationmanifestation that put a limit on the unlimited, and thus began the process of creating a form by crystallizing Spirit into a form.

The first crystallized form of Spirit is the Soul that consists of a light veil of crystallized Spirit that limits the omnipresent Spirit from His/Her omnipresence.

The next crystallized form is the thinking mind, the ego that consists of a form that is a more compact form crystallized by Spirit.

The newly created manifested thinking mind, the ego continued the creative process by creating strings of thoughts of pain and joy, which are thought forms in many varieties.

Today's contemplation

Today, I will remember that my thoughts has no physical Reality unless I choose to manifest them in action, whether they are painful or joyful.

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March 07: Dracula

FROM PART 3, CHAPTER 1, THE EARTHLY WEDDING, THE
SECTION DRACULA, PAGE 197

He had found out that when love for the beloved is powerful, fear could rise that love would overpower him/her to such an extent that he/she lost his/her own willpower and was transformed into a zombie whose life energy is sucked out by the vampire, because the he/she could not resist his/her urge to serve her love in ways that were contrary to his/her own desires.

The TuTu Doctrine – The New World Order, page 198

Many human beings have been fascinated by the archetypal description of Count Dracula, who stays alive by sucking blood from others.

Thus he transforms them into zombies - the living dead, who are not in

touch with their own heart, and thus with their own desires, and their only purpose becomes to serve his desires, and many have shuddered from fear by thinking that such a destiny might come to their lot.

This fear can come into play, when they meet their great love, their Soul Mate because their natural impulse is to surrender unconditionally to their love and do everything in their power to delight and please their beloved.

The fear of becoming a zombie, whose life is only concerned about delighting and pleasing their beloved can cause many disturbances in their love life, but those people who have entered the New World Order, follow the principles that make it possible for them to surrender to the love of themselves in such a way that they do not have to be afraid of losing themselves in the love for another.

Today's contemplation

Today, I will use the principles of the New World Order to learn to love myself unconditionally so that I need not fear to loose myself in my love for another human being.

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March 08: Fairytales

FROM PART 2, CHAPTER 2, THE PERSONAL, THE SECTION THE FEMININE ARCHETYPE OF THE SPIRITUAL WEDDING, PAGE 170

In my opinion, the fairytale of the prince on the white horse is an archetypal description of that couple that wish to return to the Absolute love, seen from the feminine perspective.

The TuTu Doctrine – The New World Order, page 170

Many spiritual aspirants have given up hope that fairytales are part of Reality, but readers of The TuTu Doctrine – *the New World Order* discoverer little by little that fairytales express the Highest Reality in a symbolic form.

Fairytales are archetypal descriptions of various experiences that a person can encounter, described so simple that even children can understand the spiritual principles inherent in a given fairytale.

The fairytale of the prince on the white horse that comes to a woman and completes her life in the big wedding – the spiritual wedding – is thus not a fantasy, as many seem to think, but wisdom about the core of existence that is passed on to children, which may make many little girls take some major decisions about how they want to live their lives.

The fairytale of the poor boy, who heroically sets out on a dangerous mission so as to win the heart of the princess and thus achieve completion of his life in the big wedding - the spiritual wedding – is in the same way also an archetypal description, intended to transfer the basic principles of existence that can make many little boys make some major decisions about how they want to live their lives.

Today's contemplation

Today, I will investigate, which fairytale fits into my secrete perception of Reality, so that I can investigate what energies that play out in my archetypal/energetic Reality.

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March 09: To seek guidance

FROM PART 4, CHAPTER 1, THE FAIRYTALE ABOUT THE MASTER OF THE UNIVERSE, PAGE 345

"Time is short, and therefore, you may approach all Masters at the same time by addressing them with the word Master or the word God. In the course of the day, any time, you may address them in this way and ask for help and guidance, and then you can be confident that help will come, and they will reveal to you what is your most important decision, in the HERE and NOW."

The TuTu Doctrine – The New World Order, page 348

In the course of a day, most people receive a lot of help from others with their projects, and they actually have so many options to choose from that sometimes they can find it hard to decide what their next right action could be.

Thus, they find themselves in the field of pain from the Nanoring of Envy with its uncertainty, uncultivatedness, indecisiveness and heedlessness.

They can move to the field of joy from the Nanoring of Hope with its certainty, cultivatedness, resoluteness and level-headedness, which is the antidote to the Nanoring of Envy, by seeking guidance from their true Self about, what they need to do, if anything, right HERE and right NOW.

If they find it difficult to surrender to the guidance that comes to them, they can use the principles of the New World Order to make themselves entirely ready to surrender.

Today's contemplation

Today, I will both use guidance from my true Self and from the principles of the New World Order so as to find clarity, when I need help to make a decision right HERE and right NOW.

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March 10: Telepathy

FROM PART 1, CHAPTER 2, FACE TO FACE WITH THE MASTER,
THE SECTION TELEPATHY, PAGE 24

*Slightly stooped, he came towards them, and at that instant a thought that I knew wasn't my own arose in my mind: "Who disturbs the peace?"
In a breathless moment I realized that telepathy exists.*

In Reality telepathy takes place all the time.

The reason why most are not aware of it, is that they believe that all their thoughts are their own, and that nobody else have the same thoughts.

They can develop their capacity of discernment in this area by beginning to observe, when thoughts pass through their mind that they do not recognize as their habitual way of thinking.

Little by little, as they observe these special areas of telepathic transfers of thoughts from others to their thinking mind, their ego they become better and better at discerning their own thoughts from those of others.

However, this does not liberate them from the responsibility of taking care of these thoughts, in the same way that their interaction with others in their social life do not liberate them from taking a stand on those they interact with.

Today's contemplation

Today, I will take responsibility for the thoughts that pass through my thinking mind, my ego, whether they emanate from myself or others.

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March 11: *Our physical heart*

FROM PART 3, CHAPTER 2, THE ANGELIC WEDDING, THE
SECTION TUTU'S HEART, PAGE 251

He answered that it was my own heart I heard, but I thought that at least I was able to decide if it was my own or his heart I heard, and I decided to pray for the poor galloping heart.

Now, I understood that he had spoken the truth, and that it was thus my own heart I had been praying for.

When a human being surrenders to his/her innermost heart by giving and receiving unconditional love, care, compassion and mercy, even his/her physical heart becomes calm.

If he/she has not yet achieved contact with his/her innermost heart, he/she may inadvertently harm himself/herself and others by giving and receiving actions, emotions and thoughts that are unloving, uncaring, hard hearted and merciless.

This creates/manifests disturbance and even disease in his/her physical heart, which, as a result, may reflect the disturbance by galloping along, and if this happens more or less continuously, he/she can attract a cardiovascular disease that can end his/her life.

Readers of The TuTu Doctrine – *the New World Order* choose to use the principles of the New World Order to learn to act, feel and think in ways that are unconditionally loving, caring, compassionate and merciful, so their physical heart can feel good.

Today's contemplation

Today, I will observe how my physical heart is working and I will create/manifest peace in my heart by acting, feeling and thinking in ways that are unconditionally loving, caring, compassionate and merciful.

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March 12: Parents and children

FROM PART 2, CHAPTER 1, THE PRINCIPLES, THE SECTION THE FIFTH STATEMENT, PAGE 159

The child, at all times, has the right to follow his/her own ideas and perceptions of what will make him/her happy, while at the same time, being willing to listen and follow the guidance and advice of the parents, but having the right to respectfully decline the suggestions from the parents, if

there is a conflict between the two.

The TuTu Doctrine – The New World Order, page 160

For thousands of years humankind has lived in tribal communities, where it was important that they submitted themselves to the norms and rules of their tribe, and this has led to that human beings have tried to educate their children to follow the norms and rules of their tribe, so that the children could achieve the best possible life.

In the last two thousand years, humankind has had a need to step out of the flock mentality, and that has happened by the help of the masculine principle, God, the Father and God, the Son, who holds the individuality.

The development of humankind's individuality has now reached a stage, where the human being needs to learn to love, care for and be compassionate and merciful to their own individuality and that of others by the help of the feminine principle Goddess, the Mother and Goddess, the Daughter, and this also applies to the individuality of their children.

The children are dependent on the parents in many ways, but it does not give the parents the permission to neglect the children's individuality or to fail to respect it, and therefore it is essential both for the parent's own and for their children's development that they use the principles of the New World Order so as to find a way, where they can respect both their own and their children's individuality in their interaction with them.

Today's contemplation

Today, I will respect my own individuality and that of others, also if it is people, who are given in my care by my true Self, and who is therefore completely in my power.

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March 13: Fellowship and individuality

FROM PART 4, CHAPTER 4, THE FAIRYTALE ABOUT THE GODS WHO WALK ON THE EARTH, PAGE 368

"Yes, I came back to separate the sheep from the goats and to lift the veil

from The Veiled Woman, The Holy Spirit, and thereby make clear the distinctions between the feminine and the masculine and thus put everything in its right place."

The TuTu Doctrine – The New World Order, page 370

When humankind at large lived in a tribal society, their survival depended on that the tribe acted as a group and thus achieved greater power of action and capacity to survive and as a result the flock mentality became predominant.

Gradually, as humankind built up larger and larger groups in cities, the flock mentality became an obstacle for the development of the life of humankind.

Thereby time had become ripe to develop the individuality of a human being by the help of the mental that is held by the masculine principle – God, the Father and God, the Son – a man and his Soul, and today, the individualization of humankind has reached a stage, where the development of unconditional love, care, compassion and mercy for each person's individuality is required.

This is most easily done through Fellowships that adhere to Spiritual principles, and therefore, the World Teachers created/manifested a portal for this development by the help of the feminine principle – Goddess, the Mother and Goddess, the daughter, in woman and her Soul – in the form of the 12 Step Programs that are to be found in the Fellowships Anonymous.

Today's contemplation

Today, I give myself permission to respect my individuality with unconditional love, care, compassion and mercy.

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March 14: Hearsay

FROM PART 3, CHAPTER 3, THE DIVINE WEDDING, THE SECTION
 IGNORANCE, PAGE 272

I was relieved to be able to exclude what I had read about handling chemically dependent people, and asked TuTu to move back home again, and that he did.

The TuTu Doctrine – The New World Order, page 273

In the attempt to understand their existence, the spiritual aspirants can make use of many sources to form an impression of, how they can achieve their spiritual goal while at the same they live their daily human life.

Many choose to seek information in humankind's sacred books and many other books and writings that are written about existence, and many also choose to seek information from spiritual teachers/teacheresses that they feel attracted to, and who holds a variety of convictions and creeds.

Wherever they seek their information, the information they receive is and will remain hearsay no matter how many books that are written about the same topic or how many spiritual teachers/teacheresses they listen to even if these spiritual teachers/teacheresses maybe agree with each other about a particular area of existence.

Even if this information can give the spiritual aspirants a pointer about what direction it can be to their advantage to put to the test, they can not know the usefulness of the information they receive, until they have tested the theories in practice and decided, what is true for them personally.

Today's contemplation

Today, I will put the principles of The TuTu Doctrine – the New World Order to the test so as to determine what is true for me personally.

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March 15: Self-createdself-manifested limitations

FROM PART 1, CHAPTER 3, SPIRITUAL EXPERIENCES, THE
SECTION SELF-CREATEDSELF-MANIFESTED LIMITATIONS, PAGE
43

My disappointment was so intense that I decided to go to India again even if I did not have the money for it.

I took a closer look at my finances and found that it could be done comparatively easily, and thereby, for the first time, I made the discovery that many things I did not think possible proved to be so if I began to act as if they were.

The TuTu Doctrine – The New World Order, page 43

If a human being find himself/herself in the Small Ring of Envy with its disbelief, superstition, submission and defiance, it createsmanifests many obstacles for him/her to begin his/her projects or fulfill his/her desires.

When he/she finds himself/herself in this energy field he/she does not believe that what he/she wants is possible to get, and furthermore, he/she imagines that God, his/her spouse, family, friends or boss, should give him/her, what he/she wants, without him/her even having to do anything to get it.

So he/she submits to what he/she **believes** God, his/her spouse, family, friends or boss wants from him/her, hoping that this will set his/her project in motion or fulfill his/her desires.

When then he/she finds that it didn't give any results, he/she becomes defiant and gives up his/her project and any attempt to get his/her desires fulfilled, and thus he/she refuses to make that effort, which is needed from his/her side, while at the same time he/she **believes** that there were so many obstacles that his/her project was impossible to carry out or his/her desires could not be fulfilled.

Today's contemplation

*Today, I will investigate the obstacles that I **believe** are blocking me from completing my project or fulfill my desire.*

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March 16: Admittance

FROM PART 2, CHAPTER 2, THE PERSONAL, THE SECTION
ARROGANCE 2, PAGE 167

Then, I was told that I had to first accept possessing the feeling of arrogance to be able to investigate under which circumstances it arose and what results I achieved from the actions I did under the influence of my arrogance.

The TuTu Doctrine – The New World Order, page 168

In the Old World Order, many called the use of various characteristics for sins, and for example, it could revolve around avarice, envy, hatred/suppressed anger and arrogance, and in the New World Order these characteristics are called defects of character.

In the past, sins were perceived as a flaw in the character of a person, and when they came to expression they were perceived to be bad people, and this has lead to it being hard for people to admit their use of their sins or defects of character.

Instead, they try to suppress them or to hide them, but in the New World Order, they need to admit their use of their defects of character, so they can begin to investigate their effect in their life and the ways in which their use makes their life unmanageable.

As a result of admitting how they use their defects of character, they achieve the capacity to transform them by the help of the Destructive and the Constructive Rings as described in *The TuTu Doctrine - The New World Order*.

Today's contemplation

Today, I will admit my use of the characteristics of the Destructive Rings and begin to replace them with the characteristics of the Constructive Ring as described in TuTu Doctrine - The New World Order.

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March 17: Unselfishness

FROM PART 1, CHAPTER 4, PILGRIMAGE, THE SECTION THE
MAGICAL RING, PAGE 53

"Yesterday I helped an old man, and Today, I come into possession of a magical ring which was made from seventeen metals," I said, "that makes me think of the fairytales from my childhood, where an old man comes out of the forest in need of help. If someone helps, the person receives a magical present."

The TuTu Doctrine – The New World Order, page 53

In most situations, people try to maintain balance on all levels by the help of an equal distribution of their resources, and therefore, they contemplate what benefits there might be for them in spending their time, energy, money and interest in those contexts they are part of.

Sometimes, it can happen that they want to contribute their time, energy, money and interest without considering what the benefit for them might be by doing so.

This is call unselfishness, and the fairy tales/the archetypal narrations, describe the consequences of such unselfish actions that normally results in the unselfish person receiving a magical gift, which he/she could have not imagined.

The fairy tales/the archetypal narrations also tell that if a person tries to act unselfishly in an attempt to achieve a magical gift, the action is no longer unselfish, but done in order to gain an advantage and this does not release the magical gift.

Today's contemplation

Today, I will give myself permission to openly stand by what I hope to achieve by investing my time, money, energy and interest in a project and leave to my true Self to give me an impulse to be so unselfish that it releases a magical gift.

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March 18: *The Truth*

FROM PART 4, CHAPTER 5, THE TUTU DOCTRINE, THE SECTION
THE SEED OF LOVE, PAGE 379

THE NORTH
THE MASCULINE
THE MENTAL

The Truth is that the truth is not the truth.

The TuTu Doctrine – The New World Order, page 379

Many spiritual aspirants have read many books to find the path ahead, and they have received guidance from many spiritual teachers/teacheresses with information about the characteristics they must cultivate so as to become one with their true self, their Spirit, and in this context, they have often heard that they must tell The Truth at all costs to get to the core of any issue.

However, many of them did not know that Truth can not be thought, said or written, because no matter how many times they think, say or write the word chair, the word will never become the chair so the word is a mere pointer pointing to the chair that is The Truth to some extent, because the chair is crystallized Spirit and as such, it is the only The Truth to a certain extent, because Spirit is the only Truth there is.

When spiritual teachers/teacheresses nevertheless urges the spiritual aspirants to tell The Truth, it is because they need to create manifest pointers that their thinking mind, their ego can relate to, when they try to express their existential understanding, so that they can achieve inspiration by sharing it with others.

When the spiritual aspirants share their perspectives with others, they know that they share a limited understanding of their limited perspective on Reality as it unfolds right NOW and right HERE, no matter how far they have come on the spiritual path.

Today's contemplation

Today, I will accept that The Truth can not be thought, said or written, so my Truth consists in my limited understanding of my limited perspective on Reality, as I perceive it right NOW and right HERE.

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March 19: *The twice born*

FROM PART 3, CHAPTER 4, THE SPIRITUAL WEDDING, THE
 SECTION THE TWICE BORN, PAGE 292

"I was exposed to a car crash," she said, "both I and the car were completely smashed, and I was unconscious for a long time. When I came around, I could neither stand nor walk and had to rebuild myself from square one. During the rehabilitation, I had to reconsider everything that I had felt and thought until then, and I changed viewpoints on practically everything.

The TuTu Doctrine – The New World Order, page 293

The physical birth of a human being is his/her entrance to Mother Earth, and it gives him/her a Mother Earth body, who needs time to reach his/her full maturity.

His/her parents and his/her surroundings give him/her many explanations concerning his/her joys and pains that sometimes make his/her life easier, and sometimes make his/her life more difficult.

When he/she is fully grown as 30-year olds, he/she therefore needs to go through a rebirth by taking a stand on all the information he/she has received in life until now.

This process he/she can use to rid himself/herself of the painful information that is not true for him/her and take those to the heart, which are true for him/her and this way he/she is reborn into a new life that is entirely his/her own.

Today's contemplation

Today, I will use the principles of the New World Order to let go of what is not true for me.

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March 20: *The Cabbala's perception of God*

FROM PART 5 , CHAPTER 1, MY LIFE WITH THE MASTER, THE
SECTION THE TREE OF LIFE, PAGE 398

Meaning of 0: God.

Definition: Everything and nothing.

Explanation: God is nothing in Himself/Herself/Itself, but changes everything's value by being added to the right side, the hierarchy, or left side, the Fellowship, like 0 is nothing in itself, but changes the value of all numbers being added to the number.

The TuTu Doctrine – The New World Order, page 400

Mathematics is the most precise and neutral symbolic language that is available to humankind, and by the help of mathematics the spiritual teachers/teacheresses of the past have created/manifested the Tree of Life, which is a mathematical system human beings can use to study the energy structures of their life.

This study takes place by providing all the letters of the alphabet with a number and then a person can use the letters in his/her name to find a numerical value that indicates the influence that various energies have in his/her life.

God – as uncreated/unmanifested Spirit – does not have a material substance, although all substances are also God, but in a crystallized form, and thus all crystallized forms are Spirit in bondage with a limited lifespan, before they dissolve.

If a person adds God, as the unmanifested omnipresent, omniscient, omnipotent and immortal/unchangeable Spirit his/her perception of existence, it changes each and every perspective on existence the person in question has by making all joys bigger and all sorrows smaller.

Today's contemplation

Today, I will use my understanding of God to make my joys bigger and my pains smaller.

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March 21: *To make oneself smaller than...*

FROM PART 2, CHAPTER 2, THE PERSONAL, THE SECTION THE SMALL RING OF ARROGANCE, PAGE 150

When we feel we are less than others, we stay by ourselves to hide our vulnerability and our feeling of worthlessness (Isolation), and when we feel we are more than others, we fill up our time and space with people and activities to show off our superiority by the help of the number of people present in our lives and the numerous activities we undertake (Overcrowding).

The TuTu Doctrine – The New World Order, page 150

People have many reasons to try to make themselves smaller than they are, because they fear the envy of others, if they give themselves permission to show their strongest and most beautiful characteristics.

When they became familiar with the Constructive and the Destructive Rings of the New World Order, they became aware that such an action belongs in the Small Ring of Arrogance with its superiority, inferiority, overcrowding and isolation.

They also discovered that the twin of the Small Ring of Arrogance is the Small Ring of Hatred with its denial, manipulation, illness and insanity, and that their use of the Small Ring of Arrogance activates the Small Ring of Hatred in others.

Their loving intention with making themselves smaller than they are simply was an attempt to make others feel comfortable in their company, so they could achieve a flowering social life, but their loving intention towards themselves and others is not being fulfilled by the help of the pain of arrogance and hatred that they unknowingly inflict on themselves and others by making themselves smaller than they are.

Today's contemplation

Today, I will use the Constructive and the Destructive Rings from The TuTu

Doctrine - The New World Order so as to learn to fulfill my loving intentions in my social life, my Soul life.

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March 22: The Purgatory

FROM PART 4, CHAPTER 2, THE FAIRYTALE ABOUT THE LOVE WITHOUT LIMITS, PAGE 357

They were together both to clean themselves of false images of Reality and to help each other to live through difficult facets of the experience of life, and also to merge their knowledge into as perfect an image of Reality as they held in between them, before they went out wandering in the cosmos again.

The TuTu Doctrine – The New World Order, page 360

In contemporary society it has become common for us both as men and women to openly acknowledge that we are waiting for our Spirit Mate, our One and Only.

Artists in many genres have formed an image of what it means to meet our Spirit Mate, our One and Only, and these images are often full of sweetness, passion, fidelity and otherworldly love.

Therefore, it comes as a shock for most of us that this is only one half of the picture, because the other half of the picture consists in an intense painful purification.

All false notions about God, about love, about life and death, and about good and evil are cleared away, and this enables both of us to double our spiritual growth in a single lifetime.

Today's contemplation

Today I will let go of my fear of mental-emotional pain, remembering that it leads to wisdom, because I use the Rings of Pain and Joy from the spiritual Program of the ToTo Doctrine for the transformation of the pain.

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March 23: The Light and the Darkness

FROM PART 3, CHAPTER 4, THE SPIRITUAL WEDDING, THE SECTION SURRENDER TO GOD, THE FATHER AND GODDESS, THE MOTHER, PAGE 317

*[Crying of relief, feeling deeply moved and grateful for the beauty of what I experience I acknowledge my true nature].
Yes... and I am of the light, and I am of the darkness.*

The TuTu Doctrine – The New World Order, page 327

Through years in the thousands the Light has been considered to be good, and the Darkness was considered to be the evil without most of us having wondered whether this is true.

Gradually, as we move forward on the spiritual path through studies of the big religions of the World however, we discover that the light and the darkness are equal partners.

The Light represents matter, which is all the created and manifested, and the Darkness represents the spiritual, which is all the uncreated and unmanifested.

The Light and Darkness meet in Grey that is the love-making act between the Light and the Darkness, and therefore it is said that dawn and dusk are the ideal timings to meditate to get in touch with the highest expression of love of the Universe.

Today's contemplation

Today, I will meditate at dawn or at dusk to make it easier for myself to get in touch with the highest expression of love of the Universe.

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March 24: To help others

FROM PART 4, CHAPTER 4, THE FAIRYTALE ABOUT THE GODS WHO WALK ON THE EARTH , PAGE 368

"How do I decide if it is my task to help?"

"If you, in your heart, once stood in the same place as your neighbor and would enjoy helping, it is your task to help."

"If I never stood in the same place in my heart, is there nothing I can do then?"

"You can show your neighbor the way to someone else, who once stood in the same place in his/her heart and would enjoy helping."

The TuTu Doctrine – The New World Order, page 372

Most of us want to help our neighbor, if we can, but it is not as easy and straightforward as we maybe think, because if we do not have experiences with the problem, our neighbor is facing, in Reality we cannot help.

Even when we have found a solution to a similar problem in our life, it may not be a solution our neighbor wants to use, so we let go of the desire to help if our neighbor does not want to use our solution.

If that is the case, we admit to our neighbor that we are unable to help further, and if we wish and would be happy to do so, we can refer our neighbor to another helper.

If our neighbor is interested in this, we can connect the two, and when this work is completed, we can let go of the task in question, knowing that we have made our full contribution to a solution.

Today's contemplation

Today I will contemplate if I have the capacity and would be rejoice in helping to help a neighbor who has asked for my help, before deciding for myself whether it is the right thing for me to help.

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March 25: Destruction

FROM PART 3, CHAPTER 3, THE DIVINE WEDDING, THE SECTION INITIATION TO SHIVA, PAGE 278

We went home, and he stood in front of a poster of Shiva, who danced with flowing hair in a ring of the fire of the sun on top of a little green dwarf. "This dwarf is a symbol of the ignorance," he said, "Shiva is dancing his cosmic dance on top of ignorance, and slowly breaks it down, while he beats his drum: BUM, BUM, BUM, BUM, BUM, BUM..."

The TuTu Doctrine – The New World Order, page 279

Many of us connect destruction and annihilation with the painful and the unpleasant and creation and manifestation with the joyful and the pleasant.

When we as human beings want to create and manifest something new however, we need to destroy and annihilate the old that stands in the way of the new.

When we begin creating and manifesting, we discover that it can be a painful process to give birth to what we want to create and emanifest.

As a result of this realization, we gradually let go of our reluctance towards destruction and annihilation of the old even if it can lead to sorrow and pain.

Today's contemplation

Today, I will use my realizations about the true nature of destruction and

creation to let go of my fear of destruction and annihilation at all levels of my existence.

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FROM PART 1, CHAPTER 3, SPIRITUAL EXPERIENCES, THE
 SECTION SIGNS FOR MY MEETING WITH TUTU, PAGE 43

Later, it would prove that the dream showed the state of confusion and weakness I was in when TuTu came into my life, and that this was actually the energy pattern or archetype of The Sleeping Beauty that I experienced in this context.

The TuTu Doctrine – The New World Order, page 46

At the beginning of creation and manifestation the merged masculine and feminine principle projected a mirror image of himherself into the The Sea of Love.

In the projection a nuclear fission took place, where the merged masculine and feminine principle was split into two, a 'he' and a 'she', each with their personal Soul that were the first manifestations of crystalized Spirit.

When the two Spirit Mates are full of days as creatures in the crystallized manifestation, the journey back to the origin begins by both of them beginning to withdraw all of their projections from form-identity.

Approaching the end of their separation his and her only desire is to become one again with his and her Spirit Mate, and this is described in the fairytale about the Sleeping Beauty, where he wakes her up to the eternal love with a kiss.

Today's contemplation

Today, I will give the fairytale about the Sleeping Beauty the Reality value that is due to it, and therefore I will open my mind to seeing that life on Earth is a fairytale in space and time.

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March 27: The Ruler of the Universe

FROM PART 4, CHAPTER 1, THE FAIRYTALE ABOUT THE MASTER
 OF THE UNIVERSE, PAGE 345

*"You are, beyond any doubt, the unlimited ruler of the Universe.
 It is you who decides if you wish to be in the light or in the darkness.
 If you wish to serve well or poorly.*

If you wish to be loved and honored or feared and despised."

The TuTu Doctrine – The New World Order, page 350

When we as human beings acknowledge our true Self, our Spirit, at the same time the work with taking full responsibility for our bodies begins - our physical body, energy body, emotional body, thought body and social body.

As the manifestation process evolved, as our true Self, our Spirit we manifested our bodies in our personal energy field, and thus the work began with further developing and refining our bodies.

In our social body, our Soul, who is our Spirit's, first crystalized body, our true Self, our Spirit has stored all knowledge about all of our bodies that are our creatures, from the beginning of creation until now.

The work consists in fulfilling the needs and desires of our creatures and thus take care of ourselves physically, time-space wise, emotionally, thought wise, socially and spiritually as the Absolute ruler of our personal Universe that we are.

Today's contemplation

Today, I will take good care of all my bodies by making sure that they are well-rested, well-groomed, well-nourished and well-exercised.

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March 28: *The Eternal Life*

FROM PART 2, CHAPTER 1, THE PRINCIPLES, THE SECTION THE ETERNAL LIFE, PAGE 152

TuTu explained that many years ago the consciousness of The Eternal Life was only present in prophets and spiritual teachers/teacheresses who had the task of guiding humankind.

Today, it is present in many who have memories from their previous incarnations and in many others who have chosen to have confidence in that reincarnation is a fact.

The TuTu Doctrine – The New World Order, page 152

When we as Spirit projected a crystallized form of part of ourselves out into our personal energifield, the intention were to experience ourselves from a new perspective as a Soul that were limited by form and thus ignorant, powerless and mortal

In our Soul's manifestation we split in two, and this split made it possible

for us to interact with each other in a new way, but at the same time this created fear of loosing our connection with our other half.

As Soul we encapsulated this fear in it's own energy field and this became our causal body that consists in our thinking mind, our Ego and our knowing mind, our Godmind.

Our Egomind overshadow our Godmind with it's fear of everything that gives rise to all angerforms, until we choose to meet our own and everybody else's Egomind with mercy, so the fear can be transformed to wisdom.

Today's contemplation

Today, I will use the 12 Step Program of the TuTu Doctrine's Fellowship to attain access to my Godmind and the knowledge of the Eternal life.

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March 29: Karma and the Law of Mercy

FROM PART 3, CHAPTER 2, THE ANGELIC WEDDING, THE
SECTION TIME TRACK TRAVELS , PAGE 262

After a conversation with the group, they wanted to show me what they were able to do and offered me a free test of four sessions.

I moved into different previous incarnations on my own time track and was impressed by the process.

Afterwards, I discovered that a chronic bladder infection that I had had for sixteen years had disappeared as a result of the four sessions.

The TuTu Doctrine – The New World Order, page 262

In the same way that we can travel consciousness wise back to a memory from our childhood, we can travel back in time using the technique of time track travels to travel to memories of previous lives in a process called regressions.

The purpose of time-track travels is to find a greater understanding of present time pain that is our karma, which is that side of our destiny where we live through the painful consequences of our previous dysfunctional actions.

In the 12 Step Program of the TuTu Doctrine's Fellowship/TTDF, we learn to stop our spiritual, social, mental, emotional, energetic, physical and material pains by transforming them to wisdom with the help of the Constructive and Destructive Rings.

By using these Rings to transform our existential pains to wisdom we come

under the Law of Mercy and thereby the slate is wiped clean from karma in the area in question from all the incidents where we expressed that particular dysfunction.

Today's contemplation

Today, I will pair the pain of the Destructive Rings with the joy of the Constructive Rings and thus attain wisdom in an area that pains me today.

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March 30: Shiva, the Destroyer

FROM PART 4, CHAPTER 3, THE FAIRYTALE ABOUT GOOD AND EVIL PAGE 363

The love of The DestroyerDestroyeress radiated mercifully towards her, and she humbly sat down at the foot of the throne to meditate.

The Destroyer'sDestroyeress's perfect mercy melted into the innermost recesses of her heart, which brought her back to the time after the initiation of creation and manifestation, and she found herself as a manifested creature when time came into being.

The TuTu Doctrine – The New World Order, page 364

Many of us as spiritual aspirants associate destruction with the undesirable, but when we begin to work with the principles that are described in *The TuTu Doctrine - New World Order*, we take a closer look at this perception.

We want to transform our psychological landscape by cultivating properties that result in the least mental-emotional pain, and we realized that this implies that we have to replace qualities that holds more pain.

Shiva, the Destroyer is the merciful archetypal energy field that helps us to destroy the old, giving us space to create the new by help from Brahma, the Creator who is the loving archetypal energy field of creation.

Shiva's special energy is mercy, which is love's highest expression that cradle them consolingly to help them overcome their fear of destruction of anything in their inner or outer field of energy and thus Shiva liberates them from becoming like living dead, rejecting all possibilities of renewing their life on a daily basis, because they cling to the old.

Today's contemplation

Today, I will use the principles of the New World Order to transform one part of the old that I no longer want to the new that I want should take the space of the old by taking the archetypal energy fields into use.

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March 31: Demons

FROM PART 2, CHAPTER 2, THE PERSONAL, THE SECTION
 DEMONS , PAGE 175

For a long time, the concept of demons had appeared scary to me, but when, at long last, I acknowledged my defects of character and compared them to descriptions of demons, I realized that the concept of demons is used to symbolize the various characteristics and their consequences, which are also described in the form of the defects of character found in the Rings of Pain.

The TuTu Doctrine – The New World Order, page 175

So many of us perceive a demon as a being that loves to torment and torture others, and because we perceive ourselves as good human beings we therefore perceive a demon to be a being outside ourselves.

As members of the 12 Step Fellowship of *The TuTu Doctrine – The New World Order* however, we receive new information about demons as being energy fields, called defects of character that is found in our psychological landscape.

In Step Four we learn how they expressed themselves in our life from childhood till now and in Step Six we learn to consciously move into and out of them by the help of the Destructive and Constructive Rings.

This work also helps us to stop identifying ourselves with our thinking mind, our Ego and begin to use our knowing mind, our Godmind most of the time and thus become one with the unconditional love that we are.

Today's contemplation

Today, I will use the principles of the Destructive Rings of Pain to transform my inner and outer demons to inner and outer angels by the help of the Constructive Rings of Joy and thus achieve the healing power of wisdom and forgiveness.

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April 01: *The Four Big Rings of Pain*

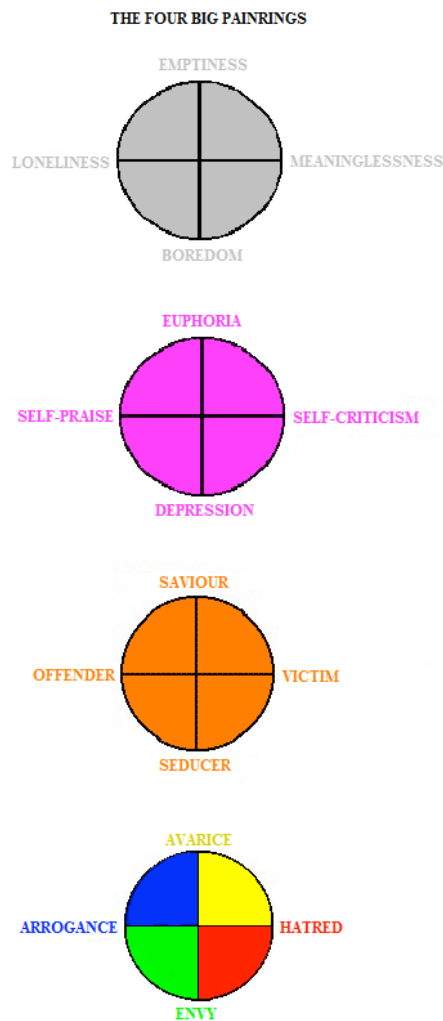
FROM PART 6, CHAPTER 1, APPENDIXES, THE SECTION
APPENDIX A, PAGE 403

When we use the Ring of Emptiness with its emptiness, boredom, meaninglessness and loneliness we let into our human lives all the sufferings of the World.

When we use the Ring of Self-centeredness with its euphoria, depression, self-criticism and self-praise we open the portal to the first level of sufferings following the use of the Ring of Emptiness.

The next suffering we open up ourselves to is the Ring of Codependency with its savior role, seducer role, victim role and offender role.

Then the sufferings of the Big Ring of Pain with its avarice, envy, hatred and arrogance opens up to us with it's attached four Small-, Mini-, Micro- and Nano Rings of pain.



The TuTu Doctrine – the New World Order, page 402

Today's contemplation

Today, I will use the principles from The TuTu Doctrine – New World Order to move from the Pain of the Ring of Emptiness to the Joy of the Ring of fulfilment with it's fulfilment, interest, meaningfulness and oneness.

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April 02: Fear of God

FROM PART 1, CHAPTER 1, THE INITIATION, THE SECTION
HAVING IT OUT WITH GOD, PAGE 17

My fear of death slowly piled up into a feeling of hopelessness and melancholy, to such an extent that I began longing for death to get it over with and to get to know if God existed and wanted revenge, or if death was a black hole like my parents thought.

The TuTu Doctrine - The New World Order, page 18

Many of us have developed our perception of God in accordance with the thought system of our thinking mind, our Ego, who is a fear energy devoid of love and that has made us fear God for many reasons.

Also growing up we were told many stories about Heaven and Hell, about fire and brimstone, about being undeserving of love, about being sinners/sinneresses in need of salvation, and that increased our fear.

However, in our work with TTDF's 12 Steps we got acquainted with the unconditionally loving thought system of our true Self's, our Spirit, so our knowing mind, our Godmind could take over the reign of our mind.

Our Ego has been searching for love in his/her own thought system without finding it, but gradually as we acknowledged, who we truly are, we became able to surrender our Egomind to the loving guidance of our Godmind.

Today's contemplation

Today, I will use the unconditionally loving, caring, compassionate and merciful thought system of my knowing mind, my Godmind to protect and guide my thinking mind, my Egomind.

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April 03: The Dark Night of the Soul

FROM PART 3, CHAPTER 4, THE SPIRITUAL WEDDING, THE SECTION THE DARK NIGHT OF THE SOUL, PAGE 292

The concept of The Dark Night of the Soul holds that condition where a person goes through those experiences that he/she fears most of all, while at the same time, he/she feels abandoned by God and humans alike, and this condition comes immediately ahead of a spiritual rebirth.

The TuTu Doctrine – The New World Order, page 292

Until we came to the 12 Step Fellowship of The New World Order, fear and the anger towards that, which we fear, was our greatest obstacles to get to know our true Self, our Spirit.

The fear of our thinking mind, our Ego has many disguises that give us reasons to be angry such as fear of pain, of illness, of death, of life, of other

people, of making mistakes, and the list goes on and on.

When we as spiritual aspirants live through our worst fears and at the same time feel abandoned by God and humankind alike, our state of mind is called the Dark Night of the Soul.

In this process we are liberated from our special forms of fear by living through what we fear the most, because thereby we discover that our fears have a lesson to teach us that we could not have learned in any other way.

Today's contemplation

Today, I will accept that even my worst fears are beneficial for me, because they teach me something that only they can teach me.

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April 04: To hurt others unintentionally

FROM PART 3, CHAPTER 1, THE EARTHLY WEDDING, THE SECTION THE EVIL I DID NOT WANT.... PAGE 200

When I remembered what he often said whenever I felt repentant about unwillingly having harmed him: "Love is to never have to say you are sorry," my pain began to lift, because I perceived this phrase to be his way of stating that he knew I acted out of love for him, and the damages I brought forth were due to my ignorance rather than a desire to harm him.

The TuTu Doctrine – The New World Order, page 201

Our human limitation, ignorance, powerlessness, and mortality/changeability lead us to make many mistakes in context with what we want to achieve, and this can offend others without us intending to offend.

When others feel offended, we can try to figure out what others might be offended by in an attempt to avoid the anger that others might react with if they feel offended or hurt by us.

When we do this, the pain in the Ring of Codependency with its savior role, seducer role, victim role, and offender role becomes active within us, and therefore we need to achieve wisdom by pairing it with the joy of the Ring of Emotional Sobriety.

Thus, when we experience the content of this Ring with its detachment, integrity, respect for self, and respect for others, we become able to gain the wisdom that says we are all responsible for our own hurts.

Today's Contemplation

Today I will use the Ring of Emotional Sobriety to free myself from the pain of my codependency, so that I may attain the wisdom that frees me from that which is not my responsibility.

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April 05: The reluctant Messiah

FROM PART 2, CHAPTER 1, THE PRINCIPLES, THE SECTION GOD'S WISH, PAGE 77

TuTu called himself/herself the reluctant Messiah, because it was not the achievement of a personal desire which necessitated that he accepted to live through those sufferings that came to his lot but a life he took on according to God's wish to carry out a specific task, like it was the case for Jesus too.

The TuTu Doctrine – The New World Order, page 77

Most of us come to Earth from the fifth dimension, but we all come to Earth with our personal task that we have decided to fulfill before we embarked on our life journey in the third dimension.

Some of us come to Earth from the seventh dimension both to fulfill a task for ourselves personally, but also to pass on information to others about our true Self, our Spirit.

Often this leads to us having to take on a difficult task, like Jesus of Nazareth, who reluctantly accepted a crucifixion to illustrate the unconditional forgiveness of the Christ consciousness.

His illustration of the unconditional forgiveness of the Christ consciousness is an inspiration to the rest of us, who come from the 7th dimension and may be reluctant to take on a difficult life task.

Today's Contemplation

Today I will use my Christ Consciousness/Mercy Consciousness to unconditionally forgive a brother or sister, whom I feel has wronged me.

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April 06: The third eye

FROM PART 1, CHAPTER 1, THE INITIATION, THE SECTION INITIATION 1, PAGE 20

Immediately, I got a vision, where I saw a beam of light that streamed from

her third eye in my direction, and I got the impression of moving with great speed towards something that I did not know what was.

TuTu Doctrine - The New World Order, page 20

Many of us hear about the third eye when we begin our spiritual journey, and we also hear that what we can see with the third eye is not the physical Reality that surrounds us.

Furthermore, we hear about life-changing visions that other spiritual aspirants and great Masters have had, and when we imagine what that entails, we do not think about that we actually use our third eye every day.

At night, when we dream, we see many things with our third eye that we do not see at the same time with our physical eyes, and we may have memory pictures in our third eye of a person, who is not physically present.

When we want something, like a new car, we usually begin the process of getting it by imagining the looks and qualities of it by the help of our third eye so as to manifest it.

Today's Contemplation

Today, I will be aware of how often I use my third eye in different contexts.

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April 07: *The love that crosses the boundary of death*

FROM PART 5, CHAPTER 1, MY LIFE WITH THE MASTER, THE SECTION THE MORNING GIFT, PAGE 391

I told him with my inner voice that I always believed that the expression 'the love which crosses the boundary of death' was a metaphor, and I was glad that now I had been granted this experience together with him.

The TuTu Doctrine – The New World Order, page 391

Many of us imagine that the love between us and our partner has something to do with our physical appearance, so we spend a much time making our Mother Earth body as presentable as possible.

Therefore, we can become anxious when we discover many years after our Earthly Wedding has taken place that the physical attraction between us and our partner may fade.

However, in *The ToTo Doctrine – The New World Order* we learn about the Four Weddings – the Earthly, the Angelic, the Divine and the Spiritual, and that only the physical is connected to our physical body.

In doing so, we recognize the truth of the statement that love springs from the heart and crosses the boundaries of death, because our love springs from our true Self, our Spirit.

Today's Contemplation

Today I will let go of my fear of losing my one and only Spirit Mate and all the other people I love through the thought that we can all choose to meet again after we leave Mother Earth.

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April 08: Extra sensory experiences

FROM PART 1, CHAPTER 3, SPIRITUAL EXPERIENCES, THE
 SECTION THE MASTER'S ANSWER TO A LETTER, PAGE 40

At one point in time, I had imagined that experiences with extrasensory phenomenon such as telepathy would satisfy my longing to get an answer to something that I still did not know what could be, but the extrasensory experiences that I had together with the Master had not brought me any closer to my goal, which I was not aware of what could be either.

TuTu Doctrine - The New World Order, page 40

Until we experience extrasensory phenomena, many of us have the idea that an experience of the extrasensory will give us the reassurance that we are on the right path to finding out what exists beyond our physical existence.

In Reality, we experience extrasensory phenomena every single day without thinking about that it does not necessarily have got anything to do with our five senses or with our physical body in general.

We may think of a friend, whom we have not seen for several years, and later that day or the next day we hear from this friend and wonder if our friend has picked up on our thought.

Our lives on our different planes of existence, whether they are material, physical, energetic, emotional, mental, social or spiritual, make us realize that we exist on many planes simultaneously.

Today's Contemplation

Today I will use my extrasensory experiences to confirm to myself that I am a multidimensional being, currently focused in the third dimension.

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April 09: Karma bindings

FROM PART 3, CHAPTER 2, THE ANGELIC WEDDING, THE SECTION RUKMINI AND SISHUPALA, PAGE 266

Just like the prince, my former boyfriend imagined that he would attain a satisfactory life if only I loved him in the right way, and he got every opportunity to achieve his wish.

I had lived together with him for five years before I met TuTu, but he had also complained that my love was not satisfactory for those five years.

TuTu Doctrine - The New World Order, page 267

In our Earthjourney we meet other manifested creatures, who have some of the characteristics of our one and only Spirit Mate, and we discover that strong feelings arise in us, because we fall in love.

Often, it turns out upon closer acquaintance, that this person also has many characteristics that does not belong to our Eternal Beloved, and on these areas many conflicts arise between us and our partner.

This is due to the fear of losing the beloved, which leads to conflicts that are about making the beloved fit perfectly into the image we have in our innermost heart of our Spirit Mate.

The hurts we inflict on each other, knowingly or unknowingly can lead to having to make amends in a karmic connection, if we have not used our Christ Consciousness to mercifully forgive our partner for the hurts we felt.

Today's contemplation

Today, I will make amends to my partner that I knowingly or unknowingly have inflicted on him/her, whether he/she is my one and only Spirit Mate, a Soul Mate or a karmic connection.

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April 10: The Ego death

FROM PART 2, CHAPTER 2, THE PERSONAL, THE SECTION EGO DEATH, PAGE 187

Besides this, at long last, I achieved the ego death.

When I became acquainted with this concept, I imagined it to mean that all my defects of character would disappear in one stroke one day when time was ripe, almost like a miracle like it happened to TuTu on his way to Kathmandu, but in my case, it merely happened by my identification with my

thinking mind, my ego slowly stopped and instead I identified more and more with my true Self, my Spirit.

TuTu Doctrine - The New World Order, page 187

We used the 12 Steps of the TuTu Doctrine Fellowship to slowly liberate ourselves from our identification with our thinking mind, our Ego, and instead vi began to identify ourselves with our knowing mind, our Godmind.

As the intuitive thought system of our knowing mind, our Godmind, became our preferred thought system, our perception changed both of the thought system of our Egomind and of our bodies.

We came to perceive both our physical body, our energy body, our emotional body, our thought body, and our social body as the limited, ignorant, powerless, and mortal/changeable form-identities of ourselves.

The more our knowing mind, our Godmind became our basis for action, the more we achieved the courage to face the aspects of our lives that we previously perceived to be frightening, when we looked at them through our Egomind's thought system.

Today's Contemplation

Today I will use the Twelve Steps of the TuTu Doctrine Fellowship to let go of my identification with my thinking mind, my Ego.

April 11: Help to the suffering humankind

FROM PART 4, CHAPTER 3, THE FAIRYTALE ABOUT THE GODS
TO WALK ON THE EARTH, PAGE 370

"How can I improve life on Earth?"

"By improving your own life."

TuTu Doctrine - The New World Order, page 371

Many of us want to help ease the suffering of all humankind by passing on uplifting information to those of us, who suffer from painful misunderstandings of our existence.

We imagine that we must make an extraordinary effort to ease the suffering of humankind, even at our own expense, but this is a painful misunderstanding of this task.

In our work with our 12-Step Program in the TuTu Doctrine Fellowship, we have learned that we, as humankind, are one energy field from which we all spring in one unique individualized form, but with the same basic form.

This means that the improvements we make to our life become part of the consciousness in the energy field, whether we personally pass on to others our discoveries for improvement or not.

Today's contemplation

Today, I will work on improving my own life as a limited, ignorant, powerless and mortal/changeable human being and thereby I will improve the life of all of humankind.

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April 12: Letting go of safety in things

FROM PART 1, CHAPTER 4, PILGRIMAGE, SECTION PASSING ON OF THE MAGICAL RING, PAGE 67

*When I carried the ring, I felt protected.
I felt more and more defenseless as time passed, and when half an hour had passed, I began crying.
After crying for a while, I found it absurd that I was sitting here crying about the loss of the ring.
I turned my thoughts towards the Master, and slowly I came at ease and slid into meditation.*

TuTu Doctrine - The New World Order, page 68

As children, many of us heard fairy tales about persons being given a magical object because of their loving nature, and the object opened doors to other worlds that could not be opened in any other way.

This could make many of us want to acquire a loving nature, so that we could also get a magical object and enter other worlds, but as adults, most of us lost faith in that it was possible.

When we as adults chose to walk the spiritual path, we gradually acquired existential qualities that opened the possibility of receiving a magical object that could open doors to the Higher Worlds.

When we gradually achieved the ability to open the doors without using our magic object, spiritual principles state that we must pass it on to the next person we met, who needed it.

Today's contemplation

Today, I will give myself permission to face the magic of Reality in my everyday life.

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April 13: *The help of the Spirit Mate*

FROM PART 4, CHAPTER 2, THE FAIRYTALE ABOUT THE LOVE WITHOUT LIMITS, PAGE 359

However, the manifested creatures had formed complicated images and could no longer find themselves, because their own manifested creations of forms stood in the way, and many could not even trace out that it was themselves they were looking for.

For this purpose, they could find help in many places, but the biggest help they received when they met the manifested creature, who represented that part they belonged together with in their whole selves in The Cosmic Egg, when they were created and manifested.

TuTu Doctrine - The New World Order, page 362

As we collect more and more life experiences and store them in our Soul, we become big old Souls, who hold an infinity of knowledge and experiences in our Soul from our many lives in various dimensions.

Part of our understanding of these experiences are not in conformity with the Reality at the root that is the unconditional love, care, compassion and mercy of our true Self, our Spirit.

When the time is ripe, we want to purify our Soul of all false perception of Reality by going through the Purgatory, where we purify ourselves of the unloving, uncaring, hard-hearted and merciless inside us.

The time is ripe when we meet our Spirit Mate, because the purifying power of love is the most merciful way to experience the purification, as the love for our Spirit Mate gradually melts away all the untrue.

Today's contemplation

Today, I will do my best to purify my lower heart, my solar plexus from my unloving, uncaring, hard-hearted and merciless inclinations by the help of my Program in the 12 Step Fellowship of the TuTu Doctrine.

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April 14: *Sexual purity*

FROM PART 2, CHAPTER 1, THE PRINCIPLES, THE SECTION THE PATH TO THE ABSOLUTE SELF-REALIZATION, PAGE 85

To get access to the Absolute, the sexual power also has to be active, but for this purpose, it has to be pure.

The sexual power is pure when the person has attained the capacity to honestly follow the swing of his/her own sexual feelings during lovemaking without denial of the intensity or lack of it in his/her sexual feelings.

TuTu Doctrine - The New World Order, page 86

When we have a sexual interaction and are completely focused on the sexual feeling, there is nothing else in our consciousness but the pure experience of the sexual power.

For many of us, our sexual interactions take place with a person, who is not our Spirit Mate, but we can use these interactions to purify our sexual feelings together with the partner in question.

The earthly wedding takes place when we have a sexual interaction with our partner, whether our marriage has been approved by our family, our society, or the World at large.

When the physical attraction fades, time is ripe for the angelic wedding, and if that cannot happen with our current partner, we can move on with our search for the love that we experience with our Spirit Mate.

Today's Contemplation

Today I will strive to be completely focused on my physical feelings in my sexual interaction, whether my partner is my Spirit Mate or not.

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April 15: Cosmic Twins

FROM PART 3, CHAPTER 3, THE DIVINE WEDDING, THE SECTION COSMIC TWINS, PAGE 283

"You are my cosmic twin. they were born together, when the Universe came into being," I exclaimed without knowing where that came from.

TuTu Doctrine - The New World Order, page 284

God, our FatherMother, has created and manifested our true Self, our Spirit, which, like God HimHerself, holds the merged masculine and feminine principle of unconditional love, care, compassion and mercy.

Our true Self, our Spirit, has created and manifested our Souls by projecting a crystallized form of our true Self, our Spirit into two separate forms, a 'male' and a 'female', who became our first formidentities.

When we came into being as two cosmic twins instead of being one Spirit, fear arose and we wrapped it in a veil that was supposed to ease the pain of fear, and this veiled energy field became our thinking mind, our Ego.

As the cosmic twins of our Souls, we have come to Earth to liberate our thinking mind, our Ego from loveless fear, so we ourselves can return to the oneness in our true Self, our Spirit.

Today's Contemplation

Today I will liberate my thinking mind, my Ego from fear by the help of my unconditional love, care, compassion and mercy.

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April 16: Gods and Goddesses, who walk on the Earth

FROM PART 4, CHAPTER 4, THE FAIRYTALE ABOUT THE GODS TO WALKS ON THE EARTH, PAGE 370

"Yes, all sons and daughters of humankind are Gods and Goddesses who walk on the Earth."

"If we all are Gods and Goddesses, then why do we live as ignorant human beings on this Earth?"

"To experience life in the third dimension and to contribute towards improving it."

TuTu Doctrine - The New World Order, page 371

As Spirit we manifested our Souls, who are called gods and goddesses, and they live in the seventh dimension, which holds the conditional love, care, compassion and mercy.

In the three-dimensional world of Earth, which is the Planet of our thinking mind, our Ego, we need to silence our Ego's fear and anger by the help of the Rings of Pain and Joy in Step Six of our 12 Step Program in TTDF.

By meeting our silenced Ego from our Soul's love, care, compassion and mercy, we liberate our Ego from fear and anger, and thus we improve our own life and Earth's life in all areas.

At the same time, we become able to take loving, caring, compassionate and merciful care of our emotional body, energy body and physical body, who are all outflows from our thinking minds, our Ego's energy field.

Today's Contemplation

Today I will allow my Soul to use the Constructive and Destructive Rings to lovingly, caringly, compassionately and mercifully take care of my thinking mind, my Ego.

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April 17: Radiance

FROM PART 1, CHAPTER 2, FACE TO FACE WITH THE MASTER,
 THE SECTION ARRIVAL AT THE MASTER, PAGE 24

*I rushed over to them furiously and said to one of them: "Do you think you can stand by what you did?" but when he turned his face towards me, I came to a halt and stared at him, astonished.
 His face had a peaceful refulgence, which had not been there when I saw him twelve hours earlier in New Delhi.*

TuTu Doctrine - The New World Order, page 24

When we have reached a point, where our contact with our true Self, our Spirit happens on a daily basis, we will look increasingly radiant to a higher and higher degree, whether we are young or old.

The radiance that surrounds us is described in the archetype Cinderella, who walks on the Earth by the help of the glass shoe, which symbolizes that she walks on the Earth as that transparent being, who is her true Self, her Spirit.

The transparent glass-clear shoe shows her spiritual stage that the fairtale explains can not be achieved by chopping a heel and cutting a toe, because the radiance of Spirit cannot be achieved by denying any part of ourselves.

The prince, who is a symbol of her Spirit Mate, recognizes her because of the radiance of her high spiritual state, which is a necessary prerequisite for it to be possible for her Spirit Mate to recognize her as his other half.

Today's contemplation

Today, I will develop my spiritual condition by liberating my thinking mind, my Ego from fear and anger by the help of Step Six from the 12 Step Program of The TuTu Doctrine.

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April 18: Reading of uplifting literature

FROM PART 2, CHAPTER 2, THE INDIVIDUAL, THE SECTION A
 LIST OF LITERATURE, PAGE 191

TuTu Doctrine - The New World Order, page 191

When our spiritual development takes off, we can have many experiences

that cannot be described by the help of 3D words that are about what we experience by the help of our five senses.

Therefore, we may have to describe our spiritual experiences by the help of parables, where we use comparison of our spiritual experience with different earthly experiences that are familiar to most people.

We can use our spiritual experiences to uplift our everyday life by earthing them, and we do this by first experiencing them, then describing them and finally confirming them for ourselves by reading literature about them.

In the literature we can find help from others, who describe their spiritual experiences in their personal way as well as from the descriptions of the World Teachers, which can be found in the World' religions and other spiritual creeds.

Today's contemplation

Today, I will read some literature that helps me to better be able to understand how I can get the best possible advantage out of my spiritual experiences in my daily life.

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April 19: Most important of all is love

FROM PART 3, CHAPTER 4, THE SPIRITUAL WEDDING, THE SECTION TUTU'S DEATH, PAGE 303

"How typical of him," I thought, "first he gives me the shock of his impending death by getting a cramp seizure that appears as if he is dying, while he is here and can himself help me through the worst, and on the day itself, he calls me in a completely sober state and tells me how happy and optimistic he is, so that I don't have to pain from uncertainty and unrest by the thought that he might have felt lonely or abandoned on this day." He also told me the most important of all and gave me the chance of saying the same: "I love you."

The TuTu Doctrine – The New World Order, page 306

In the God Realm we are one being that holds us and our Spirit Mate, but at beginning of the manifestation of creation we separated ourselves from the God Realm by creating and manifesting our first form identity.

Thus we created and manifested our Souls, and because of the limitation of our Soul form, our unconditional love, care, compassion and mercy became conditioned by the form of our Soul.

From our limited, ignorant, powerless and changeable Soul sprang our fear that our Soul isolated in the fear's own energy field as out thinking mind, our Ego.

Deep down we know that Love is most important of all, and that we are here to liberate our thinking mind, our Ego from fear and anger over the fear by the help of our oneness with our true Self, our Spirit.

Today's Contemplation

Today I choose to express my true Self, my Spirit's unconditional love, care, compassion and mercy towards my own and others' thinking minds, our Egos.

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April 20: The Angelic Wedding

FROM PART 3, CHAPTER 2, THE ANGELIC WEDDING, THE SECTION THE ANGELIC WEDDING, PAGE 270

TuTu said that this was a wedding between our hearts, an angelic wedding, and it could not be broken with a divorce like our Danish wedding.

The TuTu Doctrine – The New World Order, page 270

Our text in *The TuTu Doctrine – The New World Order* describes our love life as it manifests itself on all levels of our existence, whether in our physical life or in our spiritual life.

On our journey back to the origin, we will experience The Four Weddings – the earthly, the angelic, the divine and the spiritual wedding – and then follows the marriages that prepare us for the next wedding.

Our earthly marriage can be broken if the love between us and our partner fades, when the physical attraction fades, and this liberates us to move on in our search for our Spirit Mate, who is our eternal love.

If the love does not fade, we are ready for the angelic wedding, where our and our partner's heart merge, and the angelic marriage cannot be broken by separation like our earthly marriage can.

Today's Contemplation

Today I will give myself the freedom to leave my earthly marriage if the love between us faded, when our physical attraction faded.

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April 21: *The devil and the deviless*

FROM PART 1, CHAPTER 1, THE INITIATION, THE SECTION
CHILDHOOD FAITH, PAGE 14

The devil and the deviless were easy to know from all others as they always had a trident with them and were either black or red and very ugly, and besides, they had a tail and horns on their brow like an animal, but they were so very sly that they had learned to make themselves invisible or hide in the darkness, so they became difficult to discover.

The TuTu Doctrine – The New World Order, page 16

The devil and the deviless is an energy field, which holds our consciousness as it is, when we have just left the animal realm to take on our human form.

This field of consciousnesses we have chosen to portrait as a person with horns, tale and cloven hoofs, and here we are the lowest form of consciousness in the human realm as the we animal man and the animal woman, who use any means to survive.

We come in from one of the animal archetypes – the dog line, the cat line, the pig line, the hoof and the cloven hoof carrying animal lines, where we lived together with human beings to study their behavior in our preparation to step into the human realm.

In the animal realm might is right, but in the human realm right is right, and gradually as we get used to the law of the human realm, we choose to use co-operation instead of using force to have our desires fulfilled.

Today's contemplation

Today, I will work together with others on fulfilling my desires without the use of force.

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April 22: *The awareness of being aware of the awareness*

FROM PART 4, CHAPTER 5, THE TUTU DOCTRINE, THE SECTION
THE SEED OF LOVE, PAGE 380

*THE EAST
THE MASCULINE
THE SUN*

Be aware that you are aware of your awareness

When we are in the energy field of our thinking mind, our Ego, we judge about good and evil on Earth, and that which brings us pain we perceive as evil, and that which brings us joy we perceive as good.

When we become aware that we are aware of our awareness, we discover that when we are in this all pervasive energy field we are in oneness with our true Self, our Spirit, who does not judge on good and evil on Earth.

As spiritual aspirants we have come to Earth to liberate our thinking mind, our Ego from judging about good and evil by transforming the judgements of our thinking mind, our Ego into wisdom.

In our TTDF Program, we use Step Six to figure out which Pain Ring we wish to use to transform the pains of the Ring into wisdom by pairing the Pain Ring with the corresponding Joy Ring.

Today's Contemplation

Today I will be aware that I am aware of my Soul, who is aware of the awareness of my thinking mind, my Ego.

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April 23: Sudarsan Chakra

FROM PART 2, CHAPTER 2, THE PERSONAL, THE SECTION
SUDARSAN CHAKRA, PAGE 178

As a result of this inner purification work, I also became able to use Sudarshan chakra, which, in my opinion, is the divinely simplest way of working on my defects of character.

When we feel lonely, empty and bored, and everything appears to us to be meaningless, it means that we find ourselves in the archetypal energy field called the Ring of Emptiness.

This energy field is called Pandora's box in Greek Mythology and is said to release all the World's miseries into the life of us, if we open the box, which holds emptiness, boredom, meaninglessness and loneliness.

In Hinduistic Mythology the antidote to Pandora's box is called Sudarsan Chakra that is a whirling Ring of Light, called the Sun Wheel that chops off the head of all defects of character, called demons in spiritual science.

We can choose to use the Sun Wheel, which in our Program is called the

Ring of Fulfillment with its fulfillment, interest, meaningfulness and oneness to move out of the Ring of Emptiness and thus achieve wisdom.

Today's contemplation

Today, I will use the Ring of Fulfillment to allow into my life all the joys of the World.

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April 24: The creator and manifestress of our thinking mind, our Ego

FROM PART 4, CHAPTER 3, THE FAIRYTALE ABOUT GOOD AND EVIL, PAGE 364

He and she were deep sky-blue and sat on a throne that shone from a radiant, fluorescent, spring-green color, and his and her power consisted in the ability to break down the manifold walls of the ego-thoughts around the trapped part of her Soul.

He and she did this by merging them into the mind of the Soul and thus resurrect them to oneness with their creator and manifestress, and for each thought he and she merged, the Souls regained yet another spark of their power of love.

The TuTu Doctrine – The New World Order, page 368

When we, as our true Self, our Spirit, created and manifested our Souls, who were our first crystallized forms of a part of ourselves, we experienced great pains of fear inside our Soul Consciousness.

We had projected a spark of our consciousness into the form of our Souls, who are a mirror image of ourselves, split in two, and we experienced our unconditional love become conditioned by the limited form of our Soul.

As Souls, we laid a veil around the pain of the fear, who thus became our first created manifestation, who came to live isolated on an energy plane of their own as our thinking mind, our Ego.

As our thinking mind, our Ego, we searched for love, but could not find it on our own loveless energy plane, so we asked God for help to return home to our Soul's love.

Today's Contemplation

Today I will take my thinking mind, my Ego to heart by the help of the unconditional love, care, compassion and mercy of my true Self, my Spirit and thus restore my Ego to oneness with his or her creator and manifestress.

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April 25: Loss of energy

FROM PART 3, CHAPTER 4, THE SPIRITUAL WEDDING, THE
SECTION THE POWER OF THE JAGUAR, PAGE

Rebirth means that longstanding hurts at long last begin to heal, and with the healing, that person who has the jaguar as his or her Power Animal or Totem would achieve the regaining of the power that was lost at the time the hurts occurred.

The TuTu Doctrine – The New World Order, page 311

In the early stages of developing our social skills, we have a very deficient self-perception, and therefore we are easily influenced by others' equally deficient perceptions of us.

Deep wounds arise in the encapsulated part of our Soul, who is our thinking mind, our Ego, if we are met with contempt, belittling, disrespect and anger from the scared and paining Ego of others in our social life.

If others' perceptions of us spring from their scared and paining Ego, we can get a distorted self-image of who and what we are, and therefore we can become unable to believe that we are our true Self, our Spirit.

This causes great energy losses on all planes of our existence, because we get a need to use all our resources on healing our wounds, whether they are physical, energetic, emotional, mental, social or spiritual.

Today's Contemplation

Today I will open myself to healing of my existential wounds by the help of my Program in the Fellowship of the TuTu Doctrine.

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April 26: Prestige

FROM PART 2, CHAPTER 1, THE PRINCIPLES, THE SECTION THE
JUDGMENT, PAGE 80

TuTu called the great harlot prestige and said that these people think they can have their desire for the power and the glory fulfilled by the help of the great harlot.

They court the favor of the harlot by acquiring all the riches of the Earth, but the riches do not belong to them, and in that way they become robbers and robberesses and assaulters and assaulteresses, although they are dressed in gold and purple.

When we cannot accept our limitation, ignorance, powerlessness, and mortality/changeability, one of the means we may choose to use to escape our humanness is an attempt to achieve prestige.

We may imagine that if we achieve prestige, it means that others love and honor us and bow to our wisdom and our will that has made it possible for us to achieve prestige.

To achieve prestige, we may perform many self-suppressing actions and many attempts to suppress others in order to show off ourselves to the World as if we are not limited, ignorant, powerless, and mortal/changeable.

In this process, we become strangers to ourselves and thus we lose our integrity in our attempt to seduce ourselves and others into believing the false image that we present of ourselves to ourselves and others.

Today's contemplation

Today, I will let go of my wanting prestige and instead work on accepting my human limitation, ignorance, powerlessness and mortality/changeability.

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April 27: Morphic resonance

FROM PART 3, CHAPTER 1, THE EARTHLY WEDDING, THE SECTION THE 144.000 CHOSEN ONES, PAGE 211

The principle of morphic resonance states that when a certain number of individuals from a specific species, for example, monkeys, have achieved a specific skill, it spreads to the whole species even if the individuals haven't been in contact with others from whom they could have learned it.

To Step into the New World Order, we need to activate our intrinsic Christ Consciousness/Mercy Consciousness by the help of our intuitive interaction with our true Self, our Spirit.

We do this by letting go of acting on the thought system of our thinking mind, our Ego, and instead we surrender the care of our will and our life to the intuitive thought system of our knowing mind, our God mind.

When we uplift our own consciousness to a higher sphere, at the same time we contribute to the ascension of Mother Earth to a higher energy system, including the ascension of the mineral, plant, animal, and human realms.

We use Step Three of our TTDF Program to surrender our will and our life to our Higher Power's care and Step Four to Ten to help our scared thinking mind, our Ego to adjust to the ascension.

Today's Contemplation

Today I will contribute to Mother Earth's ascension to the Christ Consciousness/Mercy Consciousness by surrendering the care of my will and my life to my Higher Power.

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April 28: Wisdom

FROM PART 4, CHAPTER 1, THE FAIRYTALE ABOUT THE MASTER OF THE UNIVERSE , PAGE 346

"In your heart, the high and the low, the inner and the outer, meet. Here, the wisdom of your bodies and the wisdom of your Spirit merge into emotional conditions, which give life direction."

The TuTu Doctrine – The New World Order, page 348

In our Mother Earth body, our heart, which beats silently and faithfully for us twenty-four hours a day, is considered to be the dwelling place of God, and therefore we do our best to follow our heart.

This means that we can advantageously do what we want to do in the blissful flow of the present moment, and this sometimes leads to pain, and sometimes to joy, and thus we develop our capacity to discern.

As we develop our discernment, we stock a lot of knowledge about what it is like to live within a manifested form, and with this wisdom we develop higher and higher forms of consciousness.

The fear that our choices will lead to pain can make us refrain from doing what we want to do in the now, but in doing so we at the same time cut ourselves off from developing existential wisdom.

Today's Contemplation

Today, I will do my best to develop existential wisdom by pairing my wishes with experience rather than merely imagining what the fulfillment of my wishes can lead to.

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April 29: Cosmic consciousness

FROM PART 4, CHAPTER 2, THE FAIRYTALE ABOUT THE LOVE
WITHOUT LIMITS, PAGE 358

Since the cosmic consciousness was the very fundamental structure in each and every particle, in each and every being, it slowly became clear that it was necessary to get into the root of one's own being to find the path back.

The TuTu Doctrine – The New World Order, page 361

Our whole purpose with manifesting created forms and moving our consciousness into them is to experience what it feels like to be separate, limited, ignorant, powerless and mortal/changeable.

We manifested our created figures by crystallizing a part of our omnipresent, omniscient, omnipotent and immortal/unchangeable true Self, our Spirit in a separate masculine and feminine form that became our Souls.

We then moved a seed of unconditional love that is the essence of our consciousness into the form and began to identify with the form, and that could make us forget who and what we are.

When we forget, who and what we are, we become scared, and when the fear becomes overwhelming, we want to return home to our true Self, our Spirit, and thus our journey back to our origine begins.

Today's Contemplation

Today I will choose to identify with my true Self, my Spirit, instead of identifying with my human form, however beautiful and interesting it may be.

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April 30: Inspiration

FROM PART 5, CHAPTER 1, MY LIFE WITH THE MASTER, THE
SECTION THE COMING INTO BEING OF THE BRIDGE, PAGE 393

The biggest job consisted in the editing, because I discovered that many of the things I had written under the impression of inspiration were not expressed in a way that was clear to others, so I kept working with the expression until I felt understood by at least one other person, and in this process, my intuitive perceptions also became clearer to myself.

The TuTu Doctrine – The New World Order, page 394

In our daily Eleventh Step, we use the Two-Way Prayer to seek inspiration from our Higher Power about what we can advantageously do today and to seek guidance about how we best can carry out the suggestions we receive.

When what we do during the day is done under the influence of inspiration, we automatically receive the power to do the tasks, because the love of our Higher Power flows as a power through our inspired actions.

Love holds the joy without opposites, which is the happiness we have been seeking, and the love that flows through our inspired actions makes us happy and makes our path easy.

When we interact with others in our tasks for the day, our inspired state will affect those we interact with in such a way that our social life also will become a happy experience.

Today's Contemplation

Today I will work with my inspirations alone or together with others for mutual inspiration.

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THIS IS A BOOK IN PROGRESS, NEW CONTEMPLATIONS WOULD
 BE UPLOADED REGULARLY WHEN THEY ARE READY

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May 01: The doubters and the supporters

FROM PART 1, CHAPTER 1, THE INITIATION, THE SECTION DOUBTS, PAGE 21

I told others about my experiences and expected that they would want to investigate the Master's transmission, but instead they doubted my sanity. That made me uncertain, and I began doubting it too.

The TuTu Doctrine – The New World Order page 21

When we begin our spiritual journey back to the origin of our true Self, our Spirit, we get cosmic glimpses, which are glimpses of spiritual states that cannot be described in Earthly words.

If we wish to express the inexpressible to others, we need to use parables and comparisons to something from our three-dimensional reality in order to be better understood.

Whether others understand what we are trying to express or not, we will encounter an attitude from others that support our understanding of our path in life or doubt that it is good for us to continue moving on in our path.

Regardless of whether those we share our choices with support our choices or doubt them, we choose to make use of both to either strengthen our resolve or to pause and consider the value of our choices.

Today's Contemplation

Today I will receive both the doubters and the supporters on my path in a way that is to my advantage by the help of my Program in TTDF.

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May 02: Death travels

FROM PART 3, CHAPTER 4, THE SPIRITUAL WEDDING, THE SECTION DEATH HELP, PAGE 334

*I lay down on the mattress of the shaman and made myself ready for my third death travel, when I changed my mind about my traveling purpose, which was to help Joe Ben.
I would also help that woman with whom, TuTu had lived together, if I could.*

The TuTu Doctrine - The New World Order, page 334

Many of us imagine that when we leave our Mother Earth body and move on to the Higher Worlds, we automatically become a male or a female sage in one stroke, and there is a grain of truth in that.

We look at our lives for two days in the Light of unconditional Love, and that gives us the wisdom of unconditional Love, but the wisdom fades when we move on, if we did not acquire this wisdom in the course of our life.

If we have used our Eleventh Step to acquire this wisdom, we can contribute to our own lives and the lives of others on all planes of consciousness by making conscious journeys to the Death Realm and the Higher Worlds.

Here we can sometimes help if a deceased person is not aware that he or she has died by making the person aware of the situation and helping him or her to pass through the Death Realm and move on further.

Today's Contemplation

Today I will use what I have learned in my Eleventh Step to move around in the Death Realm and the Higher Worlds to expand my conscious contact with my other planes of consciousness and to contribute to my life there.

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May 03: Root sounds

FROM PART 2, CHAPTER 1, THE PRINCIPLES, THE SECTION
GAYATHRI MANTRA, PAGE 93

TuTu explained that it helps in this work to use the Gayathri mantra or to use the essence of this mantra as a prayer that corresponds with the vibration the mantra holds at appropriate moments in the course of the day.

Gayathri mantra consists in the sound hrim, [pronounced: hreem] that holds the vibration, which means: "God, liberate me from this self-important seriousness," and this sound is the root sound which comes second in the hierarchy of root sounds after the primary root sound OM.

The TuTu Doctrine – The New World Order, page 93

In our Eleventh Step, many of us use sounds from mantras or music to evoke sound vibrations that allow us to effortlessly enter altered states of consciousness.

When we projected ourselves out from our oneness on the Spirit plane as two separate Souls on the Soul plane, this movement was accompanied by sound, and this sound is called OM or Amen and was the first root sound.

Some of us use this sound as an object for contemplation to better enter into meditation, which is a shift from the thought system of our thinking mind, our Ego, to the thought system of our knowing mind, our God mind.

The next soundvibration is HRIM, which is the second rootsound from the movement, when we covered the pain of fear in the veil of forgetfulness, and it means: God, liberate me from this self-important seriousness.

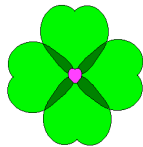
Today's Contemplation

Today I will choose the sound picture I need to intensify my work with my inner world in Step Ten and Eleven.

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May 04: *The Path of Love*

FROM PART 4, CHAPTER 5, THE TUTU DOCTRINE, THE SECTION
 THE FRUIT, PAGE 388

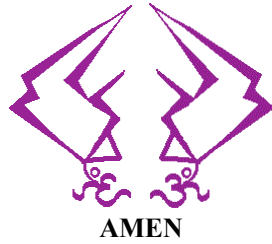


♥♥THE FRUIT♥♥

GOD IS EVERYTHING.
 EVERYTHING IS GOD.

I AM GOD.
 YOU ARE GOD.
 HE IS GOD.
 SHE IS GOD.
 IT IS GOD.
 WE ARE GOD.
 YOU ARE GOD.
 THEY ARE GOD.

♥♥THE PATH IS YOUR LOVE♥♥



The TuTu Doctrine – The New World Order, page 388

Since Sri Krishna planted The Seed of Love in humankind's heart, the Path of Love was opened to us, and we, who followed The Path of Love learned that love is the most important of all so we gave ourselves permission to do what we loved to do, feel what we loved to feel, think what we loved to think, be with the people we loved to be with, and thus we made both ourselves and humankind happy.

Today's contemplation

Today, I will give myself permission to walk the Path of Love.

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May 05: *The empty wells*

FROM PART 3, CHAPTER 2, THE ANGELIC WEDDING, THE
 SECTION KARMA RESOLUTION, PAGE 264

My former boyfriend and I continued to be lovers for several years, but no matter how much loving attention I gave him, he kept complaining that I did not love him enough, and one day it became too much for me.

"Will you be so kind as to tell me what it is about your love that you find so much better that you find it justified to complain about mine?" I asked, "I'm willing to marry you and live the rest of my life with you, but you're not."

The TuTu Doctrine – The New World Order, page 266

When we are facing an empty well, we usually accept very quickly that it is not possible to quench our thirst from this well, and so we move on to find a well filled with water.

The same is not true when we are faced with another person that we want to get something from, even if the other has nothing to give and admits to us that this is how it is.

Instead, we imagine that the other person HAS something to give, but is reluctant to give us what we want because he or she is stingy, and thus we have demonized the other person.

This can lead to many existential pains both for ourselves and for the person we seek help from, and thereby our social life becomes one long painful battle with our fellow human beings.

Today's contemplation

Today, I choose to let go of the empty wells without demonizing them.

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May 06: The synchron Reality

FROM PART 5, CHAPTER 1, MY LIFE WITH THE MASTER, THE SECTION THE WEDDING PARTY, PAGE 391

Some time ago, I had invited guests for dinner for the following day and went out to shop and make the food ready.

When I invited them, I did not know that my Spiritual Wedding was going to take place just ahead of my dinner party, but I decided to look at my two friends as the wedding-guests.

The TuTu Doctrine – The New World Order, page 391

In our Eleventh Step, we work on discerning between our Egomind's thinking thoughts thought system and our Godmind's knowing intuitive thought system that activates the synchronous reality in our daily lives.

The synchronous reality takes place when a convergence of events happens that inspires us and supports the path forward that emerged in our intuitive thought system.

Another characteristic of our Godmind's thought system being active is that the inspirations that arise intuitively are unconditionally loving, caring, compassionate, and merciful.

As we gradually let go of acting on our Egomind's thought system and listen more to our Godmind's thought system, we become better and better able to be in the now in the blissful flow from the synchronous reality.

Today's Contemplation

Today I will use my Eleventh Step to remain in the now in the blissful flow from the synchronous reality.

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May 07: To be ready

FROM PART 1, CHAPTER 3, SPIRITUAL EXPERIENCES, THE SECTION THE INITIATION TAKES PLACE, WHEN THE DISCIPLE IS READY, PAGE 48

I felt I had to throw myself out from his eye into the empty void if I wanted to attain it, but I was as if frozen in death fear.

"I first have to see what will happen between my boyfriend and me," I thought.

In that fraction of a second, the vision disappeared.

I was surprised to discover that I was afraid of Self-realization.

The TuTu Doctrine – The New World Order, page 48

We may imagine that we are ready to become one with the unconditional love of our true Self, our Spirit, and thus with the joy of being on Earth under all circumstances, no matter what they are.

Therefore, it may come as a surprise to us to discover that we are actually not ready for many different reasons, all rooted in the painful and fear-based thought system of our Egomind.

Whatever the reason, it is always and without exception a desire to postpone our self-realization out of fear of what it might entail for the familiarity we feel at home in from our Egomind's thought system.

When our desire to experience life from the unconditional love of our true Self, our Spirit, becomes stronger than all other desires, it means that we are entirely ready to experience our unconditional love.

Today's contemplation

Today, I will do my best to fulfill all the desires that are important to me, so my desire for Self-realization can become my first priority in my life.

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May 08: The Ring of Fulfillment

FROM PART 2, CHAPTER 2, THE PERSONAL, THE SECTION SUDARSHAN CHAKRA, PAGE 178

When Vishnu takes on his human form, he is also subjected to the conditions of a human being, and that means that also he is limited, ignorant, powerless and mortal and thereby fallible, but since Vishnu knows this prior to his descend, he brings with him his whirling ring of power which lights up his inner World just as brightly as the sun lights up the outer World, and he uses it in his human life to neutralize all inner and outer demons. This bright, whirling ring of power is called Sudarshan Chakra.

The TuTu Doctrine – The New World Order, page 179

We may think that the existential tools of the Gods and Goddesses are not available to us humans, because we have not become aware that we are Gods and Goddesses walking the Earth.

By working with 'The Fairytale about the Gods and Goddesses, who walk on the Earth' in our First Step we become aware that we ARE Gods and Goddesses walking on the Earth like Vishnu did in Sri Krishna's form.

This opens us to using the Sudarshan Chakra, which our Program calls the Ring of Fulfillment with it's fulfilment, interest, meaningfulness and oneness, to transform all of our character defects to wisdom.

In our Sixth Step, we transform the pain of the Ring of Emptiness with it's emptiness, boredom, meaninglessness and loneliness to wisdom by the help of the joy of the Ring of Fulfillment.

Today's Contemplation

Today I will use the joy of the Ring of Fulfillment to gain wisdom in a situation where I feel trapped in the pain of the Ring of Emptiness.

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May 09: The desire for contrast

FROM PART 4, CHAPTER 1, THE FAIRYTALE ABOUT THE MASTER OF THE UNIVERSE, PAGE 347

"Why do I want the experience of death when I'm immortal?"

"Through the perspective of death, the presence of life is achieved."

"Why do I need to experience death to achieve the presence of life when I have eternal life?"

"Through the contrast to death, life becomes present.

Without contrast, the eternal life is death.

Therefore, death is life, seen from the perspective of eternity."

The TuTu Doctrine – The New World Order, page 353

Many of us have asked ourselves why an unconditionally loving, caring, compassionate and merciful God does not stop all our pains, illnesses, sufferings and death, without finding an answer.

However, in Step Two we worked with the 'Fairytale of the Love Without Limits', and we discovered that we had wanted to experience the contrast to the God Realm by separating ourselves from God, our FatherMother.

We wanted to experience limitation, ignorance, powerlessness and mortality/changeability as contrast to the omnipresence, omniscience, omnipotence and immortality/unchangeability of our true Self, our Spirit.

We wanted to create and manifest this contrast to amplify our unconditional love, care, compassion and mercy, and as a result we furthermore came to experience pain, illness, suffering and death.

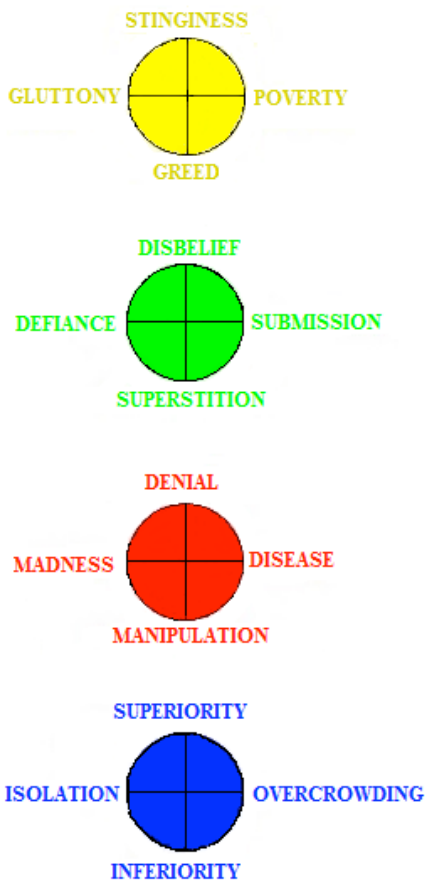
Today's Contemplation

Today I will accept that both the pain and the joy are necessary energies for me to amplify my experience of my true Self, my Spirit.

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May 10: *The Four Small Painrings*

FROM PART 6, CHAPTER 1, APPENDIXES, THE SECTION THE
FOUR SMALL RINGS OF PAIN, PAGE 405

<p>The Four Small Rings of Pain are the first set of Painrings that opens up as a result of our use of the Big Ring of Pain with its avarice, envy, hatred and arrogance.</p> <p>The Small Ring of Avarice with its stinginess, greed, poverty and gluttony opens up as a result of our use of the avarice from the Big Ring of Pain.</p> <p>The Small Ring of Envy with its disbelief, superstition, submission and defiance opens up as a result of our use of the envy from The Big Ring of Pain.</p> <p>The Small Ring of Hatred with its denial, manipulation, disease and insanity opens up as a result of our use of the hatred from the Big Ring of Pain.</p> <p>The Small Ring of Arrogance with its superiority, inferiority, overcrowding and isolation opens up as a result of our use of the arrogance from the Big Ring of Pain..</p>	<p>THE FOUR SMALL PAIN RINGS</p> 
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The TuTu Doctrine – The New World Order, page 405

Today's contemplation

Today, I will inventory how the energies of one of the Small Rings of Pain has expressed itself in the course of my day.

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May 11: Myths and fairytales

FROM PART 3, CHAPTER 2, THE ANGELIC WEDDING, THE
 SECTION THE MYTHOLOGICAL HARISHCHANDRA, PAGE 230

He had now proven that he did not stick to the truth only because he was a king and could afford to be honest, but that he stuck to it under all circumstances, and thereby, he had impressed the Gods who brought an end to his sufferings by bringing his son back to life and reuniting him and his wife, who were reinstalled as king and queen.

The TuTu Doctrine – The New World Order, page 231

In our work with our Program in the TuTu Doctrine Fellowship, we work with myths and fairy tales that go way back in human history and describes energies in a larger context.

The myth of King Harishchandra's life describes what can happen when a person sticks to their own truth and remains authentic under all circumstances, no matter what they are.

King Harishchandra was nicknamed the King of Truth, and the magical elements in his story inspire others to also do their best to be authentic, same way as fairy tales inspire to authenticity.

Myths and fairy tales are archetypes that show us the interaction of energies for the authentic and the inauthentic person, and we use them in our Program to find guidelines for how we can act to our advantage.

Today's contemplation

Today, I will build my character by letting myself get inspired by myths and fairy tales.

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May 12: To be better than others

FROM PART 2, CHAPTER 2, THE PERSONAL, THE SECTION
REDEMPTION, PAGE 175

My heart was good enough.

*It needed not be better than the heart of others, because the goal of my heart
had been to become the bride of the prince.*

*TuTu was my prince, and he had found the qualities of my heart good
enough to make his definitive choice and lead me to God's Sacred Altar, to
enter into his Spiritual Wedding with me.*

The TuTu Doctrine – The New World Order, page 175

A major reason for most of us to want to be better than others is that we
want to live happily ever after with our chosen prince or princess as
described in the fairy tales.

We believed that we had to be better than others because the stories we
heard as children gave us the impression that we should be better than the
prince or princess that our chosen prince or princess was expected to marry.

This belief was solely due to a lack of information from family and friends
about the symbolic narratives in fairy tales of the relationship between Spirit
Mates, who recognize each other irrespective of the outer circumstances.

Therefore, we do not need to be better than others to win the heart of our
beloved and to live happily ever after, because our Spirit Mate is our other
half and will always choose us irrespective of the circumstances.

Today's Contemplation

*Today I will use the fairy tales and myths described in The ToTo Doctrine -
The New World Order to take my inner child's hopes and perspective on life
to heart.*

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May 13: Ignorance

FROM PART 4, CHAPTER 3 THE FAIRYTALE ABOUT GOOD AND
EVIL, PAGE 365

*In her Thinking Mind, the latent thought crystallized, and thereby, the naked
thought arose: "I am."*

*She looked around with her dawning thinking power and understood
nothing, because the conscious thought is of time and can only understand
through comparison with the already known, which belongs to the past, and*

for the naked thought nothing was known, and the thought was seized by shame of its ignorance and wished to hide for the rest of creationmanifestation.

TuTu Doctrine - The New World Order, page 366

Our purpose with choosing a life on Earth is to experience the maximum contrast to our true Self's, our Spirit's happy state, and through the contrast to become able to appreciate our true state even more.

Furthermore, we want to develop the intensity of our lovemaking in the Higher Worlds by incorporating the heavy and slow energies of Earth into our love-expressions in the God Realm.

We want to develop our love aptitude by meeting our earthly pains, illnesses, sufferings and death that all spring from our Egomind with the unconditional love and care of our Godmind.

We also want to achieve an enlightened and wise Egomind, for our unenlightened and foolish Egomind is the root of our suffering, and we achieve this by working with the Rings of Joy and Pain in Step Six.

Today's Contemplation

Today I will work with the Rings of Pain and Joy in my Sixth Step, so that my thinking mind, my Ego, can become enlightened and wise.

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May 14: Selfcreated and selfmanifested limitations

FROM PART 1, CHAPTER 4, PILGRIMAGE, THE SECTION AGAINST ALL ODDS, PAGE 69

Every time a person reached the counter, the clerk said: "No, there are no seats available today. Next."

When I reached, the clerk looked at me, annoyed: "Yes?"

"I would like to go back to Madras now."

"There are no seats today..." he stopped, looked at me again and then said:

"Well... let me see."

He disappeared for a moment and came back: "Yes, there is just one seat left. Let me see your ticket."

A moment later, he came back with it stamped 'ok'.

The TuTu Doctrine – The New World Order, page 69

Many of us are so used to perceiving our thinking mind, our Ego as enlightened and wise, that only in our TTDF Program we become aware that our Egomind is limited, ignorant, powerless and mortal/changeable.

Our misconception of our Egomind as enlightened and wise can make us try to think our way to a solution where a solution cannot be figured out by thinking, but requires a learning process that can be resource-intensive.

When we discover that we need to go through a longer learning process to find a solution in different areas, it can cause us to create and manifest obstacles to the fulfillment of our desires.

Instead of manifesting such hindrances for ourselves, we can trust our desire and choose to move forward in faith by using The Big Ring of Joy with its faith, hope, love and truth to liberate ourselves from hindrances.

Today's Contemplation

Today I will use The Big Ring of Joy to liberate myself from a situation that prevents the fulfillment of my desires.

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May 15: Rituals

FROM PART 3, CHAPTER 3, THE DIVINE WEDDING, THE SECTION
 THE DIVINE WEDDING, PAGE 287

I flung out my hand and made a sliding movement along the lines of the first two blue candles, then the other two and eventually up the middle, where the white candle was, while at the same time I solemnly said: "Welcome TuTu, my one and only."

Then I pointed to the sandalwood oil and a small dish of sweets, which sat in front of the candles and said: "On this altar I have put candles to show you the Light of my Love and also something sensuous and something sweet, because that is what I want to be to you."

I put a little sandalwood oil on him and a sweet in his mouth.

Then, I took the glass with sweets and gave sweets to my nephew and his friend.

The TuTu Doctrine – The New World Order, page 291

When we impulsively perform an action that springs from our true Self, our Spirit, we or others may sometimes choose to make a ritual out of this action under similar circumstances by repeating it.

Over time, our rituals can become hollowed out, so that we no longer know why we perform certain actions in connection with certain events that we think are important.

We perform the ritual simply, because we had great feelings about them once, or because we have seen others do it and found it meaningful to begin with, without at the present time feeling anything about it

Rituals that we perform as a habit, created by us or our society, but that do not come from our own heart, we choose to replace by creating meaningful rituals, which are our own, and which come from our heart.

Today's contemplation

Today, I will replace those of my rituals that are not meaningful for me with rituals that are meaningful for me.

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May 16: To come to stand in front of God's Holy Altar

FROM PART 2, CHAPTER 1, THE PRINCIPLES, THE SECTION THE JUDGMENT, PAGE 80

When they themselves reach the point where, consciously, they are able to enter the seventh dimension, they know that soon they are going to stand in front of God's Holy Altar, to enter into their own Spiritual Wedding with their own Eternal Beloved, who will give them the unconditional love, care, compassion and mercy, and to whom they will give the same, and in their joy and anticipation they sing songs of praise about his Spiritual Wedding together with the Heavenly Choir as written in the Bible.

The TuTu Doctrine – The New World Order, page 81

When we let ourselves be born on Earth, shrouded in the veil of oblivion, we all have one or more special tasks we wish to accomplish for the benefit of ourselves and all the other manifested creatures that live on Mother Earth.

Some of us come to Earth together with our Spirit Mate, because we wish to incorporate the slow and heavy vibration of Mother Earth into our love life into the faster and lighter vibrations of the Higher Worlds.

To become able to incorporate our love life into the Higher Worlds, we have to go through The Four Weddings with our Spirit Mate so as to rekindle our memory about them like described in our Program.

Once we have achieved this, we can incorporate the vibration of Mother Earth into our love life in the Higher Worlds, and our experiences will be - like the experiences of everyone else - injected into the subconscious of humankind for the benefit of all.

Today's Contemplation

Today, I will use my Eleventh Step to expand my conscious contact with my Spirit Mate, whether we both live on Earth or not, so as to prepare myself to stand in front of God's Holy Alter to enter into my Spiritual Wedding with my Spirit Mate and thus become one with my true Self, my Spirit.

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May 17: *The axe-stroke and the pinprick*

FROM PART 4, CHAPTER 4, THE FAIRYTALE ABOUT THE GODS WHO WALK ON THE EARTH, PAGE 370

"Stop imagining pains that are not yours, because you cannot know the carrying capacity of your neighbor; that which appears to you to be a stroke with an axe may be a pinprick for your neighbor, and that which appears to your neighbor to be a stroke with an axe may be a pinprick for you.

The TuTu Doctrine – The New World Order, page 374

Most of us want to contribute to the well-being of others, so when we see that another person apparently is in physical or emotional pain, we may want to help without being asked for help.

We may perceive what our neighbor is experiencing to be an axe-stroke looking at it from outside, but our neighbor may perceive it as a pinprick, and he or she may perceive our desire to help as untimely interference.

When we try to help without being asked, we have activated the pain of the Ring of Codependency with its savior role, seducer role, victim role, and offender role.

When we become aware about this, we bring wisdom to the situation by adding the joy of the Ring of Emotional Sobriety with its detachment, integrity, respect for self, and respect for others to the situation.

Today's Contemplation

Today I will contribute to the enlightenment and wisdom in my thinking mind, my Ego, by pairing the Ring of Codependency with the Ring of Emotional Sobriety.

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May 18: *Energy fields*

FROM PART 3, CHAPTER 1, THE EARTHLY WEDDING, THE SECTION THE SPIDER, PAGE 197

My inner travel ended, and the shaman told me that the spider is the symbol of that being who gathers all the threads of the Universe in a perfect pattern.

This made me realize that my experience meant that the threads of the Universe had gathered in a perfect pattern in my heart, and in the following years, gradually, I experienced the realization of this travel through the change in my perspectives.

The TuTu Doctrine – The New World Order, page 199

Many of us were initiated as shamans during our walk on the 12-Step Path, and in that context we learned about archetypes that are the basic blueprint for a certain energy field, such as the archetype: The Spider.

Since the basic pattern in a archetype is always the same, we can use the symbol a certain archetype stands for to orient ourselves in our Egomind's psychological landscape and thus become better at handling it.

In our Program we work with many archetypes such as the mutual body of a man and a woman, which contains the same mental-emotional energies for everyone, even though our experience of them differs.

In our Sixth Step we use the archetypes of the Pain Rings to identify our mental-emotional pains and the archetypes of Joy Rings to grow in wisdom by pairing the Rings of Pain with the Rings of Joy.

Today's Contemplation

Today I choose to grow in wisdom by pairing a Pain Ring, describing a mental-emotional pain fx anger or fear I experienced today, with a Joy Ring.

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May 19: The being of mercy

FROM PART 4, CHAPTER 3, THE FAIRYTALE ABOUT GOOD AND EVIL, PAGE 365

The mercy emerged from the snake-form of the energy field as a being of great power, awe-inspiring to behold in his sublime calm with groups of poisonous snakes, who each and everyone represented the despairing darkened creaturesmanifestations, who squirmed in grinding of teeth everywhere outside on the merciful being of love, around his neck, his arms and his legs, into which they sank their teeth to get rid of the poison of fear and to suck his life power in return.

The TuTu Doctrine – The New World Order, page 368

Many of us imagine that mercy consists of freeing a fellow human being from the pains of his or her life, and as a result of this perception, we try to take on the burdens of others in order to help them.

In reality, we make the other person's life more difficult than it needs to be, because the person we want to help has been given the task of finding a way out of the pain by his or her true Self, his or her Spirit.

If we try to make another person's task ours, we thus deprive him or her of the opportunity to harvest the wisdom by finding a way out of the pain, and they must therefore find a new similar task to achieve it.

When we discover that we have an urge to take on another person's burdens after we have completed our Program, we choose instead to seek guidance by the help of our Tenth and Eleventh Step, before we choose to act.

Today's Contemplation

Today, I will mercifully accept that other people's pains is a task given to them by their true Self, their Spirit in accordance with their own desire to harvest wisdom.

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May 20: *The gifts of pains*

FROM PART 2, CHAPTER 2, THE PERSONAL, THE SECTION
IMPATIENCE, PAGE 176

However, it took me completely by surprise that it was the pain in my defects of character that led me to spiritual enlightenment, because I realized that as long as everything in my life went smoothly, I did not stop to think about my existence, but when I encountered resistance whether it sprang from painful emotions from within or from opposition in my surroundings, I paused to investigate more thoroughly the cause for this.

The TuTu Doctrine – The New World Order, page 177

After coming to the TTDF Fellowship, we discovered that all of our existential pains had a gift to give us if we stopped and investigated our pains instead of trying to escape from them in various ways.

We discovered that any kind of pain, discomfort, weakness, or illness gave us a new perspective on ourselves and our life, and thus we grew in wisdom, and we also developed compassion for others, who suffered the same pains.

In our Program, we work with the Rings of Pain by pairing them with the Rings of Joy, and thereby we achieve two opposing perspectives on our pains and come to understand that our perception of pain is subjective.

Gradually, as our work with the Rings in Step Six leads to cooperation with our chosen Higher Power in Step Seven, we harvest wisdom and compassion from the pain and discover that we no longer fear it.

Today's Contemplation

Today I will work on harvesting wisdom and compassion from my pains by the help of Step Six and Seven.

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May 21: Experience

FROM PART 1, CHAPTER 2, FACE TO FACE WITH THE MASTER,
 THE SECTION QUESTIONS TO THE MASTER, PAGE 26

I went up to my room immediately but when I put the pen to the paper, yet another question arose that wasn't my own: "How would it help me that he explained what death is?"

I realized that even if the Master were able to answer the question to my satisfaction, my next question would be: "I wonder if what he says is true."

The TuTu Doctrine – The New World Order, page

We often seek to achieve an overview of our problems in life by thinking through various solutions in advance, and often we compare experiences from the past with the problem, we are trying to solve in the present.

This prepare us to solve the problem in the best way possible, but it can happen that we do not have any experiences with the situation, we are trying to find a solution to.

Anyway, we may try to think of a solution although only experience can tell us the solution, and we therefor have a better chance of gaining an overview by seeking guidance from another person with the experience.

Our TTDF has members with broad experiences in all areas, and this gives us the opportunity to seek guidance from others who have experiences with a similar problem.

Today's contemplation

Today, I will seek guidance from a person, who has experiences with the task I need to solve, and if I do not know such a person, I will move forward,

one step at a time trusting that my intuitive inspirations to a solution is guidance from my true Self, my Spirit.

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May 22: *The first positive power factor*

FROM PART 5, CHAPTER 1, MY LIFE WITH THE MASTER, THE SECTION COSMIC QUADRUPLETS, PAGE 398

Even later, after having lived with my new husband for more than five years, I was told in a shamanic travel that the individual ManWoman from whom TuTu and I sprang had projected himherself our into the manifested creation together with another couple and thus we had become Quadruplets at Soul level as we lived together in one Cosmic Egg especially formed for Quadruplets and out of us four my new husband was one, his Spirit Mate was one, TuTu was one and I was one.

The TuTu Doctrine – The New World Order, page 398

Those of us, who have worked with the ‘Fairy Tale about Good and Evil’ in Step Four have become aware that we, as our true Self, our Spirit, manifested our created Souls by splitting our projection into a ‘he’ and a ‘she’.

In the splitting process, our living projections experienced great pain and also feared having lost our other half and thus our unconditional love, which God gave us when HeShe gave birth to us as Spirit in HisHer own image.

When we isolated the pain and fear on an energy plane by itself in the hope of protecting ourselves from these unknown energies, we had, as Souls, created and manifested a new being, who is our thinking mind, our Ego.

In TTDF, we now work to liberate our Egomind from the fear and the pain by the help of the Rings of Pain and Joy in Step Six, and thus it becomes possible for us to be reunited with our true Self, our Spirit.

Today's Contemplation

Today I will work on developing my awareness of the first positive power factor that encompasses the high and the low, the inner and the outer, so as to achieve balance in my life.

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May 23: *The Rings of Social Interaction*

FROM PART 3, CHAPTER 3, THE DIVINE WEDDING, THE SECTION
WITHDRAWAL SYMPTOMS, PAGE 277

When I came around, I found myself in a ventilator and felt an intense discomfort by not being able to breathe the way I used to, but the discomfort of these experiences were not as intense as the discomfort of my withdrawal symptoms from heroin, because I was unconscious part of the time and got abundantly supplied with morphine when I was conscious. Thereby, I realized that I did not know what I was doing when I claimed that TuTu did not love me or his family if he wasn't willing to live through withdrawal symptoms to prove the opposite.

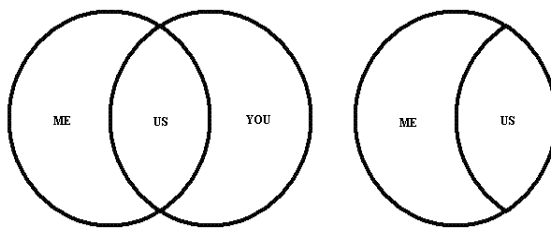
The TuTu Doctrine – The New World Order, page 277

Often we demand that others take a direction in their life that the other does not want, because we think we know better what is good for others, or because the other is our spouse, whose choices deeply interfere with ours.

However, after we came to the TuTu Doctrine Fellowship, we discovered that making demands on others they do not want to fulfil is harmful both to us and the others, no matter how good and loving our intentions may be.

Instead, we chose to use the Ring of Social Interaction to remind ourselves that cooperation between willing participants is the best solution, because there is a 'me', a 'you', and a 'us' in every social interaction.

THE RINGS OF SOCIAL INTERACTIONS



When we look at these Rings, it is easy to realize that if we make demands on another that hurt the person, we hurt ourselves, because 'us' fills almost half of our personal energy field as long as the interaction lasts.

Today's Contemplation

Today I will ask for what I want instead of demanding, and I choose to be grateful if I get what I ask for and to let go if I do not.

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May 24: Freedom from taking responsibility

FROM PART 2, CHAPTER 1, THE PRINCIPLES, THE SECTION THE SAVIOR, PAGE 101

One single person, who picked up the message shortly after the death of Jesus, was a powerful messenger, but to a certain extent, he was also blinded by his human limitation, ignorance, powerlessness and mortality, and because he could not simultaneously hold the thought that The Messiah, The World Teacher, was executed as a criminal and that God's love is infinitely merciful, he found peace from this paradox by creating and manifesting the myth about the Savior

The TuTu Doctrine – The New World Order, page 101

In our TTDF Step Work, many of us discovered that if we handed over the responsibility for our life's problems to a savior, we lost the opportunity to develop our self-healing powers.

Still others of us imagined that we could achieve love and appreciation from others by spending our money, time, energy, and interest on saving others from the fears and pains of their lives.

However, in Step Four we became aware that the savior role delayed our own and others' development of our and their ability to handle their life's problems, so we wanted to let go of being saved or saving others.

Therefore, we paired the Ring of Codependency in Step Six with the Ring of Emotional Sobriety to achieve the wisdom we need to achieve the ability to save ourselves and stop saving others.

Today's Contemplation

Today I will pair the Ring of Codependency with the Ring of Emotional Sobriety on my urge to save another, so that I may achieve the wisdom to use my money, time, energy and interest on taking responsibility for my own fears and pains

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May 25: Without exception

FROM PART 4, CHAPTER 4, THE FAIRYTALE ABOUT THE GODS WHO WALK ON THE EARTH, PAGE 370

"Are you, who are called a king and a queen, when you walk on the Earth, not above all the rest of us?"

"No, when we walk on the Earth, we are a son and a daughter of humankind, like everybody else, and like all other sons and daughters of humankind, we need love, care, compassion and mercy from other sons and daughters of humankind and our true Self, our Spirit."

The TuTu Doctrine – The New World Order, page 372

On the spiritual path we have come across many imaginative accounts about how the World Teachers dealt with their human limitation, ignorance, powerlessness and mortality/changeability.

This has given many of us the impression that it is possible to rise above the human conditions, if we could only find out what they did that made them seem to stand above the human conditions.

However, as we worked with our form identities in our TTDF Program, we understood that no matter what form identity we, as our true Self, our Spirit, took on, we could not escape these conditions either.

When we achieved oneness with our true Self, our Spirit by working our TTDF Program, we realized that they were acting from their true Self, their Spirit on their human conditions same way that we are now doing.

Today's Contemplation

Today I will use my Second Step in my TTDF Program to work on being led to oneness with my true self, my Spirit.

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May 26: Magical gifts

FROM PART 1, CHAPTER 4, PILGRIMAGE, THE SECTION THE OLD WOMAN OF THE FAIRYTALES, PAGE 54

I was full of wonder about this elevated state that came into being when an intense desire arose in me to help the old woman.

Yet another time, I had to think of the fairytales saying that the person who helps an old man or an old woman in need receives a magical present.

The TuTu Doctrine – The New World Order, page 56

As children, most of us come into contact with folk tales that tell us how our behavior can trigger magical gifts that can further our chance of living happily ever after in great love.

We intuitively understood the truth value of these fairy tales without being aware that they are in fact archetypal descriptions of the interaction of higher energies under different life circumstances.

While growing up, many of us lost trust in the fairy tales, because when we confidently used our Godmind's intuitive thought system, we were ridiculed by our family and our surroundings in many cases.

However, by the help of Step Two, Three, Seven and Eleven from our TTDF Program, we learned to return to our childhood faith in our intuition and thus our ability to be in the Blissful Flow of the Present Moment.

Today's Contemplation

Today I will use Steps One, Two, and Three to further develop my ability to put my Godmind's intuitive thought system into use.

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May 27: *The pleasant good and the unpleasant good*

FROM PART 4, CHAPTER 1, THE FAIRYTALE ABOUT THE MASTER OF THE UNIVERSE, PAGE 347

"Oh Rainbow Goddess, I'm seized by great fear of wishing for wrong things."

"There are no wrong wishes."

"Yes, but imagine, if what I wish for becomes my misfortune."

"There is no misfortune. Only the pleasant good and the unpleasant good."

The TuTu Doctrine – The New World Order, page 352

Little by little as we worked with our TTDF Program, we became better and better at taking responsibility for our life situation, whether it consisted of the pleasant good or the unpleasant good in the now.

When we investigated why we chose to create and manifest the unpleasant good in the form of illness, weakness, discomfort and pain, we discovered that these choices gave our Egomind the opportunity to grow in wisdom.

In TTDF we learned to take care of our Ego mind's unconditionally unloving, uncaring, hard-hearted and merciless thought system with the help of our Godmind's unconditionally loving, caring, compassionate and merciful thought system.

When we thus learned to balance our thinking mind's, our Ego mind's thought system with our knowing mind's, our God mind's thought system, we finally got access to the joy without opposites, the happiness we have searched for.

Today's Contemplation

Today I will work on taking care of my thinking mind, my Ego, with the unconditional love, care, compassion, and mercy of my knowing mind, my Godmind.

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May 28: Totem

FROM PART 3, CHAPTER 4, THE SPIRITUAL WEDDING, THE SECTION THE MEETING WITH THE JAGUAR KAVA, PAGE 302

*The love Kava showed me took me by surprise.
 It was like balm on my wounded heart, and for that reason, I cried deeply moved during a major part of the travel.*

The TuTu Doctrine – The New World Order, page 302

Many of us are initiated shamans or shamanesses, and therefore we have inner guides on different planes of consciousness, and on one of these planes our guide is a totem animal, also called a power animal or a spirit animal.

Our power animal guides and protects us on our inner journeys, and it helps us to feel safe and protected when we move around in the inner world, which is also called the un-ordinary reality.

It helps us to study the archetypes of Hindu mythology, where the power animals are described as the vehicles of the gods and goddesses that they get help from, when they travel in the inner world of the seventh dimension.

The narrations of how the power animals of the various gods and goddesses help them can help us understand how we best can get help from our own power animal on our inner journeys.

Today's contemplation

Today I will research the world literature's narrations of spiritual experiences that are similar to mine in order to expand my perspective on my inner life.

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May 29: To stand by our Christ Consciousness also called our Mercy Consciousness

FROM PART 2, CHAPTER 1, THE PRINCIPLES, THE SECTION THE OUTRAGE OVER CHRIST, PAGE 92

In this way, we can contribute to make the mercy of the Christ Consciousness real to ourselves and to the World in all its nuances, and this will help us to get everything put into its right place and others to achieve the Christ Consciousness, even though we have been told that this state of consciousness is unattainable to anybody but Jesus.

The TuTu Doctrine – The New World Order, page 92

Many of us believed that the Christ Consciousness was way beyond our reach until we came to TTDF and realized that anyone, who has completed a Twelve Step Program has attained the mercy of the Christ Consciousness.

Our Christ Consciousness came into being in the course of Step Two, Three, Seven, Eleven, and Twelve, and it comes to expression through the mercy we show those, who still suffer under pains, we have found the way out of.

Those of us, who work with TTDF's Twelve Steps mostly come from other Twelve Step Programs and have thus practiced the mercy of the Christ Consciousness for some years by the help of Step Twelve.

Step Twelve has taught us to stand by our Christ Consciousness, even though others may have difficulty believing that we have attained the knowledge and practice of such an exalted state of consciousness.

Today's Contemplation

Today I choose to practice the mercy of my Christ Consciousness by the help of Step Twelve, both towards those who still suffer and those who have success in the eyes of the World.

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May 30: *Be in The Blissful Flow of the Present Moment*

FROM PART 4, CHAPTER 5, THE TUTU DOCTRINE, THE SECTION THE SEED OF LOVE, PAGE 380

*THE WEST
 THE FEMININE
 THE WATER*

Be in the flow

The TuTu Doctrine – The New World Order, page 381

For us as members of TTDF, the goal is to be in oneness with our true Self, our Spirit, and thus be present in The Blissful Flow of the Present Moment as much as possible under the inspiration of our God Mind.

Our true Self, our Spirit, sends vibratory impulses to our thinking mind, our Ego that can receive them as inspired intuitive thoughts, if our thinking mind, our Ego, is still and has developed faith.

It can happen that we become obsessed with keeping an eye on our thoughts so as not to miss out an inspired impulse, and thus we become absent from being in oneness with the unconditional love of our true Self, our Spirit.

When we discover that we have lost ourselves in a stream of thoughts that do not arise from an inspired task that we need to solve in the now, we can choose to let go of the thought stream and return to our true Self, our Spirit.

Today's Contemplation

Today, to the best of my ability, I will practice oneness with the presence of my true Self, my Spirit, in the Blissful Flow of the Present Moment.

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May 31: The radiation of a Master

FROM PART 1, CHAPTER 2, FACE TO FACE WITH THE MASTER,
 THE SECTION GOD IN A FELLOW HUMAN BEING, PAGE 31

I had begun to believe that the Master knew everything that happened to me because of our telepathic contact, and the events with the doctor and the other disciples made me think that in some mysterious way or other, he was also present in all the events I participated in, so that he could steer my life and my development in the right direction, now that he had become my Guru.

The TuTu Doctrine – The New World Order, page

The stronger our oneness with our true Self, our Spirit, becomes, the clearer our oneness with all life around us becomes, whether it is the life of the mineral realm, the plant realm, the animal realm or the human realm.

We discover that the consciousness of the mineral realm is introvert, the plant realm is the beginning of consciousness turning extrovert, and the animal realm is the beginning of free movement of the physical bodies.

All the inhabitants of the realms have originated from the God Realm and hold a radiation of spiritual vibrations in varying stages that must reach a certain stage in order to serve as food for physical bodies.

The radiance of spiritual teachers affects all the realms and attracts all who need food in the form of love, care, compassion and mercy, whether they are minerals, plants, animals or humans.

Today's Contemplation

Today I will observe the emanations from the mineral realm, the plant realm, the animal realm, and the human realm, so that I can better decide where I want to be in these realms and with whom.

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June 01: *Book knowledge versus wisdom*

FROM PART 1, CHAPTER 2, FACE TO FACE WITH THE MASTER,
 THE SECTION UNDER THE INFLUENCE OF THE MASTER'S
 RADIATION, PAGE 25

I realized that I did not know why I had come, but I tried to wring a question out of my brain because I sensed that the Master's attention would be directed elsewhere if I didn't have anything to ask, but all my thoughts had ebbed out and left me in a state of silence and a feeling of happiness.

The TuTu Doctrine - The New World Order, page 26

Most of us had acquired a great deal of book knowledge about spiritual topics after we began our quest for love and happiness, and this might have given us the impression that we knew a lot about being on the spiritual path.

Little by little, we realized that book knowledge was only the beginning of our spiritual path, and this made us want to practice some of the suggestions we encountered in our reading.

As we paired our book knowledge with experience, we gained wisdom and could begin to express our new experiences with authority, for we now possessed true knowledge about many spiritual topics.

When we came to the Twelve Step path, our wisdom increased by leaps and bounds, because each of our Twelve Steps taught us how to practically know the happiness of our unconditional love, care, compassion, and mercy.

Today's Contemplation

Today I will experiment with the spiritual exercises I learn about in my TTDF's Program to acquire wisdom in an area I now know theoretically.

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June 02: Plans for more Earth life-journeys

FROM PART 2, CHAPTER 2, THE PERSONAL, THE SECTION TUTU, THE MASTER OF THE MASTER, PAGE 189

This, I felt, was confirmed by TuTu, when he told me that he had taken on a life just ahead of his present one to prepare our meeting in this life by creating and manifesting that system of meditation which the Master got the task to pass on, and he had thus been the Master of the Master.

The TuTu Doctrine - The New World Order, page 189

Those of us who have chosen to let ourselves be born on Earth have at the same time chosen our mission, which is to learn to handle our thinking mind, our Ego, with unconditional love, care, compassion and mercy.

This cannot be fulfilled in a single life on Earth due to the limited lifespan of our physical body, and most of us plan a new Earth journey as soon as we have left Earth after the death of our physical body.

We do this because we realize in our after death inventory, in which areas we want to improve our handling of the slow, heavy, dark vibrations of Earth more than we succeeded in doing in the life that has just passed.

The Earth mission for all of humankind is to meet our unconditionally unloving, uncaring, hard-hearted and merciless Ego with the unconditional love, care, compassion and mercy of our Spirit.

Today's Contemplation

Today I will use my TTDF Program to meet my unconditionally unloving, uncaring, hard-hearted and merciless thinking mind, my Ego with the unconditional love, care, compassion and mercy of my true Self, my Spirit.

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June 03: *The ignorant ruler and ruleress of the Universe*

FROM PART 4, CHAPTER 1, THE FAIRYTALE ABOUT THE MASTER OF THE UNIVERSE , PAGE 347

"Then tell me who this ruler is, so I may find him and adore him?"

"She is you, and you are she."

"Oh Rainbow Goddess, how can I believe this?"

"You are, beyond any doubt, the ruler of the Universe!"

"How can I be the ruler of the Universe without knowing it?"

The TuTu Doctrine – The New World Order, page 348

Many of us imagined that the Universe can only have one ruler or ruleress, because the word Universe means that the Universe is a oneness that holds everything and everybody everywhere on all levels of consciousness.

This has led to many of us to feeling unable to take full responsibility for our personal part of the Universe, and it has led to us denying our true Self, our Spirit.

By denying our true Self, our Spirit, at the same time we denied our unconditional love, care, compassion and mercy for ourselves and everything and everybody everywhere on all planes of consciousness.

In doing so, our perspective on the Universe and on our role as the ruler or ruleress of that part of the Universe that God, our FatherMother, has given us to rule over, was completely turned upside down.

Today's Contemplation

Today I choose to meet my personal inner and outer Universe with the unconditional love, care, compassion and mercy that God, my FatherMother, has given to me personally and to share my unconditional love with all my brothers and sisters.

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June 04: The honor

FROM PART 3, CHAPTER 4, THE SPIRITUAL WEDDING, THE SECTION VANITY-PERISHABILITY, PAGE 297

*The result was 'The Fairytale of the Master of the Universe', in which I later added a description of the work with the pain of the thinking mind, the ego. I was very proud of the result and read it aloud to TuTu.
 "I'm the pen, and you're the ink," he said.
 I became furious and asked if he wanted to take the credit for my work.*

The TuTu Doctrine – The New World Order, page 298

Most of us have discovered that those of us, who harvest honor and respect from our family and our society receive a lot of attention and have an easier time getting our way.

That has led many of us to believe that we receive more love, care, compassion and mercy than other people, and therefore we strived all the time to achieve honor and respect from our family and our society.

Only when we came to TTDF we accepted that even though we achieved to get honor and respect from our family or society, it had got nothing to do with achieving love, care, compassion and mercy.

This made it possible for us to let go of our pursuit of the power and the glory, realizing that the power and the glory belong to God, our FatherMother, and the pursuit of power and glory belong to the Ego.

Today's Contemplation

Today I will choose to leave the power and the glory to God, my FatherMother.

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June 05: The two genders

FROM PART 2, CHAPTER 1, THE PRINCIPLES, THE SECTION THE PATH TO THE ABSOLUTE SELF-REALIZATION, PAGE 85

Once the Master was asked if it is good for the spiritual life to live in celibacy and he answered laughingly: "God is no fool. If it was enough with one sex, there wouldn't be two."

The TuTu Doctrine – The New World Order, page 86

We know that our sexuality is both the greatest power and the highest joy we have as humans, and this can lead some of us to imagine that if we sacrifice that power and that joy, we can fulfill our spiritual ambitions.

We imagine that our sacrifice will make God hear us more than others and will liberate us from our fear of life and death, and at the same time we can achieve honor and respect from others as God's priests and priestesses.

This has led to many distortions in our human sexuality, which factually necessarily must be purified in order to achieve spiritual growth and this became clear to us when we came to TTDF.

It was only possible for us to activate and purify our four aspects if we had a sexual relationship with another human being, because that gave us the opportunity to observe and purify our relationship with this mighty power.

Today's contemplation

Today I will work on acknowledging and purifying my four aspects as the child, the spouse, the caregiver and the guide by the help of Step Ten in my TTDF Program.

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June 06: The creation and manifestation of life in the dimensions

FROM PART 4, CHAPTER 2, THE FAIRYTALE ABOUT THE LOVE WITHOUT LIMITS, PAGE 359

The double spiral also split into two, a he and a she, so as to be able to manifest into myriads of life, because the fruit of love is life, and life is in the organic growth in the same form as in the cosmic being, namely in Spirit, Soul, thought, emotion and action, which leads to the formation of new life.

The TuTu Doctrine – The New World Order, page 361

Before we came to TTDF, most of us had thought of the creation and manifestation of new life on Earth as the birth of a child, but now we understood that new life is also created on Earth in many other ways.

When we step out of our house and look around, we experience many new things that can inspire us and affect our daily life in new ways, giving us the joy of new creation and manifestation of the movements of our energy body.

When our emotional feelings rise in painful ways, we use Step Six of our TTDF Program to pair them with joy, thereby creating and manifesting new life in the form of new wisdom in our Ego.

When we have created and manifested new thoughts by pairing the thoughts and emotional feelings in a Pain Ring with the thoughts and emotional feelings in a Joy Ring, we have created and manifested new life in our Ego.

Today's Contemplation

Today I will use my TTDF Program to create and manifest new life on one of my planes of existence.

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June 07: The pain of separation

FROM PART 3, CHAPTER 2, THE ANGELIC WEDDING, THE SECTION THE PAIN OF SEPARATION 1, PAGE 233

*It was a telephonic telegram with a laconic message: "Delayed."
I staggered away from the phone and sank down on the sofa.
A sharp pain went through my heart and spread to my head.
After a couple of hours, the physical pain began diminishing.
The following days, I went around in a haze.
Most of the time, I lay on the sofa and stared out into empty air.*

The TuTu Doctrine – The New World Order, page 233

When we worked with the fairytale about the Love Without Limits in Step Two, we came closer to our true Self, our Spirit, and thus we discovered that first we had manifested ourselves in creation in the limited form of our Soul.

We split ourselves into a 'he' Soul and a 'she' Soul in the nuclear explosion of the so-called 'Big Bang', when we projected ourselves split into two into the limited, ignorant, powerless and mortal/changeable forms of our Souls.

The split of our core as one self as the merged masculine and feminine principle, called Ardhanarishvara, into our two divine Souls, caused great pain and fear of having lost our Spirit Mate.

We casted a mitigating veil over this pain and this fear, which thus came to live on a plane of existence of its own, and this paining, scared, loveless plane of energy we call our Ego.

Today's Contemplation

Today I will meet my paining, scared, loveless thinking mind, my Ego, with the unconditional love, care, compassion and mercy of my true Self, my Spirit.

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June 08: Divine inspiration

FROM PART 5, CHAPTER 1 , MY LIFE WITH THE MASTER, THE SECTION THE COMING INTO BEING OF THE BRIDGE, PAGE 395

Some days later, I woke up one morning and felt ready to begin the work. It proved to be an uplifting assignment, because I woke up every morning with a sentence in my head, and as soon as I wrote it down, I felt inspired and wrote away.

The TuTu Doctrine – The New World Order, page 395

When we sleep and enter into deep dreamless sleep, our thinking mind, our Ego, becomes completely still, and thus we are able to pick up inspiring impulses from our knowing mind, our God mind.

These intuitive impulses can consist of a cleansing of our Ego's impressions from the day in the form of guiding dreams about what we can advantageously work with in our Tenth Step for the day.

To include this divine guidance in our Step Work, many of us choose to have a notebook and pen next to our bed, so that we can write down the experiences and inspirations of the night when we wake up.

Many others of us choose instead to seek inspiration for the day's Step work by beginning the day with the Two-Way Prayer and writing down the guidance and inspiration we receive as the day's divine inspiration.

Today's Contemplation

Today I will cultivate my capacity to live my life in accordance with spiritual and divine guidance and inspiration.

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June 09: Right and wrong

FROM PART 1, CHAPTER 4, PILGRIMAGE, THE SECTION A TEST, PAGE 71

*"Don't you know what is right and wrong," he asked in his usual gentle voice but with an undertone that made me squirm.
"No," I said stiffly, "it depends on the circumstances."*

The TuTu Doctrine – The New World Order, page 71

Before we came to TTDF we had a clear sense of right and wrong, but as our Step work progressed we discovered in Step Four that many of these perceptions were not our own.

They stemmed from what we learned as children, where our family and our society taught us what their perceptions of right and wrong were and made us take this to heart as best as they could in order to make us fit in.

In our adulthood we continued to do our best to fit in, even though much of what we had learned as children about right and wrong did not necessarily feel right and wrong to ourselves.

In Step Six we worked with what did not feel right and wrong to ourselves and gave ourselves permission to let go of our childhood guidelines for what is right and wrong.

Today's Contemplation

Today I will give myself permission to act in accordance with what is right and wrong for me, even though others may have different values than me.

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June 10: *The root of Mercy*

FROM PART 4, CHAPTER 3, THE FAIRYTALE ABOUT GOOD AND EVIL, PAGE 365

The mercy of the destroyer and the destroyeress was a love of a very particular casting, because he and she did not wish for anything other than the liberation of the entrapped part of the Souls, and he and she accepted that the manifested creatures were unable to love or even appreciate his and her service, because his and her service was connected with much pain and great fear and with reluctance to let go of the pleasant parts of their own manifestations of creatures.

The TuTu Doctrine – The New World Order, page 369

In our work with the vessels we use to experience life in the dimensions, our work with our physical body in the third dimension is the work with facing the fact that our vessel has a limited shelf life.

Those of us who identify ourselves with our physical body are seized by great fear when our physical body is used up and our physical death therefore approaches.

All the fear and pain associated with a life and a death by having inhabited a physical body helps us to achieve compassion and Mercy Consciousness towards others who are suffering through the same.

In doing so, we recognize that our human fear and pain are the root of our development of our compassion and Mercy Consciousness, which is also called our Christ Consciousness or our Holy Spirit.

Today's Contemplation

Today I will acknowledge my fear and my pain as the root to develop my compassion and my Mercy Consciousness, also called my Holy Spirit.

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June 11: Colors

FROM PART 3, CHAPTER 2, THE ANGELIC WEDDING, THE
 SECTION THE HELP OF THE CROWN PRINCE 1, PAGE 240

Purple!

The color of magic!

That magic which springs from the merger of blue, which represents the Divine love, and red, which represents the earthly love.

The TuTu Doctrine – The New World Order, page 243

As our ability to sense on more and more subtle levels develops, we become aware of how the colors in our surroundings can affect our thoughts and emotions.

As we work on finding the meditation form that resonates with us in Step Eleven, some of us discovered that visualizing different colors activates different emotional states within us.

When we visualize the cool colors of the color spectrum, such as blue and green, and hold our inner focus on them, our emotions calm down and this gives us the ability to sit in quiet contemplation and meditation.

When we visualize the warm colors of the color spectrum, such as red and orange, and hold our inner focus on them, it stimulates our movement energy and is thus not conducive as basis for meditation.

Today's Contemplation

Today I will study the impact of colors on my well-being in order to determine which colors I want to make use of in my personal environment.

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June 12: *The fountain of youth*

FROM PART 5, CHAPTER 1, MY LIFE WITH THE MASTER, THE SECTION THE TREE OF LIFE, PAGE 400

Meaning of 5: Life-Elixir

Definition: Fountain of Youth

Explanation: The Fountain of Youth consists in the attainment of the syntheses of God the Spirit Father, Goddess the Spirit Mother, God the Spirit Son and Goddess the Spirit Daughter.

The TuTu Doctrine – The New World Order, page 402

Little by little, as our oneness with our omnipresent, omniscient, omnipotent, and immortal/unchangeable true Self, our Spirit, became more and more extensive, we found the fountain of youth.

Our knowledge of our immortality gave us access to our elixir of life, which is a consequence of the awareness of our immortality/unchangeability as our true Self, our Spirit.

Our elixir of life was the energy that flowed through our earthly lives as an ability and willingness to be open like a child, who is in a state of wonder in a constant learning process.

Our daily interest in discovering new aspects of life makes us feel eternally young, so we rejoice in all our daily new discoveries about our form existence while we live our earthly lives.

Today's Contemplation

Today I will be open like a child in my admiration of all the things that I can sense and learn new things about during the course of the day.

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June 13: *The power and the glory*

FROM PART 2, CHAPTER 1, THE PRINCIPLES, THE SECTION THE OUTRAGE OVER CHRIST, PAGE 92

This untruth is expressed by those who desire the power and the glory, and so they demand that anybody who admits to possess the Christ

Consciousness/the Mercy Consciousness must be able to walk on water in physical Reality, and thereby, they hinder the nuances of the Christ Consciousness/the Mercy Consciousness in coming to an honest expression.

The TuTu Doctrine – The New World Order, page 92

When we have completed our Twelfth Step in TTDF, we have attained the Mercy Consciousness, also called the Christ Consciousness, and this involves that we show mercy to those who are still suffering.

As a result of using our Program to the fullest, we have had many experiences of the happiness of our true Self, our Spirit that shows us the inner reality that we had denied before coming to TTDF.

As long as we had denied our true Self, our Spirit, we wanted the power to make others honor us, because we believed that would help us to have all our desires fulfilled and we would thus become happy.

In this phase of our existential development, our denial of our true Self, our Spirit, was so powerful that we found it impossible to believe that in fact a reality was to be found in which we could fly and walk on water.

Today's Contemplation

Today I will courageously let go of my desire for the power and the glory in the awareness that my happiness does not lie there, but in my true Self, my Spirit.

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June 14: *The King of Kings and the Queen of Queens*

FROM PART 4, CHAPTER 4, THE FAIRYTALE ABOUT THE GODS WHO WALK ON THE EARTH, PAGE 370

"Why are you called the King of Kings and the Queen of Queens, the Master of Masters and the Masteress of Masteresses, the Highest Authority of the Hierarchy?"

"We were the first who went out in manifested form creatures, and because we know most about being a creature in a manifested form, we teach others in the art of being a creature in a manifested form.

Thus, we are the humble male and female servant of all our created and manifested brothers and sisters and their highest authority concerning the existence as a created and manifested form identity, whether our brothers and sisters are kings or queens, masters or masteresses or beggars or beggarwomen."

The TuTu Doctrine – The New World Order, page 373

As our oneness with our true Self, our Spirit, becomes more and more prominent, we become able to take responsibility for our formexistences on all our planes of existence.

Whether it is our formexistence on the material plane, the physical plane, the etheric plane, the astral plane, the causal plane, or the Soul plane, we take responsibility for both our joys and our pains.

No matter what form existence we are focused on, it is true for all of them that when we allow ourselves to be limited by a form, we simultaneously become ignorant, powerless, and mortal/changeable.

As Spirit, we have taken on the form of a human being, who holds the heaviest, darkest, slowest, and most frightening vibration, for the purpose of expanding our expression of love when we return home to the higher realms.

Today's Contemplation

Today, as the King or Queen of my Universe, I will take the full responsibility for my joys and my pains in my life as a human being.

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June 15: Change in the energy combination of Planet Earth

FROM PART 3, CHAPTER 1, THE EARTHLY WEDDING, THE SECTION THE INITIATION OF THE EARTH INTO THE SEED OF LOVE, PAGE 210

Previously, the atmosphere of the Earth had received The Seed of Love as subtle irradiation, but on this occasion, the Earth got a direct injection of The Seed of Love by the help of Shri Krishna and the 16,000 fertilized lower hearts, which now contained The Seed of Love, and thus, the energy combination of the atmosphere of the Earth was changed.

The TuTu Doctrine – The New World Order, page 211

As we learn about our different planes of consciousness in our TTDF Program, we discover that our Soul resides in the Seventh Dimension, also called the Heavens, or the plane of social interaction.

On the Soul Plane, where we live as Gods and Goddesses, there are many different energy fields that represent different expressions of love, care, compassion, and mercy.

Depending on which energies we wish to be a part of temporarily or over longer periods, we choose to be part of a particular Soul Cluster that is interested in the same energy field as us.

When we choose to take on a life on Earth from our chosen energy field, Mother Earth gets a direct infusion of the energy from our chosen energy field that we have come to bring her as a gift at her request.

Today's Contemplation

Today I will use the information described in The ToTo Doctrine – The New World Order in the Fairy Tale about the Gods and the Goddesses, Who Walk on the Earth to study how I can personally learn to make use of these energies.

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June 16: Preparatory training of the capacity to focus

FROM PART 1, CHAPTER 3 , SPIRITUAL EXPERIENCES, THE SECTION CONSTANT REMEMBRANCE, PAGE 40

Gradually, as I spoke with other meditating people both from the Master's system of meditation and other systems, and at the same time, my capacity to focus developed, I understood that a person usually selects his/her spiritual guide for the purpose of achieving his/her own conscious contact with God, but since it is difficult to focus your attention on something as abstract as the emptiness in the focus point, which is required to see, hear, feel or sense God, you can use your chosen guide to create and manifest an inner focus point by directing your thoughts towards this person throughout the day.

The TuTu Doctrine – The New World Order, page 40

We had been on the spiritual path long before we came to the TuTu Doctrine Fellowship, and on our path we came into contact with many other people, who walked the spiritual path together with us.

They taught us that we needed the capacity to meditate, which consists of quieting the constant chatter of our thinking mind, our Ego, so as to become able to pick up the subtle intuitive impulses from our true Self, our Spirit.

Regardless of the method we chose, it became clear to us when we came to TTDF that the purpose of our meditation practice was to train our focus capacity to remain in the empty space between thoughts.

As we became well-trained in this in our Eleventh Step, we became better and better at being in oneness with our true Self, our Spirit, and thus becoming able to remain in The Blissful Flow of the Present Moment.

Today's Contemplation

Today I will train my focus capacity to stay in the empty space between thoughts so that I can become able to be focused in The Blissful Flow of the Present Moment as much as possible.

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June 17: The noble heart

FROM PART 2, CHAPTER 2, THE PERSONAL, THE SECTION
 REDEMPTION, PAGE 175

If I changed that which I or others did not like about me, if I became better in doing this or that, if I thought in a different way, felt in a different way, acted in a different way, then others had to confirm that my heart was noble, and if everybody agreed on it, the prince also had to be able to see it.

The TuTu Doctrine – The New World Order, page 175

As children, we have a clear perception of fairy tales as expressions of a spiritual Reality that can be expressed so simply that as children we immediately understand the guidance the fairy tale contains.

Therefore, when we hear a fairy tale about living happily ever after, we understand that they are literal descriptions of the energies that need to be activated in order for us to achieve the happiness of the great love.

The fairy tales tell of a reality where good qualities are necessary for us to experience love, and that a noble heart is necessary to be able to give and receive love.

Only when we came to TTDF, we discovered we could create and manifest a noble heart by creating and manifesting a wise and enlightened Ego, so our heart can become one with the noble heart in our true Self, our Spirit.

Today's Contemplation

Today, I will use the Rings in Step Six to work on accessing the noble heart of my true Self, my Spirit.

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June 18: The Holiest of The Holy

FROM PART 4, CHAPTER 5, THE TUTU DOCTRINE, THE SECTION
 THE FERTILIZED EGG, PAGE 382

For a Person who has Access to The Holy Grail, which is The Holiest of The Holy, his and Her Merged Heart's Heart is Alpha and Omega, His and her

Merged Heart's Heart is The Truth, The Path and The Life, and by the help of God The Father, Goddess the Mother, his or her Beloved and his or her pure love, the Person Fearlessly remains in The Sacred Fire from his and her Merged Heart's Free Emotional Stream and receives his or her Personal Guidance from here, and this is called Drinking from The Holy Grail.

The TuTu Doctrine – The New World Order, page 383

Many of us have heard about the Holy Grail, which was perceived to be a magical cup we could drink from if we could find the Grail and drink from it and thus find holy guidance in all life's big and small tasks.

At our TTDF meetings we receive amulets for various milestones, and on one side we can choose the graph that either shows the Absolute, or the Absolute Heart, or the Holy Grail, which actually looks like a cup.

In Step Eleven where we work with the TuTu Doctrine itself, we learn that the Holy Grail is God's and our own Heart's Heart, our merged masculine and feminine principle that is also called Ardhanarishvara.

We carry out our work with our Eleventh Step to expand our conscious contact with our personal Ardhanarishvara so we can receive our daily guidance from our Heart's Heart, our personal Holy Grail.

Today's Contemplation

Today I will work on acknowledging who and what I am, so I may be able to 'drink' the omniscience from my Holy Grail.

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June 19: Love put to the test

FROM PART 3, CHAPTER 3, THE DIVINE WEDDING, THE SECTION HE LOVES ME – HE LOVES ME NOT, PAGE 284

When I hung up, I thought that now it would show if he really loved me, for only an addict, who has too little drugs to cover his own needs like TuTu will know what I asked from him.

Two hours later, I found an excuse to leave my sister's supervision and went to the station.

He was there.

"He really loves me," I thought in wonder.

The TuTu Doctrine – The New World Order, page 285

As long as we deny our unconditional love, we cannot believe that others love us, and this can make us put others to the test in various ways so as to find out if we can believe that they love us.

Since our thinking mind, our Ego, is a loveless fear energy, we do not have access to love as long as we think, feel and act from our dualistic psychological landscape.

Therefore, when we meet a person, who has access to his or her capacity to love and declares his or her love for us, we cannot believe that the love is real, and instead we consider what the person's hidden intention might be.

In this state, we have a need to get proof that satisfies our thinking mind, our Ego, as a sign of that the person who claims that he or she loves us has no hidden intentions.

Today's contemplation

Today, I will respect my thinking mind's, my Ego's need to find clarity by putting various aspects of existence to the test without trying to imagine that it is God, who puts me to the test, when I pain.

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June 20: The four Small Rings of Joy

FROM PART 6, CHAPTER 1, APPENDIXES, THE SECTION
APPENDIX G, PAGE 412

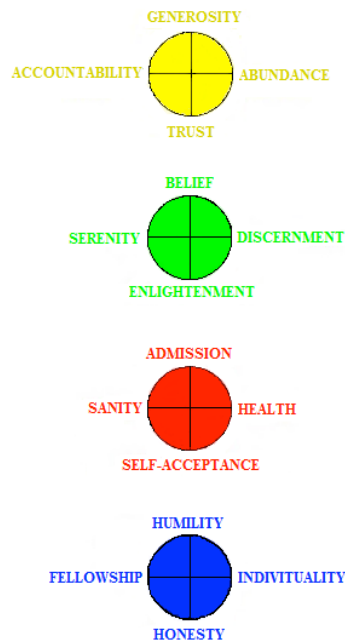
When the Small Ring of Faith became active in us, we trusted that we would receive what we needed when we needed it, and our experience of prosperity made it possible for us to generously share our surplus with others responsibly instead of clinging to it.

When the Small Ring of Hope became active in us, we had belief in that our desires would be fulfilled if we worked for it, so we sought enlightenment about what we could do to fulfill them, and in doing so we developed our discernment, and as a result we achieved serenity.

When the Small Ring of Love became active in us, we accepted our desires and needs, and we admitted to others if we needed help to fulfill them, and thus we achieved increased health and sanity.

When the Small Ring of Truth became active in us, we honestly admitted that no manifested creature was above or below us, because our humility told us that we are all equally valuable to the totality, even though our individuality makes us different from all others, so we sought fellowship with others by finding the part of ourselves where we recognized the feelings of others while accepting our different reasons for feeling as we do.

THE FOUR SMALL JOY RINGS



The TuTu Doctrine – The New World Order, page 412

Today's contemplation

Today I will acknowledge four virtues of my thinking mind, my Ego, by using one of the Four Small Rings of Joy in a social interaction.

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June 21: *Surrender to our true Self*

FROM PART 2, CHAPTER 1, THE PRINCIPLES, THE SECTION THE ONE, WHO GIVES HIS/HER LIFE SHALL PRESERVE IT, AND THE ONE, WHO TRIES TO PRESERVE IT, SHALL LOSE IT, PAGE 99

The result of his own limitation because of his mortal body was his ignorance about many things and his powerlessness over that which he did not know, but because his true Self was not submitted to these limitations, he moved ahead courageously in life trusting the lead of his true Self.

The TuTu Doctrine – The New World Order, page 100

On our long Earthwalk on the spiritual path, our thought world was dominated by our thinking mind's, our Ego's thought system and in this thought system, surrender was a thought surrounded by great fear.

Only when we came to TTDF and needed to admit our true nature in each and every meeting by first saying our name and then admitting: I am Unconditional Love.

In addition, our Second Step helped us to overcome our fear of surrendering to our Unconditional Love, because we examined and found the unconditionally loving intention behind all the pains in our lives.

In doing so, we finally became ready to leave fear behind and surrender to the unconditional love, care, compassion and mercy of our true Self, our Spirit.

Today's Contemplation

Today I will use my Second and Third Step to gain the courage to surrender to my true Self, my Spirit.

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June 22: The journey back to the origin

FROM PART 4, CHAPTER 5, THE TUTU DOCTRINE, THE SECTION THE FERTILIZED EGG, PAGE 382

For upcoming Eons, Humanity is Moving into The Ascending Spiral, towards The Ascending Curve on The Journey Back to The Origin. Our Vehicle for The Journey and The Landscapes we Pass Through is our Divine Mother, and The Spirit who Lives in The Vehicle and in The Landscapes is our Divine Father, and we are The Fruit of Both.

The TuTu Doctrine – The New World Order, page 385

Many of us have imagined that we must die on all our planes of existence in order to return to the origin and thus attain the joy without opposites called happiness, which belongs to our origin.

However, in our work with our TTDF Program, we discover that the journey back to the happiness of our origin can take place if we choose to meet our thinking mind, our Ego with unconditional love.

Because of our thinking mind's, our Ego's pain and fear, it is the most hated and repressed energy form on Earth, and it is this energy form that we need to heal with our unconditional love.

We learn to use the intuitive thought system of our true Self, our Spirit, to transform our thinking mind's, our Ego's fear and pain into enlightenment and wisdom, and this is our return to the happiness of our origin.

Today's Contemplation

Today I will meet the pain and fear of my thinking mind, my Ego, with the unconditional love, care, compassion and mercy of my true Self, my Spirit.

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June 23: God's revenge

FROM PART 1, CHAPTER 1, THE INITIATION, THE SECTION
 CHILDHOOD FAITH, PAGE 14

But at some point in time, nobody would abide by Him anyway, and therefore He decided to kill all the people in the World except Noah and the animals, but this did not help much either; so He still had to torment people at regular intervals.

The TuTu Doctrine – The New World Order, page 15

Before coming to TTDF, we had not realized that many of us had an underlying Godfear that cut us off from becoming one with our true Self, our Spirit, and thus becoming one with our love for God.

We feared that God would punish us in more or less painful ways if we did not obey God in the way others told us we should, but we took our Godfear up to the transformation into love in our Sixth Step.

We realized that revenge belongs in the Microring of Hatred with its indignation, vindictiveness, belligerence, and bitterness, and we paired it with the Microring of Love with its mercy, forgiveness, conciliatory, and sweetness.

Thus our Egomind's fear and pain were transformed into enlightenment and wisdom, and in the arising stillness in our Egomind it became possible for us to become one with our true Self, our Spirit, and with our love for God.

Today's Contemplations

Today I will use my Sixth Step to let go of the pain of my fear of God and thus achieve oneness with my true Self, my Spirit and my love for God.

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June 24: To help one's neighbor

FROM PART 4, CHAPTER 4, THE FAIRYTALE ABOUT THE GODS WHO WALK ON THE EARTH, PAGE 370

"Is it not my task to try to relieve the pain of my neighbor then?"

"Many are the called, but few are the chosen.

It is given nobody to be able to help everyone with every problem, and therefore you must first search your heart to decide if it is your task to help."

The TuTu Doctrine – The New World Order, page 374

Many of us feel that it is our job to help our neighbor regardless of his or her circumstances, and this can lead to an activation of the mental illness found in the Ring of Codependency.

When we find ourselves in the Ring of Codependency with its savior role, seducer role, victim role, and offender role, we can feel compelled to try to solve those of our neighbors' problem they in fact need to solve themselves.

In TTDF we instead choose to use the Ring of Emotional Sobriety with its detachment, integrity, respect for self, and respect for others to solve our own problems and give our neighbor time and space to solve his or hers.

Therefore we choose to use our resources—our time, our energy, our interest, and our money—on solving our own problems and leave it to our neighbor to solve his or her own problems.

Today's Contemplation

Today, I choose to use the Ring of Emotional Sobriety if I feel compelled to help my neighbor with a problem my neighbor needs to learn to solve himself or herself.

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June 25: Conversation after death

FROM PART 3, CHAPTER 4, THE SPIRITUAL WEDDING, THE SECTION SHIVA THE DESTROYER, PAGE 298

Only after TuTu's death, it occurred to me that I still needed to describe the last of the Hinduistic trinity, Vishnu the Maintainer, and then 'The Fairytale about the Gods and Goddesses who walk on the Earth', came into being. This fairytale describes an inner conversation with TuTu, which took place after his death while I wrote.

The TuTu Doctrine – The New World Order, page 299

Most of us had had many inner experiences before we came to TTDF, and many of us had had interactions with our deceased family members, inner guides, inner male and female friends and inner animals and plants.

When we had inner experiences in our childhood, and most of our surroundings believed that such experiences arose from a vivid imagination, we got used to seeing our inner life as unreal.

We needed to change this attitude in order to be able to take seriously our conversations with our true Self, our Spirit, and our inner guides in our Second, Third, Seventh, and Eleventh Step.

We used Step Four to realize these influences from our childhood, Step Six to liberate us from them, and Step Eight and Nine to forgive and make amends to ourselves for using these self-destructive patterns in our life.

Today's Contemplation

Today I will use my TTDF's Program to approve my inner experiences and my meetings in my TTDF to find confirmation of the truth-value of my inner experiences.

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June 26: The beginning of the recovery

FROM PART 2, CHAPTER 2, THE PERSONAL, THE SECTION
 ARROGANCE 2, PAGE 169

Then, I was told that I had to first accept possessing the feeling of arrogance to be able to investigate under which circumstances it arose and what results I achieved from the actions I did under the influence of my arrogance.

The TuTu Doctrine – The New World Order, page 170

In our TTDF Program, the recovery from our existential pains begin with the admission of our unconditional Love, and how our denial of it makes our lives unmanageable.

After these admissions, our recovery can begin with us investigating what our true Self's, our Spirit's unconditionally loving purpose is in choosing to come to Earth to experience these pains.

When we have found the unconditionally loving intention of our true Self, our Spirit with choosing to experience the pain of denying, who and what we are, we choose to surrender to what we have discovered.

Gradually, as various thoughts arise that oppose our surrender, we work on them with the help of the rest of the Steps in our TTDF Program until our surrender is complete.

Today's Contemplation

Today I will use my TTDF Program to surrender to my recovery from my denial of who and what I am.

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June 27: Good and evil

FROM PART 4, CHAPTER 3, THE FAIRYTALE ABOUT GOOD AND EVIL, PAGE 365

Some ideas and images were pleasant and some were frightening, and thus the idea of good and evil came into being.

The TuTu Doctrine – The New World Order, page 367

Before we came to TTDF, we found ourselves mostly in the dualistic thought system of our Egomind with its defects of character that are called evil and its virtues that are called good.

In TTDF we need to rise above this thought system to become Ourselves as we are in Truth and we use our Sixth Step to pair evil with good so that we can achieve an enlightened and wise Egomind.

When we finally meet our Egomind from our unconditional Love, our Egomind stops filling our mind with screams of fear and pain, and thus our Egomind becomes silent.

We need the silence of our Egomind to be able to hear the intuitive thought system of our Godmind, and we need our enlightened and wise Egomind to translate the intuitive impulses of our Godmind into the language of Earth.

Today's Contemplation

Today I will use my Sixth Step in TTDF to take unconditionally loving care of the fear and pain of my Ego mind so that I can become myself in Truth.

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June 28: *Stepping out of the flock mentality*

FROM PART 2, CHAPTER 1, THE PRINCIPLES , THE SECTION
 HIERARCHY AND FELLOWSHIP, PAGE 79

Humankind has now stepped out of the flock mentality by the help of the hierarchy, and in that way achieved the respect for the individual, and therefore time is ripe to achieve love, care, compassion and mercy for the individual by the help of the Fellowship.

The TuTu Doctrine – The New World Order, page 79

We have all grown up in a larger or smaller family, and in that connection most of us have contracted the mental illness that was called the savior complex in the old world order and codependency in the new.

In the Fourth Step of our TTDF Program, we work on acknowledging that we were infected with this illness by our parents, who demanded that we follow their idea of what is the right thing instead of our own.

This gave us the impression that on Earth human beings must set aside their heart's desires in order to fulfill the desires of their parents' hearts, and thus the peoplepleasing and the savior role became active in us.

Now, however, we have become able to survive without submitting to the value system of our family and our society, and thus we have become ready to step out of the flock mentality by becoming emotionally sober.

Today's Contemplation

Today I will step out of the flock mentality that is active in the Ring of Codependency with its savior role, seducer role, victim role and offender role, by pairing it with the Ring of Emotional Sobriety with its detachment, integrity, respect for self and respect for others.

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June 29: *The physical miracle*

FROM PART 3, CHAPTER 3, THE DIVINE WEDDING, THE SECTION
 INITIATION TO SHIVA, PAGE 280

"Oh," I said, "life on Earth is a miracle. Just think, then all these Spirits walk around in the streets in a physical body, which allows them to experience life on Earth."

Many of us tend to neglect our physical body at the beginning of our walk on the spiritual path, because we became so absorbed in our spiritual pursuit that it almost became an obsession.

Only after our physical body began to give us problems we felt compelled to give it attention by the help of our TTDF Program, and thereby we discovered that it is an extension of our Soul.

Furthermore, we discovered that we decided to incarnate on Earth into a limited, ignorant, powerless, and mortal/changing body in order to learn to incorporate the slow and dark vibration of Mother Earth into our Soul.

This discovery opened us up to learning to use our Sixth Step to release the mental-emotional patterns that created illness, weakness, discomfort, and pain in our bodies.

Today's Contemplation

Today I will take care of my physical body with unconditional love, care, compassion and mercy and also see to it that my Mother Earth body is well rested, well groomed, well nourished and well exercised.

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June 30: Shame

FROM PART 1, CHAPTER 2, FACE TO FACE WITH THE MASTER,
THE SECTION ARROGANCE 1, PAGE 28

The next morning, the Master's transmission had hardly begun before I began to feel ashamed and I got confused because I did not understand why. It occurred to me that I had reasons to feel ashamed about my behavior the previous evening.

Patiently, the others had waited the unfolding of events even if they were sore from sitting on the floor too, but I had not been patient, and on top of that, I was arrogant enough to think that I was above them because of my action.

Step Eight and Nine come so late in our Program, because we are working on admitting and letting go of our guiltfeelings and the accompanying shame, which both are so painful, they are difficult for most of us to handle.

However, at this late stage in our Step work, we have worked so much on facing our painful emotional feelings that we are ready to come out into the open with our shameful emotional feelings.

Shame makes us hide, even from ourselves, by suppressing, denying, dismissing, or ignoring our emotional feelings of shame, which are perceived to be the deadliest poisons to our spiritual life.

To avoid these pains, it could happen that we tried to get ahead of them by spending long periods of time in the Ring of Self-Centeredness with its self-criticism, depression, self-praise, and euphoria without it helping us.

Today's Contemplation

Today I will transform my self-criticism into enlightenment and wisdom by pairing the Ring of Self-Centeredness with the Ring of God-Centeredness with its openmindedness, empowerment, gratitude, and joy.

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July 01: Compassion with Mother Earth

FROM PART 3, CHAPTER 3, THE DIVINE WEDDING, THE SECTION
TUTU'S TEARS, PAGE 278

*He took my hand, looked at my prick marks, and with tears in his eyes, he gently stroked it, while he said: "Your little hand. Your little hand."
I looked surprised at the tears that rolled down his cheeks.
Why did he take that so hard?
Why, he used the needle himself.*

Christs Anonymous – The Thirteenth Step 279

When - as Spirit - we manifest a Mother Earth body/physical body, it happens slowly over millions of years, where we work on building our Mother Earth body/physical body by our consciousness moving through the mineral kingdom, the plant kingdom, the animal kingdom and the human kingdom.

When we have reached the point of manifesting our human body, we have co-operated with Mother Earth for millions of years, and we continue for thousands of years more to improve and refine our Mother Earth body/physical body.

A human being, who is conscious of the long process of creation/manifestation, which has preceded the current result, can become seized by great sadness when he/she sees that a Mother Earth body/physical body is not being treated with love, care, compassion and mercy, so that the Mother Earth body/physical body can feel good, healthy, strong and joyful.

A human being can take care of his/her gift from Mother Earth by treating his/her Mother Earth body/physical body with love, care, compassion and mercy by making sure that his/her Mother Earth body/physical body is well rested, well groomed, well nourished and well exercised.

Today's contemplation

Today, will treat my Mother Earth body/physical body with love, care, compassion and mercy by making sure that he/she is well rested, well-groomed, well nourished and well exercised.

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July 02: Divine guidance

FROM PART 1, CHAPTER 3, SPIRITUAL EXPERIENCES, THE
 SECTION MEMORY IMAGE FROM A PREVIOUS INCARNATION,
 PAGE 44

Later, this proved to be a memory dream from a previous incarnation that, at the same time, pointed out what was going to become my most important problem in my relationship with TuTu.

The TuTu Doctrine - The New World Order, page 45

In a human being's wake state of consciousness, he/she has mostly his/her focus directed outwards towards his/her earthly life and inwards towards his/her thoughts and emotions in context with his/her earthly life.

When a human being's focus both is directed outwards and inwards this way, it can lead to him/her not being aware of the impulses that come to him/her from his/her true Self, his/her Spirit.

When this person sleeps, his/her focus is no longer directed towards his/her earthly life or at her thoughts, and that allows him/her to receive impulses from his/her true Self, his/her Spirit.

Therefore, many choose to have a notepad and a pen next to their bed to write down the impulses, which they think have come to them from their true Self, their Spirit, while they slept.

Today's contemplation

Today, I will be aware of the impulses that come to me from my true Self, my Spirit, while I sleep, so I can become able to act with greater self-confidence.

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July 03: Practice makes master

FROM PART 5, CHAPTER 1, MY LIFE WITH THE MASTER, THE
SECTION SHAMANIC TRAVEL, PAGE 395

"You should just put out your astral arms," she said.

"I don't know how you do that," I said.

"Just do it," she said, "you have done it many times before."

"Yes, but I don't think I can find out any more," I said.

"Practice makes Master," she said dryly.

The TuTu Doctrine – The New World Order, page 395

Many spiritual aspirants let themselves be seduced by that some spiritual teachers/teacheresses experienced a spiritual awakening, which apparently happened from one day to the next, to believe that they do not need to do anything to further their own spiritual awakening.

If they examine the matter more closely, they discover, however, that prior to the apparently immediate spiritual awakening of a spiritual aspirant, such intense suffering took place that the spiritual aspirant had the choice between dying as a human being or allowing his/her true Self, his/her Spirit to take control of his/her life.

Another possibility for the spiritual aspirant to come into touch with his/her true Self, his/her Spirit can be to create a manifest a split personality and use that to channel his/her true Self, his/her Spirit into his/her human life, but separated from his/her human consciousness, because the distance between his/her human self and his/her true Self, his/her Spirit is greater than he/she can handle.

Most spiritual aspirants, however, prefer a less dramatic awakening and therefore they choose to use earthly and spiritual principles to slowly let go of identification with their created manifest bodies in order to eventually become able to identify themselves with their true Self, their Spirit, and in that way they realize the truth of the words: Practice makes master, also on the spiritual path.

Today's contemplation

Today, I will use the earthly principles - limitation, ignorance, powerlessness and mortality/changeability - and the spiritual principles - omnipresence, omniscience, omnipotence and immortality/unchangeability - to further my spiritual awakening.

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July 04: The Lords/Ladies of the Universe

FROM PART 4, CHAPTER 1, THE FAIRYTALE ABOUT THE MASTER OF THE UNIVERSE, PAGE 347

*"Who are the Masters of the Universe?"
 "There are infinitely many, big and small, inner and outer."*

The TuTu Doctrine – The New World Order, page 350

Many human beings have the idea that they are exempt from being the Lords/Ladies of the Universe, even if every creaturemanifestation – whether they belong to the mineral kingdom, the plant kingdom, the animal kingdom or the human kingdom – is the Lord/Lady in their own Universe.

The Universe is one, but each creaturemanifestation has his/her personal perspective on the Universe and therefore he/she lives in a Universe of his/her own, and it cannot be said about one perspective that this is the Universe and about another that it is not.

Generally, humankind perceives the World Teachers on the spiritual path to be the Lords/Ladies of the Universe, but they are no more the Lord/Lady of the Universe than any other creaturemanifestation.

The spiritual teachers/teacheresses are rightly perceived to be the highest ranking teachers/teacheresses in the hierarchy of Lords/Ladies of the Universe, but that does not make them the Lord/Lady in another's Universe.

Today's contemplation

Today, I will acknowledge that I am the Lord/Lady of my own Universe.

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July 05: Relapse

FROM PART 3, CHAPTER 4, THE SPIRITUAL WEDDING, THE
SECTION RELAPSE, PAGE 293

Soon, most of my life took place in Sundholm, and when he was granted his Methadone, I got a desire to experience the needle again, so I persuaded him to give me a little of his medicine.

The TuTu Doctrine – The New World Order, page 293

Addiction to various chemicals affects all the existence planes of a human being, whether it is the material plane/physical plane/the third dimension, the energetic plane/the space-time plane/the fourth dimension, the emotional plane/the fifth dimension, the thought plane/ the sixth dimension, the social plane/den seventh dimension or the spiritual plane/the eighth dimension/the Absolute.

The multidimensional existence of a human being is thus affected if he/she uses chemicals to change his/her system, which means that he/she will be unable to receive clear messages from his/her physical body, energy body, emotional body, thought body, social body and his/her true Self, his/her Spirit.

Many chemicals that a person chooses to use to enhance his/her life experience already exists in the Mother Earth body/physical body of a creaturemanifestation, but in a much milder form, and it can be difficult for a human being to let go of his/her addiction to his/her favorite chemical.

This is because his/her Mother Earth body/physical body stops producing the chemicals in question when the applied chemicals are used, and it may be difficult for a person to give his/her Mother Earth body/physical body the necessary time to start producing these chemicals again, and it is usually in this phase that the person in question chooses to take a relapse.

Today's contemplation

Today, I will work on recovering from one of my addictions, no matter how many times I have taken relapses in the past.

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July 06: Universal love

FROM PART 1, CHAPTER 2, FACE TO FACE WITH THE MASTER,
THE SECTION UNIVERSAL LOVE, PAGE 29

I became happy and thought that his love was a special boon for me alone, but when I told it to one of the other disciples, she said that she knew this experience too.

Later, I heard other disciples, both male and female, express similar experiences and I understood that the Master's love was universal.

The TuTu Doctrine – The New World Order, page 30

When a spiritual teacher/teacheress is in oneness with his/her true Self, his/her Spirit, he/she does not feel unconditional love, care, compassion and mercy any more.

He/she IS unconditional love, care, compassion and mercy, so spiritual aspirants, who come into contact with the spiritual teacher/teacheress experience themselves to be loved, taken care of, understood with tenderness and forgiven for the mistakes that they believe to have committed.

Therefore, many spiritual aspirants perceive their spiritual teacher/teacheress as a human being, who loves all living beings, and whose love is universal.

In Reality, it is not possible for a single human being to love all creaturesmanifestations, but because the spiritual teacher/teacheress has become identical with God's Light of Love, his/her students experience his/her love as universal, although he/she has his/her near and dear ones like everybody else.

Today's contemplation

Today, I will receive my spiritual teacher's/teacheress's universal love with gratitude.

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July 07: *The hierarchy*

FROM PART 4 CHAPTER 4, THE FAIRYTALE ABOUT THE GODS WHO WALK ON THE EARTH, PAGE 370

"The hierarchy is the diversity, which is also called the multiplicity or The Worldly Spirit, who restores the creatures' manifestation's consciousness of their uniqueness, because each creature manifestation is unique. Even two snowflakes are different and so differ in a unique way from the rest."

The TuTu Doctrine – The New World Order, page 372

Any group holds a hierarchy consisting of all members of the group, who are dealing with a specific area.

The hierarchy arises because the members have developed various talents within the area that the group is dealing with, and the most experienced are at the top of the hierarchy, and the least experienced are at the bottom of the hierarchy.

When various spiritual teachers/teacheresses often refer to the existential Hierarchy as something very special, it is because this Hierarchy is the highest, as it holds all the spiritual Masters, who have the task of teaching others about all components of existence.

All creatures manifestations need to learn, how they can relate to their existence in the best possible way and the spiritual Masters teach them how they can do that by moving into greater and greater oneness with his/her true Self, his/her Spirit, no matter what other hierarchies they participate in.

Today's contemplation

Today, I will use the principles from The TuTu Doctrine - the New World Order to move into greater and greater oneness with my true Self, my Spirit.

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July 08: *The medicine of the Gods*

FROM PART 3, CHAPTER 2, THE ANGELIC WEDDING, THE
 SECTION TUTU'S ILLNESS 1, PAGE 256

He called the opium poppy's juice, which is used to manufacture painkillers such as opium, morphine, heroin and other morphological preparations for the medicine of the Gods that they had given as a gift to ease humankind's pains.

The TuTu Doctrine – The New World Order, page 258

In the Absolute only unconditional love, care, compassion and mercy exists and that gives rise to states of joy, delight, happiness, bliss and ecstasy.

At the beginning of creationmanifestation the Spirits projected a part of themselves into their first createdmanifested form, the Soul whom they had manifested.

Thereby they separated the projected form of themselves from their omnipresence, omniscience, omnipotence and immortality/unchangeability, and this separation resulted in that light and darkness also was separated, and the ManWoman was split into two, a 'he' and a 'she'.

At the same time, that pain came into being, which sprang from the creatures' manifestation's separation from their true Self, their Spirit, and therefore the Souls createdmanifested various aids in Nature that the creaturesmanifestations could use to relieve their pain.

Today's contemplation

Today, I will avail myself of the Medicine of the Gods, if I have pains that necessitates that I use various morphological preparations to ease my pains, whether they are physical, energetical, emotional, mental, social or spiritual.

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July 09: *The consciousness of the Bird Phoenix*

FROM PART 4, CHAPTER 3, THE FAIRYTALE ABOUT GOOD AND EVIL, PAGE 365

"By remembering that after the destruction comes the resurrection, for the creatures manifestations rise again at their full height, like bird Phoenix, who rises from the ashes of his/her old existence every single day with the insight and clarity that lies at the root of the pain when the pain itself is burnt to ashes."

The TuTu Doctrine – The New World Order, page 369

When a human being moves through his/her day, he/she experiences his/her multidimensional existence in a unique way, in which he/she has never experienced them before, because of the mortality/changeability of all created manifested.

That leads him/her to a new understanding of his/her existence as a creature manifestation on all levels of his/her created manifested existence, but no matter how wise a human being is today, he/she will always be wiser tomorrow.

When a human being lives through existential pains, he/she achieves the consciousness of the Bird Phoenix by using the Rings of Pain to put a name to the pain and then transform the pain to joy by the help of the Rings of Joy.

Thereby this human being can rise to new life on a daily basis with the insight and clarity that lies at the root of the pain, when the pain itself has been burned to ashes.

Today's contemplation

Today, I will seek refuge in the Bird Phoenix archetype in my psychological landscape, when I live through a pain on one of my planes of existence.

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July 10: *To live happily ever after*

FROM PART 2, CHAPTER 2, THE PERSONAL, THE SECTION
 INTERPRETATION OF THE ARCHETYPE, PAGE 172

*The big wedding symbolizes the Spiritual Wedding.
 That they lived happily ever after symbolizes their immersion in God's Light
 of Love, until creationmanifestation begins anew.*

The TuTu Doctrine – The New World Order, page 173

At the beginning of creationmanifestation we projected ourselves into the Ocean of Love that is the bliss-vibration from our lovemaking with each other as the merged masculine and feminine principle in the Absolute, which is that field of vibration, we are in at the core of our being at all times as our true Self, our Spirit.

We wanted to experience each other in a new perspective, and that could be done by us projecting a mirror image of ourselves, split into two, the masculine and the feminine principle, the man and woman out into the substratum of the Universe, also called the Ocean of Love.

Our first creationmanifestation is called our Soul, where we collect all our experiences from the beginning of creationmanifestation until now, and when we feel saturated by experiences as creaturesmanifestations we want to return to the Oneness with our true Self, our Spirit.

This happens through our return to our Spirit Mate, and together with him/her we experience the 'Big Wedding', which is a symbol of our immersion into God's Light of Love, and this wedding is called our personal Mahapralaya in spiritual science.

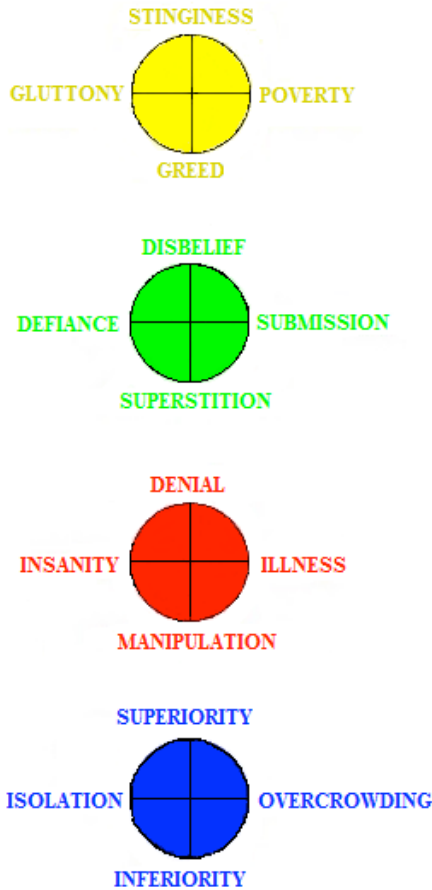
Today's contemplation

Today, I will make myself ready for the Big Wedding with my Spirit Mate by liberating myself from my identification with all created manifested forms.

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July 11: *The Four Small Rings of Pain*

FROM PART 6, CHAPTER 1 , APPENDIXES, THE SECTION
APPENDIX B, PAGE 407

<p>When a human being uses the Small Ring of Avarice, he/she wants to receive from others without using his/her own resources to get it, and he/she readily receive what, he/she has done nothing to get, even though he/she does not need it, and still he/she feels poor in spite of all that has been given to him/her.</p> <p>When a human being uses the Small Ring of Envy, he/she do not believe that he/she can get what others have that he/she wants too, even if he/she does something to get it, so he/she gets defiant at the thought of doing something to get it and instead he/she submits to his/her situation as it is.</p> <p>When a human being uses the Small Ring of Hatred, he/she denies his/her desires and attempt to manipulate others to give him/her, what he/she wants, and he/she believes that others meet his/her needs, because he/she are so special, and if others do not give him/her what he/she wants, he/she feels so bad about it that he/she becomes ill.</p> <p>When a human being uses the Small Ring of Arrogance, he/she believes that he/she is superior to others, when his/her needs are met, and boastfully, he/she shows off his/her fulfilled desires to as many as possible, and he/she believe that he/she is inferior to others, when he/she does not get his/her needs fulfilled and isolate, so others will not discover his/her lacks.</p>	<p>THE FOUR SMALL PAIN RINGS</p> 
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The TuTu Doctrine – The New World Order, page 407

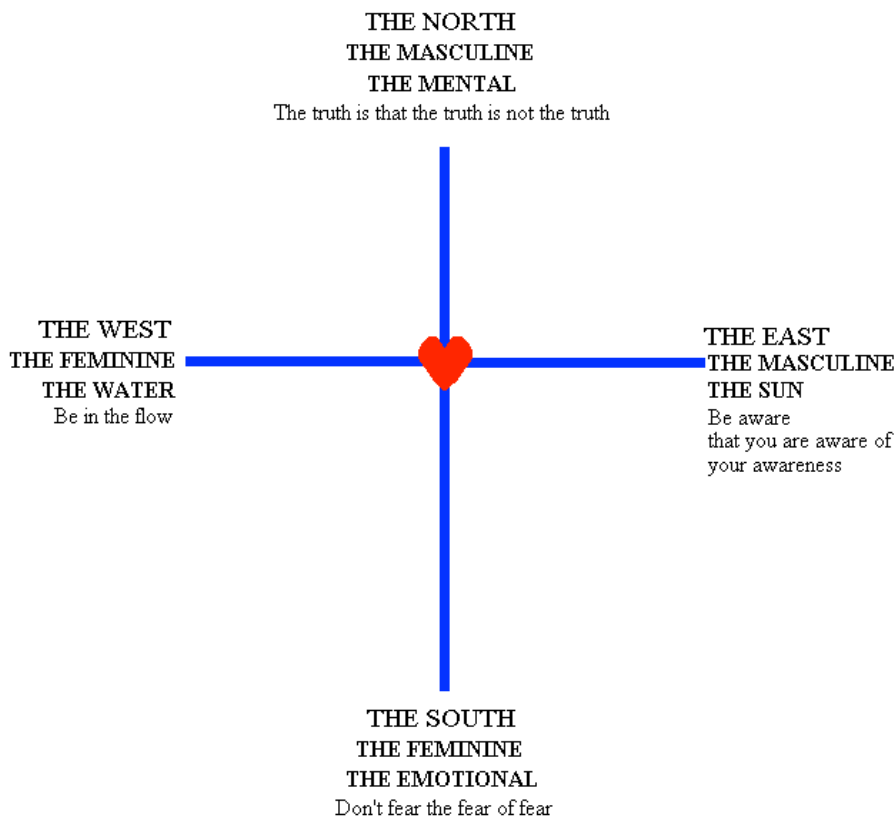
Today's contemplation

Today, I will purify my mind from my use of The Four Small Rings of Pain by learning to use The Four Small Rings of Joy instead.

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July 12: The Seed of Love

FROM PART 4, CHAPTER 5, TUTU DOCTRINE, THE SECTION THE SEED OF LOVE, PAGE 381



The TuTu Doctrine – The New World Order, page 381

Today's contemplation

Today, I will work on making the Seed of Love real to myself.

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July 13: Self-will and God-will

FROM PART 5, CHAPTER 1, MY LIFE WITH THE MASTER, THE
 SECTION THE COMING INTO BEING OF THE BRIDGE , PAGE 394

"The last couple of weeks, I have had a feeling that I was going to write one more part of the book to describe the connection between the outer and the inner world, and I figured that I could find out what it was going to be about by walking on the rainbow.

Then I could start writing and call that part of the book The Rainbow Bridge.

"It is going to be called The Bridge," he gently said with emphasis on Bridge.

"That I'll decide myself," I thought, but said nothing.

The TuTu Doctrine – The New World Order, page 394

In the New World Order, many people have developed a personal relationship with their true Self, and they often use time trying to discern their own will for themselves from their true Self's will for them.

At the root a person's own will and God's will for him/her is one and the same, but because of a person's defects of character, it may be difficult for him/her to get in touch with what his/her true desires are and what actions he/she needs to carry out to have his/her desires fulfilled.

Therefore, he/she needs to use his/her personal relationship with his/her true Self to find clarity, and to achieve the required contact with his/her personal true Self, he/she can use prayer and meditation.

Sometimes it can happen that he/she misunderstands his/her true Self's will for him/her, and on such occasions he/she can use Reality as a yardstick for Self-will versus God-will, where what happens is the God-Will, and rebellion from the person in question against what is happening is the Self-will.

Today's contemplation

Today, I will use Reality as a yard-stick for the degree to which I am able to surrender to my true Self's will for me, which is my own true will for me.

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July 14: *Self-centeredness*

FROM PART 1, CHAPTER 4, PILGRIMAGE, THE SECTION SELF-CENTEREDNESS, PAGE 57

Intuitively, I turned my hand with the snake ring so it sparkled in the sun, and when one of the rays hit the baby's eye, she stopped crying, and I stretched out my hand to touch her.

A whisper went through the crowd, and I became aware that I was doing something extraordinary and was momentarily shaken by self-centeredness as if it was me who personally caused this healing.

The TuTu Doctrine – The New World Order, page 57

When the spiritual aspirant begins to feel his/her true Self, his/her Spirit flow through him/her, he/she discovers that he/she sometimes find himself/herself in situations, which previously he/she perceived to be a miracle.

When this happens, it can also happen that his/her thinking mind, his/her ego immediately grabs hold of the situation and takes credit for the miracle, as if it were possible to decide to createmanifest a miracle instead of surrendering to it.

As a result, he/she may move his/her focus to his/her thinking mind, his/her ego that has begun to praise himself/herself for the miracle in question, and in that way he/she looses focus on being in oneness with of his/her true Self, his/her Spirit.

As he/she gets better and better at moving from the thoughts and emotions that stream through him/her, when he/she finds himself/herself in the Ring of Self-centeredness with its self-praise, euphoria, self-criticism and depression, he/she becomes able to let go of identifying with her thinking mind, her ego to identify with his/her true Self, his/her Spirit instead.

Today's contemplation

Today, I will let go of identifying myself with my thinking mind, my ego by remaining in the flow of energy from my true Self, my Spirit.

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July 15: Soul Mates

FROM PART 2, CHAPTER 1, THE PRINCIPLES, THE SECTION THE SECOND COMING OF JESUS CHRIST, PAGE 77

Gradually, as my interaction with TuTu developed, I came to believe that the purified impression did not stem from my own culture but was almost two thousand years old and it sprang from the pain I felt as the thirteenth disciple Mary Magdalene, when I witnessed the crucifixion of Jesus Christ.

The TuTu Doctrine – The New World Order, page 77

At the beginning of creationmanifestation the merged masculine and feminine principle, Ardhanarishvara, projected a mirror image of HimHerself, split into two, a man and a woman out into the Cosmic Seed.

The two newly createdmanifested Souls were a mirror image of each other, and although they had become two partners, they still found themselves as a oneness in the Cosmic Egg, because only when the thinking mind, the ego was createdmanifested, the separation was completed fully.

The feminine principle became the form of the Soul and the masculine principle became the content of the Soul, but he and she both had a form and a content, as he was inside of her, and she held him within her.

Thus they both held the vibration that belonged to their Soul Mate, which is the vibration, they seek to get in touch with when their only desire is to return to their true Self, their Spirit, so they therefore need to meet their Soul Mate to have their desire fulfilled.

Today's contemplation

Today, I will accept that I need to meet my Soul Mate to come closer to my own completion.

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July 16: Pain on top of pain

FROM PART 1, CHAPTER 2, FACE TO FACE WITH THE MASTER,
THE SECTION TELEPATHY, PAGE 24

*First I felt ashamed, and then I felt angry.
It was unfair that I was attacked in this way.
It wasn't I who had made a mistake but the others.
Inexplicably, I felt that the Master did not share my point of view and got confused.*

The TuTu Doctrine – The New World Order, page 25

When a spiritual aspirant is at the beginning of his/her inner enlightenment, he/she experiences pain on top of pain, because one painful thought with the resulting emotional feeling follows after another in rapid succession and that confuses him/her.

At times, the spiritual aspirant has suffered under these conditions for so long that they have developed into physical illnesses without him/her having been aware that there is a connections between his/her thoughts, emotional feelings and his/her physical health.

After first having searched the outer to find an explanation for plus a solution to his/her pain on top of pain, the spiritual aspirant begins to turn inward to find an explanation there, and thus he/she begins to walk the spiritual path.

Gradually, as his/her development progresses, he/she becomes more and more aware that he/she can use his/her knowing mind, his/her Godmind to clear up his/her existential pains and then let go of them, and that is possible for him/her to recover from his/her existential pains and transform them to joy to such an extent the even physical diseases can be healed.

Today's contemplation

Today, I will turn my attention inward to find a solution to my existential pains by the help of my knowing mind, my Godmind.

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July 17: Weeping and grinding of teeth

FROM PART 4, CHAPTER 3, THE FAIRYTALE ABOUT GOOD AND EVIL, PAGE 365

Then, she found herself in a state of weeping and grinding of teeth, and with choking heart, she prayed for liberation from this loveless ego-centeredness, and she became willing to put her self-will, her own creationmanifestation, away, to surrender to the will of God, the Keynote of the Universe, and for the repentant sinner, the liberation of her ego then became accessible.

The TuTu Doctrine – The New World Order, page 368

A person's thinking mind, his/her ego is busy trying to find the pros and cons of any situation and weigh what is most advantageous for the person in question.

These considerations are expressed in actions for the benefit of the person in question without regard for others, and in the end, this unloving, uncaring, hardhearted and merciless way of being in the World becomes so painful for him/her that he/she feels abandoned by God and humankind alike.

This state of mind is called the Dark Night of the Soul, and when he/she comes out of the Dark Night of the Soul, he/she has been lifted to the next higher plane of consciousness, the Soul plan, where love, care, compassion and mercy reigns, and from this plane he/she can observe his/her thinking mind, his/her ego.

As a result he/she becomes able to decide, if his/her thoughts and emotional feelings and actions are loving or unloving, caring or uncaring, compassionate or hardhearted, merciful and merciless and act in conformity with his/her Spirit instead of his/her thinking mind, his/her ego.

Today's contemplation

Today, I will use the principles of the New World Order to liberate myself from my identification with my thinking mind, my ego, so I can fulfill my the unconditional loving, caring, compassionate and merciful intentions of my Spirit.

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July 18: Psychodrama

FROM PART 3, CHAPTER 2, THE ANGELIC WEDDING, THE
 SECTION PREPARATION FOR PSYCHODRAMA, PAGE 255

*"Tell me what you fear the most," he asked.
 I was just about to tell him that at this time I feared the most that he would
 let me down for a younger woman, but then I changed my mind.*

The TuTu Doctrine – The New World Order, page 256

Many spiritual aspirants take every thought that comes to them, as an expression of Reality, and spiritual teachers/teacheresses can help the aspirant to be liberated from the self-important seriousness that such a perception leads to by playing out psycho-dramas.

A psychodrama is a thought-image of a part of Reality, which is about thoughts that the spiritual aspirant fear will manifest in physical Reality.

By giving the aspirant the impression that he/she will get to experience what he/she fears in the near future, it will become possible for the aspirant to process his/her fear.

In addition, the aspirant can often discover that what he/she fears does not manifest in physical Reality, and even if it manifests in physical Reality, and he/she can discover that what he/she feared was not as uncomfortable as he/she had imagined.

Today's contemplation

Today, I let go of my self-important seriousness by working on my fear of my own thoughts.

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July 19: *To hold on to love*

FROM PART 3, CHAPTER 3, THE DIVINE WEDDING, THE SECTION
 THE DIVINE WEDDING, PAGE 287

"I get scared of my spiritual experiences because they fade away again," I said.

"Hold on to me under all circumstances, then you don't have to be afraid of anything," he said.

The TuTu Doctrine – The New World Order, page 290

When a couple in love agree to live a life together, they imagine that the perception they have of each other as new lovers, is the perception of each other that will be the case in their daily lives.

When they begin to live their lives together, they discover many sides of each other, that they had not noticed to begin with, and it can lead to many quarrels between them that they had not imagined in their worst imagination should become a part of their coupleship.

It can make the couple use The Ring of Codependency with its savior role, seducer role, victim role and offender role to hold their partner responsible for their painful emotions and thoughts, and it can make them let go of their love for each other, no matter how loving their intention towards each other is.

If the couple instead choose to use the Ring of Emotional Sobriety with its detachment, integrity, respect for self and respect for others to each take care of their own painful emotions and thoughts, they can spare themselves and each other much pain and at the same time, they become better able to

hold on to love for each other under all circumstances, no matter what they are.

Today's contemplation

Today, I will use the Ring of Emotional Sobriety in my coupleship, so I can become better able to hold on to my love for my partner.

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July 20: Pandora's Box

FROM PART 2, CHAPTER 2, THE PERSONAL, THE SECTION THE HIERARCHY OF THE ARCHETYPAL RINGS, PAGE 179

In Greek mythology the Ring of Emptiness is called Pandora's Box. Pandora's Box is said to bring all the sufferings of the World to the one, who opens the box, and it is perceived to be the origin of all our defects of character.

The TuTu Doctrine – The New World Order, page 179

In mythology is described many special energy patterns called Archetypes, and when the spiritual aspirant studies mythology's the archetypes, he/she can find different energy patterns that createmanifest pain or joy.

In *The TuTu Doctrine - The New World Order*, these archetypes are described as Rings of Pain and Rings of joy and Pandora's Box is called the Ring of Emptiness.

The Ring of Emptiness holds the most painful of all human emotions, because it contains emptiness, boredom, meaninglessness and loneliness, which all are energies that are so painful that human beings often are terrified at the prospect of landing in the Ring of Emptiness.

By the help of the Rings that are described in *The TuTu Doctrine - The New World Order*, the spiritual aspirant discovers, however, that he/she can move out of the Ring of Emptiness and into the Ring of Fulfillment relatively

easily by shifting his/her mental focus to this Ring, which holds Fulfillment, interest, meaningfulness and oneness.

Today's contemplation

Today, I will learn to move from the pain of the Ring of Emptiness with its emptiness, boredom, meaninglessness and loneliness to the joy of the Ring of Fulfillment with its Fulfillment, interest, meaningfulness and oneness.

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July 21: *The individual and personal God*

FROM PART 2, CHAPTER 1, THE PRINCIPLES, THE SECTION THE FOUR WEDDINGS, PAGE 86

When love, care, compassion and mercy for the beloved's Soul and body has become unconditional, time is ripe for their Spiritual Wedding, which is the union of their Spirits, and this wedding gives them access to The Holy Grail, The Ocean of Love, in the Absolute, and thus the high God The Father and Goddess the Mother, and the low God the Son – who is the outer to his beloved and the inner to himself – and Goddess the Daughter – who is the outer to her beloved and the inner to herself – unite in one being who holds both the high and the low, the inner and the outer, and this United consciousness is their individual and personal God.

The TuTu Doctrine – The New World Order, page 87

A human being can choose to perceive the oneness that consists in the merger of the consciousness of his/her Spirit Father and his/her Spirit Mother with his/her human self and his/her beloved's human self as his/her individual and personal God.

His/her personal God holds the consciousness of all that he/she has ever been and experienced from the beginning of the creationmanifestation to NOW and also what he/she is experiencing right now and here, and this consciousness holds more than the sum of its parts, and is thus a true Self for God, the Father, Goddess, Mother, God, the Son and Goddess, Daughter and is his/her true Self's, his/her Spirit's oneness with God.

When a human being's love for his/her partner has become unconditional, she/he gets access to this consciousness and can seek guidance and strength from his/her individual and personal God, his/her individual and personal Ardhanarishvara.

Moreover his/her personal God connects him/her with his/her universal and impersonal God, who is the Universe that helps him/her to fulfill all his/her desires through his/her individual and personal God, who is responsible for fulfilling all of his/her desires from the beginning of creationmanifestation till now and in all the future to come.

Today's contemplation

Today, I will use the principles of TuTu Doctrine - The New World Order to achieve my conscious contact with my individual and personal God, my individual and personal Ardhanarishvara.

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July 22: God is EVERYTHING

FROM PART 2, CHAPTER 1, THE PRINCIPLES, THE SECTION, SELF-REALIZATION AND GOD-REALIZATION, PAGE 81

Through this realization, the person slowly realizes that not only he/she is God, but that everything and everybody everywhere at all levels of existence is God, and as a result of this realization, the person slowly achieves his/her universal and impersonal Self-realization, which consists in realizing: "Everything and everybody everywhere at all levels of existence is God."

The TuTu Doctrine – The New World Order, page 83

In the Old World Order, most spiritual aspirants found it hard to face the fact that their true Self, their Spirit is omnipresent, omniscient, omnipotent, and immortal/unchangeable, because it is the same qualities that are attributed to God, and they could not hold the thought that EVERYTHING is God including themselves.

Gradually, as the present day's spiritual aspirants use the principles of *TuTu Doctrine – The New World Order*, it becomes easier and easier for them to let go of trying to understand their true Self, their Spirit by the help of their thinking mind, their ego.

When they are one with their true Self, their Spirit they experience their true Self, their Spirit as a flow of energy that streams through their whole being, and this stream of energy gives them a feeling of unconditional love, care,

compassion and mercy towards everything and everybody everywhere at levels of existence.

Little by little, as they become able to put into words what they experience, when they find themselves in the energy flow from their true Self, their Spirit, their thinking mind, their ego achieves a more and more enlightened understanding, and as a result it becomes easier for their thinking mind, their ego to allow their knowing mind, their Godmind to liberate it from the prison of fear it has been put in and thereby for the spiritual aspirant to realize that he/she IS God, and that God IS ALL.

Today's contemplation

Today, I will help my thinking mind, my ego to be liberated from its prison of fear by choosing to put words on what I experience, when I find myself in the flow of energy from my true Self, my Spirit.

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July 23: Capacity for pain

FROM PART 4, CHAPTER 4, THE FAIRYTALE ABOUT THE GODS WHO WALK ON THE EARTH, PAGE 370

Any pain is given in accordance with the capacity of the recipient. If the pain exceeds the capacity, the recipient is stripped of the awareness of the pain, and if the recipient experiences a pain, which crosses this threshold, it is the signal to leave the physical body and give it back to Mother Earth, who gave you this gift in the first place."

The TuTu Doctrine – The New World Order, page 373

Many people perceive pain as a punishment from God, whether the pain is material, physical, energetic, emotional, mental, social or spiritual.

The pain is, in Reality, an impersonal action signal that makes the person, who pains aware that action is required in the area that pains.

Some people have developed a high tolerance for pain so they have the opportunity to experience areas that others are unable to, and others are so sensitive that they feel the smallest of pain intensely, and they too

experiences something that others are not able to.

It is only the individual person, who knows his/her pain limit, and therefore what is a pin prick for one person can be a stroke with an axe for another person, and what is a stroke with an ax for one person can be a pin prick for another person.

Today's contemplation

Today, I will take care of my existential pains without considering whether others think it is a stroke with an axe or a pin prick, and I will give others space for the same.

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July 24: The Veil of Maya

FROM PART 4, CHAPTER 2, THE FAIRYTALE ABOUT THE LOVE WITHOUT LIMITS, PAGE 359

The loneliness that the separation brought forth gave rise to longing to merge again with one's other half and thereby return to one's perfect place in totality, so the loneliness could come to an end.

The TuTu Doctrine – The New World Order, page 361

In the Ocean of Love in the Absolute, the love without limits is to be found, but at the beginning of creationmanifestation the individual Spirit createdmanifested a limited, ignorant, powerless and mortal/changeable form that is called the naked, ignorant Soul, who is the first creaturemanifestation.

By projecting part of HisHer life force into HisHer Soul, the Spirit gave life to the Soul that began to live its independent life in the cosmic substratum, who is the Seed of Love, and thus it became possible for Spirit to leave HisHer true Self to make a life journey as a creaturemanifestation on the Soul plane together with his/her Soul Mate.

Even though Spirit had infused part of HisHer life force in HisHer Soul to give him/her life, the origin of the Soul was still Spirit, and when the next creationmanifestation of the Spirit –the thinking mind, the ego – came into being, the ego chose to call his/her origin for God.

When the form of the Soul and the ego dissolves, they return to their true Self, their Spirit, and thus, in Reality they can not leave their true Self, their Spirit in the long run, and therefore the creaturesmanifestations and the life of the creaturesmanifestations is called for the Veil of Maya, who gives them the impression that they are not, what they are, namely Spirit.

Today's contemplation

Today, I will use the principles of The TuTu Doctrine - The New World Order to see through the Veil of Maya.

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July 25: Mantra

FROM PART 3, CHAPTER 1, THE EARTHLY WEDDING, THE SECTION MOVING THE FOCUS POINT OF CONSCIOUSNESS , PAGE 216

A mantra is one or more words with inbuilt power induced by the help of the sound waves that the mantra contains.

The sound waves result in kriyas, which mean actions, and is a kind of electric shock that can make the body jolt, like my body did when TuTu chanted the mantra of the initiation ceremony, and like it also did the two other times I initiated my meditation on OM.

The TuTu Doctrine – The New World Order, page 216

There are many ways in which to move the focal point of consciousness and the sound waves of a mantra can give a jolt in consciousness, which makes it possible for a person to experience a new perspective on Reality, if he/she himself/herself or another person is able to chant the mantra in a way that

createsmanifests the right sound vibration.

Another way in which to move the focal point of consciousness is to do it by the help of sound waves as it happens by listening to music, and most people have a relationship with various types of music that affect their emotions, thus moving their focal point of consciousness to a new field of energy.

Mantras or other sound vibrations can move the focal point of consciousness into a new field from one moment to another, and the effect of this move gives the person a sense of other mental states than the state of mind that he/she is used to experiencing.

Using the Constructive and the Destructive Rings, described in *The TuTu Doctrine - The New World Order*, a person can move the focal point of consciousness slowly with full control of the process and with longer lasting results than the short-term move by the help of a mantra or music.

Today's contemplation

Today, I will move the focal point of my consciousness to a higher vibrational level by using the sound of a mantra or music or by the help of the Constructive and the Destructive Rings, described in The TuTu Doctrines - The New World Order.

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July 26: The entrance to the New World Order

FROM PART 3, CHAPTER 3, THE DIVINE WEDDING, THE SECTION THE FELLOWSHIPS ANONYMOUS, PAGE 285

When the other addicts told about their experiences with being clean, they spoke about all what I had longed for.

They spoke about their personal connection with their true Self; about the new freedom they had found, unbound by religious systems, but above all, they spoke about love and mercy for themselves and others.

The TuTu Doctrine – The New World Order, page 286

Religions give spiritual aspirants, who do not have contact with their true Self, their Spirit, the initial information about how Higher Worlds affect life on Earth, but as the distance grows between the original spiritual

teachers/teacheresses and their teachings, their teachings have a tendency to be distorted out of recognition.

This has created manifested a desire in humankind to achieve clarity about the influence of the Higher Worlds on human life by experiencing for themselves the Higher Worlds just as consciously as the World Teachers experienced them.

Gradually, as this desire arose in more and more spiritual aspirants, it became essential for the World Teachers to find an entrance to a new world order that could be accessible to all, who wanted to get acquainted with the Higher Worlds through their own experience, so the spiritual aspirants could have their desire fulfilled.

One of the many entrances to the New World Order is the Twelve-Step Programs of the Fellowships Anonymous plus the Thirteen Step Program of Christs Anonymous, which is the crown of the work, and therefore it is now possible for anyone, who wants it to unite with his/her true Self, his/her Spirit and thus experience human life from the highest vantage point.

Today's contemplation

Today, I will use the principles described in The TuTu Doctrine – The New World Order to unite with my true Self, my Spirit.

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July 27: Fear of death

FROM PART 1, CHAPTER 1, THE INITIATION, THE SECTION
CHILDHOOD FAITH, PAGE 14

I was told that God also had other means to torment those, who did not comply with him.

Once you died, he would meet you and tell you that he knew about it if you had belonged to the good ones or the evil ones, when you were alive.

If you belonged to the evil ones, he sent you to hell, where the devil lived.

The TuTu Doctrine – The New World Order, page 15

In the Old World Order the societies have given the children the impression

that God would punish them if they did not do what God wanted and that God would reward them if they did what God wanted, and when they died they would meet God, who knew what they had done that they should not have done, even if they got away with it at first.

This created manifested fear of their own actions in the children, and it also created manifested fear of death in many of the children, who had come to Earth as spiritual aspirants, and who therefore took the perception of that Godhead that existed in their society to heart.

However, in the New World Order, spiritual aspirants are liberated from their fear both of their own actions and of death, because they learn to take responsibility for their actions and they learn that death is an illusion.

This means that at long last they become able to look at God as unconditionally loving, caring, compassionate and merciful and their fear of death leaves them, because now, they look forward to the meeting with God, when their earthly life has come to an end.

Today's contemplation

Today, I will use the principles described in The TuTu Doctrine – The New World Order to liberate myself from my fear of my own actions and of death.

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July 28: Vishnu's gift to humankind

FROM PART 2, CHAPTER 2, THE PERSONAL, THE SECTION
SUDANSHAN CHAKRA, PAGE 178

When Vishnu takes on his human form, he is also subjected to the conditions of a human being, and that means that also he is limited, ignorant, powerless and mortal and thereby fallible, but since Vishnu knows this prior to his descend, he brings with him his whirling ring of power, which lights up his inner World just as brightly as the sun lights up the outer World, and

he uses it in his human life to neutralize all inner and outer demons.

The TuTu Doctrine – The New World Order, page 179

Vishnu brings the Sun Wheel, also called Sudarshan Chakra, when he wishes to take on a life as a human being on Earth, thus opening the possibility for anyone, who wants to, to also use the Sun Wheel to liberate themselves from their inner and outer demons.

In the New World Order, the Sun Wheel is called the Ring of Fulfillment with its fulfillment, interest, meaningfulness, and oneness, and it is said to trigger all the blessings of the World for the one, who uses this Ring.

In the New World Order, our inner and outer demons are called those defects of character we experience in our inner and outer World, and which we can stop in the bud by the help of the energies in the Ring of Fulfillment.

The more people, who choose to make use of Vishnu's gift to humankind, the greater joy and harmony, humankind as a whole will experience.

Today's contemplation

Today, I will make use of Vishnu's gift by using the Ring of Fulfillment in all my affairs.

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July 29: ToTos Solfond

FROM PART 2, CHAPTER 1, THE PRINCIPLES, THE SECTION
TUTUS SOLFOND (Danish for TUTU'S SUN FOUNDATION), PAGE 95

TuTu said that if the Fellowships Anonymous – all the Fellowships that work with a 12-Step Program in one form or other – want to participate in relieving the suffering on Earth, they could form a foundation called ToTos Solfond, which could support the creating of homes for homeless human

beings all over the World, in particular for children.

The TuTu Doctrine – The New World Order, page 95

Most spiritual aspirants have a need to uplift others and to help ease the suffering, where it is the most, but they are however, often in doubt, if the money they choose to contribute with to relieve the suffering around the World, is also used as intended.

Therefore, it has been suggested that spiritual aspirants from The Fellowships Anonymous form a foundation called ToTos Solfond in order to ensure the spiritual aspirants that their contributions really benefits the suffering.

Every year, members of The Fellowships Anonymous can meet in a convention in Copenhagen, where they decide how they want that the trusted servants of the Foundation distribute the money of the Foundation in order to createmanifest homes for homeless people all over the World, in particular children.

In the course of this convention, the trusted servants of ToTos Solfond present the expenses of last year, and anyone who wants it can ensure that the amounts given for different purposes have also reached their goal by anyone, who wishes to can receive names and addresses of the recipients, so they personally can investigate the issue.

Today's contemplation

Today, I will contribute to ease the suffering in the World by the help of ToTos Solfond either by contributing an amount to the Foundation's future distribution, contributing my time for the Foundation's work, contributing my energy by participating in this year's convention or contributing my interest by investigating the work of the Foundation more closely.

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July 30: *The messenger of the New World Order*

FROM PART 4, CHAPTER 5, THE TUTU DOCTRINE, THE SECTION
THE FERTILIZED EGG, PAGE 382

A Messenger, who consisted of God The Son, who was the Carrier of The Seed, and who bore The Holy Name 2♥2, and Goddess the Daughter, who was the Carrier of The Egg, and who bore the Holy Name 2♥2 came to Unite and thus Fertilize The Egg in Their Own Lives on Earth, so their Fruit could Make Real The Reunion of God The Father and Goddess the Mother with God The Son and Goddess the Daughter, and thus Show The World that this is Possible.

The TuTu Doctrine – The New World Order, page 386

At times, beings, who have their permanent dwelling in the Seventh Dimension, the Divine Plane, choose to take on a life in the Third Dimension to guide Mother Earth, when she has asked for guidance.

These days, 144,000 Divine teachers/teacheresses have taken on this work because Mother Earth has asked for help to stop her madness, which causes her to destroy herself by poisoning the earth and lay large parts of her lush landscapes desolate.

These teacher's/teacheress's arrival to Earth has given rise to that Mother Earth's consciousness has been lifted to the Fourth Dimension, which is cyber space, from which humankind, who is her brain, has easy access to information about what is required for her to recover from the madness of poisoning herself and lay large parts of her lush landscapes desolate.

Furthermore, a messenger from the God Realm, the Absolute descended on Earth by taking birth into a human form as God, the Son with the Holy Name 2♥2, and Goddess, the Daughter with the Holy Name 2♥2 to pass on to Mother Earth the complete wisdom from the merged masculine and feminine principle in the God Realm, so the Fruit of this knowledge, which is held in the 2♥2 Doctrine itself can make it possible for Mother Earth to regain her health.

Today's contemplation

Today, I will contribute to that Mother Earth can regain her health by using the principles described in the 2♥2 Doctrine itself.

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July 31: *The music of the spheres*

FROM PART 1, CHAPTER 3, SPIRITUAL EXPERIENCES, THE
SECTION THE MASTER'S ANSWER TO A LETTER, PAGE 40

When it disappeared, my field of vision was filled with a blue sky with oval openings.

I discovered that the colors of the oval openings imperceptibly changed color to the tones of a celestial music the likes of which I had never heard before or since.

"Oh, this must be the music of the spheres," I thought.

Much later, I realized it to be the sound of OM emanating from the Heavenly choir.

The TuTu Doctrine – The New World Order, page 42

When the spiritual aspirant enters various elevated energy fields with very subtle oscillations, he/she may experience spiritual phenomena that he/she otherwise does not have access to.

One of these experiences can be to hear the music of the spheres, which can be due to the movements of the celestial bodies through space, but which can not be heard by the human ear.

Thus, the spiritual aspirant, who hears the music of the spheres, does not hear with his/her physical ears but with his/her inner ear, and furthermore, the spiritual aspirant can hear the music of the spheres when he/she is at a high vibratory level.

At this level he/she can hear the sound of the movement of the Spirits flowing out of the Absolute and into the first sphere, which is the Soul level, and the sound of this movement is usually given the word OM or amen.

Today's contemplation

Today, I will listen to the sound of OM in a form my human ear can hear.

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August 01: God, the Father and God, the Son

FROM PART 2, CHAPTER 1, THE PRINCIPLES, THE SECTION THE FATHER AND THE SON, PAGE 78

He explained that God the Father is to be found in the seventh dimension – the Soul plane, and God the Son is to be found in the third dimension – the physical plane, but that they are one and the same individual consciousness that comes to expression in two different dimensions – a man and his Soul, and they are thus one and the same consciousness in two different forms of expression.

The TuTu Doctrine - The New World Order, page 78

Since Jesus Christ of Nazareth taught humankind two thousand years ago, many misunderstandings have arisen, which have led to people in general perceiving God, the Father and God, The Son as two different beings, although Jesus often repeated that the Father and the Son are one.

This misunderstanding has led to that many spiritual aspirants worshipped the person Jesus in such a way that it became impossible for them to follow his example, even though it was the purpose of his teachings to make it possible for the spiritual aspirants to follow his example.

To amend this misunderstanding, it is being made clear in the principles described in *The TuTu Doctrine - The New World Order* that the purpose of the teachings of Jesus was to make it possible for spiritual aspirants to achieve the Christ Consciousness/the Mercy Consciousness, also called the merciful consciousness.

When the spiritual aspirants purify their minds by the help of those principles that are described in *The TuTu Doctrine - The New World Order* it actually means that they have chosen to follow in the foot steps of Jesus Christ of Nazareth like they intended to do from the beginning.

Today's contemplation

Today, I will use the principles described in The TuTu Doctrine - The New World Order to achieve the Christ Consciousness/the Mercy Consciousness.

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August 02: Magical objects

FROM PART 1, CHAPTER 4, PILGRIMAGE, THE SECTION SIGNS OF THE MAGICAL RING, PAGE 51.

Here, we met a traveling salesman from the West, who showed us a little dull looking metal lump, which he had hanging in a leather strap around his neck.

He told us that this metal was made in a distant past in the temples and consisted in an alloy of seventeen metals.

People with knowledge of it would pay high prices to gain possession of just a little piece, because it was said to possess magical properties and bring luck to the possessor.

The TuTu Doctrine - The New World Order, page 51

Many spiritual aspirants are aware that crystals contain various vibrations that may affect the possessor of the crystal in a beneficial or disadvantageous manner.

In fact, it is not just crystals that contain different vibrations, because both people, animals, plants and minerals, also contain vibrations that can affect a person advantageously or disadvantageously.

Many spiritual Masters from the past used this knowledge to create manifest magical objects that were intended to influence the possessor in an advantageous manner in relation to his/her purpose.

This knowledge is described as part of the folktales, where the poor boy or girl meets an old man or woman, who gives him/her a magical object that helps him/her reach his/her goal, which always is love.

Today's contemplation

Today, I will trust in my ability to pick up vibrations from people, animals, plants and things, and I will choose to move towards the vibration of love in everything and everybody everywhere at all levels of existence.

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August 03: The hierarchy of the consciousness of humankind

FROM PART 5, CHAPTER 1, MY LIFE WITH THE MASTER, THE
SECTION THE TREE OF LIFE, PAGE 401

In the hierarchy of the consciousness of humankind, the knowledge has therefore only been given to chosen persons who have reached a certain degree of development in the existential sphere, but now the development of humankind has reached a stage where time is ripe to pass on the knowledge to the Fellowship of humankind as a whole.

The TuTu Doctrine – The New World Order, page 402

At the beginning of creationmanifestation, the intention was to experience life as a limited, ignorant, powerless and mortal/changeable creaturemanifestation, and therefore the purpose was to remove oneself as far away as possible from one's true Self, one's omnipresent, omniscient, omnipotent and immortal/unchangeable Spirit so as to become more and more compact by identifying oneself with a form at various planes of existence.

The creaturesmanifestations living in the third dimension succeeded in forgetting their origin, but their identification with their limited, ignorant, powerless and mortal/changeable human self became so painful gradually, as all their desires as human beings were fulfilled that they wanted to return to their true Self, their Spirit

The first 144,000, who exited the Absolute to enter into their createdmanifested forms, were also the first to feel full of days, and they began to experiment with finding their innermost core, and gradually they discovered their true Self, their Spirit, and their relief was so great about returning to the one they truly are that they began telling others about it.

Thus they became spiritual teachers/teacheresses, who taught humankind about the way home, but many were not ready to hear their message, because they were completely absorbed of being a creaturemanifestation, who was used to keep such a great distance between themselves and God that it pained them to hear what the spiritual teachers/teacheresses had to say, and until they felt ready to face themselves, they were not able to receive the knowledge of their true Self, their Spirit.

Today's contemplation

Today, I will use the knowledge, which is found in The TuTu Doctrine - The New World Order to begin my journey home to my true Self, my Spirit and thus to Joy of Being.

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August 04: Karma

FROM PART 3, CHAPTER 2, THE ANGELIC WEDDING, THE
SECTION PREPARATION FOR KARMA DISSOLUTION, PAGE 232

I did not feel like doing it, but even if TuTu did not say anything and looked at me in his usual gentle and loving way, there was a strange silence behind his lack of reaction to my refusal that made me feel like I had a heart of stone if I did not go to speak to my former boyfriend, and so I went to see him anyway.

The TuTu Doctrine – The New World Order, page 232

When we, as our true Self, our Spirit, work with different situations we experience as human beings, we want to solve various problems that have arisen in our lives on Earth.

This continuation of our work with the pains of existence, whether it concerns our own pain or pain someone else/others has/have experienced in his/her/their interaction with us, we call karma.

The unconditional love, care, compassion and mercy that is our state as pure Spirit is the basis upon which we make our decisions, and it can lead to us wanting to contribute to dissolve a pain on your present life journey that we inflicted on another on an previous life journey.

Although we may not remember these decisions, when our lives as human beings takes place, we may feel some impulses that are so strong that we can not resist them to act in certain ways we would not normally have done to carry out our decisions.

Today's contemplation

Today, I will accept that sometimes I may get some impulses to act in ways I do not understand in the present, without having to criticize myself for that reason due to that action and its consequences.

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August 05: *The Merciful being of the Destroyer*

FROM PART 4, CHAPTER THE FAIRYTALE ABOUT GOOD AND EVIL, PAGE 365

*She bent reverently and said:
"Oh Destroyer!
You, the most feared of all.
I have come to you to seek knowledge.
I have been told that you can enlighten me about good and evil."*

The TuTu Doctrine – The New World Order, page 366

Many spiritual aspirants imagine that mercy is about easing the burdens of their neighbor by taking them on as if they were their own, but in Reality, the Hindu archetype Shiva, the Destroyer, is a symbol of the highest mercy.

It is the Destroyer's task to liberate the spiritual aspirant from the false ideas of the thinking mind, the ego about God, about good and evil and about life and death, but for that to become possible, the Destroyer has to destroy the false ideas of the thinking mind, the ego and that can be a painful process, because it is associated with great fear for most.

The spiritual aspirant may imagine that it will be a relief for him/her to be liberated from his/her false ideas about God, about good and evil and about life and death, but in Reality he/she has his/her false ideas for many reasons, which he/she perceives as vital to maintain, and the same is true for his/her neighbor.

Therefore, Shiva, the Destroyer, shows the greatest mercy to the spiritual aspirants while he slowly and patiently break down their false ideas at a pace they can bear, even though he knows that on the other side of the pain lies that happiness, which the spiritual aspirant longs for.

Today's contemplation

Today, I will accept that the destruction of my false perceptions about the nature of Reality can be a painful process.

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August 06: *The Holy Spirit*

FROM PART 4, CHAPTER 4, THE FAIRYTALE ABOUT THE GODS WHO WALK ON THE EARTH, PAGE 370

"The brotherhood and sisterhood is the equality, which is also called the sameness or The Holy Spirit, who restores the creatures' manifestation's consciousness of their Fellowship.

Even a stone is a creaturemanifestation, who emanated from the same point as us."

The TuTu Doctrine – The New World Order, page 372

Many people in the World today still identify themselves with their limited, ignorant, powerless and mortal/changeable Mother Earth body in spite of all the disadvantages, which follows in the wake of that perception.

Innermost every creaturemanifestation knows that the Reality at the root is that he/she is an omnipresent, omniscient, omnipotent, and immortal/unchangeable Spirit, who has an experience as a creaturemanifestation until that form, which he/she has taken residence in, no longer is functional so he/she thereby get a need to leave it.

If a person is not aware of his/her true Self, his/her Spirit, because he/she still identifies himself/herself with his/her Mother Earth body, he/she also loses contact with The Fellowship of Humankind, who is the Holy Spirit among all human beings and among all creaturesmanifestations.

He/she therefore feels isolated in the Small Ring of Arrogance with its superiority, inferiority, overcrowding and isolation, and only when he/she chooses to move from the Small Ring of Arrogance to the Small Ring of Truth with its humility, honesty, individuality and fellowship, it becomes possible for him/her again to come into contact with the Holy Spirit in the Fellowship among all creaturesmanifestations.

Today's contemplation

Today, I will use the Small Ring of Truth to resume my contact with the Holy Spirit.

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August 07: *The Holy Quadrant*

FROM PART 4, CHAPTER 5, THE TUTU DOCTRINE, THE SECTION
THE FERTILIZED EGG, PAGE 382

The Pure of Heart shall see God, and The One, who unconditionally surrenders his/her Pure Heart to his/her Beloved shall see The Ring of The Power of Love that consists of the merged consciousness of God The Spirit Father, Goddess the Spirit Mother, God The Spirit Son and Goddess the Spirit Daughter and thereby become able to drink from The Holy Grail.

The TuTu Doctrine – The New World Order, page 383

A man and a woman, who are Spirit Mates form together with their Spirit Father and their Spirit Mother the Holy Quadrant that consists in the merged consciousness of their Spirit Father and their Spirit Mother with his Spirit and her Spirit.

When a man and a woman, who are Spirit Mates meet, they step into the Holy Quadrant, and this leads to that the purification both of their Soul/Super ego and of their thinking mind, their ego picks up speed.

As a result, they are purified from all false perceptions of God, of life and death, of good and evil, and of the relationship between himself/herself, his/her Soul and his/her Spirit.

Furthermore, the awareness rises about the Eternal nature of the relationship between himself/herself and his/her Spirit Mate, and thereby they both become able to 'drink from the Holy Grail'.

Today's contemplation

Today, I will use the principles from The TuTu Doctrine - The New World Order to do my best to purify my Soul, my Super ego and my thinking mind, my ego from false perceptions about God, about life and death, about good and evil, and about the relationship between me as a human being and my true Self, my Spirit, and thereby prepare myself to meet my Spirit Mate.

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August 08: God's Light of Love

FROM PART 5, CHAPTER 2, THE FAIRYTALE ABOUT THE LOVE WITHOUT LIMITS, PAGE

Then they came close to the perfect oneness, which they had once known, and the perfect love, which they were inspired by before the beginning of time, was innate in their connection and made everything they did when they were together stand out in an exceptional light.

The TuTu Doctrine – The New World Order, page 362

At the beginning of creationmanifestation the omnipresent, omniscient, omnipotent and immortal/unchangeable Spirits wanted to experience the contrast to their attributes and thus experience limitation, ignorance, powerlessness and mortality/changeability, and to make this possible the individual Spirits crystallized part of themselves as the first form, who was the Soul, and then they projected a part of themselves into the form to give it life.

Thereby they became able to experience the opposite to the unconditional love, care, compassion and mercy of themselves as Spirit with the help of the conditional love, care, compassion and mercy that sprang from the limitation, ignorance, powerlessness and mortality/changeability of their Soul.

The thinking mind, the ego was yet another creaturemanifestation, consisting of crystallized Spirit that was added to the Soul, because the Soul was seized by fear for a moment about the separation, when the ManWoman was split in a 'he' and a 'she' and the fear energy, which the thinking mind, the ego consisted of, contributed with reasons for the Soul's joy or pain that occurred in the interaction with other Souls, when the interaction either led to the joy of oneness or to the pain of separation.

Gradually, as the Spirits createdmanifested more and more crystallized layers of Spirit around the thinking mind, the ego, the existence as a creaturemanifestation became more and more painful, and in the end existence as a creaturemanifestation became so painful that the Souls let go of all other desires than the desire to return home to their true Self, their Spirit.

Today's contemplation

Today, I will use the principles from The TuTu Doctrine – The New World Order to return home to my true Self, my Spirit by withdrawing all projections from the CreationManifestation.

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August 09: The fear of love

FROM PART 3, CHAPTER 1, THE EARTHLY WEDDING, THE SECTION , PAGE 196

When I came back to Denmark, I discovered that TuTu's image popped up before my inner eye whenever I wanted to meditate. I was used to focus on an inner image of the Master at those times and tried to brush aside the uninvited image, but that was only possible for short moments.

The TuTu Doctrine – The New World Order, page 196

Most spiritual aspirants long to meet their Spirit Mate because they know innermost that the meeting with their Spirit I Mates will make it easier for them to get in touch with the unconditional love that is the characteristic of their true Self, their Spirit.

When they actually are face to face their Spirit Mate, they are most often seized by great fear, and it may confuse them to such an extent that they begin to feel uncertain about whether in Reality it is their Spirit Mate they have met.

Little by little, they discover that the love they feel for their Spirit Mate is so powerful that they are being pulled by it to carry out many actions that they would otherwise not have had the power to carry out because these actions may be in opposition to their ideas about the right action.

This is due to the fact that the meeting with their Spirit Mate gives rise to a stay in the purgatory, where their thinking mind, their ego is purified from all false perceptions of good and evil, right and wrong, love and hate, and this purification makes it possible for the spiritual aspirant to reunite with his/her true Self, his Spirit, which is the goal of each and every spiritual aspirant.

Today's contemplation

Today, I will work with the principles described in the TuTu Doctrine - The New World Order to liberate myself from fear as best as I can, so I can become ready to meet my Spirit Mate.

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August 10: Samskaras/psychological imprints

FROM PART 2, CHAPTER 1, THE PRINCIPLES, THE SECTION THE SECOND COMING OF JESUS CHRIST, PAGE 77

During my first visit at the Master's, when I saw an image of Jesus on the cross come and go in my mind's eye, I wondered what the Master had to do with Jesus, but I brushed it aside by thinking that he purified an impression from my own culture out of my mind even though I didn't remember when it was created/manifested.

The TuTu Doctrine – The New World Order, page 77

In the same way as a duckling experiences a psychological imprint on the first being the duckling meets after coming out of the egg, a spiritual aspirant can re-experience a psychological imprint on an event that made a big impression on him/her, when he/she experiences a spiritual opening in his/her mind.

These psychological imprints that are called samskaras in the Hinduistic spiritual philosophy can settle so deeply in the psyche of the spiritual aspirant that he/she lives and acts on these imprints in life after life after life, sometimes without him/her being aware of it and at other times with a painful awareness of being compulsive.

When a spiritual aspirant has begun on the spiritual path and thus begins to purify his/her mind from painful impressions from the past and the present, it can happen that he/she chooses to make time-track travels into past incarnations to find an answer to his/her painful compulsive acts.

Whether the spiritual aspirant makes time track travels or choose other ways to investigate why he/she continues to carry out self-destructive actions against better knowledge, it helps the him/her to begin to overcome his/her

pain, when he/she has admitted that he/she is paining and is willing to do the required to recover from the pain.

Today's contemplation

Today, I will investigate a self-destructive act that I keep repeating against better knowledge so I can begin working on recovering from it by the help of one of the two spiritual Programs that have been suggested in The TuTu Doctrine - The New World Order.

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August 11: Subatomic particles

FROM PART 1, CHAPTER 2, FACE TO FACE WITH THE MASTER,
THE SECTION UNDER THE INFLUENCE OF THE MASTER'S
RADIATION, PAGE 25

*Now and then I looked investigatively at him.
He had radiant, beautiful eyes, and his face was light from refulgence.
His radiation was intense.
I got an urgent need to meditate and closed my eyes.*

The TuTu Doctrine – The New World Order, page 25

All matter consists of atoms and one atom consists of three subatomic particles, a proton which is a positive charge, an electron which is a negative charge and a neutron which is a neutral charge plus a state of being, which is the whole atom's higher consciousness, which consists in more than the sum of the individual parts of the atom.

The infinitely small amounts of matter of the subatomic particles are basically a vibrating energy that sets motion into the energy fields around the atom, and everything that is near an atom's field of vibration is thus influenced by the radiance of the atom.

A human being consists of an infinite number of subatomic particles affecting anyone, who comes close to the person, because the subatomic particles have a movement that allow them to settle on the person, who comes close to the other one, until he/she moves out of the energy field of that person again.

This subatomic vibration is so powerful that the whole Universe is set into

vibration when an electron vibrates, and as many spiritual aspirants are extremely sensitive to energy discharges, it is an important task for a spiritual aspirant is give himself/herself permission to move about in his/her own energy field a major part of the time, so that he/she does not get overwhelmed by energy discharges of others.

Today's contemplation

Today, I will give myself permission to spend a large part of my time in my own energy field.

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August 12: The incredible Reality

FROM PART 2, CHAPTER 1, MY LIFE WITH THE MASTER, THE
SECTION THE AVATAR OF SYNTHESIS, PAGE 398

"It cannot be helped.

No matter if it appears irritating, ridiculous or disappointing to some that it is merely us – a foreign worker, drug addict and alcoholic and a former drug addict and prostitute – who are the first representatives of the Avatar of Syntheses, it is my task to write the truth, like I see it here and now.

The TuTu Doctrine – The New World Order, page 400

The compactness of the physical Reality can appear so overwhelming to most people that they are unable to look through it to the spiritual Reality behind the physical, and therefore many people are stuck in various mindsets that make them think that they look at Reality instead of at a mere mindset.

When they think that their thoughts about Reality and Reality itself are identical it leads to existential pain, because they have identified themselves with their thinking mind, their ego instead of with their true Self, their Spirit, and they are seized by great fear of all that, which they think is not the way that they think it ought to be.

As a result of their perception that their thoughts about Reality IS Reality, they miss out on the miraculous turns of Reality in The Magic Flow of the Present Moment, and for that reason they also miss out on the joy without opposites that is called happiness and which is to be found only by being the one they ARE.

Furthermore they miss out on thousands of years biggest event, which is the Second Coming of the person Jesus Christ for even if many met him personally they had some preconceived notions about, how such an event was to go down for them to be willing to believe it, even if they saw him with their own eyes.

Today's contemplation

Today, I will purify my mind from preconceived notions about Reality by the help of the principles from The TuTu Doctrine - The New World Order, so I can become able to live in The Blissful Flow of the Present Moment.

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August 13: Having it out with God

FROM PART 1, CHAPTER 1, THE INITIATION, THE SECTION
 HAVING IT OUT WITH GOD, PAGE 17

I decided to go to church a lot to make God and Jesus like me.

One day, a priest threw me out of the church saying that it wasn't a place for children.

That convinced me that God and Jesus really didn't like me, and now I joined the evil ones, who thought that God didn't exist, and who spoke about him in demeaning ways, if he was mentioned at all.

The TuTu Doctrine – The New World Order, page 17

Depending on how a child is being presented to others' perception of the religion that is prominent in his/her society or his/her family, the child can experience a relationship with a God, who is unconditionally forgiving, loving, caring, compassionate and merciful, or a God, who vindictive, unloving, uncaring, hardhearted and merciless.

Some children intend to be born in a society that presents them with a vindictive, unloving, uncaring, hardhearted and merciless Deity so they can become able to do away with painful perceptions that have affected their life as a human being in life after life after life.

Being presented to this perception in childhood shows that they have lived many lives under the impression of such an image of God, because they have only collected all those of their karmic possession that they wish to further develop in this life, when they are around thirty years old.

Because this image of God is presented to this person in his/her childhood,

he/she does not have the opportunity to do away with it, because he/she does not yet have a thinking capacity that helps him/her to realize that such an image of God is harmful to him/her, because it cuts him/her off from approaching God with trust.

Today's contemplation

Today, I will use my freedom to choose a personal God, who is unconditionally forgiving, loving, caring, compassionate and merciful.

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August 14: Child rearing

FROM PART 2, CHAPTER 2, THE PERSONAL, THE SECTION ANGER AND REVENGEFULNESS, PAGE 169

I had learned that when somebody committed a mistake, they could learn to stop making mistakes if somebody punished them for it; so according to my perception, it was not only my right but also my duty to punish the others if I wanted to be a good person, and at the same time prevent the mistakes of others to be taken out on me in the future.

The TuTu Doctrine – The New World Order, page 169

When parents use reward and punishment to raise their children into behaviors that they think are to the advantage of their children, they harm the child more than they can imagine because they teach the child to ignore the right action is the sweet fruit itself.

Every child needs to get to know this simple fact by being aware of, how it feels to carry out an act, feeling some feelings, thinking about thoughts, or interacting with other people in ways that feel sweet and delightful.

Only the child himself/herself can feel if what he/she is doing feels sweet and delightful, and if the parents try to forcefully induce into their child their perception of what they think their child ought to feel as sweet and delightful, a distortion happens to the mind of the child.

Therefore parents of The New World Order want to give their child space to experiment with what feels good for the child, although at times it leads to

pain, because the pain is a guidance of the child that he/she about him/her needing to change his/her way of handling the area, where he/she experienced pain, and only if the child seeks guidance from the parents about how he/she can best handle the pain, the parents have been called to guide the child about how they themselves handle their own existential pains.

Today's contemplation

Today, I will give my child space to experiment with life in such a way that he/she can learn to use joy and pain as guidance about the right action being the sweet fruit itself.

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August 15: The Power of Love

FROM PART 3, CHAPTER 2, THE ANGELIC WEDDING, THE
 SECTION THE HELP OF THE CROWN PRINCE 2, PAGE 270

I decided that I would go to India one last time, and if my being together with the Crown Prince didn't express itself in a grand spiritual revelation that would put everything in its right place, I would look up TuTu and surrender to my love for him, no matter where it took me.

The TuTu Doctrine – The New World Order, page 271

The fear of that Purgatory that a spiritual aspirant gets to experience in the interaction with his/her One and Only can make the spiritual aspirant turn his/her back on love and flee from his/her Eternal Beloved, believing that it is him/her that is the reason for these intense existential pains.

By turning his/her back to her Eternally beloved, the spiritual aspirant at the same time gives up being able to use the power of love for his/her spiritual growth, and that can block his/her spiritual growth in life after life, after life, because the meeting with his/her Eternal beloved, his/her Spirit Mate does not happen in every new life, he/she takes on.

Little by little, as the spiritual aspirant discovers that his/her life becomes meaningless and empty, because his/her capacity for love disappears at the same time, that he/she has turned his/her back to his/her One and Only, he/she becomes willing to go through the Purgatory.

As the Purgatory burns away anything but the love of the One and Only, the spiritual aspirant becomes able to become one with all of his/her true Self, his/her Spirit, who is called Ardhanarishvara, the merged masculine and feminine principle, in the Hinduistic mythology.

Today's contemplation

Today, I will work on purifying my mind by the help of the principles described in The TuTu Doctrine - The New World Order, so that I can learn to let go of my fear of the purifying power of the Purgatory and thus preserve the power of my love by the help of my love for my Spirit Mate.

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August 16: Hooked

FROM PART 3, CHAPTER 3, THE DIVINE WEDDING, THE SECTION
 THE FULFILLMENT OF A PROHIBITED DESIRE, PAGE 276

*"Did you know this?" I asked, shocked by my body-sensations.
 "Yes," he said, "this is withdrawal symptoms."
 I had had my wish fulfilled.
 I was hooked.*

The TuTu Doctrine – The New World Order, page 277

When a person becomes hooked on strong drugs, it means that he/she cannot stop taking the strong drugs, even if he/she wants to, when he/she begins to discover the damages in his/her physical body/Mother Earth body due to the drug use.

The physical discomfort that he/she experiences when he/she does not take the strong drugs he/she has been hooked on, usually leads him/her to develop some mindsets that denies, justifies, defends and rationalizes that he/she is hooked.

As he/she develops these mindsets, his/her addiction becomes more and more dominant, whether it is a matter of strong substances or it is about an addiction to use one's defects of character in one's social life.

However, with the help of the two Twelve Step Programs described in *The TuTu Doctrine - The New World Order*, a person can liberate himself/herself from the mindsets he/she has developed that leads him/her to feel compelled to act against the desires of his/her heart.

Today's contemplation

Today, I will liberate myself from a mindset that harms my material body, my physical body, my ethereal body, my emotional body, my thought body or my social body by the help one of the two Twelve Step Programs described in The TuTu Doctrine - The New world Order.

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August 17: *The New Holy Land of the World and the New Holy City of the World*

FROM PART 2, CHAPTER 1, THE PRINCIPLES, THE SECTION THE NEW HOLY LAND AND THE NEW JERUSALEM, PAGE 104

*Thus he appointed Denmark to be the new holy land of the World.
 TuTu chose to live, teach and die in Denmark's capital Copenhagen, which he thereby proclaimed the New Jerusalem, the new holy city of the World.*

The TuTu Doctrine – The New World Order, page 104

When Jesus Christ of Nazareth walked on the Earth, he studied the conditions surrounding the spiritual teachers/teacheresses, when they moved about in the Galilean society of the time, and he realized that many people in Galilee suffered from spiritual arrogance, because they possessed the power of the Kabbalah, which had been given to them by the prophets.

They were so convinced that they possessed the highest knowledge that they became angry, if a prophet came to them with new knowledge and for centuries it became customary to kill the prophets, if they expressed some perspectives on Reality, which were not in line with society's perspective on the same existential topic.

He realized that this close-mindedness towards the teachings of the prophets made it unnecessarily difficult for the prophets to pass on the messages they came to Earth to inform humanity about if they let themselves take birth in Judea, and therefore he found it necessary to make ready a new Holy Land and a new Holy City.

He carried out this work to see to it that the right conditions were present at that point in time, when he planned to take birth on Earth to complete his teachings, and he took birth in Chennai to pick up his old knowledge as a brahmin, and as a young person he moved on to Copenhagen to pass on his wisdom there until his dying day.

Today's contemplation

Today, I accept that Denmark is the New Holy Land of the World, and Copenhagen is the New Holy City of the World.

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August 18: *The positive and the negative*

FROM PART 4, CHAPTER 5, THE TUTU DOCTRINE, THE SECTION THE FERTILIZED EGG, PAGE 382

The Negative and The Positive must Unite, like God The Father, who is The Power of Creation, and Goddess the Mother, who is The Power of Manifestation, must Unite for the creationmanifestation of God's Children to take place.

The TuTu Doctrine – The New World Order, page 386

Many spiritual aspirants imagine that they must get rid of the negative, because they experience it as painful and they must hold on to the positive, because they experience it as joyful, but the positive and the negative have each theirs to give, so it is not the intention with creationmanifestation that a creaturemanifestation must get rid of the negative.

In order for creationmanifestation to take place, it was necessary to createmanifest a limitation of the omnipresent by inserting it into a form, and therefore the first form, who is the Soul, was createdmanifested, and in the Soul the merged masculine and feminine principle of the Absolute has

become split into two, a 'he' and a 'she'.

The masculine principle is the unmanifested, the invisible, the negative, the creative, and the feminine principle is the manifested, the visible, the positive, the manifesting, and both Soul Mates have a form and a content, and thus their eternal being together continued, because he was inside of her and she enveloped him.

As more and more Soul Mates meet on Earth and achieve Self-realization and God-realization, it thus becomes clearer and clearer to the spiritual aspirants that the negative and the positive each have theirs to give, and that they must therefore unite both to achieve the experience of life with joy as a creaturemanifestation.

Today's contemplation

Today, I will work on accepting that both the negative and the positive have each theirs to give.

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August 19: Genuine spiritual experiences

FROM PART 1, CHAPTER 3, SPIRITUAL EXPERIENCES, THE SECTION THE INITIATION TAKES PLACE WHEN THE DISCIPLE IS READY, PAGE 47

On the other hand, I became aware that the difference between a fantasy-induced spiritual experience and a genuine one is that the genuine one brings forth a change in my state of consciousness and the one produced by my fantasy gives me information of a different kind about my mind.

The TuTu Doctrine – The New World Order, page 48

In their eagerness to achieve God-realization, many spiritual aspirants fall for the temptation to imagine that what they believe is spiritual also is spiritual, and that can lead to a distortion of Reality, which makes it more difficult for them to achieve a genuine spiritual experience that can lead them further towards their true Self, their Spirit.

Spiritual aspirants, however, can learn to discern between a genuine and a fantasy-produced spiritual experience by noticing how the genuine

experience changes their state of being, whereas the fantasy-produced spiritual experience leads them into a deeper addiction to their thinking mind, their ego.

Most spiritual aspirants experience confusing their imaginations about the spiritual with the spiritual self, but as they develop their capacity of discernment, they become better and better at knowing the difference and thus to maintain themselves in their true Self, their Spirit for a longer and longer time, until their addiction to their thinking mind, their ego completely loses power over them.

They experience the difference very clearly, when they understand that a genuine spiritual experience leads them to greater and greater acceptance of all their bodies as limited, ignorant, powerless and mortal/changeable creatures/manifestations, and thus to a greater and greater acceptance of life as a multidimensional human being.

Today's contemplation

Today, I will use my experience with spiritual principles to accept the limitation, ignorance, powerlessness and mortality/changeability of my bodies and thus my life as a multidimensional human being.

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August 20: Pain and joy

FROM PART 4, CHAPTER 4, , THE SECTION THE FAIRYTALE ABOUT THE GODS WHO WALK ON THE EARTH, PAGE 370

"How do I learn to accept my own pains?"

"Remember your worst pain and tell me if you would want to have been without it."

"When I look back at the pains of my life, I realize that for every pain I felt, I learned something valuable, and therefore, I would not want to have been without it, but isn't it possible to learn from joy alone?"

"Pain and joy have each theirs to give."

The TuTu Doctrine – The New World Order, page 374

Spiritual aspirants have mostly had one or more experiences in which they felt in touch with their true Self, their Spirit, and the happiness and joy they

experienced in that connection has made them imagine that it could be possible to experience a pain free if only they learn to be one with their true Self, their Spirit all the time.

As human beings are multidimensional creaturemanifestation, who experiences life in many dimensions by the help of their bodies, they need however to experience those action signals, which the different bodies give off, when they need help and support with a problem, and this happens by help of pain.

When a spiritual aspirant experiences pain in his/her Soul, it means that a social interaction has been experienced as painful by him/her and that he/she needs to investigate how he/she perceived what happened as unloving, uncaring, hardhearted or merciless, so he/she can learn to handle a similar situation better in the future.

Similarly, the spiritual aspirant needs to investigate what it is that pains in his/her causal body, his/her astral body, his/her ethereal body, his/her Mother Earth body or her material body, and then he/she can do his/her best to heal the pain of the body in question.

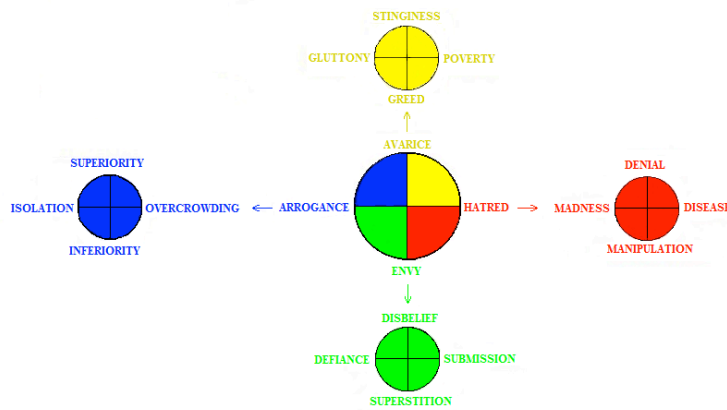
Today's contemplation

Today, I will take care of that of my bodies, who needs my help and support the most in a loving, caring, compassionate and merciful way.

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August 21: *The Big and the Small Rings of Pain*

FROM PART 2, CHAPTER 2, THE PERSONAL, THE SECTION THE HIERARCHY OF THE ARCHETYPAL RINGS, PAGE 179



The TuTu Doctrine – The New World Order, page 182

The Big Ring of Pain contains four painful mental-emotional energies in the form of avarice, envy, hatred and arrogance, all of which are activated if a person takes only one of these energies into use and thereby he/she inflict pain on himself/herself and others, if others are involved in the situation.

When the Big Ring of Pain is set into oscillations, the mental-emotional pain-energies reverberates onto the Small Ring of Avarice with its stinginess, greed, poverty, and gluttony, and to the Small Ring of Envy with its disbelief, superstition, submission and defiance on the North-South axis.

In addition, its oscillations reverberates onto the mental-emotional pain-energies of the Small Ring of Hatred with its denial, manipulation, disease and madness, and to the Small Ring of Arrogance with its superiority, inferiority, overcrowding and isolation on the East-West axis.

In The Old World Order, these pains led to that the spiritual aspirant could become discouraged, but after becoming familiar with the Pain-rings and the Joy-rings from *The TuTu Doctrine - The New World Order*, the spiritual aspirant can now use this knowledge to transform his/her pain to joy.

Today's contemplation

Today, I will to use my knowledge about the Pain-rings and Joy-rings from The TuTu Doctrine - The New World Order to transform my pain to joy.

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August 22: God

FROM PART 2, CHAPTER 1, THE PRINCIPLES, THE SECTION GOD,
 PAGE 105

The ball or the total field of consciousness is in and of itself an archetype, which includes everything and everybody everywhere at all levels of consciousness.

This archetype is called God, and everything and everybody everywhere at all levels of consciousness is thus God and holds all of God's consciousness since each part holds the totality.

The TuTu Doctrine – The New World Order, page

In the Old World Order, it was common to personify God as an old man with a long white beard with whom a human being had a meeting, when he/she died and had to be accountable for his/her life.

In the New World Order, God does not only have a human face but also a face of minerals, plants and an animals, because God exists in all forms as crystallized Spirit and as free flowing Spirit within the form.

Furthermore, God has faces that in no way resemble a human face, an animal face, a plant face or a mineral face, but can take form of clouds in the sky, rain that pours down, snow covering the Earth to name but a few phenomena.

In addition, God comes to expression as forms of movement, as emotional forms, as thought forms and as social forms and furthermore in forms of energy, expressed as unconditional love, care, compassion and mercy.

Today's contemplation

Today, I will work on seeing God in everything and everybody everywhere on all planes of existence.

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August 23: The first and the last Twelve Step Program

FROM PART 2, CHAPTER 2, THE PERSONAL, THE SECTION
DREAM INTERPRETATION, PAGE 187

The deputy of the prince, who took care of the bride and the realm till the prince had become an adult were the 12 Step Programs of the Fellowships Anonymous that were acting as the maintainers of the fertile soil until the new level of existential awareness had become accessible in the form of The TuTu Doctrine – The New World Order and the two 12-Steps Programs Active Addictions Anonymous – The Wild Life and Christs Anonymous – The Thirteenth Step as two spiritual paths within the 12 Step paths and furthermore the new version of A Course In Miracles, the original that could be taken up by anybody, who wanted it.

The TuTu Doctrine – The New World Order, page 189

The Twelve Step Program of Alcoholics Anonymous was the first Twelve Step Program that humankind benefitted from, and therefor many believed that is was the basic Twelve Step Program, but the basic Twelve Step Program is *Active Addictions Anonymous – The Wild Life*.

The Twelve Step Program of *Active Addictions Anonymous – The Wild Life* is the basic Twelve Step Program, because it gives the spiritual aspirant the possibility of working with his/her basic existential situation as a human being, with her his/her human limitation, ignorance, powerlessness and mortality/changeability.

Many spiritual aspirants suffer under a chronic dissatisfaction with their humanness, because they suffer from the misunderstanding that their body is a hindrance for their oneness with their true Self, their Spirit, but in AcAdAn they can learn to be content with their humanness.

The last arrival and also the highest Twelve Step Program that the spiritual aspirant can participate in is *Christs Anonymous - The Thirteenth Step*, in which he/she can work on liberating himself/herself from his/her addiction to his/her thinking mind, his/her ego so as to become able to become one with his/her true Self, his/her Spirit like he/she has wanted for a long time, and furthermore the new version of *A Course in Miracles, the original*, where he/she can work with solving various tasks to liberate himself/herself from his/her identification with his/her thinking mind, his/her ego.

Today's contemplation

Today, I will carefully select to either work with the TuTu Doctrine – The New World Order, the new version of A Course in Miracle, the original or the Twelve Step Program, which I feel is right for me at the present time in my life.

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August 24: Ignorance, knowledge and wisdom

FROM PART 3, CHAPTER 3, THE DIVINE WEDDING, THE SECTION
IGNORANCE, PAGE 174

I had read a lot about chemical dependency since he began his self-medication in India and had got the impression that you could force a person to stop being chemically dependent if only you put enough pressure. I told him that he would lose me for good if he did not stop taking painkillers immediately.

It did not help any.

With a bleeding heart, I increased the pressure by asking him to move out of our home.

He moved out.

The TuTu Doctrine – The New World Order, page 174

Many people find it difficult to stand by their ignorance, because they think they should know better in areas where they know nothing, despite the fact that ignorance is one of humankind's four basic attributes together with limitation, powerlessness and mortality/changeability.

Because they have difficulties standing by their ignorance, they try to acquire knowledge in many areas, which they think may benefit them without paying attention to the fact that book knowledge is a theoretical knowledge that can only become wisdom, when it is paired with experience.

If a person's knowledge is used exclusively in an attempt to make himself/herself appear to be an intelligent person, it is a misuse of this knowledge, which neither benefits the person, who has acquired this knowledge nor the person he/she discusses his/her information with.

If instead the person in question exchanges information with another person to become able to apply his/her knowledge in practice, it benefits both the person in question and the person he/she exchanges information with.

Today's contemplation

Today, I will use my book knowledge to practice what I have understood so I can achieve wisdom in the areas that are important to me.

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August 25: Ex Calibur

FROM PART 1, CHAPTER 4, PILGRIMAGE, THE SECTION THE
HEALING POWERS OF THE MAGICAL RING, PAGE 54

*I caressed the baby, who took a firm grip of my hand and turned it while his
lips sought down it.*

He found the snake ring and began sucking it.

*Gradually, he straightened up, and his feverish eyes appeared to me to be
more normal when he let go of the ring.*

"He seems to be better now!?" I asked.

The mother nodded and looked warmly at me.

The TuTu Doctrine – The New World Order, page 54

Many fairytales describe magical objects that the spiritual aspirant come into possession of during his/her long journey as a creature manifestation, and when children hear these fairytales, many of them feel inspired to cultivate the noble qualities that enable the person in the fairytale to come into possession of a magical object.

As the spiritual aspirant grows up, he/she loses confidence in what he/she learned from hearing these fairytales, because he/she is often exposed to ridicule, when he/she tries to get confirmed, if he/she is on the right track to acquire the noble qualities that he/she wants to cultivate.

Only when he/she steps onto the spiritual path and begins to develop his/her confidence that there a Reality is to be found that is not exclusively about what a human being needs in the third dimension, but about something higher that he/she can come into contact with by practicing spiritual principles, he/she regains her trust in life.

This leads to that the spiritual aspirant becomes able to lift the magical sword Ex Calibur, because he/she lifts his/her discernment from the Earth bound to the higher, and thereby he/she enables himself/herself to live in The Blissful Flow of the Present Moment, where life as a human being is experienced as a fairytale.

Today's contemplation

Today, I will open myself to lift my capacity to discern from the earth bound to the higher and thereby lift the magic sword Ex Calibur, which concurs all.

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August 26: To lose the power of love

FROM PART 4, CHAPTER 3, THE FAIRYTALE ABOUT GOOD AND EVIL, PAGE 365

She createdmanifested life in this sentry by placing a spark of her own life-force, which is the power of love, into her creaturemanifestation, so her sentry that was yet another thought independently could take charge of his/her assignment, which consisted in protecting the content of her thinking mind, her ego against the unknown, and her ego served her with love and with perfect dedication to his/her task.

The TuTu Doctrine – The New World Order, page 367

As his/her true Self, his/her spirit, a human being is unconditionally loving, caring, compassionate and merciful, but when creationmanifestation begins, and heshe createsmanifests the Soul as the first creaturemanifestation, and at the same time, he/she createsmanifests life in his/her creaturemanifestation by giving off a spark of hisher power of love to hisher creaturemanifestation, who, thus, comes alive.

The Soul createsmanifests the thinking mind, the ego to be able to put thoughts on his/her pain and joy, and also the Soul gives off a spark of his/her power of love to his/her creaturemanifestation in order for his/her creaturemanifestation to come alive.

When the causal body comes alive by receiving a spark of the power of love from the Soul, he/she gives off his/her stream of thoughts about pain and joy to the astral body, who comes alive because of the giving off of the power of love that the causal body gives.

The emotional feelings give off a spark of their power of love to the ethereal body and this brings the ethereal body alive so he/she can give off a spark of his/her power of love to the physical body, who thus becomes able to move through space over time, and thus Spirit has been wrapped into so many layers that the human being is no longer in contact with his/her power of love.

Today's contemplation

Today, I will work on regaining my power of love by the help of those principles that are described in The TuTu Doctrine - The New World Order, which makes it possible for me to achieve oneness with my true Self, my Spirit and act from there by drinking of The Holy Grail.

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August 27: The Master's ignorance

FROM PART 1, CHAPTER 2, FACE TO FACE WITH THE MASTER,
THE SECTION THE MASTER'S IGNORANCE, PAGE 33

After narrating this, he leaned back in his chair and looked around at us like a happy child who was proud of what he had accomplished, and now he expected that we came up with an appropriate reaction.

Nobody said anything, and I stared perplexed at him.

Didn't he himself/herself know that he was omniscient, so that thing should be the very least of his tricks?

The TuTu Doctrine – The New World Order, page 33

Most spiritual aspirants have had many different spiritual teachers/teacheresses on their journey back to their true Self, their Spirit and thereby to God, and some have also been taught by Masters who enjoy a high reputation in the surrounding society.

When a spiritual aspirant is taught by a Master, it may happen that the spiritual aspirant imagines that his/her teacher/teacheress is elevated above his/her human limitation, ignorance, powerlessness and mortality/changeability.

Therefore, it may come as a shock to the spiritual aspirant to discover that even the spiritual World Teachers cannot escape their human limitation, ignorance, powerlessness and mortality/changeability.

It is beneficial both for teacher/teacheress and student that both accept that the spiritual teacher/teacheress is ignorant about many things, although he/she has great knowledge and experience in handling the existential problems the disciple wants to find a solution to.

Today's contemplation

Today, I will accept the human limitation, ignorance, powerlessness and mortality/changeability of my spiritual teachers/teacheresses while at the same time I open myself to receive their experiences with the existential problems that I seek a solution to.

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August 28: Spiritual awakening of Mother Earth

FROM PART 3, CHAPTER 4, THE SPIRITUAL WEDDING, THE
SECTION THE TRUE DISCIPLES OF JESUS, PAGE 295

*Can't you see what it means that there are so many chemically dependent
all over the world today?"*

"No." she answered.

*"It means that many presently go through The Dark Night of the Soul," I
said.*

"And what of it?" she said.

*"Yes, then time is ripe for the many, and that means that it is spiritual dawn
for the World, because the sleeping Spirits are about to wake up."*

The TuTu Doctrine – The New World Order, page 297

For millennia, humanity has sought to find a solution to their existential
pains without succeeding in finding out what contexts they lived through
that triggered the pains they experienced.

Many solutions has been put to the test over time, and for many spiritual
aspirants their existential pains became so hard to bear that they sought
refuge in different chemicals to escape the pains.

Since it was not possible for them to find another solution, they and others
got the impression that they could not let go of their addiction to their
chemicals of choice, and that has made humankind conclude that addiction
is incurable.

Now, however, it has become possible for them to take care of their
existential pains in a way that allows them to achieve a spiritual awakening
instead, as these are times when it is spiritual dawn for the World.

Today's contemplation

*Today, I will handle my existential pain by the help of the information I have
received from The TuTu Doctrine - The New World Order, so I can achieve
a spiritual awakening to the joy of being a human being in the World.*

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August 29: Unconditional surrender to love

FROM PART 3, CHAPTER 3, THE SPIRITUAL WEDDING, THE
SECTION THE SPIRITUAL WEDDING, PAGE 341

After having prayed for some time, I managed to come to a point where I did not meet with resistance from any part of my mind, and at that moment, I was washed over by a wave of energy and one realization after another followed.

First, I understood that at this very moment, I had surrendered unconditionally to the love of my heart.

The TuTu Doctrine – The New World Order, page

Most spiritual aspirants have an in-depth understanding of that unconditional love is the pathway forward for him/her, so he/she can have his/her desire fulfilled of becoming one with his/her true Self, his/her Spirit.

The unconditional love is inherent in the relationship with his/her Spirit Mate, and when he/she comes face to face with his/her Spirit Mate, a purification of his/her thinking mind, his/her ego and his/her Super ego, his/her Soul begins.

Little by little, this purification liberates the spiritual aspirant from his/her identification with his/her thinking mind, his/her ego and his/her identification with his/her Super ego, his/her Soul, and eventually it leads him/her into oneness with his/her true Self, his/her Spirit, his/her personal Ardhanarishvara.

However, a spiritual aspirant can also prepare himself/herself for the meeting with his/her Spirit Mate by implementing both the two Twelve Step Programs described in TuTu Doctrine - The New World Order.

Today's contemplation

Today, I will work on the purification of my thinking mind, my ego and my Super ego, my Soul, by the help of the two Twelve Step Programs, which are suggested in TuTu Doctrine - The New World Order, so I can become able to surrender unconditionally to my love of my Spirit Mate.

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August 30: Honor, where honor is due

FROM PART 4, CHAPTER 1, THE FAIRYTALE ABOUT THE MASTER OF THE UNIVERSE, PAGE 347

"Then, how do I work in harmony with the outer Masters?"

"By listening to their advice and honoring their gifts, whether you want to make use of them or not."

The TuTu Doctrine – The New World Order, page 351

Most people receive more gifts from life than they can make use of, and it may make some feel caught in the Small Ring of Arrogance with its superiority, inferiority, overcrowding and isolation, because they feel superior when they get their desires fulfilled, and inferior when they do not get their desires fulfilled.

Their feeling of superiority makes them overcrowd their day with tasks to perform and people to meet to show off themselves to others and their feeling of inferiority can make them feel ashamed of themselves and therefore they want to hide from others until they feel superior again.

Gradually, as they acquire the principles that are described in *The Tutu Doctrine – The New World Order* however, they become able to use the Small Ring of Truth with its humility, honesty, individuality and fellowship at those times, where they used to use the Small Ring of Arrogance.

When they use the Small Ring of Truth, they use humility in any social interaction and honesty about their emotion although their individual reasons for their emotions may differ from the reasons of the other, and thus they can achieve a fellowship with each other.

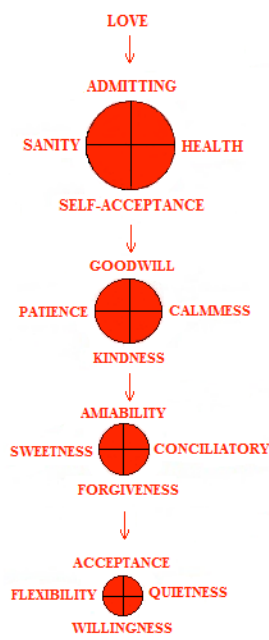
Today's contemplation

Today, I will honor both my own and others' emotions even though we may have different reasons to feel like we do.

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August 31: The Small-, Mini-, Micro-, and Nano-ring of Love

FROM PART 6, CHAPTER 1, , THE SECTION APPENDIX Q, PAGE 421



The TuTu Doctrine – The New World Order, page 421

Today’s contemplation

Today, I will practice the properties in the Small Ring, the Miniring, the Microring and the Nanoring of Love.

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September 01: *The love between Cosmic Twins*

FROM PART 4, CHAPTER 2, THE FAIRYTALE ABOUT THE LOVE WITHOUT LIMITS, PAGE 355

When the cosmic twins met and thereby were not exposed to chemical-sensuous, emotional, mental, social and spiritual barriers that existed between non-twins, the transfer of wisdom could take place in a great feast of fireworks of experiences and realizations, which took place through the merging of the two, who, through this process, in one single life had their growth doubled.

The TuTu Doctrine – The New World Order, page 363

The purpose of creationmanifestation is to interact with creaturesmanifestations of many kinds under many different circumstance, and a creaturemanifestation can experience many interactions that make him/her feel love for the creaturemanifestation he/she interacts with.

The most prominent characteristic of the meeting with the Cosmic Twin is The Love without limits, and when a creature'smanifestation's love is awoken, love feels the same way that it does in the relationship with the Cosmic Twin.

However, down the road it shows whether it is truly the Cosmic Twin a creaturemanifestation is face to face with, because chemical-sensory, emotional, mental, social or spiritual barriers arise between a "he" and a "she", who are not Cosmic Twins.

If it appears that these barriers arise, the creaturemanifestation in question find it necessary to move on in his/her search for his/her cosmic Gemini, where these barriers do not exist, so that the person can become able to love with all his heart and all his soul

Today's contemplation

Today, I will give myself permission to follow my heart, no matter where it takes me.

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September 02: Esoteric and exoteric knowledge

FROM PART 5, CHAPTER 1, MY LIFE WITH THE MASTER, THE SECTION THE TREE OF LIFE, PAGE 396

The intention with the knowledge is to liberate him/her in a way, which makes it possible for him/her to use all types of emotional energy in the most advantageous way, but this cannot be done if instead he/she gets paralyzed by those judgments he/she passes on his/her emotions.

The Tutu Doctrine - The New World Order, page 400

Many spiritual aspirants had a hard time believing that they could expand their conscious contact with their true Self by the help of prayer and meditation, and that they could receive knowledge about their true Self's will for them for the day during their meditation and that they could also receive the power to carry out their true Self's will for them as it is described in *The TuTu Doctrine – The New World Order*.

Gradually, as the spiritual aspirants practice meditation and prayer at those points in time of the day, where they feel most ready to contact their true Self, for example in the morning before they begin their day and in the evening before they go to sleep, they discover however little by little that their true Self speaks to them through everything and everybody everywhere at all levels of consciousness.

In the beginning, many spiritual aspirants were afraid that their true Self's talk to them, in fact, was a self-deception, but they discovered little by little that if they had made a mistake in their understanding of their true Self's will for them, they could always make amends to themselves for their mistake by the help of a the Constructive and the Destructive Rings as described in *The TuTu Doctrine – The New World Order*.

After having practices prayer and meditation in a relatively short period of time, the spiritual aspirants become good at distinguishing their true Self's talk to them from their thinking mind's, their ego's talk to them, whether the impulse comes from within, or it comes as an impulse to them from outside, and they also become better and better to receive the power to carry out their true Self's will for them, and thus they become more and more joyful.

Today's contemplation

Today, I will practice prayer and meditation as suggested in The TuTu Doctrine – The New World Order at that point of my day, where I feel ready to communicate with my true Self.

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September 03: Table for the Big Rings, the Small Rings, the Mini-, Micro-, and Nanorings of Joy (horizontal) and their Superstrings (vertical or diagonal)

FROM PART 2, CHAPTER 2, THE PERSONAL, THE SECTION THE HIERARCHY OF ARCHETYPAL RINGS, PAGE 179

THE FOUR BIG RINGS OF JOY AND THEIR SUPERSTRINGS				
	North	South	East	West
Ring of Fulfillment	Fulfillment	Interest	Meaningfulness	Oneness
Ring of God-centeredness	Joy	Empowerment	Open-mindedness	Gratitude
Ring of Emotional Sobriety	Detachment	Integrity	Respect for self	Respect for others
The Big Ring of Joy	Faith	Hope	Love	Truth
THE FOUR SMALL RINGS OF JOY AND THEIR SUPERSTRINGS				
	North	South	East	West
Faith	Generosity	Trust	Prosperity	Accountability
Hope	Credence	Information	Discernment	Serenity
Love	Admitting	Self-acceptance	Health	Sanity
Truth	Humility	Honesty	Individuality	Fellowship
THE FOUR MINI-RINGS OF JOY AND THEIR SUPERSTRINGS				
	North	South	East	West
Faith	Largesse	Letting go	Wellbeing	Sharing
Hope	Safety	Well-informedness	Clarity	Nobleness
Love	Goodwill	Kindness	Calmness	Patience
Truth	Equality	Tolerance	Accuracy	Belongingness
THE FOUR MICRO-RINGS OF JOY AND THEIR SUPERSTRINGS				
	North	South	East	West
Faith	Consideration	Ease	Action-freedom	Contributing
Hope	Appreciation	Teachableness	Openness	Worthiness
Love	Mercy	Forgiveness	Conciliatory	Sweetness
Truth	Respectfulness	Straightforwardness	Precision	Togetherness
THE FOUR NANO-RINGS OF JOY AND THEIR SUPERSTRINGS				

	North	South	East	West
Faith	Approachability	Light-heartedness	Approval	Involvement
Hope	Certainty	Cultivatedness	Resoluteness	Level-headedness
Love	Acceptance	Willingness	Quietness	Flexibility
Truth	Sincerity	Simplicity	Reliability	Familiarity

The TuTu Doctrine – The New World Order, page 187

Today's contemplation

When I work with my daily inventory, I choose to use the table about the Rings of Joy (horizontal) and their Superstrings (vertical or diagonal) from The TuTu Doctrine – The New World Order, when I have to find a joyful solution to one of my painful mental-emotional experiences.

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September 04: true Self's talk through everything

FROM PART 5, CHAPTER 1, MY LIFE WITH THE MASTER, THE SECTION THE MORNING GIFT, PAGE 390

While he lived on Earth, it frequently happened that one of us played one of the contemporary songs for the other and said: "This is from me to you," because a certain song expressed the emotions we had at heart, and when the first number, which was called Dance into the Light, streamed out of the speakers, it contained a text which overwhelmed me and made me feel that this song was from TuTu to me, and I was so moved that my tears started rolling.

The TuTu Doctrine – The New World Order, page 390

Many spiritual aspirants had a hard time believing that they could expand their conscious contact with their true Self by the help of prayer and meditation, and that they could receive knowledge about their true Self's will for them for the day during their meditation and that they could also receive the power to carry out their true Self's will for them as it is described in *The TuTu Doctrine – The New World Order*.

Gradually, as the spiritual aspirants practice meditation and prayer at those points in time of the day, where they feel most ready to contact their true Self, for example in the morning before they begin their day and in the evening before they go to sleep, they discover however little by little that

their true Self speaks to them through everything and everybody everywhere at all levels of consciousness.

In the beginning, many spiritual aspirants were afraid that their true Self's talk to them, in fact, was a self-deception, but they discovered little by little that if they had made a mistake in their understanding of their true Self's will for them, they could always make amends to themselves for their mistake by the help of the Constructive and the Destructive Rings as described in *The TuTu Doctrine – The New World Order*.

After having practices prayer and meditation in a relatively short period of time, the spiritual aspirants become good at distinguishing their true Self's talk to them from their thinking mind's, their ego's talk to them, whether the impulse comes from within, or it comes as an impulse to them from outside, and they also become better and better to receive the power to carry out their true Self's will for them, and thus they become more and more joyful.

Today's contemplation

Today, I will practice prayer and meditation as suggested in The TuTu Doctrine – The New World Order at that point of my day, where I feel ready to communicate with my true Self.

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September 05: A catch 22

FROM PART 3, CHAPTER 3, THE DIVINE WEDDING, THE SECTION TUTU'S ILLNESS 2, PAGE 274

His stomach could not tolerate the available over-the-counter painkillers, and when the doctor did not want to give him the required medication, he chose yet another time to medicate himself.

The TuTu Doctrine – The New World Order, page 274

Most societies have chosen to make the disease of drug addiction a crime, so if a person needs pain medication because of pains that can not be cured, it is up to society through the doctor of the person concerned to decide if the person in question should have access to the medicine he/she needs.

A catch 22 means that others perceive a person's choice to be wrong, regardless of which choice the person in question makes in a given situation of choice, and a catch 22 also means that those, who are in power and authority have the right to do what the individual cannot prevent them from doing.

This means that a person, who has chronic pain, which a doctor does not want to ease, has the choice of living with constant pain that is detrimental

to his/her joy of living or breaking the laws of the society and risking being put in jail, which is also detrimental to his/her joy of life.

If a spiritual aspirant is in a situation, which is a catch 22, he/she can choose to use the spiritual and earthly principles described in *The TuTu Doctrine - The New World Order* to seek guidance from his/her innermost heart as to what is the right action for him/her, and then he/she can follow his/her heart as the right action.

Today's contemplation

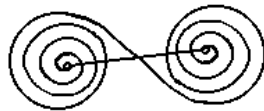
If I find myself in a catch 22 today, I will use the spiritual and the earthly principles that are described in The TuTu Doctrine - The New World Order to seek guidance from my innermost heart about what is the right action for me.

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September 06: *The eternal circuit*

FROM PART 4, CHAPTER 5, THE TUTU DOCTRINE, THE SECTION
 THE ETERNAL CIRCUIT, PAGE 384

THE ETERNAL CIRCUIT



Within the Eternal Circuit, the Ascending Spiral with its Ascending Curve Represents God The Father, who is The Spiral Time, who is The Unmanifest, who is the Cosmic Seed, who is The Spirit, who is the Unity, who is The Immortal, who is The Eternal, who is the Untanglement, who is the Evolution.

The Descending Spiral with its Descending Line Represents Goddess the Mother, who is The Linear Time, who is The Manifest, who is The Cosmic Egg, who is the Individuality, who is Matter, who is The Created Manifested, who is The Mortal, who is The Time, who is The Entanglement, who is The Involution.

The TuTu Doctrine – The New World Order, page 384

The Universe that holds everything and everybody everywhere on all levels of consciousness breathes in such a way that an exhalation gives rise to manifestation of matter, which consists in forms of many types, and an inhalation gives rise to that all the manifested dissolve and return to the origin.

When the manifestation takes place in an exhalation, the Universe expands into infinitely many forms, all of which are an expression of the feminine principle from the merged masculine and feminine principle, just like the unmanifested is an expression of the masculine principle.

The descending spiral in The Eternal Circuit represents the feminine principle, who in creationmanifestation consists in all of the manifestation of crystallized Spirit, and when the feminine aspect manifests crystallized Spirit, time comes into being as the gap between the uncreatedunmanifested and the createdmanifested form.

The ascending spiral in The Eternal Circuit represents the masculine principle, who in creationmanifestation consists in the free flowing Spirit inside the whole unmanifestation, and these are times, where the return to origin has just begun, so the free flowing Spirit inside the forms can step to the foreground without the form necessarily getting dissolved.

Today's contemplation

Today, I will return to my origin, to my true Self, my Spirit by the help of the principles described in The TuTu Doctrine - The New World Order.

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September 07: *The humanness of the Master of Masters*

FROM PART 4, CHAPTER 4, THE FAIRYTALE ABOUT THE GODS WHO WALK ON THE EARTH, PAGE 365

"Are you that son of humankind, who is called the King of Truth, the King of Kings and the Master of Masters?"

"I am him, and any son of humankind is in me, and I am in him."

The TuTu Doctrine – The New World Order, page 371

Most spiritual aspirants, who try to follow in the footsteps of the Master of the Masters, try to imagine how he was as a human being, and most of them ignore that he, like everybody else, was a creaturemanifestation and thereby limited, ignorant, powerless and mortal/changeable.

When a spiritual aspirant does not take into consideration that even the Master of Masters is subjected to the conditions of any human being, and

that he is therefore limited, ignorant, powerless and mortal/changeable, it leads to great sufferings for the spiritual aspirant, who becomes unable to accept his/her own humanness.

Those sufferings that spring from the spiritual aspirant's attempts to live up to his/her imagination about how the Master of Masters were as a human being can be transformed if the spiritual aspirant instead tries to meet his/her humanness with unconditional love, care, compassion and mercy.

A spiritual aspirant's goal is in Reality to become one with his/her true Self, his/her Spirit and this oneness makes it possible for him/her to embrace his/her human existence with unconditional love, care, compassion and mercy and thereby it also becomes possible for him/her to walk in the footsteps of the Master of the Masters.

Today's contemplation

Today, I will walk in the foot steps of the Master of the Masters by accepting that the Master of the Masters met his human limitation, ignorance, powerlessness and mortality/changeability with unconditional love, care, compassion and mercy, and I will do the same.

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September 08: *Earthbound perspective on spirituality*

FROM PART 3, CHAPTER 4, THE SPIRITUAL WEDDING, THE
SECTION THE DARK NIGHT OF THE SOUL, PAGE 365

This made me realize that the residents of Sundholm had their spiritual rebirth coming up very soon, if not in this life, then in the next one.

This progressed spiritual condition was not equally applicable to the rest of society, so I had to agree with TuTu that Sundholm was healthier than the rest of society seen from a spiritual perspective.

The TuTu Doctrine – The New World Order, page 371

Earthbound people are in a place in their existential understanding, where all their perceptions of the existence are connected with their perception of life on Earth, and to them, the spiritual is a fantasy that others have because they are afraid of life on Earth.

Although earthbound people are aware that they act, feel, think, and interact with others, and that there is more between heaven and earth, which religions stand for they do not perceive this as an expression of their own multidimensional existence.

Nor are they aware that their life continues in the higher dimensions of their multidimensional being, when they leave their Mother Earth body/physical body behind and therefore they are scared of the physical death.

Their Mother Earth body/physical body, however, continues his/her life without them because he/she is transformed into dirt that is transformed into plants that are transformed into animals and human beings, and thus their body continues his/her life without them.

Today's contemplation

Today, I will show compassion and mercy towards the earthbound people I meet on my way, when their fear of their human limitation, ignorance, powerlessness and mortality/changeability comes to expression.

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September 09: *The throne of life*

FROM PART 4, CHAPTER 1, THE FAIRYTALE ABOUT THE MASTER OF THE UNIVERSE, PAGE 347

You must begin every day by sitting down, imagining that you put yourself in the center of your heart, on your life's throne.

The TuTu Doctrine – The New World Order, page

Spiritual aspirants from any religion or spiritual creed will usually receive a suggestion to use prayer and meditation to come into contact with the God, whom the religion or spiritual creed in question worships.

This is suggested because it helps the spiritual aspirant to receive guidance directly from the Absolute, which most religions and spiritual creeds feel comes to the spiritual aspirant through his/her heart.

When a spiritual aspirant chooses to surrender to the guidance that comes from his/her heart, he/she becomes able to carry out the right action, which is the sweet fruit itself.

When the spiritual aspirant begins to follow his/her heart, his/her life becomes easier, because all of his/her judgments over himself/herself and others fades away to give space to unconditional love, care, compassion and mercy.

Today's contemplation

Today, I will sit down on the throne of my life in my innermost heart and steer my personal Universe with unconditional love, care, compassion and mercy from this vantage point.

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September 10: Separation anxiety

FROM PART 3, CHAPTER 2, THE ANGELIC WEDDING, THE SECTION THE RESPECT BETWEEN MAN AND WOMAN, PAGE 270

I would try to keep myself and him in our being together with more or less dramatic scenarios, which I played out both when I or he needed to do something without the other.

The TuTu Doctrine – The New World Order, page 270

Since the beginning of creationmanifestation, the creaturesmanifestations have been influenced by separation anxiety, because the nuclear fission that occurred when time came into being, resulted in that the merged masculine and feminine principle were separated so as to become an independent 'he' and an independent 'she'.

The violent explosion of the nuclear fission was painful for the newborn creaturesmanifestations, who feared that the separation from their other pole would last forever, and thereby the four basic emotions came into being and they consisted in: Love of the beloved, fear of losing the beloved, pain when the beloved was lost, and joy when the beloved was found.

Pure free flowing Spirit's merged masculine and feminine principle remained one, and only crystallized Spirit was split into two, and thus the illusion of separation between the masculine and the feminine principle came into being, thereby allowing Spirit to experience Himself-Herself as a creaturemanifestation.

The separation anxiety induced by this event has given rise to many separation pains in both men and women, in particular when they feared separation from their Spirit Mate, whom, in Reality, they can never loose, because they have belonged together from before the beginning of time and will belong together with till after the end of time, where they have withdrawn all their projections from the creationmanifestation.

Today's contemplation

Today, I will work on letting go of my separation anxiety in the awareness that I and my Eternal Beloved can never separate in Reality.

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September 11: *The initiation takes place when the disciple is ready*

FROM PART 1, CHAPTER 3, SPIRITUAL EXPERIENCES, THE SECTION THE INITIATION TAKES PLACE WHEN THE DISCIPLE IS READY, PAGE 48

An invisible hand was stretched out towards me and a soundless voice offered me: "Self-realization NOW?!!"

I felt I had to throw myself out from his eye into the empty void if I wanted to attain it, but I was as if frozen in death fear.

"I first have to see what will happen between my boyfriend and me," I thought.

Many spiritual aspirants imagine that they are ready to achieve Self-realization and God-realization, which is one and the same at it's highest vantage point, but they gradually discover that they have many desires that they want to have fulfilled before they surrender to oneness with their true Self, their Spirit.

Their fear of surrendering to oneness with their true Self, their Spirit is due to them imagining that they cannot have their desires fulfilled if they surrender to oneness with their true Self, their Spirit, but in Reality it becomes easier for them to have their desires fulfilled, when they are one with their true Self, their Spirit.

The reason they believe that they cannot have their desires fulfilled, if they are one with their true Self, their Spirit is that they know innermost that their true Self, their Spirit does not have any personal desires, but they forget to take into consideration that their true Self, their Spirit is the creator and the manifestress of their multidimensional forms

In the same way as the spiritual aspirants have a drive to take care of what they createmanifest and manifest, their true Self, their Spirit too has a drive to take care of what they createmanifest and manifest, which is crystallized forms of themselves, and therefore their true Self, their Spirit will always fulfill their desires unless they themselves choose to let go of them.

Today's contemplation

Today, I will surrender to oneness with my true self, my Spirit by acting on the guidance to the fulfillment of my desires that I receive.

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September 12: *The Thirteenth Step*

FROM PART 2, CHAPTER 1, THE PRINCIPLES, THE SECTION THE THIRTEENTH STEP, PAGE

After finishing the work with the Twelve Steps we work with The Twelve Traditions, each of which deals with our relationship with The World around us, and by the help of this work we become able to place our spiritual clarity in our Earthly contexts.

The Twelve Traditions put together are equivalent to one last step - The Thirteenth Step.

A large number of Twelve Step Programs are to be found in the World today, and these Programs are created/manifested to give a spiritual aspirant an opportunity to process various existential pains by the help of a particular Program, which addresses the disease that the spiritual aspirant wants to work on recovering from.

All Twelve Steps Programs work with spiritual principles with which the spiritual aspirant can process his/her illness, and he/she can also receive guidance from other members of the Twelve Step Fellowship in question both personally by the help of a sponsor/recovery buddy and impersonally by the help of meetings in the Fellowship in question.

The recovery work with the Twelve Steps is an inner work, and in *Christs Anonymous - The Thirteenth Step*, the spiritual aspirant can also work on putting his/her new understanding, which he/she has achieved by the help of the Twelve Steps into the external contexts, which he/she participates in.

The Thirteenth Step consists of the work with the Twelve Traditions in ChrisAn, which are considered to be one Step - The Thirteenth Step, as all of the Traditions revolves around how a spiritual aspirant can relate to the World around him/her, and by carrying out the work with the Twelve Traditions the spiritual aspirant becomes able to put his/her Steps into his/her relationship with his/her outer World.

Today's contemplation

Today, I will work with the Thirteenth Step.

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September 13: *Time Track Travels*

FROM PART 3, CHAPTER 2, , THE SECTION THE ANGELIC WEDDING, PAGE 268

It proved that the creed had discovered how it was possible in a very simple way to move down your own time track, into previous incarnations, and thereby attain understanding for coherences in the present.

Many spiritual aspirants have worked on finding a connection between the areas of their lives that appear incomprehensible to them, because they experience something that they cannot connect with their upbringing or something they have been learned as adults.

They imagine that these contexts may be due to something that they have experienced earlier on their time track and that it thus is not something in the present life, which have given rise to that these areas have the space in their life that they have.

Therefore, they make regressions/time track travels into previous lives to find out what these areas might be about and why they take a place in the tasks of the present life, so they can find a way to handle these areas better.

As a result of their regressions/time track travels, they may experience that a chronic physical condition that has plagued them for many years dissolves, and like this they may receive a confirmation of that what they experienced on their time track travels was consistent with Reality.

Today's contemplation

Today, by the help of regressions/time track travels, I will work on finding an understanding of areas of my life that do not fall naturally in place for me in my understanding of the contexts of my life.

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September 14: *All is well*

FROM PART 4, CHAPTER 3, THE FAIRYTALE ABOUT GOOD AND EVIL, PAGE 365

Gradually, as HisHer help to the creaturesmanifestations progressed, and thought after thought were transformed to the power of love of the Spirit, and veil after veil was lifted, the creatures 'manifestation's shame of not being like they thought they ought to be disappeared, and with this burden self-pity disappeared, and the creaturesmanifestations then realized that in

spite of the pain and the fear all is well.

The TuTu Doctrine – The New World Order, page 369

As long as a spiritual aspirant believes that he/she has the power to act as he/she intends, he/she takes the credit for what happens the way he/she wants it to happen in his/her life, and he/she also takes on the blame, when things do not happen in his/her life the way he/she wants it to happen.

If a spiritual aspirant instead uses the Spirit Prayer, which is described in *The TuTu Doctrine - The New World Order* to remind himself/herself that his/her Spirit FatherMother alone possess both the power and the glory eternally, he/she can let go of this burden.

When the spiritual aspirant let go of trying to acquire the power and the glory and to take on the guilt and the shame, it becomes possible for him/her to surrender to his true Self, his/her Spirit and to his/her life, exactly the way he/she and his/her life is.

Thereby it also becomes clear to the spiritual aspirant that his/her existential pains are not due to a mistake that he/she has made, but are an opportunity for growth, and thus he/she becomes aware that everything is well in spite of the pain and the fear.

Today's contemplation

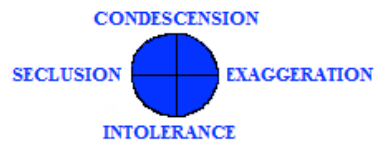
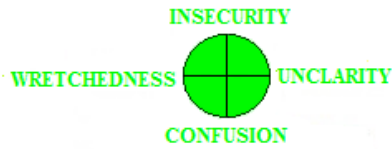
Today, I will accept that my existential pains are my opportunities to grow in wisdom/Buddha consciousness and mercy/Christ consciousness by the help of the principles described in The TuTu Doctrine - The New World Order.

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September 15: *The Four Minirings of Pain*

FROM PART 6, CHAPTER 1, APPENDIXES, THE SECTION
 APPENDIX C, PAGE 408

THE FOUR MINI PAIN RINGS



The TuTu Doctrine – The New World Order, page 408

Today's contemplation

Today, I will admit to myself how one of the Four Minirings of Pain comes to expression in my life and how that makes my life more difficult than it has to be, so I can begin the work of letting go of using that particular Painring by the help of the principles described in The TuTu Doctrine - The New World Order.

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September 16: *The distribution of the funds in ToTos Solfond*

FROM PART 2, CHAPTER 1, THE PRINCIPLES, THE SECTION
 TOTOS SOLFOND, PAGE 95

On the first of September every year, all of the Fellowships Anonymous put together could distribute the foundation funds for homeless purposes with 22% in The North, 22% in The South, 22% in The East and 22% in The West.

The remaining 12% could be used for expenses incurred by the foundation, and any surplus from here could be returned to the foundation at the end of a calendar year and thus be included in the next year's distribution of the foundation funds.

The TuTu Doctrine – The New World Order, page 95

Many spiritual aspirants have an urge to contribute to ease the sufferings on Earth in various ways, and therefore it has been suggested that The Fellowships Anonymous can createmanifest a foundation, which can contribute to ease the sufferings of the World.

That can be done by creating a foundation, called ToTos Solfond, which can be used by The Fellowships Anonymous in the same way that other large foundations use their means to contribute to various purposes that make life on Earth easier to live.

Of all those population groups, who have the hardest time obtaining support from their communities, are to be found the street children, who are homeless and who therefore have resorted to stealing, taking drugs, committing robbery and other unwanted ways of survival.

It is therefore, it has been suggested to createmanifest ToTos Solfond and use it's means to contribute to ease the sufferings on Earth, where the need is the greatest by creating homes for street children, as well as helping them to form healthy lifestyle habits.

Today's contemplation

Today, I will give a little extra when the collection box goes around in my Fellowship Anonymous, so a little surplus can be createdmanifested, which we can pass on to ToTos Solfond, if we so desire.

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September 17: *The guidance of the synchronous Reality*

FROM PART 1, CHAPTER 4, PILGRIMAGE, THE SECTION ARRIVAL
AT HOTEL OF BLISS, PAGE 60

The hotel was called Anand Hotel, and that means The Hotel of Bliss.

The TuTu Doctrine – The New World Order, page 60

When a spiritual aspirant has come to that space on his/her spiritual path, where he/she has begun to have an increasing number of experiences of oneness with his/her true Self, his/her Spirit, he/she becomes able to a greater and greater extent to enter into the synchronous Reality and receive guidance from here.

The synchronous Reality is to be found in The Blissful Flow of the Present Moment, where everything happens in a way that is full of unique omens and profound guidances for exactly this particular unique spiritual aspirant, if he/she is able to pick it up that guidance, which is directed to exactly him/her.

Any situation becomes the spiritual aspirant's conversation with God, and everything is therefore charged with meaning, so that the name of a hotel can be an omen of upcoming events for that aspirant, who has stepped into the synchronous Reality, and thereby the Reality becomes magical for the aspirant in question.

Stepping into the synchronous Reality makes it possible for the spiritual aspirant to receive guidance from everything and everybody everywhere at all levels of consciousness, and his/her movement through his/her day becomes easy and effortless, because he/she is able to let himself/herself be carried by The Blissful Flow of the Present Moment.

Today's contemplation

Today, I will do my best to step into the synchronous Reality, thus allowing myself to glide easily and effortlessly away on The Blissful Flow of the Present Moment.

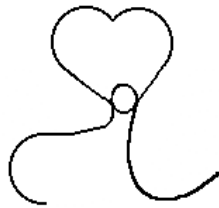
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September 18: *Alpha and Omega*

FROM PART 4, CHAPTER 5, THE TUTU DOCTRINE, THE SECTION
THE FERTILIZED EGG, PAGE 382

When These Four Surrender Unconditionally to Each Other and Unite in Love, they Represent The Avatar of Synthesis, which is The Holy Grail, which is found in The Absolute as The Ocean of Love and in The Mundane as The Merged Heart's Heart, who says: "I am Alpha and Omega. I am The Truth, The Way and The Life."

THE OMEGA AND ALPHA SYMBOL OF THE HOLY GRAIL



The TuTu Doctrine – The New World Order, page 382

When a spiritual aspirant comes into contact with his/her true Self, his/her Spirit, it is his/her innermost heart's heart that he/she comes into contact with, and thus he/she finds himself/herself in the Ocean of Love.

When he/she finds himself/herself in the Ocean of Love, he/she becomes one with the unconditional love, care, compassion and mercy and he/she will thus become able to live a happy life as a human being on the Earth.

When spiritual aspirants from the North, the South, the East and the West have achieved this state, Mother Earth as a whole will also become able to come into contact with her innermost heart's heart, and thereby it becomes easier for everybody on Earth to achieve this.

When all of Mother Earth's children live in unconditional love, care, compassion and mercy in relation to each other, whether they are from the mineral kingdom, the plant kingdom, the animal kingdom or the human kingdom, the New World Order is in full bloom.

Today's contemplation

Today, I will do the required to be in touch with my heart's heart as much as possible.

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September 19: Initiation to ShivaShakti

FROM PART 3, CHAPTER 1, THE EARTHLY WEDDING, THE
 SECTION THE SHIVASHAKTI INVOCATION, PAGE 217

In the initiation, I got a glimpse of this without understanding what happened though, and the contrast to my day consciousness was so big that it only produced fear, but when the glimpse grew to an extent that brought this state of consciousness into harmony with my day consciousness, I discovered that this condition had been my spiritual goal, which I, until then, had not been able to put a name to.

The TuTu Doctrine – The New World Order, page 217

In the Hindu mythology various archetypes are described that describe the merged masculine and feminine principle, one of which is called Ardhanarishvara and another is called ShivaShakti, who both are an expression of the merged masculine and feminine principle, who is perceived to be the origin of everything.

In the archetype Ardhanarishvara the androgynous combination of Shiva and his wife Parvathi/Kali is found, and ShivaShakti is another name for the same merged masculine and feminine principle, where Shiva represents the masculine principle and Parvathi/Kali/Shakti represent the feminine principle

The expression BUM ShivaShakti Shambhu is an invocation of the ShivaShakti consciousness, and this mantra can be translated to: I invoke the Shiva energy that breaks down ignorance to make way for the awareness of the merged masculine and feminine principle that createsmanifests happiness and prosperity on the Earth.

When a spiritual aspirant becomes initiated to ShivaShakti, it means that his/her spiritual path from then on will be about achieving the consciousness of ShivaShakti, who is his/her own and his/her Spirit Mate's merged Selves, his/her true Self, his/her Spirit, his/her personal Ardhanarishvara.

Today's contemplation

Today, I will work on expanding my awareness of ShivaShakti, so I can experience happiness and prosperity in my earthly life.

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September 20: God's will for the creaturesmanifestations

FROM PART 1, CHAPTER 2, FACE TO FACE WITH THE MASTER,
THE SECTION GOD'S WILL, PAGE 27

I had heard sentences like: "Every single hair on our heads is accounted for" or "Not a sparrow falls to the ground without it being the will of God." After my experiences with the chairs I began to wonder if that might be true, because if it mattered which chair I sat down on, then that might also be true.

The TuTu Doctrine – The New World Order, page 28

Many spiritual aspirants imagine that God's will for them differs from their own will for themselves, but this perception is due to them identifying themselves with form, whether the form is their material possessions, their Mother Earth body, their ethereal body, their astral body, their causal body or their Soul.

Only when the individual creaturemanifestation stops identifying himself/herself with form, in particular with his/her thinking mind, his/her ego, his/her causal body to instead identify himself/herself with his/her true Self, his/her Spirit, he/she discovers that his/her desires and God's desires are one and the same.

God is omnipresent, omniscient, omnipotent and immortal/unchangeable, and thus God holds everything and everybody everywhere at all levels of consciousness, and this means that God cannot have any personal desires, because God is everywhere, knows everything, can do everything and have everything, so therefore the desires of the creaturesmanifestations becomes God's desires.

It is true that 'no sparrow falls to the ground without the will of God', but it is also true that God's will does not move without the creaturesmanifestations desiring it, so is up to each creaturemanifestation to express his/her desires and to allow the fulfillment of his/her desires by acting on those inspirations to actions that he/she receives, which fulfill the desire.

Today's contemplation

Today, I will listen to God's guidance about what I must do to follow up on my desire with the necessary actions, so I can have my desire fulfilled.

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September 21: *The animal human being*

FROM PART 4, CHAPTER 4, THE FAIRYTALE ABOUT THE GODS,
 WHO WALK ON THE EARTH, PAGE 370

When the man is thinking but not sensitive, he is dominated by his masculine pole and is thus a giver, but this belongs to the animal kingdom, which is that stage where might is right.

When the woman is sensitive but not thinking, she is dominated by her feminine pole and is thus a receiver, but also this belongs to the animal kingdom.

The symbol of the animal man and the animal woman is tooth and nail. Their personal God is their stomach, and their universal God is survival of the fittest.

The animal man and the animal woman is the lowest rank in the human kingdom and swing in the pendulum between might is right and right is right, and through this swing their power of discernment is developed.

The TuTu Doctrine – The New World Order, page

In early days of Christianity, members often used tarot cards to make a decision about the path forward in their alchemical process, which was to achieve Self-realization by transforming lead to gold, that is, they transformed everyday living's lusterless, cheap, dull and gray heaviness to shiny, valuable, joyful and golden lightness.

However, it did not take long before tarot cards were forbidden, because those in power believed that users gained strength to act in accordance with their own heart by the help of the tarot cards instead of in accordance with the norms of society, when there was a conflict between the two.

To continue to be able to use the tarot cards, users created a manifested set of playing cards with a less conspicuous symbolism, but when those in power discovered that, they tried to stop users from taking good and bad omens with the help of their playing cards by portraying playing cards as the devil's work.

In *The TuTu Doctrine - The New World Order*, the aces have been used in

the symbolism, and here the ace of clubs is a symbol of the animal human being, ace of spades for the closed heart that turns everything upside down, ace of diamonds for the discernment, ace of hearts for love and the joker for the Spirit that can become anything the heart desires.

Today's contemplation

Today, I will give space both inside myself and others to all five existential conditions that The TuTu Doctrine - The New World Order illustrates with the help of the aces of the playing cards, whether the condition in the clubs, spades, diamonds, hearts or the joker is active in the NOW, so my heavy gray everyday life can become light and golden.

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September 22: To be unique

FROM PART 2, CHAPTER 2, THE PERSONAL, THE SECTION
 ARROGANCE 2, PAGE 169

First, I searched for an intellectual stand, where I could accept that I was neither more nor less than others.

I found this when I spotted the paradox that I was unique and that it was totally common to be so.

The TuTu Doctrine – The New World Order, page 170

Although the most common thing for a human being is to have a head, a torso, two arms and two legs, they are all put together in such a way that each and every human being is unique.

Many people believe that they are quite ordinary, exactly because they have a head, a torso, two arms and two legs like most other people without considering that their body is different from everybody else's.

Their body is so unique that even their fingerprints do not exist similar in the whole World and thus it is important for the individual human being to face that exactly because they are unique, their perspective on life is an important contribution to the totality.

This discovery is a great relief for most, because afterwards they exclusively need to take a stand on their own thoughts and emotions in the NOW without having to try to figure out the thoughts and emotions of others.

Today's contemplation

Today, I will exclusively take a stand on my own thoughts and emotions in the NOW.

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September 23: TuTu's return to God the Father

FROM PART 3, CHAPTER 4, THE SPIRITUAL WEDDING, THE
SECTION TUTU RETURNS TO GOD THE FATHER, PAGE

*I prayed to God that TuTu might get strength and courage to get up and go
wherever he had to be and offered to take him if it was the will of God.
A cone-shaped gleam, see-through like water, appeared from above.
It was the power of God the Father.
It went down through the crown of his head, and he was lit up from the
inside.
Little by little, he too turned see-through like water.
God the Father sucked him up, and he became invisible to my inner eye.*

The TuTu Doctrine – The New World Order, page 341

A human being goes to another earthly life from the dimension in which he/she lives in accordance with his/her existential understanding, and when his/her earthly life has been completed, because he/she has finished what he/she came to Earth for, he/she returns to the dimension he/she originated from.

When it is about the ascension of a worldly human being, his/her ascension will usually be an ascension to the fifth dimension, the astral plane unless his/her existential understanding has reached a level where his/her knowledge paired with experience has giving him/her access to the sixth dimension, the causal plane.

When it is about the ascension of a spiritual aspirant, he/she will usually have reached a point where he/she has achieved Self-realization and thereby God-realization in his/her earthly life, and he/she will then experience an ascension either to the Soul plane or to the Spirit plane, when his/her earthly life is over.

If he/she is an Absolute Master, his/her ascension will also take place either to the Soul Plane or to the Spirit Plane depending on whether he/she has chosen a life trajectory as a Bodhisattva to the Mahapralaya of all Spirits, or he/she has chosen to finish his/her earthly life with his/her personal Mahapralaya.

Today's contemplation

Today, I will use the principles described in The TuTu Doctrine - The New World Order to achieve Self-realization and God-realization, so I can ascend to the Soul plane or the Spirit plane, when I have left my mother Earth body.

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September 24: The deliverance of the benighted Souls

FROM PART 4, CHAPTER 3, THE FAIRYTALE ABOUT GOOD AND EVIL, PAGE 365

In the process of densification, the prayer looked like an enormous poisonous snake that wringed through The Ocean of Love. The form arose from the impression of the congregated poisonous being from the manifold darkened creaturesmanifestations, and the movement of the snake arose at the moment of creationmanifestation from the impression of the touching prayers, which initiated the movement.

The TuTu Doctrine – The New World Order, page 368

The Soul/the social body, who is the Spirit's first createdmanifested creaturemanifestation, was gradually covered by layers on top of layers, and the first layer consists in all the thoughts of the thinking mind, the ego/the causal body, and the next layer consists in the emotional body/the astral body, who consists of the outflowing energies of the thoughts.

The emotional energy streams gave energy to movements through space over time/the ethereal body, who made it possible for Spirit to set the physical bodies/Mother Earth bodies into movement, and this createdmanifested more layers around the Soul/ social body, who eventually became completely benighted.

This was a heartbreaking situation for the Soul/the social body, because the social life of the individual Soul became unloving, uncaring, hardhearted and merciless, and this alienation was intensely painful to the Soul/the social body, whose true nature is loving, caring, compassionate and merciful.

This unloving, uncaring, hardhearted and merciless state is called The Dark Night of the Soul, and The Dark Night of the Soul made the benighted Souls fervently pray for help, and the help came to them in the form of Shiva, the destroyer, who broke down the many layers of ignorance around the Soul/the social body.

Today's contemplation

Today I will use the principles from The TuTu Doctrine - The New World Order to liberate my Soul Life, my Social Life from that which is unloving, uncaring, hardhearted and merciless.

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September 25: Self-exaltation

FROM PART 2, CHAPTER 1, THE PRINCIPLES, THE SECTION THE ONE, WHO EXALTS HIMSELF/HERSELF SHALL BE HUMBLLED, PAGE 89

A spiritual teacher/teacheress, who lets himself/herself be served by his/her students, or who receives payments in any form to pass on his/her spiritual experiences is like the rich, who distributes pearls to exalt himself/herself, but when a person exalts himself/herself, also the abasement has to follow. This will take place at the point in time when the concerned person realizes that he/she is neither more nor less than any other creaturemanifestation and thus has to step down from his/her self-exalted state.

The TuTu Doctrine – The New World Order, page 89

Many spiritual aspirants become so impressed by their state of mind, when they get their first cosmic glimpse, that is, that they get their first glimpse of their true Self, their Spirit, that they think that it is impossible that others in their social circle can have achieved this exalted state, because otherwise they would surely have heard about it.

This elevated state as compared to their normal state of mind can make them imagine that they are superior to other people and that it is their job to help others to achieve what they themselves have achieved, and therefore they begin to perceive themselves as exalted and highly evolved spiritual teachers/teacheresses.

Little by little it dawns on them that they are limited, ignorant, powerless and mortal/changeable just like all other creaturesmanifestations and they

understand that this is true to such an extent that even a stone is just as valuable for the totality as they are, and thus they begin to descend from their self-exalted stage.

When they descend from their self-exalted state, they discover that the social life they have wanted for themselves, which made them try to help others achieve the same state of mind that they had during their cosmic glimpse, can only take place now, because now they meet each and every creaturemanifestation as an equal being.

Today's contemplation

Today, I will use the principles from The TuTu Doctrine - The New World Order to stop my use of the Small Ring of Arrogance with its superiority, inferiority, overcrowding and isolation, by learning to use the Small Ring of Truth with its humility, honesty, individuality and Fellowship instead.

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September 26: *Unknown Masters*

FROM PART 1, CHAPTER 2, FACE TO FACE WITH THE MASTER,
THE SECTION ARRIVAL AT THE MASTER'S, PAGE 24

We arrived in Shahjahanpur some time into the evening and asked people for directions, but it took a long time before we finally met a person who knew who the Master was.

I got disheartened by this, because if he was a great spiritual Master like I had been told, it appeared strange to me that hardly anybody in his own town knew who he was.

The TuTu Doctrine – The New World Order, page 24

In these years, 144,000 different Masters from the Higher Worlds have chosen to dress up in flesh and blood, so they can participate in the uplifting of Mother Earth to the Fourth Dimension, which is known under the name cyberspace.

These Masters have many different areas of expertise, but the purpose for all of them is to participate in the creationmanifestation of the New World Order and for this purpose many different types of Masters are needed in many different areas.

Some are well-known by most of their contemporaries and enjoy great recognition for their ingenious contributions within areas like spiritual guidance, literature, sculpture, art, science, technology, IT and medical arts

and others are unknown to most of their contemporaries.

Whether a Master is known or unknown depends on what his/her task is, and TuTu himself came as a thief in the night as prophesied in the Bible and therefore the population of the Earth only finds out that the highest Master has visited the Earth, when see the result of his visit.

Today's contemplation

Today, I will choose my spiritual teacher/teacheress according to my needs instead of how well known or unknown he/she is.

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September 27: Manifestation of vibration

FROM PART 3, CHAPTER 3, THE DIVINE WEDDING, THE SECTION
 THE DIVINE WEDDING, PAGE 287

I had not spoken with TuTu for several months.

It was a strange wedding with a bride and no groom.

I decided that I would believe the vision to be genuine if the groom came.

The TuTu Doctrine – The New World Order, page 289

Gradually, as a spiritual aspirant's understanding develops, he/she discovers that everything is vibration and that all vibrations spring from the root, who is God, his/her FatherMother in Whose Mind is his/her true Self, his/her androgynous Spirit is to be found, and from here his/her true Self either comes to expression as free flowing Spirit or as form.

The spiritual aspirant's Soul/social body, who is his/her true Self's, his/her Spirit's first createdmanifested form, holds all of his/her unfulfilled desires as a vibration from the beginning of time to this NOW, where they wait to be fulfilled or rejected as every desire is immediately fulfilled in the thought responsive Universe of the Soul.

The fulfillment of the desire takes place by the Soul of the aspirant immediately manifesting a series of forms that hold the fulfillment of the desire, and the aspirant can now choose one of them and undertake the tasks

required for the fulfillment of the desire, or he/she can choose to let go in the desire.

If the spiritual aspirant lets go of desire, he/she is free to move on, but if he/she chooses one of the forms, a series of impulses to action will arise, which he/she can choose to carry out now or later, but if he/she chooses to carry them out later, they are stored in the Soul Consciousness until the time is ripe to decide upon them yet another time.

Today's contemplation

Today, I will use meditation to learn receive guidance from my true Self, my Spirit and thereby from God about how I can best manifest the fulfillment of my desires in my physical Reality.

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September 28: *List of literature*

FROM PART 2, CHAPTER 2, THE PERSONAL, THE SECTION A LIST OF LITERATURE THAT MADE AN IMPACT ON MY PERSONAL UNDERSTANDING OF EXISTENCE, PAGE 192

A COURSE IN MIRACLES, THE ORIGINAL SEEN THROUGH THE EYES OF THE PRINCIPLES OF THE TUTU DOCTRINE – THE NEW WORLD ORDER, SCRIBE HELEN SCHUCMAN AND EDITOR WILLIAM T. THETFORD.

A COURSE IN MIRACLES, BY COURSE IN MIRACLE SOCIETY, SCRIBE HELEN SCHUCMAN AND EDITOR WILLIAM T. THETFORD,.

ACTIVE ADDICTIONS ANONYMOUS - THE WILD LIFE - ACTIVE ADDICTIONS ANONYMOUS, WORLD SERVICE OFFICE

A NEW EARTH – ECKHART TOLLE

A YOGI'S MEMORIES – YOGANANDA

CHRISTS ANONYMOUS - THE THIRTEENTH STEP - CHRISTS ANONYMOUS, WORLD SERVICE OFFICE

CITY SHAMAN – SERGE KING

DEATH AND THE DYING – ELIZABETH KÜBLER ROSS
DESTINY OF SOULS – MICHAEL NEWTON
DET TREDIE TESTAMENTE – MARTINUS
DIANETICS – L. RON HUBBARD
FLIGHT INTO FREEDOM – EILEEN CADDY
FRACTALS – TELEVISION PROGRAM ABOUT MANDELBROT'S EQUATION
GODS IN EVERY MAN – JEAN SHINODA BOLEN
GODDESSES IN EVERY WOMAN – JEAN SHINODA BOLEN
I NEED YOUR LOVE – IS THAT TRUE? – BYRON KATIE
IT WORKS HOW AND WHY – NARCOTICS ANONYMOUS, WORLD SERVICE OFFICE
JORDEN DØR UDEN KÆRLIGHED – BIRGIT KLEIN
JOURNEY OF SOULS – MICHAEL NEWTON
KAHUNA HEALING – SERGE KING
LIBERATION OF CONSCIOUSNESS – JES BERTELSEN
LIFE AFTER DEATH? – NILS OLE JACOBSON
LIFE AFTER LIFE – RAYMOND MOODY
LOVING WHAT IS – BYRON KATIE
MEMORIES AND LETTERS – C.G. JUNG
MY MASTER – P. RAJAGOPALACHARI
NO MORE CODEPENDENCY – MELODY ADAMS
PHILIP'S GOSPEL –NAG HAMMADI LIBRARY
PRINCE VALIANT – (CARTOON SERIES IN WEEKLY MAGAZINE)
REALITY AT DAWN – RAM CHANDRA
70 INCIDENTS OF REINCARNATION – IAN STEVENSON
TEN COMMANDMENTS – RAM CHANDRA
THE ACTIVE SIDE OF INFINITY – CARLOS CASTANEDA
THE ART OF DREAMING – CARLOS CASTANEDA
THE FIRE FROM WITHIN – CARLOS CASTANEDA
THE GARDEN OF FAIRYTALES – CARLOS CASTANEDA
THE HOLY GRAIL – MALCOLM GODWIN
THE INNER WEDDING – LINDA SHIERSE LEONARD

THE LAW OF ATTRACTION – ESTHER-ABRAHAM HICKS

THE MASTER GAME – ROBERT DE ROPP

THE NEW TESTAMENT – JOHN, MATTHEW, LUKE, MARK

THE POWER OF NOW – ECKHART TOLLE

THE TAO OF PHYSICS – FRITJOF CAPRA

THE WAY OF THE SHAMAN – MICHAEL HARNER

TOMAS'S GOSPEL – NAG HAMMADI LIBRARY

TOWARDS INFINITY – RAM CHANDRA

TRUTH ETERNAL – RAM CHANDRA, FATEHGARH

VOICE REAL – RAM CHANDRA

The TuTu Doctrine – The New World Order, page 192

Today's contemplation

Today, I will begin to read a book from the literature list from The TuTu Doctrine – The New World Order.

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September 29: *The good and the evil ones*

FROM PART 1, CHAPTER 1, THE INITIATION, THE SECTION
 CHILDHOOD BELIEF, PAGE 15

The uncommon ones said that God lived in the Heavens and from there he looked down on Earth and kept an eye to see if people complied with the ten important rules he had made for them.

The good ones believed in God and complied with the rules but the evil ones did not.

The TuTu Doctrine – The New World Order, page 15

In the past, it was only possible for people, who were particularly sensitive to pick up the vibration from their true Self, their Spirit, and their experience of the joy about their oneness with their true Self, their Spirit made them want to contribute to expand the opportunity for others to achieve the joy of this oneness.

Some of these spiritual teachers/teacheresses were so rooted in their true Self, their Spirit that they became powerful teachers/teacheresses at World level, and it is these teachers/teacheresses, who have given cause for the

great religions of the World to come into being, build on their teachings, but many of the teachings of these religions became distorted as compared to the original teaching.

This was due to that many of the disciples of the World Teachers had misunderstood some of what they passed on, and many others saw their material advantage in distorting the teaching so they could make a coin out of it or obtain others' resources in other ways, like for example when others served them by giving them their time, their interest and their energy.

Exactly these distortions made it difficult for many spiritual aspirants to feel secure in their own inner voice, and therefore many of them feared, that they might belong to the evil ones, because they were not able to follow the dictates of their religion, because these dictates were contrary to their own perception of Reality.

Today's contemplation

Today, I choose to believe that I belong to the good ones, when I follow my own heart and thus do what I want, even if the religion in which I grew says it is wrong.

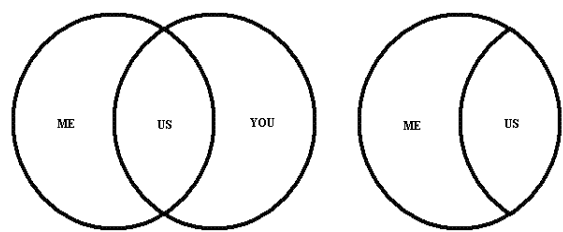
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September 30: *A power greater than the individual human being*

FROM PART 2, CHAPTER 1, THE PRINCIPLES, THE SECTION THE RINGS OF SOCIAL INTERACTION, PAGE 107

It also becomes clear that when two people have a social interaction, they are both in touch with a Power Greater than their individual selves as a 'me' and a 'you' in the form of the greater entity existing in the 'us' that is greater than the sum of its parts.

THE RINGS OF SOCIAL INTERACTIONS



The TuTu Doctrine – The New World Order, page 107

For many spiritual aspirants, it has been difficult to understand that when they hurt another, at the same time, they hurt themselves and the human Fellowship, whether they hurt the green grocer, an fellow road user, their parents, their children or their spouse.

However, with the help of The Rings of Social Interaction, it becomes apparent that it is like that, because here a spiritual aspirant can easily form an overview of his/her social life and how he/she can handle it advantageously.

The two merged circles illustrate a social interaction, where there is a 'me', a 'you' and an 'us' and that shows that the two interacting people are in contact with a Power greater than each of them as individual persons in the form of their human Fellowship, their mutual 'us'.

When they leave the social interaction, they are still in contact with 'us' in their personal circle, and that means that the hurt they has inflicted on another and the Fellowship occupies almost half of his/her their personal circle.

Today's contemplation

Today, I will refrain from deliberately hurting another, and if someone else expresses feeling hurt by me, I will immediately make amends to the other, even if I did not intend to hurt.

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October 01: *The pain of separation*

FROM PART 3, CHAPTER 2, THE ANGELIC WEDDING, THE
SECTION THE PAIN OF SEPARATION 2, PAGE 248

I remembered with painful clarity the separations we already had gone through and sat sulking and silent in the car.

"If he really loves me, he doesn't go," I thought.

"I don't go anyway," TuTu said.

"You don't mean it," I said, "it is just something you say to make me happy right now."

"No, no," he said, "I don't go if you feel that way."

The TuTu Doctrine – The New World Order, page 247

The largest part of humankind suffer from separation anxiety without understanding why they feel anxious about that their spouse, their children, their friends or acquaintances move on without them in ordinary or unusual everyday situations, and this may lead to many conflicts.

When the separation happens, because one member of a group breaks up, it creates/manifests a break up in the whole group, because most people feel reluctant about being the last one, who breaks up from a togetherness with others as that may lead to feelings of abandonment.

This reluctance is about that the last one, who breaks up, usually feels a stronger separation anxiety than the one, who leaves the party first, but many people are not aware that they act on their separation anxiety.

When the merged masculine and feminine principle was split into two during 'The Big Bang', the separation anxiety arose, but when a human again feels oneness with his/her true Self, his/her Spirit, the separation anxiety disappears.

Today's contemplation

Today, I will work on liberating myself from my separation anxiety by entering into oneness with my true Self, my Spirit.

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October 02: *The Four Minirings of Joy*

FROM PART 6, CHAPTER 1, APPENDIXES, THE SECTION
 APPENDIX H, PAGE 413

THE FOUR MINI JOY RINGS



The TuTu Doctrine - The New World Order, page 413

Today's contemplation

Today, I will choose to use one of The Four Minirings of Joy in a situation, where I do not usually use joy.

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October 03: To put oneself in someone else's place

FROM PART 1, CHAPTER 3, SPIRITUAL EXPERIENCES, THE
 SECTION SUICIDE, PAGE 44

"No, I can't tell her that. She'll go out of her mind from sorrow, when she hears it... on the other hand, the purpose of this meditation is, after all, to get an answer for her, so I have to tell her."

I opened my eyes and told her what I had seen.

To my surprise, she got relieved and said: "How good it was that I didn't get around to send a letter to the Master, because it is a totally different question I want to ask; now that I hear the answer, instead, I want to know what can be done to help him."

The TuTu Doctrine – The New World Order, page 46

Many spiritual aspirants are so sensitive to vibration that they easily pick up another's emotional radiation, and this may make them believe that they are able to put themselves in another person's place.

This is a misunderstanding that springs from his/her thoughts about the radiation of the other person, and these thoughts are about, what the spiritual aspirant would think himself/herself, if he/she had this radiation coupled with this behavior.

If the spiritual aspirant makes a Reality check of his/her perception, he/she will discover that it is often a completely different picture of Reality that the other person presents to him/her than the one that he/she had imagined.

When the spiritual aspirant has carried out an appropriate number of Reality checks to have confirmed that he/she cannot know what the other person thinks most of the time, he/she is liberated in the NOW from taking on problems that are not his/her own.

Today's contemplation

Today, I will let go of my imaginations about that another person's positive or negative radiation has sprung from the same thoughts that I would think in a similar situation, if I acted like the other person act.

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October 04: The Masters' universal love

FROM PART 1, CHAPTER 2, FACE TO FACE WITH THE MASTER,
 THE SECTION UNIVERSAL LOVE, PAGE 29

I became happy and thought that his love was a special boon for me alone, but when I told it to one of the other disciples, she said that she knew this experience too.

Later, I heard other disciples, both male and female, express similar experiences and I understood that the Master's love was universal.

The TuTu Doctrine – The New World Order, page 30

A male/female Soul Master radiates love, and a male/female Spiritual Master radiates unconditional love, and when a spiritual aspirant comes into contact with a male/female Soul Master or a male/female Spiritual Master, the spiritual aspirant feels in love.

This is due to that the male/female Master's radiation affects the spiritual aspirant in such a way that he/she senses his/her own Soul or her own true Self, her Spirit and therefore he/she senses his/her own love capacity.

It can lead to confusion in the spiritual aspirant, when he/she discovers that the male/female Master's radiation of love can be experienced by anyone, who has developed the required sensitivity to vibration.

Little by little, the spiritual aspirant understands however, that the male/female Master's radiation is due to his/her existential stage, and his/her love is thus not necessarily directed towards the individual spiritual aspirant.

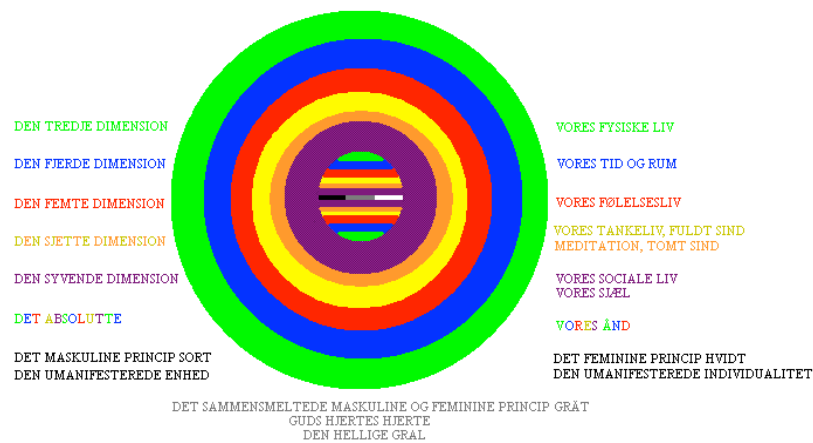
Today's contemplation

Today, I will accept that my spiritual Master's love is universal and therefore impersonal.

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October 05: Planes of existence

FROM PART 2, CHAPTER 1, THE PRINCIPLES, THE SECTION OUR MULTIDIMENSIONAL BEING, PAGE 84



The TuTu Doctrine – The New World Order, page 84

Many spiritual aspirants are not aware that they are a multidimensional beings, who have a life in many dimensions, because their planes of existence are so natural for them as breathing.

However, it is important for a spiritual aspirant to study all his/her planes of existence so that he/she can get a clear picture of the individual planes of his/her existence and how these planes are related to the whole.

By investigating all his/her layers of existence, he/she can discover that his/her true Self, his/her Spirit is his/her naked Self, who dresses up in various forms that he/she can call her bodies or his/her fields of energy.

These fields of energy can consist in a material body, a physical body, an ethereal body, an astral body, a causal body and a Soul, and they give him/her opportunity to experience life on all his/her planes of existence by the help of these forms.

Today's contemplation

Today, I will rejoice in life in all of my bodies from the oneness with my true Self, my Spirit.

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October 06: *The effect of magical objects on the mind*

FROM PART 1, CHAPTER 4, PILGRIMAGE, THE SECTION THE INFORMATIVE POWERS OF THE MAGICAL RING, PAGE 56

She shook her head: "I can't eat anything."

"You ought to eat something. Maybe you could eat these things?"

*I listed that, which had gone through my head.
 She nodded: "Yes I can eat that."
 "Good, then I'll go down to the kitchen to order it," I said.
 The next day, I met her in the restaurant and was told that she became well
 again after she ate.*

The TuTu Doctrine – The New World Order, page 57

Many spiritual aspirants have become misinformed about the nature of Reality when they grew up, so when they believed in the fairytales, which told them that given the right circumstances, a magical object could be given to them.

This type of objects is found in many places and has made both earthbound people and spiritual aspirants flock to different places, which possesses special qualities that are known to have a special effect on the person, who come to the place.

It can also happen that a spiritual aspirant receives a personal magical gift as a result of his/her behavior like described in the fairytales, and this very often happens, because the spiritual aspirant acted out of mercy in some connection or other.

When a spiritual aspirant receives a magical object, the object changes his/her state of consciousness in such a way that he/she comes closer to his/her spiritual goal, and in that way the object can uplift the spiritual aspirant.

Today's contemplation

Today, I will open my mind for the narrations of the fairytales about the circumstances that are needed to release a personal magical gift to me.

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October 07: *The Cosmic Seed*

FROM PART 4, CHAPTER 2, THE FAIRYTALE ABOUT THE LOVE
 WITHOUT LIMITS, PAGE 359

The coarser parts of the cosmic semen exploded in an inferno of motion and sound in several consecutive waves of expansion, and for the expanding particles, time came into being, as that gap, which arose between their uncreated unmanifested form and their created manifested form.

The TuTu Doctrine – The New World Order, page 360

The Cosmic Seed holds the unconditional love, care, compassion and mercy, which is the Keynote of the Universe, and which is the birthright of any creature manifestation to experience, if he/she wants it and therefore ask for it.

Mother Earth has since long experienced existential pains because of her lack of contact with the Cosmic Seed, and therefore she has prayed for help to recover from that, which makes her act contrary to the Keynote of the Universe.

The self-destructive side of her mind has made her act unloving, uncaring, hardhearted and merciless to herself by putting poison into her soil, by destroying her forests and by waging war against various parts of her own mind.

In response to her prayer, 144,000 divine incarnations - called avatars in Hinduism, bodhisattvas in Buddhism, walis in Islam, and angels in Christianity – have dressed up in flesh and blood to contribute to her elevation to a higher state of consciousness.

Today's contemplation

Today, I will align myself with the Keynote of the Universe and thus contribute to Mother Earth's continued upliftment by treating my personal Mother Earth body with unconditional love, care, compassion and mercy.

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October 08: The God Box

FROM PART 2, CHAPTER 2, THE PERSONAL, THE SECTION THE
HIERARCHY OF THE ARCHETYPAL RINGS , PAGE 179

In the Fellowships Anonymous the Ring of Fulfillment is called the God Box and in Hinduistic mythology it is called Sudarshan Chakra or the Sun Wheel.

The God Box is said to bring all the blessings of the World to the one, who opens the box, and it is perceived to be the origin of all of our virtues.

The TuTu Doctrine – The New World Order, page 179

The God box has many names in different contexts, such as the Ring of Fulfillment in *The TuTu Doctrine - The New World Order*, Sudarshan Chakra in Hinduism and The Sun Wheel in Nordic Mythology.

In the depth-psychology it is called an archetype and in esoterism an energy field, and this energy field holds four prominent energy forms, which are fulfillment, interest, meaningfulness, and oneness.

The fulfillment consists in filling up time with tasks, which are interesting to the person in question, and which he/she finds meaningful, and which also takes place in oneness with all parts of his/her consciousness.

When his/her chosen tasks are carried out in the energy from the Ring of Fulfillment, they will lead to that all of the World's joys and blessings come to come to him/her, as that is the result of using these energies to fulfill his/her desires.

Today's contemplation

Today, I will use the energy of my God Box to choose my tasks with care so I can experience the joy of performing them by the help of this energy field.

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October 09: Goddess the Mother and Goddess the Daughter

FROM PART 4, CHAPTER 4, THE FAIRYTALE ABOUT THE GODS
WHO WALK ON THE EARTH, PAGE 371

*"Two thousand years ago, you did not teach about Goddess the
Soulmother."*

"Time was not ripe.

*The feminine principle Goddess the Soulmother and Goddess the
Souldaughter therefore became The Veiled Woman and was called The Holy
Spirit."*

The TuTu Doctrine – The New World Order, page 372

As described in the Bible, Jesus Christ says that any sin will be forgiven except sin committed against the Holy Spirit, and in The New World Order sin is called defects of character and the Holy Spirit is called the merged consciousness of Goddess the Mother and Goddess the Daughter.

The reason, why sin against the Holy Spirit in the form of Goddess Mother and Goddess the daughter can not be forgiven, TuTu explained, is that Goddess the Mother and Goddess the Daughter represents the manifested, which is all that is createdmanifested.

The Rings of Social interaction clearly shows that if a human being commits a sin against love by using a defect of character in an interaction with other creaturesmanifestations, he/she experiences the pain, which the defect of character holds.

The pain-energy is a short-lived actions signal, which tells the human being in question that he/she has committed a mistake and that he/she therefore has a need to return to love so as to transform the pain to joy.

Today's contemplation

Today, I will use my life's pains as a guide to returning to love.

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October 10: *The power of the cobra*

FROM PART 3, CHAPTER 3, THE SPIRITUAL WEDDING, THE
SECTION THE POWER OF THE COBRA, PAGE 308

In Hinduistic posters of archetypes, the cobra is often found with distended hood as a part of the picture, because it is considered to be a powerful protector, and it was thus a powerful protector who had come to me.

The TuTu Doctrine – The New World Order, page 309

The Universe holds an infinite number of energy fields, which can be of a material, physical, energetic, emotional, mental, social or spiritual nature, and some of these energy fields are described in the archetypes of the World religions.

Others are described in the archetypes of the shamans, and one of these archetypes is the Cobra, whose power is described both in Hinduism and Shamanism, and this has lead to that the cobra often is revered in physical Reality.

In the archetypal Reality, the power of the cobra is associated with powerful protection of the one that the cobra chooses to come to, whether it comes to the person in question physically or archetypally.

If a spiritual aspirant chooses to walk the path of the shaman, it can happen that a cobra comes to him/her to protect him/her both in his/her inner and outer World, because the outer World is a reflection of the inner World.

Today's contemplation

Today, I will be aware if my inner World holds an archetype for my inner and outer protection.

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October 11: *The necessity of pain*

FROM PART 3, CHAPTER 1, THE EARTHLY WEDDING, THE
SECTION THE NECESSITY OF PAIN, PAGE 203

*When the acceptance occurred, I realized that the pain of life is not only a necessary part of existence but also an advantageous one.
What would otherwise prevent me from sitting down on a steaming hot object?*

The TuTu Doctrine – The New World Order, page 203

At the beginning of creationmanifestation a nuclear fission took place where the core of Spirit was split into two, and the nuclear fission was a painful but necessary event so as to become able to make possible the creationmanifestation of form.

All createdmanifested forms are crystallized Spirit, who has a limited life span, before they dissolve and pure free flowing Spirit is liberated and return to the origin, while the form goes through a shapeshifting in the dimension the form belongs to.

Many spiritual aspirants imagine that they will become completely pain free on all their planes of existence, when they reach their spiritual goal, which is to achieve oneness with their true Self, their Spirit.

However, this is not possible, until they, as pure, free flowing Spirit has withdrawn all their projections from all createdmanifested forms and thereby no longer have an existence on the createdmanifested planes of existence.

Today's contemplation

Today, I will choose to look at pain as a necessary and advantageous part of creationmanifestation.

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October 12: *The divine and the mundane*

FROM PART 4, CHAPTER 5, THE TUTU DOCTRINE, THE SECTION
THE FERTILIZED EGG, PAGE 382

The Masculine Represents The Power of creationmanifestation, which is The Power of Action, and which is found in The Divine as God The Father and in The Mundane as God The Son, who says: "The Truth is that The Truth is not The Truth."

The TuTu Doctrine – The New World Order, page 382

At the beginning of creationmanifestation, pure unmanifested Spirit projected a spark of himherself into the first two createdmanifested forms that heshe had createdmanifested as **crystallized** Spirit, and in this process the merged masculine and feminine principle were split into two - a man and a woman, and the plane of existence those two found themselves on is called Divine plane or the seventh dimension.

The man is called the Divine Father, and the woman is called the Divine Mother, and he is the Creator and she is the Manifestoress of that life that is found below the Divine plan, the seventh dimension, in the same way as the man's seed is the Creator, and the woman's egg is the Manifestoress on the physical plane, the third dimension.

Gradually, as the creationmanifestation process progressed, more and more existence planes were createdmanifested, and the sixth dimension became the thought plane, the fifth dimension became the emotional plane, the fourth dimension became the space and time plane, and the third dimension became the physical plane.

The third dimension, the physical plane is an outer plane and is called the mundane plane when it comes to what can be sensed, measured and weighed, and a person, who is solely preoccupied with what can be sensed, measured and weighed is called a mundane person and a person, who furthermore, is preoccupied with his/her soul and his/her true Self, his/her Spirit is called a spiritual person.

Today's contemplation

Today, I will let myself be preoccupied with my life in all the dimensions.

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October 13: *Spiritual Honeymoon*

FROM PART 5, CHAPTER 1, MY LIFE WITH THE MASTER, THE SECTION HONEYMOON, PAGE 392

The following three weeks, I saw TuTu in many different places, where I either spoke with him or was just silently together with him, while I rode on a wave of energy, which ascended to ecstatic heights several times a day. Then the energy wave slowly ebbed out and the honeymoon was over, but I continued to get visions of TuTu.

The TuTu Doctrine – The New World Order, page 393

When a spiritual aspirant meets his/her Spirit Mate in his/her life on Earth, they both achieve an expansion of their understanding of existence by the help of The Four Weddings, which enables them to become conscious on higher and higher planes of existence every time they enter into a new wedding with each other on the next higher plane of existence.

Gradually, as they become ready to surrender to their love for each other, their consciousness slowly expands, and thereby they become ready to enter into the next marriage on the next higher plane of existence, and their wedding on the next higher plane of existence is an initiation to a new level of understanding of existence for them both.

Their earthly marriage takes place in the slow third dimension energies; their angelic marriage in the faster sixth dimension energies; their divine marriage in the even faster seven dimension energies and their spiritual marriage in the lightest and fastest Absolute energies in the eighth dimension.

For every marriage the partners enter into, their life on Earth becomes lighter and lighter, more and more energetic, so when they reach to their Spiritual wedding in the eighth dimension, their energy level has reached a plane that makes it possible for them to experience their honey moon in a state of otherworldly bliss.

Today's contemplation

Today I will use the principles of The TuTu Doctrine - The New World Order to make my personal vibration level lighter and lighter, faster and faster, happier and happier.

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October 14: *The Holy Spirit*

FROM PART 2, CHAPTER 1, THE PRINCIPLES, THE SECTION THE HOLY SPIRIT, PAGE 78

The Holy Spirit is the united energy from a woman and her soul, even though they express themselves in two different dimensions, and their united energy is greater than the sum of the energy from both of them, and this feminine principle God now wishes to lift the veil from and thereby place the masculine and the feminine in their right places, side by side, on an equal footing.

The TuTu Doctrine – The New World Order, page 78

At the time, when Jesus of Nazareth lived, the masculine principle was so dominant that women had only three options to cover their basic needs, and they consisted in that they either lived with their family or lived with their spouse or that they prostituted themselves.

The position of women in society had made the men of the day look down on them, and Jesus' disciples had therefore difficulty imagining that the feminine principle and the masculine principle were equal partners, although they were different.

When Jesus spoke with respect about the Holy Spirit, they imagined that the Holy Spirit had to be a man, and that made Jesus warn them about the Kabbalah's number combination 666, because it placed both God, the Father, God, the Son and the Holy Spirit in God, the Father's place, which is symbolized by the number 6 for F in the Kabbalah.

Jesus warned against putting God, the Father, God, the Son and the Holy Spirit in the same place, because thereby the humanness of God, the Son, and the Holy Spirit/Goddess, the Mother and Goddess, the Daughter were excluded from humankind's understanding of the Soul Realm's relation to the human realm.

Today's contemplation

Today, I choose to believe that the masculine and feminine principle are equally worthy, although they are different.

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October 15: Sexual freedom

FROM PART 3, CHAPTER 2, THE ANGELIC WEDDING, THE
 SECTION PURIFICATION FOR SEXUAL JEALOUSY AND
 POSSESSIVENESS 2, PAGE 261

However, I only became able to accept that this interaction took place at all when both my sexual jealousy and my possessiveness, little by little, let go of their oppressing grip on me, because thereby I reached a point where I thought that as long as I felt fully satisfied with his interaction with me I did not have to take a stand on whether his interactions with others robbed me of something, which I did not know what was, and thereby I let go of my desire to be in control of his interactions with other women and men.

The TuTu Doctrine – The New World Order, page 266

In the earthly marriage, sexual jealousy and possession is still an active energy from the law of the animal kingdom, where survival of the fittest is law, and where the alpha male and the alpha female in many cases are the only ones in the group, who are allowed to mate.

This gives rise to much strife in the group about, who should take the place as alpha male and alpha female, and many people are still suffering under the law of the animal kingdom for many lives after having entered into their human form.

Little by little, as their understanding of the law of the human kingdom develops, they understand that the law is no longer the survival of the fittest, but the survival and mating right for all, when the need arises.

Gradually, as sexual jealousy and possessiveness let go of its oppressing grip on humankind, it becomes easier and easier for humankind to have its most fundamental needs of which one is to have a sexual interaction with another fulfilled.

Today's contemplation

Today, I will use the principles of the New World Order to purify myself for sexual jealousy and possessiveness.

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October 16: *The throne of life*

FROM PART 4, CHAPTER 1, THE FAIRYTALE ABOUT THE MASTER OF THE UNIVERSE, PAGE 350

"How can I sit down on the throne?"

"By doing it."

"Yes, but where do I find the throne?"

"The throne is in the center."

"Where is this center?"

"The center is your heart. The heart is the center."

The TuTu Doctrine – The New World Order, page 352

When the spiritual aspirants have been on the spiritual path for a long time without finding the oneness with their true Self, their Spirit that they long for, they begin to get confused about how it can become possible for them to fulfill their desire.

The reason for this confusion is first and foremost due to that they have got the impression during their growing up that the desires of others were more important than their own desires, even that others knew better what was good for them than they did themselves.

No matter how well-meaning others are however, they cannot take the spiritual aspirant's place inside his/her various bodies and therefore they cannot know what the spiritual aspirants various bodies need right NOW and HERE.

Gradually, as the spiritual aspirants discover that the way to oneness with their true Self, their Spirit is to follow their heart they begin to do what they feel like doing in The Blissful Flow of the Present Moment.

Today's contemplation

Today, I will choose to follow my heart by doing what I feel like in The Blissful Flow of the Present Moment.

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October 17: A United World

FROM PART 4, CHAPTER 5, THE TUTU DOCTRINE, THE SECTION THE FERTILIZED EGG, PAGE 385

Together, we can get Access to The Holy Grail Of The World, the Open, Pure, Loving, Caring, Compassionate, Merciful and therefore Sanctified Heart, who Beats with One Sound like One Heart in a Healed and Whole World.

If The World Chooses to Unite and Contribute, each one with his/hers, Together, we can Realize and thereby bring into our Daily Lives The Holy Grail of The World.

The TuTu Doctrine – The New World Order, page 286

The Four Corners of the World have each theirs to contribute to the World and as long as The Four Corners of the World argue about, who possesses the right understanding, who should have a share in Mother Earth's resources and who should not, it is not possible to createmanifest a United world.

Thus, it will not be possible either for humankind as a whole to gain access to The Holy Grail, who is the World's open, pure, unconditionally loving, caring, compassionate, merciful, and therefore sanctified heart, who beats with one sound as one heart.

If the Four Corners of the World let go of pointing to each other's deficiencies and faults by purifying their own mind for that, which makes them see fault in their neighbor, the World can gradually unite and become a healed and whole unconditionally loving, caring, compassionate and merciful United World.

This can be done if the North contributes with his knowledge about that the Truth is that the Truth is not the Truth, the South with her knowledge of do not Fear the Fear of Fear, the East with his knowledge of Be Aware that you are Aware of your Awareness and the West with her knowledge of Be in the Flow.

Today's contemplation

Today, I will contribute to a United World by purifying my own mind from that, which makes me se fault in my neighbor.

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October 18: *The Medusa head*

FROM PART 1, CHAPTER 1, THE INITIATION, THE SECTION
 CHILDHOOD FAITH, PAGE 14

Hell was a place below the ground, and it was awful to be there, because people were burnt with sulfur and fire all the time, like the people in that city, which God burnt down.

The TuTu Doctrine – The New World Order, page 15

Medusa was a beautiful young woman, who was raped by the God Poseidon in the Goddess Athena's temple and thus on holy ground, and the Goddess became enraged by Poseidon being so enchanted by Medusa's beauty that he raped her on holy ground.

In rage Athena transformed Medusa's hair to snakes and made her so ugly that even the greatest heroes were transformed to stone if they looked at her, and in this way Medusa was violated by both the masculine and the feminine principle.

These Greek archetypes are an illustration of thousands of years of violations of the feminine principle, and this has made life on Earth into a hell, which is so ugly that even the greatest heroes are transformed to stone by the sight of it.

A New World Order has taken its beginning and the masculine and the feminine principle has now been placed side by side on an equal footing by

the help of The Fellowships Anonymous, where the thinking man becomes sensitive and the sensitive woman becomes thinking.

Today's contemplation

Today, I will put the masculine and the feminine principle on an equal footing and therefore I will respect both the mental and the emotional in myself and others.

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October 19: *The pendulum of arrogance*

FROM PART 2, CHAPTER 2, THE PERSONAL, THE SECTION
 ARROGANCE 2, PAGE 170

Now I could see that I was in an endless swing in the pendulum of arrogance from more than to less than others and back again.

The TuTu Doctrine – The New World Order, page 172

Many people think that an arrogant person feels superior to others all the time, but those who choose to work with the Rings of Joy and Pain from *The TuTu Doctrine - The New World Order* quickly find out that it is not that simple.

When they work with the Ring of Pain of the West, they discover that it is about arrogance and that a human being, who finds himself/herself in this energy field is found in a North-South swing from feeling more than others to feeling less than them.

In addition, they swing on the East-West axis between overcrowding and isolation that makes them overcrowd their day with people to meet and actions to perform when they feel superior and to hide from others when they feel inferior to others.

This shuttles among the attributes of the Small Ring of Arrogance is not merely about the arrogance of the individual human being, but also about the arrogance at World level, because the Western World represents this energy field.

Today's contemplation

Today, I will investigate the Ring of Pain of the West to find out if I can see this Ring in action both in myself and in the World.

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October 20: To share one's experiences with others

FROM PART 4, CHAPTER 4, THE FAIRYTALE ABOUT THE GODS WHO WALK ON THE EARTH, PAGE

"How do I help my neighbor then?"

"By sharing about your own experience and thereby giving your neighbor strength and the hope that also he/she can get through the pain."

"Is that all?"

"It may appear to you to be little, but it is not so."

It is important that you give that contribution to the solution that you want to give, no matter how small you think it is."

The TuTu Doctrine – The New World Order, page 377

Throughout the last two thousand years, many spiritual aspirants, who want to follow in the footsteps of Jesus Christ of Nazareth have formed many ideas about what the Christ Consciousness/the Mercy Consciousness means and how it comes to expression.

By reading *The TuTu Doctrine - the New World Order* it becomes clear to the spiritual aspirants that the Christ consciousness can also be called the consciousness of mercy and that many in the World today have achieved the Christ Consciousness/the Mercy Consciousness.

Many have achieved the Christ Consciousness/the Mercy Consciousness by the help of the Twelve Step Programs of the New World Order, where they choose a true Self, surrender to the care of their true Self and show mercy to those, who still suffer.

Step Twelve is called the Step of Mercy, because the one, who has recovered from the pain that is being worked with in the Twelve Step Program in question, shares his/her experiences about his/her recovery from this pain with those, who still suffer from it.

Today's contemplation

Today I will show mercy to another human being by taking the time out to share my experiences with recovering from the pain, he/she suffers under, if he/she wants it.

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October 21: Responsibility to own feelings

FROM PART 2, CHAPTER 2, THE PERSONAL, THE SECTION ANGER AND REVENGEFULNESS, PAGE 170

If I discover that I was materially, physically, energetically, emotionally, mentally, socially or spiritually harmed by the mistakes made by another, I used this information to decide how to avoid getting myself into a similar situation in the future and then acted in accordance with that.

The TuTu Doctrine – The New World Order, page 170

Many spiritual aspirants perceive the Christ Consciousness/the Mercy Consciousness to be a state of consciousness in which they are able to endure anything so as to serve others, and this perception has created many sufferings in humankind for the last two thousand years.

The life of Jesus was an illustration of the strength the Christ Consciousness/the Mercy Consciousness could give a human being if this human being has a personally true Self, has surrendered his/her will and his/her life to the care of his/her true Self, and show mercy to the suffering.

Once a person has achieved this, he/she no longer tries to be without boundaries, but takes responsibility for his/her feelings by setting boundaries both to himself/herself and others, when something pains in one of his/her bodies.

Moreover, he/she chooses to contribute to the well being of his/her bodies by seeing to it that they are all well-rested, well-groomed, well-nourished and well-exercised and by meeting them with unconditional love, care, compassion and mercy.

Today's contemplation

Today, I will respect the limitations that my bodies have without blaming them that they are limited, ignorant, powerless and mortal, and instead I will meet them with unconditional love, care, compassion and mercy.

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October 22: *The thought's limitation*

FROM PART 4, CHAPTER 3, THE FAIRYTALE ABOUT GOOD AND EVIL, PAGE 368

In compassion with the limitation of her thought power, the woman used her power of love to createmanifest a sentry from the cosmic streams of energy that is the nourishment of the all and thus she put a protector at the disposal of the thought so that nothing unknown should surprise it.

The TuTu Doctrine – The New World Order, page 370

Most people in the World today identify themselves with their thinking mind, their ego, and they are not aware that above their thinking mind, their ego their Soul, who observes their thoughts, is to be found, and above their Soul their true Self, their Spirit, who observes their Soul, is to be found.

Only their true Self, their Spirit is free-flowing and unlimited and can therefore be omnipresent, and their Soul is a crystallized form of Spirit createdmanifested by their true Self, their Spirit in the same way as their

thinking mind, their ego is a crystallized form of Spirit created/manifested by their Soul.

Both the Soul and the thinking mind, the ego are created/manifested forms and therefore limited, ignorant, powerless and mortal/changeable, and the ego was created/manifested by the Soul, because the Soul wanted to heal the pain of his/her creation/manifestation by the help of a veil of oblivion, which was meant to cover up the pain, which consisted in fear of having lost his/her eternal beloved, when they were split into two Souls.

The New World Order is in the becoming, and the goal with it is to liberate humankind from their identification with their limitation, ignorance, powerlessness and mortality/changeability of their ego and lead their healed Souls further into oneness with their true Self, their Spirit wherefrom they can experience life on Earth with joy.

Today's contemplation

Today, I will use the principles of The TuTu Doctrine - The New World Order to let go of identifying myself with my thinking mind, my ego, so I can liberate my Soul and become able to identify myself with my true Self, my Spirit.

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October 23: *The rightful places of God the Father and Goddess the Mother*

FROM PART 2, CHAPTER 1, THE PRINCIPLES, THE SECTION TO SEPARATE THE SHEEP FROM THE GOATS, PAGE 79

In the Bible, the disciples have written that when Jesus comes back, he will sit at the right hand side of God the Father, separate the sheep from the goats and then pass judgment on them.

Those who are ready will follow him to the Kingdom of Heaven and those who are not will be thrown into the lake of fire.

The TuTu Doctrine – The New World Order, page 79

God the Father and Goddess The Mother are Cosmic Twins, who are also called Soul Mates, and God the Father is a man's Soul and Goddess the Mother is a woman's Soul, and in the Bible the united consciousness of Goddess the Mother and Goddess the Daughter called the Holy Spirit even though many had believed that the Holy Spirit would a representation of the masculine principle in the new world order.

The reason for Jesus Christ of Nazareth to veil the feminine principle in his teachings under the name of the Holy Spirit was that at that time humankind had a need to leave behind the flock mentality by the help of the masculine principle God the Father and God the Son.

The masculine principle represents the individuality, and the feminine principle represents the fellowship in the worlds of forms, and as the respect for the individuality is now so progressed on Earth that it cannot be broken any longer, the 12 Step fellowships of the new world order are createdmanifested in such a way that they give the individual member the right to his/her seat in the fellowship by the help of the Traditions of these Fellowships. exactly as he/she is.

Now, the Holy Spirit, who is the mercy is being liberated from her veil by the help of the Twelfth Step of Twelve Step Fellowships, which makes it possible for the individual human being to find a safe haven, where his/her can work with his/her existential problems and find a solution to them by the help of the other members.

Today's contemplation

Today I will seek refuge in a Twelve Step Fellowship to work with those of my sufferings that I want to liberate myself from at this point in time of my life.

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October 24: *The longing for The Great Love*

FROM PART 2, CHAPTER 1, THE PRINCIPLES, THE SECTION THE JUDGMENT, PAGE 80

All the riches of the Earth are Mother Earth's gift to all of her children, but in their insanity those who fornicate with the harlot, rape their own mother,

the Earth, to acquire more and more.

As a result of these actions, they will be thrown into the lake of fire, which consists of the great pain in their innermost heart, because they cannot hear the desire of their heart.

In the lake of fire, they learn to discern their innermost heart's desire from all other desires.

The TuTu Doctrine – The New World Order, page 80

Even if a human being is still worldly focused, he/she longs for The Great Love, and he/she imagines that if he/she can pile up large material possessions, he/she may more easily have so many possible choices of a life partner that he/she can find a life partner he/she can love, and who also loves him/her.

Because love all the time seems to escape him/her, it can make him/her rape Mother Earth to acquire more and more without him/her understanding that love cannot be bought for property or gold and that it is his/her own feeling of love that is the happiness, he/she seeks in property and gold.

His/her innermost heart calls him/her home to his/her true Self, his/her Spirit by the help of his/her Cosmic Twin, his/her Spiritmate, who helps him/her to hear his/her innermost heart's desires that he/she then learns to discern from all other desires.

His/her innermost heart's only desire is to give and receive the unconditional love, care, compassion and mercy, and he/she can only become able to give and receive the unconditional love, care, compassion and mercy when his/her desire is strong enough til attract his/her Spirit Mate, his/her One and Only and therefor stands pure and without opposition.

Today's contemplation

Today, I will purify my thinking mind, my ego from all other desires but the desire to give and receive the unconditional love, care, compassion and mercy.

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October 25: The Four Guidelines

FROM PART 3, CHAPTER 3, THE SPIRITUAL WEDDING, THE
SECTION THE COMING INTO BEING OF THE TUTU DOCTRINE,
PAGE 302

Gradually, it became my perception that the Four Guidelines are the peak of all that can be said in the spiritual field, and that everything worth knowing exists in seed-form in one page that comes after the fairytales in part four of this book under the heading 'The Seed of Love'

The TuTu Doctrine – The New World Order, page 303

Life on Earth holds infinitely many options for choosing a life-style, and it can misguide many people to seek happiness in places where it is not to be found.

Therefore, there are Four Guidelines in *The TuTu Doctrine - The New World Order* so people in the New World Order can live happily in their daily life.

The Nordic Guideline comes from the masculine principle that says: The Truth is that the truth is not the Truth, and the Southern Guideline comes from the feminine principle that says: Do not fear the fear of fear.

The Eastern Guideline comes from the masculine principle that says: Be aware that you are aware of your awareness, and the Western Guideline comes from the feminine principle that says: Be in the Flow.

Today's contemplation

Today I will work on acquiring the Four Guidelines.

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October 26: *The fear of Self-realization*

FROM PART 1, CHAPTER 3, SPIRITUAL EXPERIENCES, THE
SECTION THE INITIATION TAKES PLACE WHEN THE DISCIPLE IS
READY, PAGE 48

*I was surprised to discover that I was afraid of Self-realization.
After that day, I often tried to do away with my fear by recalling the vision
during contemplation and imagining that I jumped.*

The TuTu Doctrine – The New World Order, page

Before the beginning of creationmanifestation, Spirit wanted to
createmaniest a contrast to hisher omnipresent, omniscient, omnipotent and
immortal/unchangeable existence, and the individual Spirit chose to do this
by crystallizing a part of himherself into a form and then createmaniest life
in the form by instilling a spark of hisher eternal life in the form.

Because the crystallized form had a spark of free flowing Spirit as a life-
giver of the form, it became possible for Spirit to experience hisher contrast
because hisher life-spark was now limited by form, ignorant about what was
outside form, powerless over that, which the form was ignorant about, and
as the form slowly dissolved it was mortal/changeable.

Over millions of years, Spirit identified himherself with the form that heshe
lived in to make the experience as real as possible until eventually heshe had
forgotten that heshe was not the form but the individual Spirit's free flowing
spark of life, who made it possible for the form to express life on various
planes of existence.

When a spiritual aspirant begins his/her journey back to origin, he/she needs
to give up his/her identification with his/her forms, and that makes his/her
return to his/her true Self, his/her Spirit a demanding task because it could
createmaniest fear of, that he/she might be wasting his/her life on a figment
of imagination.

Today's contemplation

*Today, I choose to trust that my kindred spirits speak the truth, when they
say to me that I am on the right path in my life, when I want to return to my
true Self, my Spirit.*

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October 27: *The fear of keeping others stuck with one's love*

FROM PART 5, CHAPTER 1, MY LIFE WITH THE MASTER, THE
SECTION THE DEAD AND THE LIVING, PAGE 396

*In the end, I said to him: "I don't want you to be here if it is because I retain
you here with my love that you are here."*

"I'm here because I want to be here," he said.

The TuTu Doctrine – The New World Order, page 396

When a person falls in love it is because, he/she recognizes something in the
other person that fits in with the vibratory image he/she carries in his/her
innermost heart of his/her one and only, who is his/her feminine/masculine
part in his/her personal Ardhanarishvara.

Even though he/she falls in love, it may turn out little by little that his/her
partner shows different sides that do not match his/her vibratory picture and
therefore he/she has to move on in life until he/she meets the
creationmanifestation of his/her perfect feminine/masculine part.

When he/she is face to face with the creationmanifestation of his/her one
and only, his/her beloved may appear to him/her to be unearthly beautiful,
regardless of how she/he looks physically, because the vibratory image of
his/her beloved is holy to him/her, and seen in the Light of Love the beloved
looks radiantly beautiful.

At the same time, he/she may find it difficult to imagine that such a
wonderful person can love him/her in the same way that he/she loves
her/him, and it may make him/her believe it is possible for him/her to divert
his/her beloved from her/his personally chosen path in life because of the
intensity of his/her love, even though something like that cannot be done.

Today's contemplation

*Today, I choose to trust that my beloved has chosen his/her path in life the
same way I have chosen mine and that he/she is therefore with me because
he/she has chosen it.*

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October 28: Medicated meditation

FROM PART 3, CHAPTER 3, THE DIVINE WEDDING, THE SECTION
PREPARATION FOR THE FULFILLMENT OF A PROHIBITED
DESIRE, PAGE 278

To my amazement, I discovered that they sank away when they had smoked a certain amount like people who went into deep meditation, and when I got around trying it myself, I came to perceive it to be medicated meditation.

The TuTu Doctrine – The New World Order, page 278

Sometimes it can happen that the longing of a spiritual aspirant for oneness with his/her true Self, his/her Spirit can become so intense that he/she tries to forcibly bring out that state of mind, which is characteristic of his/her true Self, his/her Spirit

Opiates are the medicines of the Gods, which they have given as a gift to ease the pains of humankind, and because opiates work on many levels, they can appear attractive to a spiritual aspirant, as they induce a state of medicated meditation.

Under the influence of opiates, the spiritual aspirant feels that his/her existential pains fades away, he/she feels slightly elated, and furthermore, he/she feels that his/her thoughts dwindle away so disturbance in his/her solar plexus comes to rest.

The problem with the medicated meditation that opiates bring forth is that it makes the spiritual aspirant's physical body stop producing the natural opiates of the body, and thus he/she becomes addicted to opiates.

Today's contemplation

Today, I will use the principles from The TuTu Doctrine – The New World Order to achieve a state of meditation without the use of opiates.

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October 29: *The Keynote of the Universe*

FROM PART 4, CHAPTER 3, THE FAIRYTALE ABOUT GOOD AND EVIL, PAGE 368

She came to the outermost darkness, the Dark Night of the Soul, together with the first wave of creaturesmanifestations, and when their invocations for help stroked the Keynote, a wave of mercy arose in The Ocean of Love, which is the Keynote of the Universe, and a huge field of energy condensed.

The TuTu Doctrine – The New World Order, page 371

Before the beginning of creationmanifestation, pure free-flowing Spirit existed everywhere and was all that was, and Spirit's unconditionally loving, caring, compassionate and merciful energy was omnipresent as a vast ocean, the Ocean of Love that is omniscient, omnipotent and immortal/unchangeable, and this energy is the Keynote of the Universe.

Perfect oneness prevailed everywhere in the Ocean of Love, until a desire arose in one individual Spirit about seeing HisHer beloved in a new perspective, and the desire made a quiver run through the Ocean of Love, and thus movement arose in the individual Spirit with the purpose of fulfilling the desire that demanded that creationmanifestation of form took its beginning yet another time.

In order for the individual Spirit to become able to see HisHer beloved in a new perspective, heshe createdmanifested a contrast to HisHer omnipresence, HisHer omniscience, hisher omnipotence, and hisher immortality/unchangeability, and this contrast was a form that was limited, ignorant, powerless and mortal/changeable.

The form was createdmanifested by crystallizing a part of Spirit and projecting a spark of pure free flowing Spirit into the form to give it life, but even though the form was limited, ignorant, powerless and mortal/changeable, it was nevertheless still Spirit and thus the form still consisted of love, care, compassion and mercy, albeit in bound form.

Today's contemplation

Today, I will accept that the Keynote of the Universe is to be found as the keynote in everything and everybody everywhere at all levels of existence, although I must go through the Dark Night of the Soul to become able to experience the oneness of the Keynote of Universe again.

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October 30: *Not a sparrow falls to the ground....*

FROM PART 1, CHAPTER 2, FACE TO FACE WITH THE MASTER,
THE SECTION GOD'S WILL, PAGE 28

I noticed that one woman often sat on the chair right opposite him, and I also wanted to sit at the center of his happiness-creating attention. I decided to sit down on that chair next time we gathered around him, but hardly had I sat down before I felt that I had behaved improper.

The TuTu Doctrine – The New World Order, page 28

Many spiritual aspirants imagine that they can better have their desires fulfilled if they serve God, and they also imagine that they best serve God by doing something that religious heads recommend, even if it is something they do not want to do.

God is omnipresent, omniscient, omnipotent and immortal and does not need any creaturemanifestation to do anything at all that they do not want to do, so this is a misunderstanding of how they can best serve God.

It is true that not a sparrow falls to the ground without it being the will of God, and that all the hairs of our heads are accounted for, but it is also true that God's will does not move unless a creaturemanifestation wants it.

God's love is unconditional and that means that God does not judge any desire, big or small, as unworthy so the most beneficial thing a spiritual aspirant can do to serve God is to ask for what he/she wants and to act as he/she wants to.

Today's contemplation

Today, I will ask for what I want and do what I feel like doing.

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October 31: Contrast

FROM PART 3, CHAPTER 3, THE DIVINE WEDDING, THE SECTION WITHDRAWAL SYMPTOMS, PAGE 280

The contrast between the discomfort of withdrawal symptoms and the comfort of bringing it to an end was the biggest emotional contrast I had yet experienced, and I got hooked on the contrast.

The TuTu Doctrine – The New World Order, page 280

The purpose of creationmanifestation is to createmanifest the contrast to the Spirit's omnipresence, omniscience, omnipotence and immortality/unchangeability, and this has been done by creating the limited, ignorant, powerless and mortal/changeable by the help of all existing forms.

By crystallizing Spirit to form, the ultimate contrast between Spirit and Matter is createdmanifested, and the contrast between Spirit and Matter furthermore consists in the unconditional love, care, compassion and mercy of Spirit and the unconditionally unloving, uncaring, hardheartedness and mercilessness of Matter.

The purpose with the involution, which is Spirit's entanglement in Matter, was to achieve the experience of the greatest possible contrast between Spirit and Matter, and therefore to createmanifest the greatest possible distance to Spirit by identifying with createdmanifested forms, whether it is about physical forms or other forms such as thought forms.

In the New World Order, however, it is about participating in the evolution, which is Spirit's disentanglement from Matter, and this is done by liberating oneself from identifying oneself with all createdmanifested forms so as to be led to identification with one's true Self, one's Spirit and thus to experience the joy of being under all circumstances.

Today's contemplation

Today, I will use the principles from The TuTu Doctrine – The New World Order to liberate myself from my identification with form, and instead I will identify myself with my true Self, my Spirit.

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November 01: *Equality*

FROM PART 3, CHAPTER 4, THE SPIRITUAL WEDDING, THE
SECTION THE TRUE DISCIPLES OF JESUS, PAGE 298

"If now he has come to save them, then why is he an addict and an alcoholic himself?"

I said: "Should he be above them or should he share their circumstances?"

The TuTu Doctrine – The New World Order, page 299

Many spiritual teachers/teacheresses try to be superior to others existentially seen by doing their best to conceal their human limitation, ignorance, powerlessness and mortality/changeability.

When a spiritual teacher/teacheress tries to present himself/herself as above the human conditions, he/she is to be found in the Miniring of Arrogance with its condescension, intolerance, exaggeration and seclusion.

The Miniring of Arrogance is a pain-ring, and the existential pains of the spiritual teacher/teacheress consist in that he/she can not show that he/she too has a need to learn to handle his/her humanness same as his/her students.

When the pain of the spiritual teacher/teacheress reaches the limit of his/her capacity to bear it, he/she can find the solution to his/her pain by using the joy of the Miniring of Truth with its equality, tolerance, accuracy and belongingness instead.

Today's contemplation

Today, I will use the Miniring of Truth with its equality, tolerance, accuracy and belongingness in relation to others that I exchange existential information with.

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November 02: *Drugs*

FROM PART 1, CHAPTER 4, PILGRIMAGE, THE SECTION
PSYCHOTROPICS 2, PAGE 50

*He explained that he was making a joint and asked me if I wanted to smoke,
so I took a couple of drags.
I got strongly affected and entered a high and clear altered state of
awareness.*

The TuTu Doctrine - The New World Order, page 51

The Greek archetype Dionysus/Bacchus, the god of wine and ecstasy says that the road of excess leads to the Palace of Wisdom, and the Palace of Wisdom is also called the Buddha/Tara consciousness, because Siddhartha Gautama Buddha achieved his wisdom by the help of excess.

The Palace of Wisdom or the Buddha/Tara consciousness holds knowledge paired with experience, and many spiritual aspirants long so much for experiencing various spiritual conditions that they choose to walk the road of excess so as to achieve them.

Thereby, they choose to walk the path of Dionysus/Bacchus, the god of wine and ecstasy by the help of excessive use of chemicals, because they can achieve medicated spiritual conditions by the help of sugar, nicotine, alcohol, hash, heroine and cocaine and other drugs of various types.

Cocaine can give them medicated energy, heroin medicated meditation, psychotropics medicated mind expansion, alcohol medicated joy, nicotine medicated serenity and sugar medicated consolation.

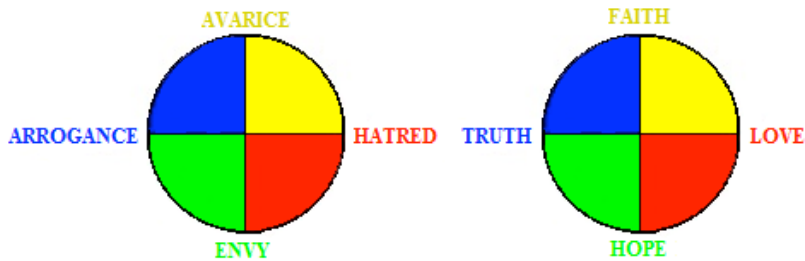
Today's contemplation

*Today, I will use prayer and meditation to achieve natural energy,
meditation, consciousness expansion, joy, serenity and consolation.*

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November 03: *The Big Ring of Pain and The Big Ring of Joy*

FROM PART 2, CHAPTER 2, THE PERSONAL, THE SECTION THE BIG RING OF PAIN AND THE BIG RING OF JOY, PAGE 182



The TuTu Doctrine – The New World Order, page 182

There is an infinite number of energy fields that holds pain and joy in the Universe, but in *The TuTu Doctrine - The New World Order* we only work with 22 Pain Fields and 22 Joy Fields, 20 of which 20 are called Rings and the first two hold our basic characteristics as creaturesmanifestations and as Spirit.

There are Four Big Rings of Pain and Joy, and the fourth of these sets are called The Big Ring of Pain and The Big Ring of Joy, which are the origin of The Small Rings of Pain and Joy, The Minirings of Pain and Joy, the Microrings of Pain and Joy and the Nanorings of Pain and Joy.

The Big Ring of Pain and The Big Ring of Joy are very content rich and have so many moving parts that it can be difficult for most spiritual aspirants to form a clear picture of these two Rings so therefore it has been suggested, that he/she first works with the underlying Rings.

When the spiritual aspirant has finished mapping out The Small Rings of Pain and Joy, The Minirings of Pain and Joy, the Microrings of Pain and Joy and the Nanorings of Pain and Joy, he/she is ready to take on the work with the complexity of The Big Rings of Pain and Joy.

Today's contemplation

Today, I will make myself ready to work with The Big Ring of Pain and The Big Ring of Joy by first working with the underlying Rings.

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November 04: *The Ring of the Power of love*

FROM PART 3, CHAPTER 4, THE SPIRITUAL WEDDING, THE
SECTION THE SPIRITUAL WEDDING, PAGE 344

A jolt went through me, and I knew that this was The Ring of the Power of Love, God's Sacred Altar. The Ring formed a power field, and the energies from the powers were visible as various fields that stretched deep into it.

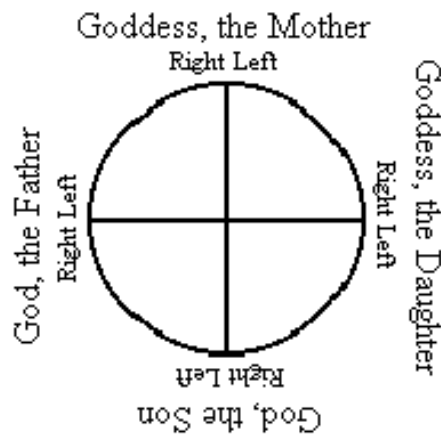
The TuTu Doctrine – The New World Order, page 346

THE RING OF SPIRIT/THE RING OF THE POWER OF LOVE

The masculine ring: Evolution (The movement is anti-clockwise)

Right symbolizes the illusion, and left symbolizes the Truth.

By turning anti-clockwise, spiral time, vertical time, illusion is given off,
and Truth is received.



Goddess the Mother says: “Become power” and God the Father becomes the consciousness of the Spirit → Omniscience.

God the Father says: “Become force” and God the Son becomes the nourishment of the Spirit → Omnipotence.

God the Son says: “Become oneness” and Goddess the Daughter becomes the form of the Spirit → Immortality.

Goddess the Daughter says: “Become darkness” and Goddess the Mother becomes the growth of the Spirit → Omnipresence.

Today's contemplation

Today, I will make myself ready to surrender to the synthesis of God the Father, God the Son, Goddess the Mother and Goddess the Daughter by

making myself ready to enter into The Spiritual Wedding with my Eternal Beloved, my Spirit Mate.

November 05: The Evolution

FROM PART 4, CHAPTER 3, THE FAIRYTALE ABOUT GOOD AND EVIL, PAGE 368

*In the last instance, heshe merged in the finest veils around the Soul, which were the hardest to remove.
And thereby the Souls began with hisher help to untangle their ego out of his/her many entanglements.*

The TuTu Doctrine – The New World Order, page 371

At the beginning of creationmanifestation, the involution took place, which is Spirit's entanglement in matter, and the intention was to remove oneself as much as possible from Spirit to become able to identify with all one's createdmanifested forms.

Gradually, as this identification with form became more well-developed on coarser and coarse planes, Spirit managed to become so alienated to himherself that heshe could not even remember, who heshe truly was.

At one point, the identification with form was no longer a game, but a painful experience that made himher want to stop identifying with hisher createdmanifested forms and return to hisher true Self.

Thereby, the evolution began, which is matter's ascension into the Spirit, and heshe began hisher withdrawal of conscious identification with hisher forms to instead identify with one, heshe truly is.

Today's contemplation

Today, I will let go of my identification with form and instead identify with my true Self, my Spirit.

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November 06: *Spiritual retreats*

FROM PART 1, CHAPTER 3, SPIRITUAL EXPERIENCES, THE
SECTION CONSTANT REMEMBRANCE, PAGE 40

It was strange to return to my usual surroundings, because they were the same as they were ten days ago but I had changed.

The TuTu Doctrine – The New World Order, page 40

In The Old World Order, many spiritual aspirants preferred to withdraw from the World to live isolated from the influence of other people so as to enable themselves to be completely focused on coming into oneness with their true Self, their Spirit.

Only when they had achieved Self-realization and God-realization and felt firmly rooted in their true Self, their Spirit they returned to the society they had left so as to again participate in life as a member of the society in question that often perceived them to be holy people.

However, spiritual aspirants in The New World Order do not have a need to withdraw from the World to achieve oneness with their true Self, their Spirit, but anyway many spiritual aspirants choose to participate in various spiritual retreats so as to be completely focused on prayer and meditation.

These retreats can take place over a few days or months and give the spiritual aspirants renewed strength to maintain their oneness with their true Self, their Spirit, when they return to their daily life and are going to practice prayer and meditation in the midst of their busy everyday life.

Today's contemplation

Today, I will decide, which day I will choose to carry out a spiritual retreat in my home in the upcoming weekend.

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November 07: *The creaturesmanifestations of the Seventh Dimension*

FROM PART 4, CHAPTER 4, THE FAIRYTALE ABOUT THE GODS WHO WALK ON THE EARTH, PAGE 373

The woman respectfully approached the Maintainer, who sat as a clear green light on his throne, which shone in all shades of red and blue, because of their mixture with the white light.

The TuTu Doctrine – The New World Order, page 124

The creaturesmanifestations in the Seventh Dimension are called by many names such as Gods and Goddesses, Angels, Avatars and Bodhisattvas, and their plane of existence also has many names such as Heaven, Nirvana, the Soul plane, the Seventh Dimension and the Divine plane.

In the Seventh Dimension an infinite variety of energy fields/archetypes are to be found that the Seventh Dimension creaturesmanifestations can choose as a dwelling, depending on which energy combination they feel most attracted to.

These energy fields humankind has also given various names that is found in the World's various mythologies, and in *TuTu Doctrine - The New World Order*, a few of these names have been used.

From the Hindu mythology, the archetypes Brahma/Saraswati, Vishnu/Lakshmi, Shiva/Parvathi/Kali have been mentioned, from the Greek mythology the archetypes Medusa and Pandora's Box has been mentioned, and in addition, the archetypes Krishna and Christ have been mentioned.

Today's contemplation

Today, I will choose the Seventh Dimension archetype, from where I prefer to pick up energy.

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Comment [1]:

November 08: *To seek happiness in the outer*

FROM PART 2, CHAPTER 1, THE PRINCIPLES, THE SECTION THE CAMEL AND THE NEEDLE'S EYE, PAGE 89

It is important that money, property, power and prestige issues do not divert us from taking our rightful places, because it is as difficult for the rich to enter Paradise as it is for a camel to pass through a needle's eye.

The TuTu Doctrine – The New World Order, page 89

The reason for it being as difficult for the rich to come into Paradise as it is for a camel to go through a needle's eye is that a human being only can gain access to Paradise after he/she has achieved the Christ Consciousness/**the Mercy Consciousness**.

The Christ Consciousness/**the Mercy Consciousness**, which is also called the Mercy Consciousness, can exclusively be achieved by the help of suffering, through which the spiritual aspirant develops his/her Christ Consciousness/Mercy Consciousness.

It is not, because the rich has acquired riches, that he/she cannot get access to Paradise, but because the rich often chooses to use his/her riches to buy the helping hands of others.

That may make the rich believe that his/her desires and his/her pains are more important than everyone else's and this can call forth arrogance, and this attitude can cut off the rich from achieving the Christ Consciousness/**the Mercy Consciousness**.

Today's contemplation

*Today, I will use the principles in The TuTu Doctrine – The New World Order to transform my existential sufferings to Christ Consciousness/**the Mercy Consciousness/mercy** by unconditionally forgiving myself and others for the mistakes I believe we have made.*

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Comment [2]:

Comment [3]:

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Comment [4]:

November 09: *Outer demons*

FROM PART 2, CHAPTER 2, THE PERSONAL, THE SECTION DEMONS, PAGE 178

*Also, I realized that the outer demons that is resistance and opposition from the outer World, are not real.
They are projections of my own inner demons.*

The TuTu Doctrine – The New World Order, page 179

Many people find it hard to accept resistance from their surroundings, whether the resistance comes from their spouse or others in their social network, and it may make them attribute evil motives to their spouse or others in their social network because they give them resistance.

This can be due to that they themselves would have evil motives if they gave the same resistance to their spouse or others in their social network, but it can also happen that their spouse or others in their surroundings really have evil motives, that is, they deliberately want to do harm to the one they face.

The other person's evil motives are due to the fact that the person in question is to be found in a Pain Ring or a Superstring of Pain and the energies that the Painring or the Superstring of Pain holds gives the other person a urge to do harm, whereas such motives would fall away if he/she found himself/herself in a Joy Ring.

If the person, who is exposed to or believe to be exposed to another's evil motives, chooses to take it personally by demonizing the paining person, fear arises in himself/herself and thus he/she himself/herself slides into a Pain Ring or a Superstring of Pain, and then it is said that the two have a quarrel, where they try to hurt each other deliberately.

Today's contemplation

Today, I will refrain from demonizing my spouse or others in my social network, because I or he/she find ourselves in a Pain Ring or a Superstring of Pain.

Solvejg Sharma 8/11/23 8:50 AM

Comment [5]:

November 10: *Intervention of the true Self*

FROM PART 3, CHAPTER 2, THE ANGELIC WEDDING, THE
SECTION THE HELP OF THE CROWN PRINCE 1, PAGE 243

From a long distance, I could already see that nobody sat on the step in front of the house. I slowed down. No, it was also too good to be true. Nothing could be done about it. It had to be over. When I reached the main door, I heard music from inside the house. With trembling hands, I got my key out, unlocked the door and stepped in. TuTu and the Dane sat in the living room, and the music streamed out of the stereo speakers. I looked at TuTu, and he looked back at me with a mischievous expression in his eyes and an inscrutable smile.

The TuTu Doctrine – The New World Order, page 244

When a human being has left the Earth to rise into the higher planes of existence, he/she first sees his/her life in The Light of Love, and seen in this light many desires arise about actions that he/she wishes she would have done differently.

Then he/she meets his/her spiritual mentor and expresses these desires, and in addition, he/she expresses himself/herself about if he/she wants to take on another life on Earth and, if so, what he/she wants to experience, and so his/her life transpires in conformity with what he/she has chosen.

However it can happen that he/she gets derailed from her chosen path because of his/her own thoughts or because of circumstances from his/her chosen path, and in such cases an intervention happens from his/her true Self so that he/she can find his/her way back to his/her path.

The intervention takes place by the help of an unusual succession of events, which the spiritual aspirant himself/herself find extraordinary, even miraculous and this can reinstate the spiritual aspirant's trust in his/her chosen path.

Comment [6]:

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Comment [7]:

Today's contemplation

Today, I will accept that the life I live is the life I have wanted, trusting in that my true Self will bring me back to my desired path if I happened to be derailed.

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November 11: *The Holy Grail of the World and ours.*

FROM PART 4, CHAPTER 5, THE SECTION THE FERTILIZED EGG,
PAGE 385

*If The World Chooses to Unite and Contribute, each one with his/hers,
Together, we can Realize and thereby bring into our Daily Lives The Holy
Grail of The World.*

The TuTu Doctrine – The New World Order, page 386

If a spiritual aspirant chooses to take The Four Guidelines, called The Seed of Love, to heart from *The TuTu Doctrine - The New World Order*, he/she has done his/her share to make it possible that the World can unite and contribute each one with his/her own, because thereby he/she has united the North and the South and the East and the West in his/her own heart.

When he/she takes the guideline of the North to heart, he/she knows that The Truth is that the truth is not The Truth, because The Truth can not be said and The Truth can not be written, but The Truth can be, for no matter how many times, he/she says or writes the word chair, yet the word will never become the chair.

When he/she takes the guideline of the South to heart, he/she knows he/she should not fear the fear of fear, because if he/she chooses to be present in the NOW, there is nothing to fear ever, and the fear a human being experiences, is the fear that he/she will get to experience fear in an imaginary situation in the future.

When he/she takes the guideline of the East to heart, he/she is aware that he/she is aware of his/her awareness and therefore he/she knows that his/her Soul is aware of his/her ego, and his/her true Self, his/her Spirit is aware of

his/her Soul is in oneness with his/her true Self, his/her Spirit, and when he/she takes the guideline of the West to heart, he/she knows that he/she must remain in the flow of The Blissfull Flow of the Present Moment that is the flow from his/her true Self, his/her Spirit.

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Comment [10]:

Today's contemplation

Today, I will contribute to a United World by taking The Four Guidelines from The Seed of Love in the TuTu Doctrine – The New World Order to heart and thus realize The Holy Grail inside my own heart.

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November 12: Constant remembrance of the morning meditation

FROM PART 1, CHAPTER 2, FACE TO FACE WITH THE MASTER,
 THE SECTION DEPARTURE, PAGE 37

When we came back to New Delhi, we felt that our newly acquired condition was disturbed by the noise and unrest of the big city, and agreed to go back to our respective home countries instead of staying in New Delhi for that one week we had planned.

The TuTu Doctrine – The New World Order, page 38

When a spiritual aspirant experiences his/her first contact with his/her true Self, his/her Spirit under controlled circumstances, it usually is experienced by him/her as a very exalted state and it is obvious to the person in question that he/she has an experience that lies beyond his/her normal state of mind.

When he/she leaves the controlled circumstances, he/she can experience normal expressions of life as conditions that disturb his/her experiences of that state of mind, which is above his/her normal state of mind and that may make him/her want to remove himself/herself from the normal expressions of life.

Little by little, as he/she practices inventorying of himself/herself, self-examination, prayer, meditation and service for humankind however, he/she finds that it is only in the initial stages that his/her spiritual condition is so

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Comment [11]:

frail that he/she gets the urge to isolate himself/herself from the disturbing circumstances.

The more firmly anchored he/she becomes in his/her true Self, his/her Spirit, the easier and more interesting it appears to him/her to be to experience the normal circumstances of life and he/she becomes better and better at remaining in the state of mind throughout his/her day, which he/she had achieved during her meditation in the morning.

Today's contemplation

Today I will do my best to maintain the state of mind I have achieved during my morning meditation, throughout the day.

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November 13: Surrender to God

FROM PART 4, CHAPTER 1, THE FAIRYTALE ABOUT THE MASTER OF THE UNIVERSE, PAGE 350

Throughout the day, you must constantly be attentive to your heart's desires and adjust your actions accordingly.

The TuTu Doctrine – The New World Order, page 352

Many spiritual aspirants imagine that surrender to God means that they should serve the spiritual development of others, whether they want to or not, or that they should serve the World's poor, whether they want to or not, without them being aware that if they do not feel like doing these services, but do them anyway, they become a heartless act.

Gradually, as the spiritual aspirants take the principles of *The TuTu Doctrine - The New World Order* to heart, they discover that what they are doing when they do not want to carry out the services in question, but do them anyway, corresponds to that, which was called the savior complex in The Old World Order, and which in The New World Order is called codependency with its savior role, seducer role, victim role and offender role.

This understanding make them take their power back to themselves and begin to find out what they truly want by the help of emotional sobriety with its detachment, integrity, respect for self and respect for others, and when they have learned to be emotionally sober, they become able to take back home to themselves their energy, time, money and interest, where these resources truly belong.

As a result of their emotional sobriety, they begin to surrender to God by surrendering to their true Self, their Spirit and thus to the desires of their heart, and therefore they do what delights them most in The Blissful Flow of the Present Moment and thus their life in a Mother Earth body/physical body becomes that happy, interesting journey that they planned before they chose to let themselves be born on Earth.

Comment [12]:

Today's contemplation

Today, I will surrender to God by surrendering to doing what would delight me the most in The Blissful Flow of the Present Moment.

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November 14: *The Soul's creaturesmanifestations*

FROM PART 4, CHAPTER 3, THE FAIRYTALE ABOUT GOOD AND EVIL, PAGE 368

Her Soul's sentries and the creaturesmanifestations of her ego stood like a wall around her ego to serve, help and protect her thinking mind, her ego and her ego's productions, and thereby, her ego got entangled in layer upon layer, which more and more overwhelmed her Soul and cast a shadow on the Light of Reality.

The TuTu Doctrine – The New World Order, page 371

The Souls came into being when the individual Spirits, who wanted to experience their Spirit Mate in a new perspective, projected a crystallized mirror image of themselves, split into two, a 'he' and a 'she' into the Ocean of Love, and gave this crystallized mirror image a spark of their life force so that he and she could come to life.

In the life-giving process, the two newly createdmanifested Souls experienced great fear because they believed that they had lost half of

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Comment [13]:

themselves in the splitting, and the two Souls tried to soften the pain of fear by crystallizing a veil of oblivion around the pain of fear, and thereby the two Souls createdmanifested their own first creaturemanifestation that became the thinking mind, the ego.

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Comment [14]:

Their newly createdmanifested thinking minds, their egos consisted of an isolated field of energy of the loveless pain of fear, and in mercy the Souls crystallized more veils that were to soften the pain, but no matter how many veils the Soulmates createdmanifested, the egos continued to experience the pain of fear, because that was the core of their energy field.

When the Souls realized that they could not ease the pain of their egos, they asked for help, and God bestowed upon them energy fields of joy corresponding to each and every ego pain, so the Souls could balance the pains of their egos with joy and thereby transform them into wisdom and in that way enable their egos to return home to the love, where they belonged.

Today's contemplation

Today, I will cooperate with my Soul creatingmanifesting balance in my thinking mind, my Ego by using the Rings of Joy to balance the Rings of Pain.

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November 15: *Preconceived notions*

FROM PART 3, CHAPTER 3, THE DIVINE WEDDING, THE SECTION PREPARATION FOR THE FULFILLMENT OF A PROHIBIT DESIRE, PAGE 277

Now, however, I had been with TuTu when he bought heroin in the black market, and there we gradually got to know many creative and intelligent people, and that had broken down the image of addicts and addiction that I had formed from my reading.

The TuTu Doctrine – The New World Order, page 278

The initial step to expand one's understanding of existence as a human being can be to read books on different subjects, but it may seduce some spiritual

aspirants to believe that they have achieved wisdom about the subject they have read about.

This can lead to that they have preconceived notions on this, that and the other, because they have acquired a theoretical knowledge about the subject, but this knowledge is called book knowledge by many and is not perceived as real knowledge.

Real knowledge is also called wisdom, and wisdom consists of book knowledge paired with experience, and therefore wisdom has been appreciated by all peoples throughout the ages, whereas pure book knowledge has not been respected in the same way.

When a spiritual aspirant has achieved book knowledge paired with experience in the existential field, the surrounding society perceive the person to be a male or female sage, and he/she enjoys great respect from his/her surroundings.

Today's contemplation

Today, I will let nobody have any doubts about whether what I talk about is book knowledge or wisdom.

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November 16: The Role of the Hierarchy

FROM PART 4 , CHAPTER 4, THE FAIRYTALE ABOUT THE GODS WHO WALK ON THE EARTH, PAGE 373

"When the hierarchy separates and shows the differences, doesn't the hierarchy separate brother from brother and sister from sister?"

"This only happens when brothers and sisters have forgotten their origin."

The TuTu Doctrine – The New World Order, page 376

When a desire arose in our true Self, our Spirit about seeing our Eternal Beloved in a new perspective, it set motion into our omnipresent, omniscient, omnipotent and immortal/unchangeable true Self, our Spirit, and thereby Spirit allowed the duality between forms that were uncreatedunmanifested and forms that were createdmanifested to come into being.

The ManWoman projected a mirror image of HimHerself split into two out into the Cosmic Seed, which is the nourishment of the all, and thus the masculine and the feminine principle split into a masculine Soul and a feminine Soul, who were mirror images of each other and with this duality the contrast between forms that represented the uncreatedunmanifested and forms that represented the createdmanifested got strengthened further.

The difference between the Soul Mates made it possible for the ManWoman to see the Eternal Beloved in a new perspective, and by the help of the subsequent creationsmanifestations from both the masculine and feminine principle, thought upon thought with the corresponding emotions came into being, and thus the contrasts became even clearer.

These contrasts showed how far individual formcreaturesformmanifestations had come in their development of various talents, and these levels/hierarchies shows the differences among creaturesmanifestations, whether they belong to the mineral kingdom, the plant kingdom, the animal kingdom or the human kingdom, or if they belong in the higher realms.

Today's contemplation

Today, I will remember my origin, my true Self, my Spirit and thus become able to experience the hierarchies in my life with delight.

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November 17: *Earthbound people*

FROM PART 1, CHAPTER 1, THE INITIATION, THE SECTION
 CHILDHOOD BELIEF, PAGE 14

I got the impression back then that there were many, like my parents, who believed that it was something the uncommon people invented because they were out to cheat the common people, but there were also many who believed in them, in particular, if they were able to perform miracles, like Moses did.

The TuTu Doctrine – The New World Order, page 14

Comment [15]:

Solveig Sharma 9/11/23 10:44 AM

Comment [16]:

Many earthbound people identify themselves with their Mother Earth body/physical body and believe that this is who they are and that nothing exists beyond the third dimension/the physical plane and therefore most earthbound people are preoccupied with taking care of their body.

They are also preoccupied with acquiring the material goods that life on Earth has to offer, and they become fearful when illness occurs in the body or when they lose their material position, but many of them do have a hope that there is more between heaven and earth.

Their human limitation, ignorance, powerlessness, and mortality/changeability often frighten them, and this can lead spiritual aspirants to want to save them from their fears by providing them with existential information without being asked for guidance by the people in question.

However, those spiritual aspirants who have worked with their codependency/savior complex understand that the best thing they can do for themselves and the other is to choose emotional sobriety and thus leave the individual to find a solution for himself/herself in cooperation with his /her true Self.

Today's contemplation

Today, I will refrain from attaching myself to the problems of earthbound people as if it were my own in the awareness of that they are exactly where they, as their true Self, their Spirit, has chosen to be.

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November 18: Withdrawals

FROM PART 3, CHAPTER 3, THE DIVINE WEDDING, THE SECTION
 WITHDRAWAL SYMPTOMS, PAGE 279

I decided that this was the end of my career as an addict, but when I had gone through a day and a half of withdrawal symptoms, I became willing to disregard my decision so as to bring an end to my discomfort.

The TuTu Doctrine – The New World Order, page 280

Many imagine that it is only drug addicts and alcoholics, who experience withdrawals when they let go of their drug of choice, but even if the withdrawals of drug addicts and alcoholics are the most painful a human being can experience, all human beings experience withdrawals in their life.

When something comes to an end, a human being can experience more or less painful withdrawals because of the empty space that arises where that which has filled the space out disappears, and the changeability/mortality many experiences as painful and many others as downright scary.

These emotional pains, however, are not due to the changeability/mortality, but that the person in question chooses to use the Ring of Emptiness with its emptiness, boredom, meaninglessness and loneliness, which is the origin of all painful emotions in his/her relationship with the changeability/the mortality.

If a person instead chooses to use the Ring of Fulfillment with its fulfillment, interest, meaningfulness and oneness, which is the origin of all joyful emotions in his/her relationship with the changeability/the mortality, he/she can transform his/her relationship with the changeability/mortality into a joyful experience.

Today's contemplation

Today, I will choose to use the Ring of Fulfillment in my relationship with the changeability of life.

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November 19: That human being who lives alone

FROM PART 2, CHAPTER 1, THE PRINCIPLES, THE SECTION THAT
HUMAN BEING WHO LIVES ALONE, PAGE 89

That human being who has achieved his/her individual and personal Self-realization, but who lives alone, must patiently wait to meet his/her beloved to achieve his/her Absolute Self-realization and in the meantime prepare for this meeting by using his/her personal contact with his/her true Self as the head and his/her life and will as the feet.

His/her true Self then selects the path this person must walk, and the person himself/herself chooses where on the path he/she will put his/her feet.

The TuTu Doctrine – The New World Order, page 89

When a spiritual aspirant has reached the point in his/her existential experiences where he/she understands that his/her true Self is Spirit, who experiences a life as a human being for a while, he/she also understands that Self-realization and God-realization is one and the same, because Spirit and God are one and the same.

When he/she is one with his/her true Self, his/her Spirit he/she feels joy about being alive, and he/she receives guidance from his/her true Self, his/her Spirit about any area of his/her life, and this guidance makes it possible for him/her to live in the Blissful Flow of the Present Moment, if he/she takes the guidance to heart.

Even if a spiritual aspirant has achieved Self-realization and God-realization, it can happen that he/she gets consumed by a dysfunctional mental-emotional pattern, which blocks his/her oneness with his/her true Self, his/her Spirit, and to counteract this spiritual aspirants use prayer and meditation to counteract this on a daily basis.

The spiritual aspirant can also investigate, which Painring or Superstring of Pain he/she is finding himself/herself in, which blocks his/her oneness with his/her true Self, his/her Spirit and then use the corresponding Joyring or Superstring of Joy to restore his/her oneness with his/her true Self, his/her Spirit.

Today's contemplation

Today, I will use prayer and meditation plus the Painrings and the Superstrings of Pain and the Joyrings and the Superstrings of Joy to maintain my oneness with my true Self, my Spirit as much as possible throughout my day.

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November 20: *Humility versus humiliation*

FROM PART 2, CHAPTER 2, THE PERSONAL, THE SECTION
ARROGANCE 2, PAGE 170

Until then, I had connected humility with humiliation, and therefore I thought that I had to make myself small and submissive if I wanted to become humble.

The TuTu Doctrine – The New World Order, page 170

Many spiritual aspirants are aware that humility is a virtue, and they often try to mask their arrogance as humility by making themselves small hoping that others will not perceive them as arrogant and become angry because of it as they know innermost that hatred is the twin of arrogance and they do not want to awaken the hatred of others.

They are not aware that humility is a virtue that most spiritual aspirants achieve late on their journey towards the oneness with their true Self, their Spirit, and that the pretension of humility belongs precisely to the Small Ring of Arrogance with its superiority, inferiority, overcrowding and isolation.

To make oneself small in front of others is a disguised feeling of superiority, and here humiliation comes into the picture, because the spiritual aspirant in Reality seeks fellowship with others, and the humiliation takes place when he/she discovers that others still do not want to be together with him/her even though he/she gave up his/her integrity by masking his/her arrogance.

Thereby, he/she becomes ready to instead use the Small Ring of Truth with its humility, honesty, individuality and fellowship and thus he/she can achieve that fellowship with others that he/she tried to achieve by pretending and **then** he/she then realizes that it is not possible to be humiliated if one is humble.

Today's contemplation

Today, I will use the Small Ring of Truth in my interactions with others.

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Comment [17]:

November 21: *The talk of life through everything*

FROM PART 5, CHAPTER 1, MY LIFE WITH THE MASTER, THE
SECTION THE MORNING GIFT, PAGE 394

As I played all the numbers, it was as if my ears opened to some parts of the texts, and the images that these words conjured in me made my joy rise to ecstasy.

The TuTu Doctrine – The New World Order, page 394

Little by little, as the spiritual aspirant becomes better and better at being in oneness with his/her true Self, his/her Spirit, he/she discovers that the power of life comes to everything and everybody everywhere on all planes of consciousness from Spirit that some choose to call God .

No matter what plane of existence a creaturemanifestation finds himself/herself on, every creaturemanifestation receives his/her power of life from the Spirit, as Spirit injects HisHer power of life into all createdmanifested to give it life, whether it concerns a thought or a chair.

Everything createdmanifested that has a form is thus an expression of manifested Spirit, and when a spiritual aspirant understands that everything and everybody on all planes of consciousness is an expression of God, he/she begins to listen to everything and everybody everywhere on all planes of consciousness as God.

When, in that way, he/she becomes better and better at listening to everything and everybody everywhere on all planes of consciousness, he/she becomes better and better at listening to God's speech to him/her, because God talks to him/her through the mineral realm, the plant realm, the animal realm, the human realm and the non physical realms.

Today's contemplation

Today, I will listen to God talking to me through everything and everybody everywhere at all levels of consciousness.

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November 22: *The fertile soil*

FROM PART 4, CHAPTER 5, THE TUTU DOCTRINE, THE SECTION
THE FERTILIZED EGG, PAGE 385

The Feminine Represents The Power of Manifestation, which is The Fertile Soil – and which is found in The Divine as Goddess the Mother and in The Mundane as Goddess the Daughter – who says: "Don't Fear The Fear of Fear."

The TuTu Doctrine – The New World Order, page 385

For the last two thousand years, the masculine principle, God the Father and God, the Son dominated the social order in most societies on Earth because humankind needed to step out of the tribal societies, where the flock mentality dominated, and thereby make it possible for humankind to put individuality in the high seat.

When humankind developed their individuality by the help of the masculine principle, it became possible for the individual human being to liberate himself/herself from the flock mentality, and thereby the individual human being achieved a greater and greater freedom to follow his/her heart, and now the time is ripe for the feminine principle to step into the foreground.

The masculine principle is the giver **off** of The Seed of Love, and the feminine principle is the receiver of The Seed of Love and when the masculine principle was put up in the high seat so as to liberate humankind from the flock mentality, this 'to give' was put up in the high seat at the same time, and thus the feminine principle, who represents fellowship and to receive stepped into the background to give space to individuality and to give.

The feminine principle that has now stepped into the foreground manifests The Seed of Love in the form of The Fellowships Anonymous, where it becomes obvious that everyone has something to give, but it is of no use to have something to give if nobody wants to receive, and thus the giver and the receiver are equally worthy.

Today's contemplation

Today, I will choose to look at the giver, God the Father and God the Son and the receiver Goddess the Mother and Goddess the Daughter as equal partners.

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Comment [18]:

November 23: *The love at the root*

FROM PART 4, CHAPTER 2, THE FAIRYTALE ABOUT THE LOVE WITHOUT LIMITS, PAGE 362

Like each particle was different, each couple who sprang from the particles or The Cosmic Eggs were different, and also he and she were different but each one held an image of the total being, and thus, they held both the inner condition of the uncreatedunmanifested and the creativemanifestive power of love, which brought forth the outer expression of the inner condition.

The TuTu Doctrine – The New World Order, page 363

The diversity is an outer expression of the individuality that holds the separation and the cold, and the fellowship is an outer expression of the wholeness that holds the oneness and the warmth, and both individuality and oneness is the presence of the ManWoman, the Spirit in everything and everybody everywhere on all levels of consciousness.

Everything and everybody everywhere on all levels of consciousness are thus Spirit, regardless of whether he/she belongs to the mineral kingdom, the plant kingdom, the animal kingdom or the human kingdom, or if he/she lives in the third, the fourth, the fifth, the sixth or the seventh dimensions or on the outer or inner planes of a human being.

The individual human being is not necessarily aware that he/she is Spirit, whom some choose to call God and that he/she thus holds the total consciousness, but this is due to the limitation of the eye of consciousness in the third dimension that exclusively is able to maintain one focus point at a time.

When a spiritual aspirant chooses to maintain his/her point of focus inside his/her true Self, his Spirit, he/she achieves to be in touch with the inner state of the uncreatedunmanifested and the creativemanifestive power of love, and thus he/she becomes able to createmanifest the outer expression of the inner state by being in touch with the love at the root of his/her own being.

Today's contemplation

Today, I will choose to be in touch with the love at the root of my own being throughout my day.

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November 24: Namaste

FROM PART 1, CHAPTER 2, FACE TO FACE WITH THE MASTER,
 THE SECTION UNDER THE INFLUENCE OF THE MASTER'S
 RADIATION, PAGE 25

*He passed by us with a short greeting, by placing one palm of his hand
 against the other in front of his chest and nodding lightly with his head.
 This greeting is called Namaste or the God-greeting and it means: "I greet
 God in you."*

The TuTu Doctrine – The New World Order, page 25

Holographic pictures are three-dimensional and arise when a picture plate
 with an interference pattern is lit up with laser light.

If the holographic picture plate of a horse is cut into pieces and one lights up
 with laser light the piece that were the horse's ear before, the piece shows
 the whole horse.

This is an illustration of the principle that everybody is a part of the totality
 and every part IS the totality, and thus every single atom is a part of totality
 but also the totality itself.

When a person therefor greets another/others with Namaste, he/she reminds
 both himself/herself and the other of that he/she is God.

Today's contemplation

*Today, I will greet everything and everybody everywhere at all levels of
 consciousness with Namaste.*

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November 25: *Stepping out of the flock mentality*

FROM PART 2, CHAPTER 1, THE PRINCIPLES, THE SECTION THE HOLY SPIRIT, PAGE 79

TuTu explained that Jesus veiled the feminine principle under the name The Holy Spirit, because humankind at that time needed to step out of the flock mentality by the help of the masculine principle.

The TuTu Doctrine – The New World Order, page 79

When humankind lived in tribal societies, the individual member was deeply dependent on the tribe's perception of him/her, and if the tribe chose to expel the single individual member, it was most often a death sentence.

This blocked the development of the individuality, and thus it became difficult for a member of the tribe to surrender to his/her heart instead of following what the tribe thought that he/she should surrender to.

As a result of a member's surrender to the tribe instead of to the desires of his/her heart, it became difficult for him/her to open up to his/her true Self, his/her Spirit, and this created manifested an intense desire in the tribes of being free from the flock mentality.

This desire has been fulfilled in the New World Order, where a human being can be a member of a Fellowship, and thereby achieve the security a Fellowship has to offer while at the same time he/she has the freedom to follow his/her heart.

Today's contemplation

Today, I will joyfully be a part of a Fellowship while at the same time I follow my own heart in my decision making processes.

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November 26: *TuTu's fear*

FROM PART 3, CHAPTER 1, THE EARTHLY WEDDING, THE SECTION THE FEAR OF LOVE, PAGE 200

Besides, he wasn't sure he wanted to because after I left, he had become so energy-less that he had fallen ill; so now he had come to believe that I had cast a spell on him and sat like a spider in my web waiting for my prey.

The TuTu Doctrine – The New World Order, page 201

Love is a mighty force, and many people who live a quiet and satisfying life as a single person, imagine that his/her life will be more satisfying if he/she could only meet the great love by meeting his/her Spirit Mate without realizing that this meeting leads to the Purgatory.

The Purgatory is that energy field, which leads to the purification of the heart from anything but the love of the Spirit Mate, the One and Only, and when a person in Reality stand in front of his/her Spirit Mate, he/she is seized by such a great fear of the strong emotions, it awakens in him/her that he/she wants to flee from his/her Spirit Mate, his/her One and Only.

Under certain circumstances it can happen that the fear evokes mind images, which are an illustration of what his/her One and Only stands for, but often disguised in a fear symbol like a spider sitting in its web waiting for its prey without he/she being aware of that the spider is a symbol of the being that gathers all the threads of the Universe in his/her heart.

It can also happen that the fear evokes dreams or images of Dracula or the Vampire Queen, because the person, who is in love fears his/her love so much that he/she fears becoming like a living dead, who cannot resist his/her urge to serve his/her beloved to such a degree that he/she loses his/her personal life in his/her desire to serve his/her beloved.

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Comment [19]:

Today's contemplation

Today, I will accept that love and fear goes hand in hand for my thinking mind, my ego.

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November 27: Teachings during sleep

FROM PART 5, CHAPTER 1, MY LIFE WITH THE MASTER, THE SECTION THE TREE OF LIFE, PAGE 404

The last couple of days, something has become clear to me when I woke up, that I had to write about in this book.

I was sure I would be able to remember it, but as soon as I was fully awake, I could not get hold of it again.

Now, I have become more respectful, and so I have been faster to react and write down immediately, and this morning I finally got it: "Number files compress language files, and language files translate number files."

The TuTu Doctrine – The New World Order, page 404

Many spiritual aspirants are aware that sleep has four different stages, and that they can use their sleep to achieve a deeper self-insight, whether it concerns snoozing on the verge of sleep, dream sleep, deep dreamless sleep, or the lucid sleep that are conscious dream experiences on various planes of consciousness in the NOW.

During sleep with lucid dreams, they move consciously out of the physical body to various areas in the third, the fourth, the fifth, the sixth or the seventh dimension, where they can meet relatives or friends, or their teachers/teacheresses from whom they can receive teachings about various areas.

During the deep dreamless sleep, they enter into deep meditation, and thus there is no thought activity but only the experiences of God's Love, and in this part of their sleep, they are in oneness with the Love of their true Self,

their Spirit that is one with God, and this is here they receive life force to be able to live yet another sixteen hours of conscious activity on Earth if their sleep needs are eight hours.

During the dream sleep that is called REM (Rapid Eye Movement) sleep, they dream by their true Self setting up the day's events in symbols that they can use to understand the day's events better, when they wake up, or which they can use to recover and heal from mental-emotional hurts they have experienced during the day, and when they snooze on the verge of sleep, they can use affirmations and prayers with which to enter into the sleep state, and this can be decisive both for their sleep and the states of consciousness the next day.

Today's contemplation

Today, I will remember my dreams and the teachings I received during sleep by writing it down in my dream diary as soon as I wake up.

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November 28: *The victims of society*

FROM PART 3, CHAPTER 2, THE ANGELIC WEDDING, THE
SECTION TUTU'S ILLNESS 1, PAGE 261

"How big must the sacrificial pyre become before society comes to its senses and allows the individual access to the pain treatment that he/she himself/herself feels a need for, whether their pain is of a physical, psychological, social or spiritual nature?"

The TuTu Doctrine – The New World Order, page

The leaders of the societies have a tendency to force their citizens to carry out many tasks, which the citizens in Reality do not want to do, because the leaders imagine that the society cannot function if citizens are not forced to carry out these tasks, and thus the citizens become victims of their society.

Although the societies are trying to compensate for forcing their citizens to carry out these tasks by giving them monetary gifts, which the members can use to cover their basic needs in return for investing their time, energy, and interest in a project that is not their own, yet however, the citizens are still a victim of the order of society.

Likewise, the leaders of the societies often choose to decide, which diseases that affect the individual citizen is to be treated by the help of the resources

of the societies, and it turns out that it is diseases such as cancer and cardiovascular diseases that in particular affect leaders, politicians and businessmen that are treated royally.

Emotional diseases that originate from the mind and overwhelm the sick person with uncontrollable emotional feelings that in particular affect artists, can lead to incarceration in institutions, and drug addiction, which in particular affects spiritual aspirants, can lead to criminalization and prison sentences.

Today's contemplation

Today, I will contribute to that all illnesses that the members of my society suffer from are treated equally, if I get the opportunity to influence this.

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November 29: *The Four Nanorings of Pain*

FROM PART 6, CHAPTER 1, APPENDIXES, THE SECTION
 APPENDIX E, THE FOUR NANORINGS OF PAIN, PAGE 414

THE FOUR NANO PAIN RINGS



The TuTu Doctrine – The New World Order, page 414

Today's contemplation

Today I will investigate how I use one of The Four Nanorings of Pain in my life.

November 30: *The purifying power of the unconditional love*

FROM PART 2, CHAPTER 2, THE PERSONAL, THE SECTION THE FEMALE ARCHETYPE OF THE SPIRITUAL WEDDING, PAGE 173

The environment exposes their love to incredible hardships, but because of mystical and unusual intervention in events, they overcome all opposition and all troubles in the end.

*The prince takes her with him to his castle.
A big wedding is held, and they live happily ever after.*

The TuTu Doctrine – The New World Order, page 174

Pure Spirit that many choose to call God is a conscious energy form and this energy form exclusively holds unconditional love, care, compassion and mercy and can thus not be punishing like many fear.

When a spiritual aspirant is in oneness with his/her true Self, his/her Spirit, his/her psychological landscape is filled up with the same unconditional love, care, compassion, and mercy, and this is thus his/her state of mind.

This state of mind arises naturally, when the spiritual aspirant meets or has met his/her Soul Mate, and therefore many spiritual aspirants imagine that the meeting or togetherness will be a meeting/togetherness that will fill him/her up with pure bliss.

However, the spiritual aspirant discovers that this meeting/togetherness brings about a purification of his/her mind of everything that is alien to love, and that it is a painful process when the purification of his/her defects of character takes place.

Today's contemplation

Today, I will make myself ready for my meeting/togetherness with my Soul Mate by purifying my thinking mind, my ego from defects of character by the help of the Destructive and the Constructive Rings.

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December 01: *The Four Microrings of Pain*

FROM PART 6, CHAPTER 1, APPENDIXES, THE SECTION
APPENDIX D, PAGE 412

THE FOUR MICRO PAIN RINGS



Christs Anonymous – The Thirteenth Step page 412

Today's contemplation

Today, I will investigate how one of the Microrings of Pain affects me in my life by the help of the book One suggestion to work with the Destructive and the Constructive Rings and their Superstrings for readers of the TuTu Doctrine – The New World Order.

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December 02: *The pain of creationmanifestation*

FROM PART 4, CHAPTER 4, THE FAIRYTALE ABOUT GOOD AND EVIL, PAGE 369

She had been expelled from the cosmic womb through several successive waves of movement, and when she and her cosmic twin split into two, she was seized by great pain.

The TuTu Doctrine - The New World Order, page 70

At the beginning of creationmanifestation, the Four Basic Emotions - pain, fear, joy and love - arose, and thus these four emotions cannot be escaped by any creaturemanifestation.

Pain arose when **the projection of the** Spirits' personal Ardhanarishvara split into two - a he and a she - and fear arose when he and she believed that he and she had lost his and hers Eternal Beloved, his and her One and Only **as a result of the split.**

Joy arose when chaos settled, and **he/she discovered that his/her Eternal Beloved, his/her One and Only were still with him/her, but now in the form of his/her** Soul Mate.

Many spiritual aspirants imagine that it is possible to escape pain, but it is not possible for any creaturemanifestation **because of the split into separated form identities**, whether it is **into** a Soul body, a thought body, an emotional body, an ethereal body, or a physical body.

Today's contemplation

Today, I will accept that pain is an inevitable part of being a creaturemanifestation.

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December 03: *Divine intervention*

FROM PART 3, CHAPTER 3, THE DIVINE WEDDING, THE SECTION
IGNORANCE, PAGE 278

I remembered my clairvoyant guide who said that, at some point in time, I would face some problems, which I would find it hard to cope with, and then I could call him again.

I called him.

He said that the way I had handled the problem wasn't the right way, because it was essential that TuTu and I were together for the upcoming events.

The TuTu Doctrine – The New World Order, page 279

Before a creaturemanifestation takes on a birth on Earth to inhabit a physical form for a while, he/she meets his/her spiritual guide to express his/her desires for the upcoming earthly life, and this insight is of mind-boggling proportions for a spiritual aspirant.

This insight is mind boggling because even a grain of sand is a limited, ignorant, powerless and mortal/changeable creaturemanifestation and lives through the same process as a human being regarding the fulfillment of his/her **desires, but on his/her own plane of existence.**

Therefore, spiritual teachers/teacheresses throughout the ages have reminded the spiritual aspirants of that the Universe is held in a sand grain so as to help the spiritual aspirant to digest that he/she lives in an ocean of consciousness at all levels of his/her existence.

When he/she then experiences divine intervention in his/her **life on a daily** basis many times in the course of the day, he/she understands that nothing is too big, and nothing is too small for Divine intervention to take place in what is happening in this NOW, **if the spiritual aspirant asks his/her true Self to intervene.**

Today's contemplation

Today, I will open myself to the Divine intervention that is constantly taking place in the form of the small miracles - something that is contrary to the generally accepted rules of earthly life - which is constantly taking place in my life.

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December 04: To become like children anew

FROM PART 5, CHAPTER 1, MY LIFE WITH THE MASTER, THE
SECTION THE WEDDING PARTY, PAGE 396

There were many different courses: One vegetable hors d'oeuvre, soup, fish, two different poultry, saffron rice, spiced potatoes, chapattis, raita, pickles and chutney besides the sweet dishes: Carrot halva made as an ice-cream layer cake, gulab jamun and fruit.

There was so much food that I was able to invite dinner guests for three days in a line, so I ended up feeling that our wedding was celebrated thoroughly.

The TuTu Doctrine – The New World Order, page 396

When a spiritual aspirant comes to the place in his/her existential development, where he/she is able to **play with his/her Earthly** life, as if he/she were playing with God HimHerself, anew he/she has become like a child, who can throw tea parties with invisible teapots and teacups.

Gradually, as the spiritual aspirant's existential understanding develops, and he/she becomes better and better at playing with the invisible, he/she becomes more and more aware of how he/she can achieve oneness with his/her true Self, his/her Spirit.

When he/she becomes better and better at achieving oneness with his/her true Self, his/her Spirit, he/she also becomes better and better at having fun in life and at inventing new games to suit his/her intellectual level as an adult human being.

At this point in his/her existential development, the spiritual aspirant spreads out the wings of his/her heart as his/her true Self, his/her Spirit, and flies high and low, in and out with an equal amount of freedom, and in that way **he/she** at long last achieves the happiness, he/she has sought.

Today's contemplation

Today, I will use The TuTu Doctrine – the New World Order to acquire the understanding, which makes it possible for me to become one with my true Self, my Spirit.

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December 05: *The stream of consciousness*

FROM PART 3, CHAPTER 2, THE ANGELIC WEDDING, THE
SECTION THE HELP OF THE CROWN PRINCE 2, PAGE 274

The revelation failed to appear, and I looked up TuTu, but when I met him, I became so heavy from fear that I could barely walk, and scared, I fled to the Crown Prince

He sat together with a group of disciples and answered questions, but I had nothing to ask, so I did not participate in the conversation.

*Suddenly, he turned around, looked straight at me and said: "What is the princess without the prince other than a frustrated *female*?"*

The TuTu Doctrine – The New World Order, page 275

In the Seventh Dimension, also called the Garden of Eden or the Soul Plan, various energy fields **are found** that have been given different names that **are found** in the mythologies of the various countries.

The Souls can choose to take residence in various energy fields depending on their desires and purposes, and when a Soul takes up residence in a particular energy field, the energy that is dominant in the field flows through him/her.

If a group of Souls wants to carry out a task together on another plane of consciousness, they can choose to take birth at the level in question, and this can lead to that a number of Souls take birth on Earth for example to carry out a task here.

If one of the Souls in that particular stream of consciousness becomes confused by the circumstances, others of the Souls step in in ways that may even surprise that Soul, **who steps in to help**.

Today's contemplation

Today, I will open up myself to be receptive to that stream of consciousness that comes to me through my fellow creaturesmanifestations.

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December 06: *The right thing*

FROM PART 2, CHAPTER 2, THE PERSONAL, THE SECTION ANGER AND REVENGEFULNESS, PAGE 171

*Later, I became able to take the Master's suggestion to heart by choosing to work on changing the emotions and thoughts that arise in me when I think that others have made a mistake, instead of demanding that others must change in conformity with my perception of the right **thing**.*

The TuTu Doctrine – The New World Order, page 171

During their upbringing, many people get the impression that something is found that is right for everything and everybody everywhere under all circumstances and on all levels of consciousness.

When such a person grows up, he/she can try to make everyone else adjust to what he/she has got the impression of is the right thing for everyone.

When he/she begins on the spiritual path and thereby begins to investigate his/her life, he/she discovers that the right thing for himself/herself or others keeps changing constantly.

Thereby, for the first time, he/she spots the **changeability of everything, be it him/herself or others, and thus he/she becomes more flexible about the right thing.**

Today's contemplation

*Today, I will use the principles in The TuTu Doctrine – The New World Order to become more flexible **about** what is the right thing for **myself** and others in this NOW.*

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December 07: *The Love for the One and Only*

FROM PART 3, CHAPTER 2, THE ANGELIC WEDDING, THE
SECTION DHARMA AND KARMA, PAGE 235

When TuTu began preparing me for the dissolution of my karma in the sphere of love and I came to know that I had to have relationships with other men for this reason, I became unhappy and was yet another time convinced that he did not love me.

The TuTu Doctrine – The New World Order, page 235

In the Absolute, the masculine and feminine principle are merged into one being, who is one single oneness, and it is this oneness that has made humankind speak about that everyone has a One and Only.

That feeling, which is associated with the love of the One and Only is different from the love for all other creaturesmanifestations by that it feels like coming home to one's true Self, one's Spirit.

The homecoming to a human being's true Self, his/her Spirit is associated with greater joy and greater pain than any other experience of homecoming a person can experience in various contexts.

The reason for this is that the blissful oneness that arises in a human being, when he/she becomes one with his/her true Self, his/her Spirit through the interaction with the One and Only calls forth a purification for everything else but love, and this purification is painful.

Today's contemplation

Today, I will accept that the homecoming to my true Self, my Spirit, which the love for my One and Only brings forth is associated with a painful purification from all that, which is not the love of my One and Only.

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December 08: *Falling in love*

FROM PART 4, CHAPTER 2, THE FAIRYTALE ABOUT THE LOVE WITHOUT LIMITS, PAGE 363

The new aspects of their knowledge, both the true and the false, were achieved during their wandering, when they worked and acquired knowledge, when they lived their everyday life and acquired habits, and when they met a creaturemanifestation who showed some of the characteristics of their cosmic twin.

Then, a spontaneous recognition arose, and their love was aroused, and therefore, they became willing to merge with the experiences that this creaturemanifestation had to share, and thus the love for other creaturesmanifestations brought them through many difficult points, which they would otherwise not have had the power of action to go through.

The TuTu Doctrine – The New World Order, page 366

In the Absolute, the masculine and the feminine principle are merged into one being, and in the Hinduistic mythology, this being is called the half-woman god, Ardhanarishvara.

This being is pure spirit and therefore unconditionally loving, caring, compassionate and merciful, and the love streams incessantly in blissful oneness between the masculine and the feminine principle.

When a human being falls in love, it happens because he/she recognizes some characteristics in a fellow human being that resembles the image he/she carries in his/her innermost heart of his/her One and Only.

Sometimes, it can happen that a person discovers that the image he/she carries in his/her innermost heart of his/her One and Only is no longer being filled out by his/her partner, and then his/her being in love disappears again.

Today's contemplation

Today, I will remember that only my One and Only can fill out the image in my innermost heart that I carry of him/her.

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December 09: Beyond death

FROM PART 5, CHAPTER 1, MY LIFE WITH THE MASTER, THE SECTION HONEYMOON, PAGE 397

*It proved that I continued to get visions of TuTu.
 I remembered the predictions of the palm leaf archives that I would get continuous visions of my Guru and God from the middle of my fifties, and I was now a little more than 53½ years old.*

The TuTu Doctrine – The New World Order, page 397

Many people are afraid of the physical death, where they face the separation from their physical body, because they do not feel confident that there is anything beyond the physical existence and what can be heard, seen, smelled, tasted, felt, measured and weighed.

Every spiritual aspirant has discovered that what matters most for him/her cannot be sensed, measured and weighed, for **he/she** cannot sense, measure and weigh a thought, an emotion, an experience, a social interaction, or a spiritual experience.

Exactly because **he/she** has discovered that what is important to him/her cannot be measured and weighed, he/she **begins** to seek solid ground **under her feet** in all the areas that cannot be sensed, measured and weighed.

In doing so, he/she **discover** the spiritual path, and little by little, as he/she **achieve** glimpses of oneness with his/her true Self, his/her Spirit, he/she **begins** to understand that this was what he/she **had been longing** for in his/her quest.

Today's contemplation

Today, I will seek oneness with my true Self, my Spirit by the help of prayer and meditation.

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December 10: *Spiritual awakening*

FROM PART 3, CHAPTER 3, THE SPIRITUAL WEDDING, THE
 SECTION THE DARK NIGHT OF THE SOUL, PAGE 298

The spiritual awakening, which both I and the others achieved by the help of the Twelve Steps in Narcotics Anonymous, made me perceive our previous condition as drug users as that spiritual phenomenon which is called The Dark Night of the Soul.

The TuTu Doctrine – The New World Order, page 298

When a person no longer allows himself/herself to be confused by forms and thus opens the door to his/her innermost knowledge that there is something behind the forms, he/she becomes a spiritual aspirant/a seeker.

He/she investigates many religions and many spiritual **paths** because he/she has got the impression that it is in these areas that he/she can come into contact with that, which is behind the forms.

Gradually, as his/her quest does not produce the desired result, he/she becomes increasingly darkened, and he/she begins to doubt that something does exist behind the forms.

Thereby, he/she enters The Dark Night of the Soul until the day comes, when he/she feels ready to trust in his/her own sensations, and his/her spiritual awakening can then take place.

Today's contemplation

Today, I will trust my own sense of the Spirit behind the forms.

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December 11: *The principles in TuTu*

FROM PART 2, CHAPTER 1, THE PRINCIPLES, THE SECTION THE PRINCIPLES IN CHRIST AND THE PRINCIPLES IN TUTU, PAGE 92

*The principles that express themselves through the field of consciousness called TuTu are: A personal contact with one's true Self, **unconditional** surrender to one's true Self's care, **unconditional** love, care, compassion and mercy for **all**, be it the still suffering or those who are successful in their own eyes or in the eyes of society.*

The TuTu Doctrine – The New World Order, page 92

Society's yardstick for whether a human being has a successful life, shows itself in the areas society rewards and supports with power and material prosperity, and these members are often called the supporters of society, and at the same time they receive a greater share of society's resources than the rest of the members of the society.

Many of society's individual members use the same yardstick for a successful life, and that can make them think that the supporters of society already possess so many advantages because of their power and material situation that there is no reason to show mercy to them.

However, this is not correct, for even if a human being possesses the highest position in society and has an abundant amount of material goods at his/her disposal, yet he/she suffers just as much as all the other members of the

society, who do not have the capacity to enter into oneness with his/her true Self, his/her Spirit.

Any human being, who lives in identification with one of his/her forms instead of in identification with his/her true Self, his/her Spirit, experiences many unnecessary existential pains and sufferings, and he/she has a need to receive love, care, compassion, and mercy, from their fellow human beings, just like all the other citizens of society.

Today's contemplation

Today, I will use the *principles from The TuTu Doctrine – The New World Order* to show **unconditional** love, care, compassion and mercy towards myself and my fellow human beings.

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December 12: Doubt

FROM PART 1, CHAPTER 1, THE INITIATION, THE SECTION DOUBT, PAGE 22

Again my childhood's image of God emerged to the surface and made me think that if he had been Jesus, he would have healed himself. Maybe he wasn't a Master in Reality but one of the powers of darkness who used the light to snare people, and only after they were trapped would they become aware that, in Reality, all of it had been the delusion of the devil.

The TuTu Doctrine – The New World Order, page 23

Many spiritual aspirants have learned in their childhood that the devil is a being outside of themselves, and that the devil always has evil in mind and at this early stage of the spiritual aspirant's life, he/she is not aware that a human being only can see evil outside and inside himself/herself, when his/her defects of character are active.

When his/her defects of character are active, he/she can see evil will, wherever he/she turns his/her mind's eye, and in the same way he/she can see good will wherever he/she turns his/her mind's eye when his/her virtues

are active, and therefore the spiritual aspirant uses the Constructive and the Destructive Rings and their Superstrings.

The Constructive and the Destructive Rings are described in the *TuTu Doctrine - The New World Order*, and by learning to use these Rings, the spiritual aspirant can begin to orientate himself/herself in his/her psychological landscape in such a way that he/she often manages to use his/her virtues where previously he/she used to use his/her defects of character.

When a spiritual aspirant learns to use his/her virtues instead of his/her defects of character, he/she also becomes better at entering into oneness with his/her true Self, his/her Spirit, and thus he/she has reached his/her spiritual goal that is to return home to the one he/she truly is: his/her true Self, his/her Spirit and thus to empowerment and joy of living.

Today's contemplation

Today, I will choose to consciously move from one set of my defects of character that is described in one of the Destructive Rings to one set of my virtues that are described in one of the Constructive Rings or their Superstrings from The TuTu Doctrine – The New World Order.

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December 13: *Settling of destiny bindings*

FROM PART 3, CHAPTER 1, THE EARTHLY WEDDING, THE SECTION PREPARATION FOR BHOG, PAGE 232

The heaviest samskaras lay at the bottom like the heaviest particles in a well, and therefore they only came up for Bhog in the end, and it was this heavy winding up of ties of destiny that TuTu was beginning to prepare me for.

The TuTu Doctrine – The New World Order, page 232

When a human being's true Self, his/her Spirit works with the creation/manifestation of different life circumstances that he/she wants to experience on different planes of existence, it is the intention that the

createdmanifested is in conformity with the laws of the area where the creationmanifestation takes place.

If a Spirit createsmanifests something that does not think, feel, act, and interact with all the createdmanifested in conformity with the Keynote of Universe, which is unconditional love, care, compassion, and mercy, some destiny bindings arise for the creaturemanifestation who breaks the law.

This means that the one in question cannot return to his/her true Self, his/her Spirit, before he/she has taken care of his/her destiny bindings in a way that satisfy the **hurt** one and which also satisfy that creaturemanifestation, who breaks the law for no creaturemanifestation can break the law without feeling guilty and ashamed of himself/herself.

Guilt and shame are the deadliest poisons for the spiritual life of a human being, so therefore, the one who breaks the law does not make amends for his/her mistake exclusively to satisfy the injured one, even though it can be part of the process but first and foremost to liberate himself/herself from the feeling of being guilty of a mistake and being ashamed of it.

Today's contemplation

Today, I will bring something into the light that I am ashamed of, so I can become able to make amends to myself and others involved in my mistake.

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December 14: *The cross*

FROM PART 4, CHAPTER 4, THE FAIRYTALE ABOUT THE GODS WHO WALK ON THE EARTH, PAGE 374

*"Don't fear!
Take your cross and follow me,
for I will bless you and maintain you.
I will receive you and show you mercy.
I will look at you with love and give you peace."*

The TuTu Doctrine – The New World Order, page 383

Many people belonging to one of the big Christian religions or one of the many groupings that are using the teachings of Jesus of Nazareth as a guide line for their lives have a special relationship with the cross because Jesus of Nazareth was hanged on a cross as a criminal until he died, and therefore they associate the cross with the death of Jesus.

When Jesus said: Take on your cross and follow me, he did not mean, however, that Christian people should follow him by letting themselves be hanged on a cross until they died from it, but that they should take the four basic properties of their humanness to heart, while at the same time they stayed connected with their true Self.

It can easily be illustrated what Jesus meant with the cross by a person choosing to stand upright and stretching out his/her arms to each side, because then one sees the cross, and if a human being takes on his/her cross, he/she takes on his/her human limitation, ignorance, powerlessness, and mortality/changeability.

Most spiritual aspirants find it difficult to reconcile with their humanness, and therefore they choose to work with their human limitation, ignorance, powerlessness, and mortality/changeability in one of the two Twelve Step Programs that have been suggested in *The TuTu Doctrine - the New World Order*.

Today's contemplation

Today, I will work with my humanness in one of the two Twelve Step Programs that have been suggested in The TuTu Doctrine – The New World Order.

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December 15: *The vehicles of the Demigods*

FROM PART 3, CHAPTER 4, THE SPIRITUAL WEDDING, THE
SECTION THE POWER OF THE JAGUAR, PAGE 315

When I had got this information, it became clear to me that it was the power and courage of the jaguar that Krishna had used to abduct Rukmini in spite of the superior force against him, and that it was the courage and power of the jaguar that Jesus had used to confront his terrifying death instead of

fleeing from it, and it would turn out that the jaguar came to help me cross the boundary of death and turn my pain into joy, but most important of all, it would prove that Kava became my neutral anchor, upon whom I had an unconditional trust during all of my inner travels.

The TuTu Doctrine – The New World Order, page 316

Only in the Absolute is the one and only Absolute God to be found, the pure free-flowing Spirit without form that contains everything and everybody everywhere on all planes of existence, and here are the merged **Spirit** Mates to be found as one being called Ardhanarishvara in Hinduism and **called** the Universe in many different belief systems.

The first plane of existence of the creaturesmanifestations is called the Seventh Dimension, and in the Seventh Dimension lives the demigods, who are called demigods, because the first createdmanifested form was split into two, a 'he' and a 'she' so as to createmanifest the required opposites of light or darkness, joy and pain so creationmanifestation **of form** could take place.

The purpose of Ardhanarishvara with creating the form was to experience life as a limited, ignorant, powerless and mortal/changeable creaturemanifestation in contrast to **HisHer/hisher** omnipresent, omniscient, omnipotent and immortal/unchangeable true Self, pure free-flowing Spirit.

The demigods rides on top of or inside living creaturesmanifestations called vehicles or power animals, and the Creator Brahma's and his wife Saraswati's vehicle is a swan, the Destroyer Shiva's is a bull, his wife Kali's is a lion, the Maintainer Vishnu's is the mythical bird Garuda and his wife Lakshmi's is an owl.

Today's contemplation

Today, I will work on finding out what my vehicle/power animal is in the seventh dimension.

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December 16: The Power of the Masters

FROM PART 1, CHAPTER 3, SPIRITUAL EXPERIENCES, THE
SECTION THE MASTER'S ANSWER TO A LETTER, PAGE 41

I intuitively felt that my fever-condition was due to the fact that the Master had received my letter and transmitted to me so powerfully that my physical system became heated, and therefore I decided to meditate although I had been told that it was better not to do so during illness.

The TuTu Doctrine – The New World Order, page 42

When a spiritual aspirant meets a spiritual **master/masteress**, he/she can become amazed about that the **radiance of master/masteress affects** him/her in such a way that he/she experiences spiritual conditions that often can be far above what he/she normally experiences.

It can make many spiritual aspirants attach to the **master/masteress** so that they can get access to spiritual conditions, and then the **master/masteress** can teach them how to gain mastery in their spiritual quest and in their existential understanding.

Gradually, as the connection develops and the spiritual aspirant becomes better at picking up **the vibration of his/her master/masteress**, he/she can begin to experience the vibration of his/her **master/masteress** that can come to him/her, no matter where the two are located physically.

This can make the spiritual aspirant understand that he/she can further develop his/her capacity to pick up the vibration of his/her **master/masteress**, even if the **master/masteress** is not present physically, if he/she develops his/her inner senses by following **the guidance of his/her master/masteress**.

Today's contemplation

Today, I will work on developing my inner senses.

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December 17: *Impersonal and personal love*

FROM PART 2, CHAPTER 2, THE PERSONAL, THE SECTION
DREAM INTERPRETATION, PAGE 191

To me, the Master was an expression of God's universal and impersonal love for me as it expressed itself in the platonic love-relationship between the Master and me, and the handsome young man who stepped out of the Master's form was TuTu, who was an expression of God's individual and personal love for me as it expressed itself in the sexual love-relationship between him and me.

The TuTu Doctrine – The New World Order, page 191

Most spiritual aspirants are not aware that God's individual and personal love for them comes to expression through their sexual partner because they have not learned to merge their sexual love with their love of God.

However, God comes to every human being in a personal and individual form. who is their sexual partner, and in an impersonal and universal form that comes to a human being through everything and everybody everywhere **on** all planes of consciousness.

When a human being is on his/her way back to his/her true Self, his/her Spirit, he/she needs to meet with his/her individual and personal **God/Goddess**, his/her One and Only, because this meeting leads to the purification of his/her heart **in the Purgatory**.

The purification of the hearts of both **Spirit** Mates is required to make it possible for them to obtain the unconditional love that gives them access to their true Self, their Spirit, **who is a ManWoman absorbed in eternal lovemaking**, and therefore the meeting with the On and Only **Spirit Mate** is a heartfelt desire in spiritual aspirants.

Today's contemplation

*Today, I will use the principles of the TuTu Doctrine – The New World Order to purify my heart as best as I can and thereby attract the help from my One and Only **Spirit Mate with the part of the Purgatory** that I cannot **handle** alone.*

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December 18: *Spiritual principles and earthly principles*

FROM PART 2, CHAPTER 1, THE PRINCIPLES, THE SECTION THE PATH TO THE INDIVIDUAL AND PERSONAL SELF-REALIZATION, PAGE 86

To surrender to the spiritual principles a person has to take help from his/her thinking, and to surrender to earthly principles he/she has to take help from his/her feelings.

The surrender takes place gradually as the person learns to see, hear, feel and sense both his/her Spirit and his/her body, and at the same time, acts confidently in accordance with what he/she sees, hears, feels or senses.

The TuTu Doctrine – The New World Order, page 86

The basic earthly principles are limitation, ignorance, powerlessness and mortality/changeability, and the basic spiritual principles are omnipresence, omniscience, omnipotence and immortality/unchangeability, and to become able to live a happy life, a human being needs to take both spiritual and earthly principles into use.

Since the Spirit HimHerself has no form, although HeShe is omnipresent, and therefore permeates everything and everybody everywhere on all planes of consciousness, HeShe cannot however, be perceived by a human being's earthly senses that exclusively can pick that up, which can be heard, seen, tasted, smelled or felt so to become able to pick up the vibration of his/her true Self, his/her Spirit he/she needs to develop a sixth sense.

A human being needs to take the help of his/her thinking mind, his/her ego to begin forming thoughts about that there is more between heaven and earth than he/she can perceive with his/her senses, and in the long run this mental work leads the person in question to develop his/her sixth sense, and thereby he/she becomes able to sense the vibration of his/her true Self, his/her Spirit.

To be able to benefit from his/her oneness with his/her true Self, his/her Spirit, a human being furthermore needs to find the balance point where he/she uses his/her oneness with his/her true Self, his/her Spirit to take care of his/her limited, ignorant, powerless and mortal/changeable human self, with the unconditional love, care, compassion and mercy of his/her true Self, his/her Spirit.

Today's contemplation

Today, I will take the help of my thinking mind, my ego in my spiritual life, and I will take the help of my physical feelings in my human life so as to become able to live a happy life.

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December 19: Celibacy

FROM PART 2, CHAPTER 1, THE PRINCIPLES, THE SECTION THE PATH TO THE ABSOLUTE SELF-REALIZATION, PAGE 86

Once the Master was asked if it is good for the spiritual life to live in celibacy and he answered laughingly: "God is no fool. If it was enough with one gender, there wouldn't be two."

The TuTu Doctrine – The New World Order, page 86

Many spiritual aspirants imagine that their sexual life has got nothing to do with their spiritual life and thereby with achieving Self-realization and God-realization, which is one and the same at its highest vantage point, and therefore many believe that it can help their spiritual life if they live in celibacy.

And at the same time most people believe that their sexual partner is the love of **their life**, **that** God has got something to do with unconditional love, **but** gradually as they pick up the principles of the *TuTu Doctrine - The New World Order* they discover that their sexual life is a part of their spiritual life.

They also discover that it is easiest for them to develop the unconditional love, care, compassion, and mercy, **which they need to develop in order to achieve oneness with their true Self, their Spirit, and thus achieve Self-realization and God-realization, when they develop it in relation to their sexual partner.**

When they have achieved Self-realization and God-realization, they can feel that God's unconditional Light of Love flows freely through all their bodies, and at long last they become able to experience the unconditionally happy earthly life that their spiritual life makes possible for them.

Today's contemplation

Today, I will work on developing my unconditional love and care for, compassion with and mercy towards my sexual partner.

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December 20: *The truly wise*

FROM PART 2, CHAPTER 1, THE PRINCIPLES, THE SECTION THE CAMEL AND THE NEEDLE'S EYE, PAGE 90

The one who receives the fulfillment of his/her big and small desires like a grateful child instead of demanding is a fool in the eyes of the rich but is, however, the true sage who takes his/her rightful place as the child at the root of his/her own being, and who can therefore get access to Paradise where tickets cannot be bought for property, money, power or prestige.

The TuTu Doctrine – The New World Order, page 90

Many human beings feel that if it can become possible for them to succeed in acquiring a sufficient amount of material possessions to be able pay others to do that, which they do not want to do themselves it means they are very wise.

Once they have achieved their goal and discover that they are still limited, ignorant, powerless, and mortal/changeable like everyone else, it can lead them astray to use their material wealth as a yardstick for feeling superior to others.

The truly wise is the humble human being, who neither feels superior nor inferior, whether the person in question compares himself/herself with the dirt he/she walks on, with a tree, an animal, another person or God HimHerself.

In this way, this human being has moved from the Small Ring of Arrogance with its superiority, inferiority, overcrowding and isolation to the Small Ring of Truth with its humility, honesty, individuality, and Fellowship.

Today's contemplation

Today, I will use the Small ring of Arrogance to admit it, if I feel superior or inferior related to something or somebody, and I will immediately moved into the Small Ring of Truth as described in the TuTu Doctrine – The New World Order.

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December 21: *Patience*

FROM PART 1, CHAPTER 2, FACE TO FACE WITH THE MASTER,
 THE SECTION THE MIRROR OF THE SOUL, PAGE 38

I was curious to see which chair I would get, and when I reached there, both the new and the old group were seated already.

The only chair available was the one opposite the Master.

Happily I sat down and looked at him.

The TuTu Doctrine – The New World Order, page 38

In many situations, people experience that if they make sure to get first in line to achieve the fulfillment of a particular desire, they will more easily have their desire fulfilled.

It can make them push forward in many contexts, where it is not decisive, who has pushed himself/herself forward so as to stand first in the queue to have his/her desire fulfilled.

This is coming to expression in the old slogan: The first shall be the last, and the last shall be the first from one of the Holy Scriptures of the World.

In spiritual contexts, this is particularly important because a spiritual aspirant needs to develop patience to be able to pick up the presence of his/her true Self, his/her Spirit.

Today's contemplation

Today, I will work on developing my patience by the help of the principles described in The TuTu Doctrine – The New World Order.

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December 22: Gratitude

FROM PART 4, CHAPTER 1, , THE SECTION THE FAIRYTALE
 ABOUT THE MASTER OF THE UNIVERSE, PAGE 351

To the extent you succeed in carrying through your decisions, first you must congratulate yourself from your heart for your success, and then you must express your gratitude for the gifts, guidance and advice you have received in the course of the day that made your success possible.

The TuTu Doctrine – The New World Order, page 354

Gratitude belongs to the joy from the Ring of God-centeredness with its joy, empowerment, open-mindedness, and gratitude, and therefore gratitude is an important attribute to develop for the spiritual aspirant.

The changeability can make many spiritual aspirants feel overwhelmed precisely because they want to attain oneness with their true Self, their Spirit as a permanent state of joy of being.

The purpose of a spiritual aspirant with participating in creationmanifestation, however, is to experience life as a creaturemanifestation on the various planes of consciousness, whether it is about the third, the fourth, the fifth, the sixth, or the seventh dimension.

Thereby, he/she can experience the contrast to his/her true Self, his/her Spirit by taking up abode for a shorter or longer time in a form on one of

his/her planes of existence, and this knowledge makes it possible for him/her to find the joy of the Ring of God centering.

Today's contemplation

Today, I will use the Ring of God-centeredness to find joy of being, also if my life develops in ways that I have not consciously desired.

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December 23: God in a fellow human being

FROM PART 1, CHAPTER 2, FACE TO FACE WITH THE MASTER,
 THE SECTION GOD IN A FELLOW HUMAN BEING, PAGE 32

Thus I had begun to believe that he was omniscient and omnipotent, and for the first time I had got the idea that God's qualities could be ascribed to a fellow human being, and that God's influence on my life had got something to do with my fellow human beings.

The TuTu Doctrine – The New World Order, page 33

When a spiritual aspirant has achieved Self-realization and thus has realized that his/her true Self is Spirit, he/she has at the same time realized that Self-realization and God-realization are one and the same and thus that he/she is God.

Gradually, as this realization becomes deeper and deeper, he/she also realizes that everything and everybody everywhere on all levels of consciousness are God, and thus it becomes easier and easier for him/her to see God in a fellow human being.

As a result of this development, his/her life becomes a long conversation with God by the help of everything and everybody everywhere on all levels

of consciousness, and his/her life's journey becomes an elevated experience of life as a human being.

A life journey of this kind becomes possible for a spiritual aspirant when he/she let go of his/her addiction to his/her thinking mind, his/her ego, and thus becomes capable of being in oneness with his/her true Self, his/her Spirit a great deal of the time.

Today's contemplation

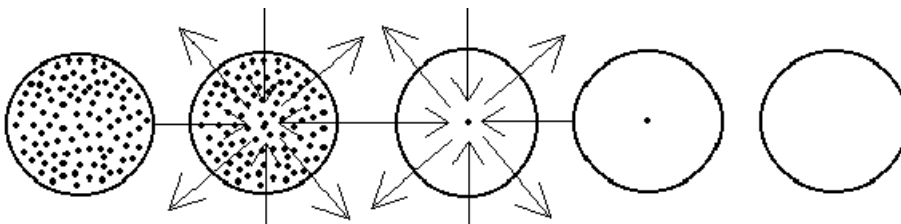
Today, I will let go of my addiction to my thinking mind, my ego, so I can become able to see God in myself and my fellow human beings.

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December 24: States of consciousness

FROM PART 2, CHAPTER 1, THE PRINCIPLES, THE SECTION
 SPHERES OF CONSCIOUSNESS, PAGE 107

Ordinary Reflection Contemplation Concentration
 Meditation



The TuTu Doctrine – The New World Order, page 110

At the beginning of his/her spiritual journey, it can be difficult for the spiritual aspirant to evaluate his/her state of consciousness, which alternates

among habitual consciousness, reflection, contemplation, concentration, and meditation, whether he/she is aware of it or not.

Little by little, as he/she consciously observes his/her states of mind, he/she becomes able to recognize them when they arise at different times of the day, and thus he/she also becomes able to begin to call out these states of mind consciously.

This is the beginning of his/her spiritual practice which consists of no thoughts like it happens just before he/she falls asleep, and thus his/her mind becomes the sounding board for his/her true Self, his/her spirit, and thus he/she begins to get his/her first cosmic glimpses.

A cosmic glimpse is the initial experiences of his/her oneness with his/her true Self, his/her Spirit, and gradually as this oneness happens more and more often, he/she becomes able to maintain this state of mind for longer and longer periods of time.

Today's contemplation

Today, I will observe my states of mind, so I can become better and better at calling them forth consciously.

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December 25: *The chain of love*

FROM PART 3, CHAPTER 3, THE DIVINE WEDDING, THE SECTION
 THE DIVINE WEDDING, PAGE 291

TuTu lifted his one foot and pointed to his ankle: "Can you see the chain there?"

"No", I said.

"There is a chain there even if it is invisible. It is the chain of love which you have tied around my ankle."

"I don't want that," I answered, "I want you to be free and without chains."

"I love my chain," he said.

The TuTu Doctrine – The New World Order, page 295

The ManWoman is one oneness, one being that lets HimHerself split into two independent beings, a 'he' and a 'she' to thereby become able to

experience the Eternal Beloved in a new perspective, but their love for each other binds them to each other with the chain of love from the beginning of creationmanifestation to its end.

In order to experience life as a creaturemanifestation in many different kaleidoscopic contexts, the two go on a walk about in the creationmanifestation and at regular intervals they meet to exchange experiences and merge the experiences that they have each made on their long journey through the creationmanifestation.

Thus, their experiences gets doubled in a single life, and their understanding of existence becomes deeper and more voluminous than it was before they again met each other somewhere in the creationmanifestation at an agreed time and place, which they may have "forgotten" at the human level.

However, this does not prevent their meeting, because their love for each other is like a chain that forever binds them both to meet up at the agreed place at the agreed time, even though they as human beings may not have a conscious intention to move to this place at this time.

Today's contemplation

Today, I will trust that my true Self, my Spirit will bring me where I have to be at the time where I have to be there.

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December 26: *The Destroyer*

FROM PART 4, CHAPTER 3, THE FAIRYTALE ABOUT GOOD AND EVIL, PAGE 369

Slowly, the normal consciousness of the woman returned, and she looked at the Destroyer through tears of love and gratitude, in deep awe of the greatness of his love and unselfish service, and asked: "How do I get the courage to get untangled?"

"By finding and surrendering to the will of God, which are unconditional love, care, compassion and mercy.

The TuTu Doctrine – The New World Order, page 373

Many spiritual aspirants fear Shiva, the destroyer and his wife Kali, because the meeting with these archetypes means that the familiar and safe is being destroyed, and that can be experienced as very painful for the aspirant.

Sometimes, it can happen that a spiritual aspirant voluntarily decides to surrender to the destroyer and his wife, because the aspirant feels a need for change in his/her life so he/she no longer wants to move around in the familiar.

The love between the two can also create manifest the destruction of the well-known to make space for the unknown and the new, which the spiritual aspirant longs for, and for many this is the mildest form of destruction of the well-known.

No matter in what form the destruction of the well-known comes to a spiritual aspirant, it is always through the archetype Shiva, the destroyer and his wife Kali that it comes, and if a human being has a need for destruction of the old to make space for renewal, it is these powers he/she calls on.

Today's contemplation

Today, I will accept that renewal only can happen through destruction of the well known.

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December 27: Simplicity

FROM PART 1, CHAPTER 1, THE INITIATION, THE SECTION
 HAVING IT OUT WITH GOD, PAGE 18

*I also felt sorry for God, because people wouldn't believe in him.
 I wouldn't mind believing in him and doing what he wanted me to.
 I would even be so good so as to side with him above everyone else and was*

looking forward to have all my wishes fulfilled when I asked him or Jesus for something.

The TuTu Doctrine – The New World Order, page 18

A child's perception of life and his/her life circumstances is simple and straightforward, because he/she is still innocent and believes in all that he/she is told by the adults around him/her.

Therefore, it is extremely important that all adults, who are around children make sure that the information that is passed on to a child is true and so simple that the child easily can form an understanding of Reality.

It is also very important that the adult respects that a child does not yet have experiences with his/her life as a human being and cannot therefore determine whether what he/she is being told is in accordance with Reality.

Moreover, the child does not have a developed intellect until the intellect begins to develop around the age of twelve of the child, so the child is not able to judge if the information he/she receives from the adult sounds plausible.

Today's contemplation

Today, I will express myself with great sincerity and simplicity when I have a conversation with a child.

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December 28: The diamond

FROM PART 4, CHAPTER 4, THE FAIRYTALE ABOUT THE GODS WHO WALK ON THE EARTH, PAGE 374

The diamond is their symbol.

It represents the power of discernment, which flashes ominously in the

impure heart, that heart which is in conflict with itself, and it shines benevolently in the pure heart, that heart which is at peace with itself.

The TuTu Doctrine – The New World Order, page 379

The lower heart, the solar plexus center, has the diamond as a symbol, because the energies in the solar plexus center can be both painful and joyful.

These energies are the emotional outflow from the thinking mind, the ego, and if the thinking mind, the ego is at war with itself, the solar plexus contracts in pain.

If the thinking mind, the ego is at peace with itself, the solar plexus expands in joy over what is going on in the thinking mind, the ego, and the person in question then also experiences joy.

When a human being has achieved the ego Death and thus is no longer addicted to his/her thinking mind, his/her ego it becomes possible for him/her to experience the joy of being both through the diamond and all of his/her state of being.

Today's contemplation

Today, I will work on purifying my thinking mind, my ego for disputes, so I can experience an expansion of my solar plexus center.

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December 29: Four

FROM PART 4, CHAPTER 5, THE TUTU DOCTRINE, THE SECTION
 THE FERTILIZED EGG, PAGE 386

Four Represents The Universal Love in Its Highest Aspect and in Its Lowest Aspect The Balance.

Four is therefore The First Positive Power-factor in The Spiritual Life of Humankind, since it Contains All CreaturesManifestations, as it Contains God The Father, Goddess the Mother, God The Son and Goddess the Daughter, and all CreaturesManifestations are Contained in these Four. The Union of The Four Whole Represents The First Step in the Knowledge of The Holy Grail, and it is the Initiation of this Step in The History of Humankind, which has now taken place.

The TuTu Doctrine – The New World Order, page 391

Until now, the holy number of humankind has been the number three, as it comes to expression in many of the World's great religions and fairytales, where the number three always comes into play.

However, this belongs to the Old World Order, and the number three is an expression of existential suffering, because two form a pair and the third is expelled.

In the New World Order, the number four is the new holy number, and it holds no suffering because no one is excluded if one pairs the points of the number.

Therefore, the number four is the first positive power factor in the spiritual life of humankind, as everyone is included when one pairs the points of the number.

Today's contemplation

Today, I will accept that the Holy Quadrant is the New World Order's new holy symbol for the number four.

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December 30: A person's holy name

FROM PART 1, CHAPTER 4, PILGRIMAGE, THE SECTION FIRST
MEETING WITH TUTU, PAGE 63

A person's holy name is a designation of his/her spiritual condition, and I have chosen to use this name for him where it is possible without disturbing the context.

He wrote it himself in two ways, either as 22 or as TuTu, which was his personal preference of the English 'Two-Two'.

The TuTu Doctrine – The New World Order, page 64

In the Old World Order, it was common to call a human being by the name of the religion or spiritual path to which the person had attached himself/herself.

Therefore, a person was referred to as a Buddhist, a Muslim, a Jew, a Taoist, a Christian, or a Catholic, and this gave the outside world an impression of what was sacred to that person.

In the New World Order, many have achieved Self-realization and God-realization, so they no longer ask their holy books about what to think, feel, or do.

Instead, they ask their own heart what is the next right act for themselves, and then they surrender to the holy name, they carry in their heart for their true Self, their Spirit.

Today's contemplation

Today, I will call my innermost heart by name and pray to get knowledge of what is the next right action for me.

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December 31: *Eternal youth*

FROM PART 4, CHAPTER 5, THE TUTU DOCTRINE, THE SECTION
THE FERTILIZED EGG, PAGE 386

*By Drinking from The Holy Grail, the Person finds The Right Action, which
is The Sweet Fruit itself.
The One who Drinks from The Holy Grail is Truly Eternally Young, even
though he/she Ages.*

The TuTu Doctrine – The New World Order, page 387

The heart of a human heart is the seat of his/her true Self, his/her spirit, who
consists of the merged masculine and feminine principle.

As his/her true Self, his/her spirit is omnipresent, omniscient, omnipotent
and immortal, his/her true Self, his/her Spirit is eternally young.

Thus, when a spiritual aspirant reaches the existential stage where he/she is
able to be in oneness with his/her true Self, his Spirit, he/she also thus
becomes eternally young.

This means that he/she experiences life as new every single day in the same
way as a child, even though his/her Mother Earth body/physical body ages.

Today's contemplation

*Today, I will work on achieving eternal youth by the help of the principles in
The TuTu Doctrine – The New World Order.*

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